

Results from ASIA 2026 - 07

ON THE ROAD

(-courtesy of newspaper websites -)

CHINA

4th East Asian Half Marathon Champs at Yangzhou / 29.03.2026

(-courtesy of Mr Xie Zhemgmao, CHN Athletics Federation -)

following are complete results from these Regional Champs with participants from 6 Member Federations / this Race was organized as part of the International Yangzhou Half Marathon, A WORLD ATHLETICS Platinum Label Road Race, and the results by the best invited International and Chinese runners are shown as below /

the International races were both won by Kenyan athletes with excellent new Course Records

Men / East Asian Champs:

Taiga Hirayama JPN 1:02:50; Mao Jinhua CHN 1:03:39; Ma Wenliang CHN 1:04:34; Ser-Od Bat-Ochir MGL (born 1981 !!) 1:05:45; Vincent Leslie Lam HKG 1:06:16; Zhao Lei CHN 1:07:04; Lin Che-Wei TPE 1:07:18; Gansukh Bat-Erdene MGL 1:07:37; Wong Kwun Hang HKG 1:07:48; Chiang Yen-Lun TPE 1:09:03; Orkhon Natsagdorj MGL 1:09:42; Gi Ka Man HKG 1:09:49; Sou Chan Kit MAC 1:12:55; Fong Ieng Wai MAC 1:13:53;

Women / East Asian Champs:

Liang Tiantian CHN 1:10:03; Li Meizhen CHN 1:10:37; Galbadrakh Khishigsaikhan MGL 1:12:26; Kokoro Nakachi JPN 1:12:41; Xu Shuangshuang CHN 1:13:25; Bayartsogt Munkhzaya MGL 1:14:56; Bayartogtokh Nomin-Erdene MGL 1:16:51; Tsang Hiu Tung HKG 1:18:04; Wu Wan-Ching TPE 1:18:13; Hsu Yi-Chieh TPE 1:19:22; Wong Cheuk Ning HKG 1:19:22; Vut Tsz Ying HKG 1:20:10; Wong San SanthoshMAC 1:26:58; Chio Tong Tong MAC 1:27:23; Wu Yangyang MAC 1:33:55;

Men / International Race:

Alex Nzioka Matata KEN 59:11; Jemal Jimer Mekonen ETH 59:30; Geoffrey Toritich Kipchumba KEN 59:57; Santiago Catrofe URU 1:00:58; Solomon Kirwa Yego KEN 1:02:07; Jiang Fakun CHN 1:03:09; Fu Qiguang CHN 1:03:30; Felix Kiptoo Kirwa KEN 1:03:39; Li Xinyu CHN 1:03:43; Li Jinhao CHN 1:04:03; Zhao Xiangbo CHN 1:04:07; Asefa Boki ETH 1:05:16; Li Yongjie CHN 1:05:38; Su Yi CHN 1:06:01; Cui Weikang CHN 1:06:03; Feng Peiyu CHN 1:06:25; Zhang Xiaorui CHN 1:06:26; Liu JuneCHNH 1:07:46; Gao Peng CHN 1:08:22; Bi Jinghan CHN 1:08:34;

Women / International Race:

Miriam Chebet KEN 1:06:27; Ftaw Zeray Bezabeh ETH 1:07:02; Gladys Chepkurui KEN 1:07:15; Wede Kefale Belew ETH 1:07:38; Megertu Alemu Kebede ETH 1:09:42; Stella Chesang UGA 1:09:45; Ciren Cuomu CHN 1:10:10; Zheng Xiaoqian CHN 1:10:52; Li Yuan CHN 1:12:11; Li Zhixuan CHN 1:13:25; Rutu Aga ETH 1:14:30; Qiu Yingying CHN 1:18:57; Zhao Xinlei CHN 1:21:02; Wang Tianzen CHN 1:26:08; Zhao Yining CHN 1:26:15; Zhang Tianshu CHN 1:27:01; Qiao Xiwen CHN 1:27:33; Yang Tingting CHN 1:27:51;

KOREA

(-courtesy of Mr Seo Mi-Jeoung, KAAF -)

International Half Marathon at Incheon / 22.03.2026

Men:

Esau Kipkorir Kemboi KEN 1:00:33; Kasu Tsegaye Alemu ETH 1:01:56; Balew Yihunie Derseh ETH 1:01:59; Pius Maiyo Kiprop KEN 1:02:05; Geoffrey Kimutai Koech KEN 1:02:13; Jacob Kibet Chuyo KEN 1:02:26; Dillon Kipyeko UGA 1:02:31; Zineddine Ouria MAR 1:02:46; Daichi Atsura JPN 1:02:54; Isaac Kipkemboi KEN 1:03:45; Gadisa Zawude Legese ETH 1:03:48; Said Ibissou MAR 1:04:59; Park Jae-Woo KOR 1:05:03; Kim Ji-In KOR 1:05:24; Shin Kyun-Su KOR 1:06:45; Yoo Dong-Kyu KOR 1:07:45; Kim Ki-Yun KOR 1:08:01; Ruon Oilawa (??) JPN 1:08:17; Park Jin-Hyun/2007 1:08:38;

Women (National Race / only the following 6 finishers reported):

Choi Jung-Yoon 1:13:26; Kim Eun-Mi 1:14:37; Park Ho-Sun 1:15:26; Lim Kyung-Hee 1:18:44; Kim Ryeo-Hyun 1:23:25; Kang Hye-Rim 1:25:29;

International 10 km Road Race at Bucheon / 08.03.2026

following are more detailed results incl. the best performers from Korea, where the translations of names weren't available for my earlier Report (No 6)

Men:

Paul Kipkemoi Kipkorir KEN 29:37; Kaito Kimura JPN 29:44; Gantulga Dambadarjaa MGL 29:45; Park Jae-Woo KOR 29:50; Jeong Tae-Jun KOR 30:08; Ko Dong-Wook KOR 30:16; Atsuki Nawa JPN 30:28; Lee Joon-Su KOR 30:34; Choi Jin-Hyuk KOR 30:35; Keito Yoshiguchi JPN 30:38; Choi Jae-Kyung KOR 30:38; Orkhon Natsagdorj MGL 30:43; Islam Abylkhanuly KAZ 30:48; Lee Seung-Ho KOR 30:50; Tumennasan Baasandash MGL 30:50; Bat-Erdene Gansukh MGL 30:53; Oh Min-Seok KOR 31:00; Kim Dae-Hoon 31:06; Choi Joong-Min/2007 31:08; Olonbayar Jamsran MGL 31:14; Park Mu-Young KOR 31:14; Song Yun-Hwa KOR 31:15;

Women (National Race):

Kim Hye-Mi 34:21; Park Ho-Sun 34:31; Kim Eun-Mi 34:41; Han Ji-Hye 35:09; Lim Kyung-Hee 36:11; Lee Yu-Jeong 36:26; Kang Ye-Jin 36:27; Nam Bo-Ha-Na 36:31; Ahn Ye-Won 36:51; Kim Min-Jung 36:56; Park Seo-Yeon 37:19; Kim Ryeo-Hyun 37:21;

VIETNAM

National Road Race Championships at Khanh Hoa / 28.03.2026

following are the results for the fastest finishers (combined results from two categories)

Men:

Marathon:

Hoang Nguyen Thanh 2:22:19; Pham Ngoc Phan 2:24:17; Nguyen Van Lai 2:25:30; Le Van Tuan 2:28:10; Trinh Minh Tam 2:29:12; Mai Qui Phong 2:30:55; Dao Minh Thien 2:36:14; Dang Anh Quyet 2:37:49;

Half Marathon:

Duong Minh Hung 1:10:03; Nguyen Le Hoang Vu 1:10:44; Luong Xuan Son 1:12:38; Ly Hoang Thai 1:13:49; Truong Van Tam 1:13:52;

10 km Road Race:

Nguyen Viet Ai 31:42; Luong Duc Phuc 31:55; Pham Tien San 32:05;

Women:

Marathon:

Pham Thi Hong Le 2:42:06 / 2nd VIE All-Time; Hoang Thi Ngoc Hoa 2:44:13 / 4th VIE All-Time; Pham Huynh Yen Nhu 2:51:06; Han Thi Bich Thu 2:57:06; Vu Khanh Linh 2:59:10; Le Thi Ha 3:02:28, Nguyen Thi Duyen 3:10:54; Le Thi Kha Ly 3:15:03; Vu Thi Ninh 3:15:53;

Half Marathon:

Le Thi Lam 1:20:18; Hoang Thi Ngoc Anh 1:20:23; Nguyen Thi Thuy Van 1:20:44; Nguyen Khanh Ly 1:20:56; Doan Thi Hang 1:21:15; Doan Thi Oanh 1:23:00; Le Thi Yen Nhu 1:25:44; Nguyen Thi Ngoc Lan 1:26:33; Tran Thi Duyen 1:27:15; Bang Thach Long Trinh 1:28:17; Le Thi Phuong 1:28:59;

10 km Road Race:

(no finishers under 40:00)

International Marathon at Danang / 22.03.2026

Men:

Marathon:

Edsel Moral PHI 2:30:43; Tomoki Tezuka JPN 2:36:19; Cronie Melliza PHI 2:38:51;

Half Marathon:

Yamasaki Takemaru JPN 1:12:10; Rinku Hirai JPN 1:12:24; Yuta Masuda JPN 1:12:59; Ruzaini Mahadi BRU 1:14:39;

Women:

Marathon:

Linh Vu Khanh VIE 3:01:21; Yukiko Nomoto JPN 3:03:00; Aleksandra Simakova RUS 3:07:38; Margarita Geistdörfer GER 3:09:58; Chu Van Huong VIE 3:10:26; Nguyen Thi Tra Giang VIE 3:10:55; Yuri Hayashi JPN 3:12:59; Hoang Huong Thuy VIE 3:14:29; Goh See Ler MAS 3:20:04;

Half Marathon:

Trieu Thi Binh VIE 1:22:57; Goh Shing Ling SGP 1:23:31; Doan Thi Oanh VIE 1:24:40; Park You-Jin KOR 1:29:27; Tran Thi Duyen VIE 1:29:41; Stephanie Lill GBR 1:29:57;

VN Express Midnight Marathon at Ho Chi Minh / 22.03.2026

Men:

Marathon:

Huynh Anh Khoi VIE 2:33:50; Truong Van Tam VIE 2:35:54;

Half Marathon:

Arthit Soda THA 1:12:06; Nguyen Van Loi 1:13:20; Ouk Rohit CAM 1:14:57;

Women:

Marathon:

Nguyen Thi Ngoc Lan VIE 2:55:41; Nguyen Thi Thu Ha VIE 3:04:27; Pham Thi My Duyen VIE 3:08:26;

Half Marathon:

Le Thi Ha VIE 1:24:08; Premkamon Wongvichai THA 1:26:02; Le Thi Kha Ly VIE 1:29:19; Tran Thi Ny VIE 1:31:00;

National Ecopark Half Marathon at Hung Yen / 14.03.2026

Men:

Le Va Huong 1:12:03; Nguyen Doan Hoang 1:13:20; Dao Ba Thanh 1:14:35;

Women:

Doan Thi Oanh 1:24:32; Le Thi Bich 1:24:33; Bang Thach Long Trinh 1:26:38; Hoang Huong Thuy 1:29:47;

NEPAL

4th Lumbini Peace Marathon at Kathmandu / 21.03.2026

(-courtesy of Mr Diwakar Lal Amatya -)

Men / Marathon:

Binod Rokaya NEP 2:17:55; Sushil Kumar Shahi NEP 2:18:16; Narendra Singh Rawat NEP 2:19:58; Wang Ci CHN 2:21:05; Julius Muriuki Wahome KEN 2:23:00;

Women / Half Marathon:

Purna Laxmi Naupane NEP 1:17:10; Santoshi Shrestha NEP 1:18:40; Nisha Karki NEP 1:19:19; Sunsari Rokaya 1:21:46;

HONGKONG

Pegasus Shek Mun 10 km Road Race / 22.03.2026

Men:

Vincent Chan Chung Wing 31:43; Chong See Yeung 32:00; Vincent Leslie Lam 32:09;

Women:

Wong Cheuk Ning 37:35; Choi Wing Yan 38:27; Wong Cho Sum 38:52;

ON THE TRACK

CHINESE TAIPEI

(-courtesy of Mr Teng Kuo-Kai, CTTF -)

International Pole Vault Meet at Nantou / 22.03.2026

Men:

Phatsapong Amsam-Ang THA 5.55; Wu Yen-Han TPE **5.50/NR**; Taishi Yamasaki & Dev Kumar Meena IND **5.40/NR (eq.)**; Hunter Garretson USA 5.30; Huang Fong-Yu TPE 5.20; Takuma Ishikawa JPN 5.20; Triston Vincent AUS & Kaito Taniguchi JPN & Shigeto Keita JPN 5.00; Low Jun Yu SGP & Han Du-Hyun KOR 5.00; Yun-Wen Guillemot FRA & Seito Yamamoto JPN & Graiwich Panyasawat THA 5.00;

Women:

Diva Renata Jayadi INA 4.20; Natalie Lark USA 4.10; Nitika Akare IND 3.95; Yen Tzu-Hsin TPE 3.95; Ren Chun-Ying TPE 3.95; Chonthicha Khabut THA 3.95; Nor Sarah Adi MAS & Shen Yi-Ju TPE 3.80; Chen Hsuan-Chin TPE 3.80; Shinozaki Minori JPN 3.80; Jo Min-Ji KOR 3.60; Jane Arbuthnot AUS & Rena Tanaka JPN 3.60;

National University Champs at New Taipei / 27. – 28.03.2026

following are detailed results from this competition for 2 categories (Open & few results from the Normal category) / all TPE athletes except some foreign students as noted

Men:

100 m (27)/Open/-0.4: Chen Wen-Pu 10.38; Lai Po-Hsiang 10.54; Wang Chiao-Hung 10.66; Lin Yu-Hsuan 10.74; Huang Chen-Yueh 10.76;

heats (27) h2/+0.1: Lin Yu-Hsuan 10.77; h3/-0.5: Lai Po-Hsiang 10.61; h4/-0.3: Huang Chen-Yueh 10.77; h5/-0.2: Wang Chiao-Hung 10.80; h6/+0.2: Lin Chung-Han 10.71; h8/-0.2: Chen Wen-Pu 10.42;

100 m (27)/Normal/-1.4: Chen Chih-Hsuan 10.72;

200 m (28) / O/+1.0: Wang Chiao-Hung 21.16; Lin Tsung-Han 21.23; Lin Hong-Yi 21.57; Huang Tsi-Hui 21.62; Huang Chen-Yueh 21.64; Hung Meng-Lung 21.69; Lin Yu-Hsuan 21.79;

heats (28) h1/+3.7: Huang Chen-Yueh 21.58w; Huang Tsi-Hui 21.79w; h2/+1.3: Lin Hong-Yi 21.77; h3/+1.8: Hung Meng-Lung 21.88; h4/+1.6: Wang Chiao-Hung 21.74; h6/-0.7: Lin Tsung-Han 21.94;

400 m (27)/O: Chiang Kuo-Hsiang 47.65; Cheng Yu-You 47.82; Ye Hao-Nan 48.64; Chen Hsi-Liang/2007 48.86;

heats (27) h1: Huang Chun-Hsiang 48.48; h3: Cheng Yu-You 48.28; Ye Hao-Nan 48.37; h4: Chiang Kuo-Hsiang 48.32; Huang Yu-Chieh 48.81; h5: Wu Cheng-Yan 47.84;

800 m (28)/O: Lin Yu-An 1:57.43;

heats (28) h3: Huang Chun-Hsiang 1:51.85;

5000 m (28)/O: Hsu Li-Hung 14:53.48;

110 m H (27) / O/+0.6: Hsieh Yuan-Kai 13.68; Hsieh Chun-Yen 13.83 / 5th TPE All-Time; Chou Cheng-Hua 14.05; Lin Ting-Da 14.09; Liu Yu-Chih 14.39; Chen Yi-Chong 14.55; Wu Yi-Min 14.64;

heats (27) h1/+0.4: Hsieh Yuan-Kai 13.99; Chou Cheng-Hua 14.27; Liu Yu-Chih 14.51; Yang Rong-Yi 14.94; h2/+0.3: Lin Yi-Kai 13.65; Hsieh Chun-Yen 13.95; Li Yu-Tang 14.93; Hsieh Chih-Lin 14.97;

h3/+0.3: Lin Ting-Da 14.24; Chen Yi-Chong 14.66; Wu Yi-Min 14.74; Tam Chin Ching MAC 14.88;

400 m H (28)/O: Chen Chien-Jung 50.88; Hsieh Kao-Ming 53.34; Lin Yan-Kai 53.42; Lu Yan-Ting/2007 53.50;

heats (28) h1: Lin Chung-Wei 49.79, h2: Chen Chien-Jung 50.74; Lin Yan-Kai 53.29;

H J (28)/O: Chang Teng-Ren 2.20; Yeh Po-Ting 2.16; Lo Tzu-Chieh 2.12; Tsai Wei-Chih 2.04;

P V (27)/O: Wu Yen-Han 5.35; Huang Cheng-Chi 4.95; Ku Ming-Ho 4.85; Wang Tzu-Chien 4.85; Chang Chi-Hao 4.75; Lo Yung-Hsuan 4.75;

P V (28)/N: Yun-Wen Guillemot FRA 4.80;

L J (27)/O: Ho Kuei-Lin 7.23/+0.9;

T J (28)/O: Huang Wei-Lin 14.92/+0.1;

S P (27)/O: Hsueh Mao-Hung 16.70; Lo Tang-Hui 15.64;

D T (27)/O: Li Chen-You 50.97; Li You-Sheng 50.71; Li Tzu-Yun 50.35; Ma Shao-Wen 45.71;

H T (28)/O: Lin Pin-Chun/2007 59.54; Liao En-Shih/2007 52.73;

J T (28)/O: Huang Chao-Hong 72.41; Wu Ping-Shen 70.61; Shiao Huan-Lin 70.07; Li Yu-Hsin 68.96;

Chiou Shau-En/2007 66.31; Wang Shih-Yuan 65.04;

J T (27)/N: Chen Kuo-Po 62.36;

10000 m Walk (27)/O: Chen Yu-Hsin/2007 42:03.14; Cheng Yu-Chen 42:24.80; Chan Yung-Kuei 43:31.70; Chong Chen-Hao/2007 47:58.78;

4x400 R (28)/O: University of Taipei Team 3:16.39;

Women:

100 m (27) / O/-0.3: Cheng Hsin-Ying 11.91; Yang Mei-Mei 11.92; Chuang Yin-Yin 12.02; Liu Li-Lin 12.21; Chang Li-Ling 12.21;
heats (27) h1/-0.3: Cheng Hsin-Ying 11.98; Chuang Yin-Yin 12.10;
200 m (28) / O/+2.6: Yang Mei-Mei 24.39w; Chuang Yin-Yin 24.99w (& 25.02/+1.1 as 1h1); Fan Tsiao-Shin 25.10w;
400 m (27)/O: Hui Hsu-Chin 56.08 (& 57.09 as 1h4); Lin Chih-Hsuan 57.60;
3000 m St (27)/O: Tzu Hui-Ping 10:58.37; Melanie Haarring 11:13.71; Chu Chieh-Yu/2007 12:09.55;
100 m H (27) /O/+0.3: Chang Po-Ya 13.23; Yi Po-An 13.74; Chung Chao-Chen 13.77; Wu Pei-Wen 14.46; Liu Yu-Hsi 14.54; Wang Chien-Hsiu 14.67; Wang Tzu-Hsuan 14.89;
heats (27) h1/ 0.0: Chang Po-Ya 13.50; Chung Chao-Chen 14.01; Wu Pei-Wen 14.82; h2/+0.3: Yi Po-An 14.00; Liu Yu-Hsi 14.59; Wang Chien-Hsiu 14.68; Hsu Tzu-Hsuan 14.83;
100 m H (27) / N/ 0.0: Chen Yu-Yi 14.38 (& 14.66/ 0.0 as 1h1);
400 m H (28)/O: Chung Hsin-Ju 57.64 / 3rd TPE All-Time; Wong Yun-Chieh 61.84; Hsieh Hsin-Yu/2007 62.61; Lin Mei-Hsiu 63.70;
H J (27)/O: Wang Yi-Hsun 1.70; Lin Yu-Hsien 1.70;
P V (27)/O: Chen Hsuan-Lin 3.65; Yen Tzu-Hsin 3.55; Liao Yi-Chen 3.35;
L J (27)/O: Liu Li-Chi 5.87/+0.7; Wang Tzu-Hsuan 5.66/+0.5; Hsin Chou-Yi 5.65/+0.3;
T J (28)/O: Huang Yu-Ti 12.84/+0.4; Hsu Tzu-Yu 12.50/+1.9; Lin Yu-Ting 12.48/+1.2; Chang Yu-Hsiung 11.86w/+2.1; Fang Ya-Ning 11.85/+0.2; Huang Hsiang-Ching 11.80/-0.2;
S P (27)/O: Wu Tzu-En 16.03; Tseng Chih-Wei 14.93; Chang Yi-Hsin 14.28;
D T (27)/O: Liu Chih-Ren 46.42; Liu Chia-Yin 44.29; Chien Tien-Ai 43.93;
H T (28)/O: Chang Yong-Hsian/2007 51.33; Hung Chi-Hsien 50.95; Huang Chih-Chi 50.11; Wu Pei-Chi 48.47; Tsai Tzu-Yen 47.38; Li Mei-Le 47.00; Lin Yi-Tsen 46.28;
J T (28)/O: Huang Ting-Yu 46.84; Chen Hsiao-Hsuan 45.85; Shih Hsin-Hua 43.77;
10000 m Walk (27): Su Yu-Hsin/2007 50:51.92; Syu Tsin-Yu 53:51.66;
4x100 R (28)/O: University of Taipei Team 47.99;

Mixed Relays:

4x400 R (27)/O: University of Taipei 3:39.35;

National Youth Cup Champs at New Taipei / 08. – 13.03.2026

following are detailed results from this competition for 3 categories / Open events held during Day I – III, other categories during Day III – V / all TPE athletes except some guests from HKG, JPN & BEL as noted

Men:

100 m (9)/+3.4: Chen Wen-Pu 10.07w; Lai Po-Hsiang 10.32w; Lin Tsung-Han 10.46w; Lin Yu-Hsuan 10.58w; Shan Tsang-Hung 10.65w; Huang Chen-Yueh 10.77w;
heats (8) h1/+1.3: Wang Chian-Chen 10.78; h2/+2.6: Huang Chen Yueh 10.66w; Chung Teh-Wei/2008 10.72w; h3/+1.8: Lin Yu-Hsuan 10.70; h5/+1.5: Shan Tsang-Hung 10.67; h7/+3.2: Lin Tsung-Han 10.55w; h9/+0.5: Lin Yu-Tang 10.80; h10/+2.3: Lai Po-Hsiang 10.37w; Wu Hung-Yu 10.74w; h11/+2.3: Chen Wen-Pu 10.18w;
200 m (10)/+0.9: Ke Wu-Yen-Ming 21.34; Lin Tsung-Han 21.77;
heats (9) h8/+2.4: Lin Tsung-Han 21.91w; h9/-1.2: Ke Wu-Yen-Ming 21.70;
400 m (9): Wang Chiao-Hung 47.03 (& 48.25 as 1h1 on 8th); Wu Cheng-Yan 47.94; Hsu Ting-Yu 48.24; Cheng Yu-You 48.64;
800 m (10): Huang Chun-Hsiang 1:53.79 (& 1:51.76 as 1h4 on 9th); Chen Po-Yi 1:55.56;
5000 m (10): Lin Che-Wei 14:33.11; Hsu Li-Hung 14:38.69;
10000 m (9): Hsu Li-Hung 30:53.91;
3000 m St (9): Jason Yeung Chun Ho HKG 9:28.20;

110 m H (9)/+2.9: Hsieh Chun-Yen 13.87w; Chou Cheng-Hua 13.99w; Lin Ting-Ta 14.21w; Chen Yi-Chung 14.40w; Liu Yu-Chih 14.41w; Li Yu-Tang 14.72w; Hsieh Chih-Lin 14.89w;
 heats (8) h1/+1.1: Hsieh Chun-Yen 14.07; Chou Cheng-Hua 14.28; Chen Yi-Chung 14.71; Hsieh Chih-Lin 14.98; h2/-0.2: Hsieh Yuan-Kai 14.12; Lin Ting-Ta 14.14; Liu Yu-Chih 14.54; Li Yu-Tang 14.78;
 400 m H (10): Lin Chung-Wei 49.82; Chen Chien-Jung 50.24; Peng Ming-Yang 52.29; Yang Chun-Hao 52.52;
 heats (9): h1: Lin Chung-Wei 50.20; Chen Chien-Jung 52.32; h2: Peng Ming-Yang 52.52; Yang Chun-Hao 52.56; Chih Chung-Han 52.82;
 H J (9): Fu Chao-Hsuan 2.22; Chang Teng-Chen 2.15; Yeh Po-Ting 2.12; Lo Tzu-Chieh 2.09;
 P V (9): Wu Yen-Han 5.15; Huang Cheng-Chi 5.05; Huang Yung-Fu 4.90; Liu Chien-Lin 5.00; Chang Chi-Hao & Wang Tzu-Chien 4.90; Liu Chien-Lin 4.90; Chen Bo-Rui 4.75; Ku Ming-He 4.60;
 ...10. Cheung Pui Yin HKG 4.40;
 L J (9): Wen Hua-Yu 7.40/+0.3; Lin Chia-Hung 7.36/+1.6; Sheng Yin-Chen 7.17w/+3.4;
 T J (8): Chou Cheng-Chia 15.11/+2.0; Huang Wei-Lin 14.95/-1.1; Wong Chun Wing HKG 14.82/+1.7;
 S P (10): Hsueh Mao-Hung 16.47; Lo Tang-Hui 15.93; Arata Hasegawa JPN 14.52;
 D T (9): Li Tzu-Yun 54.60; Li Chen-Yu 50.27; Itetsu Ikegawa JPN 47.37; Masanari Izawa JPN 45.25;
 H T (8): Lin Pin-Chun/2007 61.99;
 J T (8): Huang Shih-Feng 75.46; Huang Chao-Hong 71.23; Wu Ping-Shen 70.02; Kota Takano JPN 68.84; Kosei Watanabe JPN 66.14; Li Yu-Hsin 63.84;

High School Boys / born 2007 or later:

100 m (12) / Final A/-0.8: Chung Chih-Hsiang/2007 10.79; Final B/-0.5: Yang Tsi-Ching/2007 10.74;
 heats (11) h6/+3.7: Chu Chao-Feng/2009 10.71w; h10/+3.6: Hsieh Yi-Chan/2007 10.69;
 h12/+0.1: Li Min-Hao/2009 10.61; Wang Shih-Chi/2008 10.79; h13/+0.8: Kuan Yao-Huang/2009 10.77;
 h14/+1.5: Wu Wei-Han/2007 10.76; h15/+1.9: Ke Chao-En/2008 10.70; h16/+4.2: Chung Chih-Hsiang/2007 10.59w; h18/+1.5: Lin Chia-Le/2008 10.67;
 200 m (13) / Final A/+3.2: Hsieh Cheng-Kuei/2007 21.43w; Wu Wei-Han/2007 21.66w; Li Min-Hao/2009 21.91w; Wang Shih-Chi/2008 21.97w; Race B/+2.7: Lu Tsung-Han/2007 21.47w;
 heats (12) h11/+1.2: Wang Shih-Chi/2008 21.83; h17/+2.2: Chung Chih-Hsiang/2007 21.81w;
 h18/+2.9: Hsieh Cheng-Kuei/2007 21.81w;
 400 m (12) Lu Tsung-Han/2007 47.41 (& 48.30 as 1h16 on 11th);
 800 m (13): Huang An/2007 1:56.93;
 1500 m (12): Wang Cheng-Yu/2009 3:54.03;
 3000 m (13): Wang Cheng-Yu/2009 8:46.24;
 3000 m St (10): Hsiao Wang-Tai/2008 9:35.12;
 110 m H / 99 cm (12) / Final A/+1.0: Chen Yi-Syuan/2007 13.43; Wang Yu-Chi/2008 13.61; Lin Chia-En/2008 13.81; Shih Hao-Chun/2007 13.99; Chien Yu-Jen/2008 14.00; Wu Yi-Han/2008 14.01;
 Ga-Di Shao-Ma/2008 14.19; Liao Cheng-Yan/2008 14.25; Race B/+0.8: Lin Yi-Hsiang/2009 14.30;
 Peng Kuan-Yun/2007 14.31; Liu Yu-Hsuan/2008 14.32; Yang Cheng-Hsun/2007 14.36; Chang Wun-Tsi/2009 14.37; Chang Ming-Ren/2007 14.48;
 heats (11) h1/+1.2: Chien Yu-Jen/2008 14.03; Ga-Di Shao-Ma/2008 14.07; Liao Cheng-Yan/2008 14.20;
 Liao Li-Ye/2008 14.28; h2/+1.1: Lin Chia-En/2008 14.10; Wu Yi-Han/2008 14.16; Yang Cheng-Hsun/2007 14.40; Chang Wun-Tsi/2009 14.42; h3/+0.1: Wang Yu-Chi/2008 13.66; Chang Ming-Ren/2007 14.53;
 h4/+1.9: Liu Yu-Hsuan/2008 14.45; h5/-0.1: Shih Hao-Chun/2007 14.10; Wu Hong-Yu/2009 14.50; Peng Kuan-Yu/2007 14.52; h6/+2.6: Chen Yi-Syuan/2007 13.64w; Lin Yi-Hsiang/2009 14.38w;
 400 m H (13): Tsai Hsin-You/2009 52.28 (& 52.41 as 1h7 on 10th); Lin Hung-Shiang/2009 53.65;
 H J (13): Huang Kai-Lun/2010 2.09; Lai Yi-Hsuan/2008 2.06; Tseng An-Chieh/2010 2.03;
 P V (12): Sun Po-Chen/2008 4.80; Lin Chi-Lun/2007 4.80; Huang Yao-Tsung/2009 4.70; Hsu Ting-Rei/2008 4.70; Hsu Che-Jui/2007 4.55; Lin Hong-Yi/2010 4.55;
 L J (13): Chen Yu-Heng/2010 7.31/+0.2; Lin Chun-Yu/2008 7.21w/+2.2;
 T J (11): Hsiao Yu-Shen/2008 15.32/+0.2;
 S P / 6 kg (10): Chen Yi-Hua/2007 17.85; Chen Wei-Fan/2007 16.79; Wang Chung-Yu/2007 16.49;

D T / 1.75 kg (12): Cheng Yao-Kuan/2007 51.72; Chu Kuan-Fu/2007 49.56;
H T / 6 kg (10): Chian You-An/2007 60.84; Huang Yu-Rui/2008 58.98;
J T (11): Wang Wei-Chung/2007 63.91;
4x100 R (12): Stella Maris HS Team (Chao Shi-Yu, Gao-Di Shao-Ma, Wu Yi-Hsuan, Wu Yin-Hsian) 41.29;
heats (11) Taoyuan Jing Jen HS Team (Huang Wei-Han, Hsieh Cheng-Kuei, Hsu Sheng-Kai, Lin Bo-Yu)
41.27;

Middle School Boys / born 2009 or later:

2000 m St (10): Wei Shu-Ting/2011 6:17.46;
110 m H / 91,4 cm (12)/ 0.0: Lin Pin-Han/2010 13.75; Chiu Yu-Cheng/2009 14.08; Hsu Jung-Chang/2011
14.30; Lin Heng-Yi/2011 14.36; Chen Mi-An/2011 14.39;
heats (11) h5/+1.9: Chen Mi-An/2011 14.55; h6/+1.5: Chiu Yu-Cheng/2009 14.37; h7/+0.1: Lin Pin-
Han/2010 13.88;
400 m H / 84 cm (13): Yang Cheng-Hsu/2010 53.66;
S P / 5 kg (12): Li Chian-Chia/2010 17.24;
D T / 1.5 kg (12): Li Chia-Chia/2010 49.22;
H T / 5 kg (11): Chen Sheng-Hsian/2010 63.99;

Women:

100 m (9)/+1.8: Liu Chen-Yu/2007 12.01; Tseng Hsin-Ying 12.08; Liu Li-Lin 12.16; Hsiao Yu-Chieh/2007
12.18;
heats (8) h1/+1.5: Tseng Hsin-Ying 12.04; Chang Li-Ling 12.06; h3/+1.9: Lin Chen-Yu/2007 12.02;
h4/+2.2: Chuang Yin-Yin 12.10w;
200 m (10)/+1.4: Liao Yan-Chun 23.86; Yang Mei-Mei 24.50; Chang Li-Lin 24.89;
heats (9) h1: Tseng Hsin-Ying 25.18; h3/+1.8: Liao Yan-Chun 24.23;
400 m (9): Chung Hsin-Ru 56.18; Lo Pei-Lin 56.61; Hui Hsu-Chin 57.50;
heats (8) h1: Chung Hsin-Ru 56.10; Hui Hsu-Chin 57.16; h2: Lo Pei-Lin 56.79;
3000 m St (9): Tzu Hui-Ping 11:30.38;
100 m H (9)/+1.2: Lin Hsiao-Huei 13.84; Chung Chao-Chen 13.86; Wu Pei-Wen 14.48; Hsu Tzu-Hsuan
14.48; Wang Tzu-Hsuan 14.69; Liu Yu-Hsi 14.76; Wang Chien-Hsiu 14.77; Chiu Ai-Lin 14.81;
heats (8) h1/-0.8: Chung Chao-Chen 14.01; Lin Hsiao-Huei 14.42; Wu Pei-Wen 14.79; h2/+1.3: Wang
Chien-Hsiu 14.69; Liu Yu-Hsi 14.84; Wang Tzu-Hsuan 14.92;
400 m H (10): Liu Chen-Yu/2007 58.20; Lin Mei-Hsiu 64.46;
H J (8): Lin Yu-Hsien 1.72; Li Ching-Ching 1.69; Wang Yi-Hsun 1.69;
P V (10): Ren Chun-Ying 3.92; Sheng Yi-Chu 3.80; Chen Hsuan-Lin & Yen Tzu-Hsin 3.80; Yen Min-Hsin
3.40; Hsieh Yu-Ting 3.40;
L J (9): Huang Yu-Ti 5.81w/+5.0; Wang Tzu-Hsuan 5.76w/+3.5;
T J (8): Lin Yu-Ting 12.43w/+3.2; Huang Yu-Ti 12.24/+2.0; Hsu Tzu-Yu 12.07/+1.0; Chang Yu-Hsiung
11.87w/+4.2;
S P (10): Wu Tzu-En 15.93;
D T (8): Liu Chih-Chen 44.32; Chien Tien-Ai 44.18; Tung Chun-Yu 42.14; Liao Hsin-Yu 41.42;
H T (9): Hung Hsiu-Wen 59.04; Huang Chih-Chi 48.32; Tsai Tzu-Yen 45.45;
J T (8): Chiu Pin-Hsun 57.24 / 2nd TPE All-Time / missed NR by 42 cm only; Li Hui-Chun 50.22;
Chiu Yu-Ting 47.62; Huang Ting-Yu 45.88;

High School Girls / born 2007 or later:

100 m (12) Race A/+1.8: Chen Ya-Yan/2007 12.17 (& 12.15/+1.2 as 1h6 on 11th);
Race B/+3.5: Li Tsi-Lin/2010 12.21w; Cheng Chen-Han/2008 12.24w;
200 m (13)/+4.0: Ichiha Fuse JPN/2008 24.97w; Cheng Ming-Feng/2009 25.03w; Rii Yashiro JPN/2009
25.16w;
heats (12) h3/ 0.0: Cheng Ming-Feng/2009 25.19; h8/-0.1: Ichiha Fuse JPN/2008 25.11;
400 m (12) Race A: Chen Yi-Tsen/2010 56.74; Lin Chiao-Ling/2009 56.95; Yu Hsieh-Kuan/2008 57.17;
Wu Chia-Ying/2009 57.34; Race B: Cheng Ming-Feng/2009 57.40;

heats (11) h4: Wu Chia-Ying/2009 57.49; h5: Lin Chiao-Ling/2009 57.72; h6: Yu Hsieh-Kuan/2008 57.91;
3000 m St (10): Wu You-Wei/2009 11:29.55; Lin Chia-Chien/2009 11:36.14; He Yi-Cheng/2009 11:40.84;
Hsiao Chun-Hua/2009 11:55.09;
100 m H (12)/+0.4: Ho Ting-Hsuan/2009 14.24; Chang Yu-Ching/2007 14.39; Hsiao Chieh/2008 14.41;
Chen Yu-Rou/2009 14.52; Chen Chun-Hsi/2008 14.60; Wang Li-Ya/2008 14.79; Hsu Ya-An/2009 14.80;
Chao Pei-Tsen/2008 14.86;
heats (11) h1/+0.8: Ho Ting-Hsuan/2009 14.37; Chen Chun-Hsi/2008 14.98; h2/-0.6: Chang Yu-Ching/2007
14.66; Chao Pei-Tsen/2008 14.96; h3/+1.3: Chen Yu-Rou/2009 14.57; Hsu Ya-An/2009 14.86;
h4/+1.8: Hsiao Chieh/2008 14.40; Wang Li-Ya/2008 14.93;
400 m H (13): Lin Chiao-Ling/2009 61.25; Hong Cheng-Lin/2010 61.37; Chen Yu-Ching/2007 62.84;
heats (12): h1: Hong Cheng-Lin/2010 63.06; Myriam Lahousse BEL/2008 63.90; h5: Lin Chiao-Ling/2009
62.31;
H J (12): Lin Pei-Hsuan/2007 1.69; Liu Tzu-Yu/2010 1.66; Tseng Tsi-Yu/2009 1.66;
P V (13): Shen Si-Yu/2007 3.50; Lin Yu-Hsuan/2010 3.35;
T J (12): Tsung Tsi-Yun/2009 12.14/+1.0; Tsai Han-Yun/2007 12.10/ 0.0; Lin Pei-Chieh/2010 11.94/-0.7;
D T (13): Lin Chen/2009 43.09; Chen Ying/2008 42.46;
H T (12): Shih Chiao-Jo/2007 53.87; Chang You-Yu/2009 46.29; Li Yi-Chih/2008 45.85;
J T (10): Tai Yu-Chin/2007 53.58; Chen Li-Tsen/2008 46.32; Wu Yun-Hsuan/2008 43.32;
4x100 R (3): Kaohsiung HS Girls Team (Cheng Chen-Hyun, Hsieh Yi-Tung, Li Yi-Syun, Cheng Chen-Han)
47.18;

Middle School Girls / born 2009 or later:

100 m (12)/+1.6: Lin Tsi-Chieh/2011 12.06; Ye You-Hsuan/2013 12.13;
heats (11) h20/+2.0: Ye You-Hsian/2013 12.14; g21/+2.8: Pan Tsu-Chi/2010 12.21w; h23/+4.2: Lin
Tsi-Chieh/2011 12.13w;
200 m (13)/+3.3: Chung An-Ti/2010 25.25w;
2000 m St (10): Peng Tsai-Chieh/2012 7:37.45; Su Huei-Min/2011 7:45.17; Chen Liang-Liang/2010 7:56.53;
Chiang Ya-Hsin/2011 8:03.53; Lin Chen-Yi/2012 8:03.60;
100 m H / 76.2 cm (12)/ 0.0: Lin Tsi-Chieh/2011 13.56 (& 13.86/+0.9 as 1h7 on 11th);
400 m H (10): Mo Yu-Chin/2010 63.48;
D T (11): Ma Chia-Le/2010 43.95;
H T / 3 kg (12): Pan Yu-Tsien/2010 54.84; Hsueh Tsi-Yun/2011 52.47; Chen Chieh-Yu/2010 47.64;
J T / 500 g (13): Meng Shao-Ruo/2011 45.15;
4x100 R (12): Taipei Datong MS Team (Chang Peng-Wei, Ye You-Hsuan, Tseng Yu-Wen, Lin Tsi-Tung)
47.90;

Mixed Relays:

Open / 4x400 R (8): University of Taipei Team (Tsao Kuang-Chun, Tai Chia-Huei, Tseng Yu-You, Huei
Hsu-Chin) 3:41.04;
High School / 4x400 R (10): Stella Maris HS Team (Su Hsiang-Yi, Su Ruo-Yan, Wu Yi-Hsuan,
Yu Hsieh-Kuan) 3:35.74;

INDIA

(-courtesy of Mr Ram.Muralikrishnan -)

1st International Relay Competition at Chandigarh / 28.03.2026

this event was organised with participation of National Relay Teams from India, Sri Lanka, Nepal, Maldives and Bhutan as well as with many other Indian teams, who competed as part of the 3rd National Open Relays

Men:

4x100 R: Odisha Team IND (A.Sahu, D.Jayaram, M.Santa, L.P.Bhoi) 40.47;...7. National Team MDV (N.Hassan, S.A.Riza, H.Saaid, A.R.Fahumee) 42.88; 8. National Team NEP (A.Kumar, K.C.Sushil, A.M.Tharu, A.R.Parki) 43.35;

heats: h2: Odisha Team IND 40.59; National Team NEP 42.73; National Team MDV 42.92; National Team IND disq.;

4x400 R: National Team IND (T.S.Manu, A.Jacob, D.Choudhary, R.Ramesh) 3:01.43; National Team SRI (S.A.Dharshana, P.M.Kodikara, S.W.Rajakaruna, K.I.Silva) 3:02.16;...7. National Team NEP (A.Kumar Yadav, P.B.Sunar, S.Nepali, P.K.Danuwar) 3:22.45; 8. National Team MDV (A.Absal Mohammed, H.Z.Suad, Z.M.Suad, A.Riffath) 3:22.98;...11. National Team BHU (P.Dhendup, K.Dorji, K.Lhendup, P.Gyeltshen)

3:50.50/NR;

Women:

4x100 R: National Team IND (N.Gandhe, A.T.Daneshwari, S.Shivankar, Tamanna) 44.18;...6. National Team MDV (Z.M.Shafeeu, A.Nizar, M.Hamdani, A.S.Saleem) 49.08;...9. National Team NEP 53.60;

4x400 R: National Team IND (V.Ramraj, M.P.Raju, Rashdeep Kaur, G.K.Vijayakumari) 3:32.81; National Team SRI (M.H.Fernando, B.L.Mendis, M.H.J.Uththara, A.S.Wijethunga) 3:36.94;...6. National Team MDV (Z.A.Rasheed, A.L.Mohamed, A.N.Asadh, H.M.Faiz) 4:10.34;...8. National Team NEP 4:24.99;

Mixed Relays:

4x100 R: National Team B IND (L.P.Bhoi, U.Bollanda, D.Jayaram, H.Bhadra) **42.30/NR;** National Team A IND (Gurindervir Singh, S.Shivankar, S.Tamilarasu, Tamanna) 42.34; National Team MDV (A.Fahumee, A.Nizaar, H.Saaid, Z.M.Shafeeu) **44.53/NR;**...7. National Team NEP (S.R.Parki, A.Bishwokarma, A.Kumar Yadav, S.K.Chaudhary) **46.69/NR;**

4x400 R: National Team IND (T.K.Vishal, A.Babu, J.Nihal, Saloni Nagar) 3:18.90; National Team SRI (K.I.Silva, A.S.Wijethunga, S.A.Dharshana, M.H.Fernando) 3:19.58;...6. National Team MDV (H.Z.Suad, A.L.Mohamed, A.Riffath, H.M.Faiz) 3:45.81; 7. National Team NEP (P.B.Sunar, B.K.Tharu, P.K.Danuwar, A.Bishwokarma) 3:50.56;

National Junior events (most teams incl. Senior athletes born 2006):

Junior Men:

4x100 R: Tamil Nadu Team 41.58;

4x400 R: Tamil Nadu Team 3:12.89;

Junior Women:

4x100 R: Tamil Nadu Team 48.38;

4x400 R: Tamil Nadu Team 3:46.73;

Mixed Relays:

4x100 R: Chandigarh Junior Team (Aman Sharma/09, Anshika Sharma/08, Gurbachan Singh/07, Heeral Saini/09) 45.44;

4x400 R: Tamil Nadu Team 3:30.88;

7th Indian 400 m Competition at Trivandrum / 21.03.2026

Men:

Final A: Rajesh Ramesh 45.26 / 3rd IND All-Time; T.S.Manu 45.96; Jay Kumar 46.43; K.Avinash 46.62; S.Santhosh 46.75; Saran Shaji 47.41; Muhammed Ajmal 47.54; Mohammed Ashfaq/2007 48.10;
Final B: Muhammed Anas Yahiya 46.31; Joel W.Nihal 46.69; A.Suraj 47.11; Setu Mishra 47.21; M.Sharan 47.67; Tushar Kanti Manna 47.94; Theertesh P.Shetty 48.46;
Final C: Amol Jacob 45.99; Dharmveer Choudhary 46.61; Mijo Chacko Kurian 46.86; Mohit Kumar 47.19; Himanshu ?? 47.59; T.Santhosh Kumar 47.66; Shubham Dattatray Deshmukh 47.84; Mahadu Gavit Dhileep 48.07;
heats h1: Ramesh 47.03; Dhileep 47.49; Manna 47.68; S.Barath 48.21; h2: Santhosh Kumar 47.31; Mohammed Sinan 47.49; Himanshu ?? 47.49; Dattatray 47.82; Buddhadeb Bauri 47.93; h3: Kurian 46.83; Nihal 47.26; Ajmal 47.58; Saran Shaji 47.91; Abhishek ?? 48.46; h4: Choudhary 46.83; Mishra 47.33; Natarajan Kalainithi 48.47; h5: Jacob 47.27; Mohit Kumar 47.82; Jerome Sanjay Nishanth 48.00; h6: Manu 46.14; Santhosh 47.53; h7: Shetty 46.92; Jay Kumar 46.98; Lavish Sharma 48.34; h8: Anas Yahiya 46.71; Avinash 47.39; Ashfaq/2007 47.47; h9: M.Sharan 47.51; Suraj 47.83;

Junior Men (incl.Senior Men born 2006):

Final: Piyush Raj/2007 47.11; Sahil Malik/(2006) 47.28; Edvin Mathew/(2006) 47.65; Anandhu Suku/2007 47.92;
heats h1: Malik/(2006) 47.89; Suku/2007 48.05; Manu Gopi/2007 48.48, H'. Mathew/(2006) 48.12; h3: Raj/2007 48.23;

Youth Boys (incl.Junior Men born 2008):

Final: Sayed Sabeer/(2008) 47.73; Thanish Vijay Gaddam/(2008) 48.17; Hariharan Ravichandran/(2008) 48.31; Raj Chauhan/(2008) 48.51; Vaibhav Bhardwaj/(2008) 48.62;
heats h1: Sabeer/(2008) 48.46; Unni A.Aromal/(2008) 48.61; h2: Ravichandran/(2008) 48.56; Gaddam/(2008) 48.60;

Women:

Final A: Vithya Ramraj 53.31; Rashdeep Kaur 53.62; Priya H.Mohan 53.77; Subha Prachi 54.15; Anu Raghavan 54.16; Gowrinandana ?? 55.36; M.V.Jilna 56.33; Swathi Rongali 56.66;
Final B: G.K.Vijayakumari 53.55; Machettira Poovamma Raju 53.61; Aishwarya Mishra 53.73; Sinchal Kaveramma 53.98; Ansa Babu 54.01; Steffi Olimba 54.63;
heats h1: Raju 54.09; Raghavan 54.43; Babu 54.57; Jilna 55.49; Olimba 55.81; h2: Mishra 54.56; Prachi 54.75; Kaveramma 54.91; h3: Vijayakumari 54.08; B.A.Anankha 55.02; Gowrinandana ?? 55.18; Sandra Mol Sabu 55.52; Rongali 56.01; Huidrom Bhumeswory 56.07; h4: Ramraj 53.98; Rashdeep Kaur 54.48; Mohan 54.89; Shravani Sachin 56.13; Disha Alige 57.31;

Junior Women (incl.Senior Women born 2006):

Final: G. Reshma/(2006) 54.84; Isha Rajesh Jadhav/(2006) 55.46; A.Dharani/2008 55.63; Rupika P. Periyasamy/(2006) 55.93; A.K.Thiya/2007 56.44; Roshani Yadav/(2006) 56.45; M.Megha/(2006) 56.63; V.Gunashya/2007 57.50;
heats h1: Yadav/(2006) 56.73; Thiya/2007 57.30; Gunashya/2007 57.38; h2: Reshma/(2006) 56.10; Dharani/2008 56.49; Jadhav/(2006) 56.95; Periyasamy/(2006) 57.22; Megha/(2006) 57.52;

Youth Girls (incl. Junior Women born 2008):

Final: Kashish Bhagat/(2008) 56.46;

KAZAKHSTAN

National Winter Championships at Almaty / 27. – 29.04.2026

(-courtesy of the KAZ-Federation – website -)

these Champs were held for Throws (DT, HT, JT) and Road events (Road Running Races & Road Walks) for different categories / following are selected best performances

Men:

10 km Road Race (28): Maxim Frolovskiy 29:36; Daryn Konysbayev 29:56; Vadim Levchenkov 30:11; Islam Abylkhanuly 31:12; Amir Baytukanov 31:24;
D T (27): Yevgeniy Milovatskiy 54.08; Yevgeniy Labutov 53.52; Alexandr Mamontov 51.11;
J T (28): Artur Gafner 69.22; Alexey Khlystov 68.88;
10 km Race Walk (27): Georgiy Sheiko 41:55; Nikita Kuzmin 42:26 / 5th KAZ All-Time; Zharylkasyn Egizbay 43:27;

Men / under 23 years:

10 km Road Race (28): Rinat Kulygin 31:14; Zangar Algozhauly 31:51;
H T (29): Azizhan Arifkhanov 49.02; Maxim Torlopov 47.55;
J T (28). Meirzhan Khojimurat 61.35;

Junior Men / under 20 years:

D T / 1.75 kg (27): Maxim Sazhnev/2009 53.94; Vadim Pessotskiy/2008 49.63;
H T / 6 kg (29): Aldiyar Kayrollayev/2007 52.33;
5 km Race Walk (27): Yegor Strukov/2007 21:59.2;

Youth Boys / under 18 years:

5 km Race Walk (27): Yuriy Volkov/2009 23:14.7; Murat Moldash/2010 23:34.1;

Women:

10 km Road Race (28): Aliya Turanova 37:54;
H T (29): Anastasiya Kaloshina 61.00;
J T (28): Varvara Nazarova 46.61; Diana Geints 44.64;
10 km Race Walk (27): Kristina Morozova 46:05; Elmira Kalimullina 48:30; Polina Repina 51:29;
Sabrina Arziyeva 53:14;

Women / under 23 years:

10 km Road Race (28): Ayana Bolatbek kyzy 35:37; Akbilek Kuralbay 35:46; Arina Gladysheva 37:10;
H T (29): Yevgeniya Shulgina 41.15; Valeriya Loginova 40.44;
J T (28): Nataliya Sokolova 41.31;

Junior Women / under 20 years

5 km Road Race (28): Uldanay Abykhan/2007 18:28.5;
H T (29): Tomiris Ermatova/2008 44.94;
J T (28): Aigerim Manasbai/2007 45.10;
5 km Race Walk (27): Margarita Storozhenko/2008 23:30.3; Dominica Pukhareva/2008 26:11.3;

Youth Girls / under 18 & under 16 years:

5 km Road Race (28): Yekaterina Tamilina/2009 18:39.0; Arailym Nuarazbek/2009 18:44.3;
H T / 3 kg (29): Mariya Efimova/2010 49.05; Arina Nefedeva/2012 48.39; Viktoria Kassymova/2010 45.26;

HONGKONG

3rd HKAA Athletics Series Meeting / 21. – 22.03.2026

(-courtesy of the HKAAA – website -)

following are detailed results from this competition / all HKG athletes except several foreigners as noted / 100 m events were held in different races without additional finals

Men:

100 m (21) / Race 10/-0.3: Ryunosuke Mizuno JPN 10.47; Yuta Sekiguchi JPN 10.57; Tate Tan Fung SGP 10.60; Jun Chae-Min KOR/2008 10.62; Antony Ma King Yeung 10.65; Yota Tsurumaki JPN 10.76; Race 9/-1.0: Hibiki Yui JPN 10.58; Felix Diu Chun Hei 10.67; Wong Pak Hang 10.82; Race 8/-0.9: Lai Long Ting 10.74; Race 7/+0.1: Kei Wakana JPN 10.85;
200 m (22)/-0.7: Yota Tsurumaki JPN 21.84;
heats (22) h7/-2.2: Jun Chae-Min KOR/2008 21.64; Yota Tsurumaki JPN 21.90;
800 m (22): Khan Mohammad Kamran 1:54.10; Oliver Fiore SGP/2009 1:56.01;
3000 m St (21): Leong Chin Hei MAC **9:54.02/NR**;
110 m H (21)/-0.4: Liu Hiu Long 14.03; Ang Chen Xiang SGP 14.32; Lee Ka Yiu 14.42; Mak Tsz Ching 15.00; Lui Chun Yan 15.07;
HJ (21): Cheung Ming Hung 2.06; Ho Ho Wai 2.06;
LJ (21): Lin Ming Fu 7.60/+1.4; Tsang Yuk Pui/2007 7.34w/+2.6 (& 7.25/+1.3); Yeung Man Long/2007 7.20/+1.0; Chan Chi Keung 7.05/-0.6;
TJ (22): Wong Chung Wing 14.67w/+3.1;
SP (21): Sit Wai Lok 14.50;
DT (21): Siu Kai Wing 46.98; Tong Ho Yin 43.58;
HT (22): Tse Tat Man 53.72; Lam Wai 46.82;
JT (22): Ricky Hui Wai Hei 64.25; Ethan Kan/2008 62.84; Lam Tsz Ching 59.93;
5000 m Walk (21): Sean Wang/2008 24:20.90; Siu Man Shun 25:36.58;
4x100 R / Race 1 (21): HKG Team B 39.54; Waseda Team JPN 39.79; HKG Team A 39.95;
Race 2 (22): Waseda Team JPN 40.06; HKG Team B 40.09;

Junior Men:

110 m H / 99 cm (21)/-1.7: Leung Wai Kwan/2008 14.27; Chan Yat Hei 14.38; Lam Yu Hin 14.68; Fu Yong Qi/2007 14.70; Ng Yue Kiu 14.78; Cheung Man Hei/2008 14.92;

Women:

100 m (21) / Race 4/+0.6: Kong Chun Ki 12.00; Wong Wan Chi/2007 12.07;
200 m (22)/-2.5: Wong Wan Chi/2007 25.08;
5000 m (22): Lo Ying Chiu 16:59.60;
3000 m St (21): Tsoi Wai Kiu 12:46.15; Angelina Au Oi Yu 13:07.66;
100 m H (21)/+0.3 / hand-timed: Lau Tsz Yan 13.5; Kerstin Ong Jing Rong SGP 13.7; Tang Hiu Ching 14.0; Ivy Liu Hoi Yan 14.1; Iris Huan Zhi Xun 14.3; Patricia Anne Yeung 14.6;
400 m H (22): Ashley Ma Ying Wen 61.69;
HJ (21): Priscilla Cheung Ching Laam 1.73; Cheung Tsz Ting 1.70;
TJ (22): Shannon Vera Chan 12.17/+0.3; Sylvia Chow 11.94/+0.6; Kam Yuen Wa 11.94w/+2.8;
HT (22): Tam Hiu Ki 46.89;
JT (22): Cyrene Hui/2007 45.03; Sarah Kwong Sze Oi/2007 44.06; Chiu Wai Yan 43.35; Gianne Mak Tsz Yan 40.15; Bernice Tse San Lam 39.91;
5000 m Walk (21): Luna Wong Sze Wai 27:21.23;

HKG Schools Athletics Tournament / 10. & 12.03.2026

(-courtesy of the HKG Schools Sports – website -)

following are detailed results from this competition / all HKG athletes except one foreign student from KOR / probably most athletes are Junior/Youth athletes; however, DOB not confirmed in the results & not available for many of the following Schools athletes

Boys:

100 m (12)/+0.5: Jasper Koo Cheuk Fung/2008 10.44; Jun Chae-Min KOR/2008 10.60; Cheung Chun Yin/2009 10.72; Chui Lok Hei 10.74;
fastest times in heats (10): Jasper Koo Cheuk Fung/2008 10.57/ 0.0; Jun Chae-Minh KOR/2008 10.71/+1.2; Chui Lok Hei 10.82/ 0.0;
200 m (12)/+0.8: Jasper Koo Cheuk Fung/2008 21.11; Jun Chae-Min KOR/2008 21.59;
fastest times in heats (10): Jasper Koo Cheuk Fung/2008 20.93/+1.6; Jun Chae-Min KOR/2008 21.57; Cheung Chun Yin/2009 21.67w/+2.8; Tsui Man Bin 21.68w/+2.8;
400 m (12): Huang Yan Nam/2008 48.95;
800 m (12): Wong Lok Ching 1:56.82;
heats (10): Howard Ho Hoi Wai 1:57.86;
110 m H / 99 cm (12)/+1.7: Chong Ho Lun/2008 13.73; Ng Yue Kiu 13.77; Chau Yat Hei 13.89; Lam Yu Hin 13.97; Guo Juanhao/2009 14.01; Cheung Man Hei/2008 14.04; Lin Ming Kin 14.06;
fastest times in heats (12): Ng Yue Kiu 14.04/+1.1; Chong Ho Lun/2008 14.05/+0.6; Chau Yat Hei 14.06/+0.5; Guo Juanhao/2009 14.16/+0.3; Lin Ming Kin 14.36/+1.2; Cheung Man Hei/2008 14.41/+0.3; Lam Yu Hin 14.47/+0.5; Regan Shum Chun Hei 14.56/+0.5;
400 m H (10): Isaac Tong Pak Hin 53.53; Lau Chi Hong/2008 53.77; Isaac Cheung Cheuk Hei 54.38;
H J (12): Hui Chi Man 2.01;
L J (12): Lau Kwok Hay/2008 7.19/+0.5;
T J (12): Chan Chun Yuen/2009 15.10/+1.6;
J T (12): Ethan Kan/2008 60.79; Walter Yip Tin Ching/2008 59.54;
4x400 R (12): POH CKMC Schools Team 3:26.31;

Girls:

100 m (12)/+2.9: Jessy Chan Hay Yee 12.00w; Wong Wing Tung/2009 12.06w (& 12.18/+0.1 in heats on 10th); Yip Man Yan/2008 12.12w; Chloe Ngan Hoi Yiu 12.12w; Cheung Shan Shan 12.18w; Liu Hui Yuet 12.25w;
200 m (12)/+1.4: Yip Man Yan/2008 24.65; Amber Lau Tsz Wun 24.93; Chloe Ngan Hoi Yiu 25.01;
100 m H (12)/-0.5: Richelle Wo Hoi Yiu 14.16; Tessa Mok Yui Tung 14.52; Cassidy Ho Sum Kiu 15.01;
fastest times in heats (12): Richelle Wo Hoi Yiu 14.58/+0.8; Tessa Mok Yui Tung 14.60/+0.1; Cassidy Ho Sum Kiu 14.81/+0.7;
H J (12): Hayden Kwong Hay Tung 1.65;
L J (12): Wong Wing Tung/2009 5.80/+1.0; Lau Hoi Ying/2009 5.68/+1.4;
D T (12): Xu Chu Wei 39.28;
J T (12): Poek Ying Lam/2009 41.82; Kwan Yan Yi /2008 41.77;
4x100 R (12): DGS Schools Team 47.87;
4x400 R (12): GHS Schools Team 3:57.76;

SRI LANKA

Champion Track & Field Meet at Diyagama / 28. – 29.03.2026

(-courtesy of Mr Sameera Lakruwan Perera -)

following are detailed results from this competition incl. the most outstanding new NR in Men's Javelin Throw / all athletes from SRI except few guests from Malaysia as noted

Men:

100 m (29)/+1.1: Malith Koushan Thamel 10.66; J.A.V.K.Theekshana 10.73; H.D.M.C.D.Dissanayake 10.80;
heats (28) h1/-1.1: Thamel 10.80; h2/+0.5: Lawrence Osei Asamoah GHA 10.84; h3/-0.7: Dissanayake 10.82;
200 m (28)/nwi: Malith Koushan Thamel 21.04; D.D.Sadun Diyalawatha 21.32; K.A.Eraanga Madusanka 21.43; S.K.D.Kumara 21.53; J.A.V.K.Theekshana 21.62; Lawrence Osei Asamoah GHA 21.66;
heats (28) h1/ 0.0: Theekshana 21.94; Madusanka 21.98; h2/-1.0: Diyalawatha 21.65; Kumara 21.92; h3/-0.2: Thamel 21.25;
400 m (29): M.D.Chathuranga 47.91; K.L.Ayomal Akalanka 47.92; N.H.P.B.M.Weerasinghe 48.68;
heats (29) h1: H.V.Dinuka Deshan 48.67; Weerasinghe 48.75; h2: Akalanka 48.77;
800 m (28): H.Gayan Kumara 1:50.32; G.Rusiru Chathuranga 1:50.44; Hasantha Shehan Dilranga 1:50.57; H.S.P.Jayasinghe 1:51.71; W.A.D.Kumara 1:53.72;
110 m H (28)/+1.0: Roshan Dhanushka Ranathunga 13.94; T.G.Janidu Lakvijaya 14.19; D.M.N.K. Kumara 14.25;
H J (29): S.A.Tharinda Dasun 2.16; W.P.Chamod Dilruk 2.05;
L J (28)/nwi: J.H.Gayan Sampath 7.72; K.M.K.C.Karunarathna 7.52; U.D.Y.Wishmitha Kumara 7.19;
T J (29)/nwi: U.D.Y.Wishmitha Kumara 15.85; Y.G.S.K.Kumara 15.48; Atheetha.N.Karunasinghe 15.02;
S P (28): Sussenthirakumar Mithunraj 15.98;
D T (29): Milantha Sampath Dissanayake 45.93;
J T (28): Rumesh Tharanga **89.37 / World 2026 Leader & NR / 4th ASIA All-Time**; Ravi Rathushan 74.74; Tharuka Nawon Dhananjaya 70.41; Ranjith Nuwan Kumara 64.62;

Junior Men / under 22 years:

100 m / heats (29) h2/+1.4: M.T.C.De Costa/2007 10.84;
800 m (28): P.K.P.Pathirana 1:56.23; W.D.Vishal Kavinda 1:56.73;
110 m H (28)/-1.8: W.P.Sandun Kosala 14.61;
T J (29)/nwi: D.M.H.Kavinda Dissanayaka 16.18; Senura Hansaka 15.22;

Junior Boys / under 20 years:

200 m (28)/hand-timed/nwi: Denishwar Yanasegaran MAS/2008 21.6;
400 m / heats (29) h1: E.A.I.S.Edirisingha/2008 48.49;
110 m H / 99 cm (28)/+1.1: K.M.Kaveesha Dilshan/2007 14.08; Disala Perera 14.83;
L J (28)/nwi: W.A.Oshan Wansathilaka/2008 7.22;
T J (29)/nwi: S.T.R.Fernando/2007 15.68;

Youth Boys / under 18 years:

110 m H / 91.4 cm (28) Race A:/-2.7: W.A.Kisal Oshada/2009 14.21; Muhammad Khairan Nasri Kamaruddin MAS/2009 14.93; Race B/ 0.0: W.D.N.D.Fernando/2010 14.54; Muhammad Yuzairy Danish Yusry MAS/2009 14.99;
heats (28) h1/-2.7: Oshada/2009 14.21; h2/ 0.0: Fernando/2010 14.54;

Women:

100 m (29)/-0.6: D.T.Amasha De Silva 12.13; T.A.Muthukumarana 12.23;
200 m (28)/-1.0: D.T.Amasha De Silva 24.59; Rumesika Kumari Rathnayake 24.63;
400 m (29): W.H.M.Fernando 56.59;
800 m (28): K.Shanika Lakshani 2:13.46;
100 m H (28)/nwi: W.V.Lakshika Sugandi 14.54; S.B.S.L.Dissanayake 14.98;
H J (29): A.A.R.K.Perera 1.73; Renindi Pehansa Gamage 1.70; W.Iruni Nethmini 1.65;
L J (29)/nwi: Ishara Samanmali Arachchi 6.10;
T J (29)/nwi: Ishara Samanmali Arachchi 12.78; A.U.K.Mayan 11.90;
D T (28): P.A.I.Madurangi Perera 40.06;
J T (28): H.L.Dilhani Lekamge 55.85;

Junior Women / under 22 years:

100 m (29)/-1.0: H.R.Dhananjana Sithmini 12.14;
100 m H (28)/+1.4: P.G.M.S.Gunathilake 14.87;
L J (29)/nwi: H.M.Madhusitha Herath 6.29;

Junior Girls / under 20 years:

400 m (29): U.M.Sansala Himashani 57.80;
H J (28): D.K.M.D.Abeyrathna/2008 1.65;

Youth Girls / under 18 years:

100 m (29)/-1.0: Rinse Arai JPN/2011 12.00; Amelie Liverpool Wilson GBR/UAE/2011 12.18;
T J (29)/nwi: P.R.A.D.N.Rajakpaksha 11.90;

PHILIPPINES

Davao Araw Athletics Festival Meet at Davao City / 21. - 22.03.2026

(-courtesy of Mr Andrew Pirie -)

following are selected best performances / no relevant results in events for Women / no wind-measurements

Men:

100 m ((21): Anfernee Lopena 10.51 (& 10.61 in heats); Ken C.Yoshida 10.80;
200 m (22): Anfernee Lopena 21.62; Ken C.Yoshida 21.75; John Lloyd Cabalo 22.05;
heats (22)/hand-timed: Lopena 21.4; Yoshida 21.5; Cabalo 21.8;
400 m (21): E.R.Yake 48.57; Michael Del Prado 48.94;
heats (21) Yake 48.40; Del Prado 48.81;
L J (21): Janry Ubas 7.42;
T J (22): Ronnie Malipay 15.03;
S P (21): Russel Ricaforte 15.11;
D T (22): Russel Ricaforte 48.52;
J T (21): Ivan Adrias 57.52;

Mixed Relays:

4x400 R (22): Kinetix Espana Team (M.Moreno, R.Reodocio, I.Cabanda, G.Pepito) 3:49.97;

INDOORS

CHINESE TAIPEI

International Indoor Pole Vault Meet at Nantou / 24. - 25.03.2026

(-courtesy of Mr Teng Kuo-Kai, CTTF -)

following are detailed results from this traditional International competition (at Tsaotun Indoor Hall) incl. few best results from additional other National events:

Men (25):

Huang Yong-Fu TPE **5.50 / NIR**; Hunter Garretson USA 5.40; Phatsapong Amsam-Ang 5.30; Lin Tsong-Hsian TPE 5.30; Huang Cheng-Chi TPE 5.20; Yun-Wen Guillemot FRA 5.20; Kaito Taniguchi JPN & Thanakorn Dangmanee THA 5.00; Alex Arbuthnot AUS 5.00; Seito Yamamoto JPN 5.00; Triston Vincent AUS 5.00; Low Jun Yu SGP **5.00 / NIR (eq.)**; Kuma Ishikawa JPN 5.00; Shuto Taniguchi JPN 4.70; Han Du-Hyun KOR 4.70; Muhammad Naufal Sharul Afzan 4.70;

Women (25):

Diva Renata Jayadi INA **4.20 / NIR**; Natalie Lark USA 4.10; Chonthicha Khabut THA **4.10 / NIR (eq.)**; Yen Tzu-Hsin TPE 4.00; Nitika Akare IND 3.90; Miu Susaki JPN 3.90; Chen Hsuan-Lin TPE 3.90; Ren Chun-Ying TPE 3.90; Jessamarie Libres PHI 3.60; Jade Arbuthnot AUS 3.60; Niinobe Aiko JPN 3.30; Jo Min-Ji KOR 3.30; Marie Khrizzie Ruzol PHI 3.30;

National Events:

Open Men (24):

Lin Chih-Cheng 5.00; Ku Ming-Ho 5.00; Chiu Chun-Chieh 4.75; Chen Bo-Rui 4.75; Lo Yung-Hsuan & Wang Tsi-Tsian 4.60;

High School Boys (24):

Lin Qi-Lun/2007 5.00; Luo Chen-He/2008 4.80; Hsieh Chung-Ruei/2009 & Huang Yao-Tsung/2009 4.55; Li Yu-Hsiang/2010 4.55;

Open Women (24):

Liao Yi-Chen 3.60; Wu Yi-Ru 3.30; Chen Tzu-Tsen 3.30;

High School Girls (24):

Chen Min-Chi/2009 3.55; Liu Yu-Chieh/2010 3.45; Yang Yung-Ching/2010 3.45; Chang Pin-Chieh/2010 3.30; Huang Ai-Tong/2009 3.30;

INDIA

1st National Indoor Champs at Bhubaneswar / 24. - 25.03.2026

(-courtesy of Mr Ram.Muralikrishnan -)

following are detailed results from these first ever National Indoor Championships incl. 5 new National Indoor Records / this competition was held in the Indoor Hall for the next World Athletics Champs (in 2028)

Men:

60 m (25): Gurindervir Singh **6.60 / NIR**; Lalu Prasad Bhoi 6.65; Nuzrat ?? 6.71; Laukik Anant Melge 7.99 (only 4 finishers / 3 others disq.);

semis (25) s1: Animesh Kujur 6.71; Bhoi 6.72; Melge 6.77; Sourav Saha 6.92; Abhinash Sahu 6.94; Mahendra Santa 6.98; R.Anesh 6.98; s2: Gurindervir Singh 6.69; Nuzrat ?? 6.72; Dondapati Mrutyam 6.74; Nehal Sagar 6.88; Sarun Payasingh 6.88; S.Subash 7.05; Kush Kumar 7.05;

heats (25) h1: Bhoi 6.79; Adil Hashmi 6.98; S.Subash 6.98; Prem Prakash Ojha 7.09; h2: Gurindervir Singh 6.82; Santa 6.91; Sourav Saha 6.93; Jebin Sibi 6.95; R.Anesh 6.96; M.Goutham 7.09; h3: Kujur 6.81; Melge 6.91; Abhinash Sahu 6.94; h4: Nuzrat 6.73; Mrutyam 6.74; Payasingh 6.88; Sagar 6.95; Kush Kumar 7.03; Arnav Nitin Takalkar 7.08;

400 m (25): Mohammed Sinan 48.27;

800 m (24): Mohammed Afsal **1:47.86 / NIR**; J.R.Kalyan 1:53.98; Sayan Karmakar 1:56.98;

1500 m (25): Vinod Singh 3:46.13; Jagdish ?? 3:50.11; Sunil Yadav 3:50.56; J.R.Kalyan 3:51.30; Dayanidhi Munda 3:56.14;

3000 m (24): Shivaji Parashuram 8:09.88; Vinod Singh 8:16.93; Rahul Kumar Verma 8:18.21; Deepak Kumar Thakur 8:18.21; Rahul Singh 8:33.09;

60 m H (24): M.Krishik 7.71; Rathish Pandidurai 7.84; Muhammed Lazan 8.00; Siddhanth Umananda 8.06;

HJ (25): Swadhin Kumar Majhi 2.18; Sarvesh Anil Kushare 2.15; Dhairyshil Dhanaji 2.15; Sudeep ?? 2.15; Abhiraj Nair 2.10;

P V (25): Ganesan Reegan **5.30 / NIR**; Rambeer Singh 4.85; Bineesh Jacob & Rohit Patil 4.55;

L J (24): Sarun Payasingh 7.80; Praveen Chithravel 7.78; P.David 7.69; Vinoth Kumar Yuvara 7.56; Krishna Sharma 7.43; S.Saran 7.37; R.Murthy 7.12; Pruthvi Seregar 7.09;

T J (25): T.Vimal Mukesh 15.41;

S P (24): Ravi Kumar 17.17; Adhish Ghildiyal 16.92; Balaji ?? 16.74;

Junior Men (incl. Seniors born 2006):

60 m (25): Kshitij Sunil Changire/(2006) 6.78; Rushiraj Singh Gohil/(2006) 6.87; Abhay Singh/(2006) 6.88; S.harish/2007 6.95; Rothin Mondal/(2006) 6.96; Himanshu Sharma/2007 6.98; Rahul Sharma/(2006) 6.99; Vishant Chaudhary/(2006) 6.99;

heats (25) h1: Abhay Singh/(2006) 6.95; S.Harish/2007 6.97; Vishant Chaudhary/(2006) 7.00; Pratik Maharana/2007 7.06; Akshay Krishna/(2006) 7.09; h2: Changire/(2006) 6.87; Singh Gohil/(2006) 6.90; Rahul Sharma/(2006) 6.96; Mohit Mistry/(2006) 7.06; h3: Mondal/(2006) 6.93; Himanshu Sharma/2007 7.00; Bhavishya Wagh/2007 7.07; Granth Mahlawat/2008 7.07; Chinmaya Nag/2007 7.09;

800 m (24): Chirag Chaudhary/2007 1:54.14;

3000 m (25): Dolamani Chirgun/2007 8:39.13; Bitto Joseph/(2006) 8:40.32; Ajay ??/(2006) 8:41.02; Sandeep Yadav/2007 8:41.31;

HJ (25): Basant ??/2007 2.16; Sagar Roy/(2006) 2.05;

S P / 6 kg (24): Ommkar Prasad Nand/2007 17.77; A.Sai Kiran/(2006) 17.00; Harshit Gahlot/(2006) 16.98; Abhimanyu Kushwaha/(2006) 16.84; Vaidik Tiwari/(2006) 16.72;

Women:

60 m (25): Harita Bhadra 7.32; Unnathi Bollanda 7.46; Trisha Nair 7.62; Gauravi Ulhas Naik 7.64; Mousumi Roy Uttam 7.67; Sabita Toppo 7.70; Pranjali Dilip Patil 7.75;

heats (25) h1: Bhadra 7.43; Toppo 7.73; Pravalika Narimalla 7.89; Binati Behera 7.99; Sharon Maria 8.05; h2: Uttam 7.50; Bollanda 7.55; Naik 7.70; Sireya Tushar Shedge 7.90; h3: Nair 7.70; Patil 7.76; Merymukta Soreng 7.78; S.Srireshma 7.89;

400 m (25): Saloni Nagar Kumari **53.73 / NIR**; Sukhi Baskey 55.67; Unnathi Bollanda 56.45;

800 m (24): Preeti Yadav 2:11.83; Laxmiprity Kisan 2:13.20;

1500 m (25): C.Priyanka 4:34.31 (no other competitors !!);

3000 m (24): C.Priyanka 9:42.05; Kajal Rangnath 9:44.01;

60 m H (24): C.Anjali 8.32; Sabita Toppo 8.40; Pranjali Dilip Patil 8.40; S.Srireshma 8.59; Bidisha Kundu 8.65;

heats (24) h2: C.Anjali 8.38; Toppo 8.40; Patil 8.46;

HJ (25): Payal Jamod 1.71; Kevinaa Ashwine Annavi 1.71; Pramilla Rajgar 1.68;

P V (24): Baranica Elangovan **4.22 / NIR (& overall NR)**; Blessy Kunjumon 3.95; Mariya Jaison 3.80; G.Sindhushree & Vanshika Ghanghas 3.80; Bhavya Jain 3.60; Pavithra Venkatesh 3.60; A.Deepika 3.40;

L J (24): K.A.Anamika 6.05; Manisha Merel 6.04; Sherin Abdolghafoor 5.92; Bhairabi Roy 5.91; Nupur Pandey 5.85; Priya Rathore 5.78; Bidisha Kundu 5.75; Pooja ?? 5.66;

T J (25): Mallala Anusha 13.20; Nimisha Dayma 12.93; Bhairabi Roy 12.81; Merymukta Soreng 12.58;
Nupur Pandey 12.28;
S P (24): Rekha ?? 15.63;

Junior Women (incl. Seniors born 2006):

60 m (25): Kajal Hirabhai Vaja/2007 7.50; Mansi Rajak/2007 7.55; Heeral Johri/(2006) 7.75; Siya Abhijit
Sawant/(2006) 7.76; H.Amanika/(2006) 7.80; Subhashree Parida/(2006) 7.85;
heats (25) h1: Vaja/2007 7.56; Johri/(2006) 7.76; h2: Rajak/2007 7.67; Sawant/(2006) 7.71; Parida/(2006)
7.81; Amanika/(2006) 7.82;
3000 m (25): Dipika Sharma/2008 9:56.74; Priti Chouhan/(2006) 10:02.81; Sonika Rajwade/(2006)
10:07.75;
H J (25): Arpita Sarkar/(2006) 1.68;
S P (24): Dona Maria Dony/(2006) 13.35;