

RESULTS OF THE 9TH ASIAN MARATHON CHAMPIONSHIPS 7TH NOVEMBER 2004 SEOUL, KOREA

MEN

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WOMEN

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ASIAN Continental Records (as at 12.12.2004)

MEN (Olympic events)

100 m	10.00	Koji Ito	JPN	Bangkok	13.12.1998
200 m	20.03	Shingo Suetsugu	JPN	Yokohama	07.06.2003
400 m	44.56	Mohamed Amer Al-Malky	OMN	Budapest	12.08.1988
800 m	1:43.11	Youssef Saad Kamel	BRN	Zürich	06.08.2004
1500 m	3:30.25	Rashid Ramzi	BRN	Roma	02.07.2004
5000 m	13:02.03	Abdullah Ahmad Hassan	OAT	Stockholm	27.07.2004
10000 m	26:38.76	Abdullah Ahmad Hassan	QAT	Bruxelles	05.09.2003
3000 m Steeple	7:53.63	Saif Saeed Shaheen	OAT	Bruxelles	03.09.2004
110 m Hurdles	12.91	Liu Xiang	CHN	Athinai	27.08.2004
400 m Hurdles	47.53	Hadi Soua'an Al-Somaily	KSA	Sydney	27.09.2000
High Jump	2.39	Zhu Jianhua	CHN	Eberstadt	10.06.1984
Pole Vault	5.90	Grigoriy Yegorov	KAZ	Stuttgart	19.08.1993
	5.90	Igor Potapovich	KAZ	Nice	10.07.1996
Long Jump	8.40	Lao Jianfeng	CHN	Zhaoqing	28.05.1997
Triple Jump	17.35	Oleg Sakirkin	KAZ	Moskva	05.06.1994
Shot Put x1)	20.45	Sergey Rubtsov	KAZ	Almaty	15.06.1996
Discus Throw	65.16	Li Shaojie	CHN	Nanjing	07.05.1996
Hammer Throw	84.86	Koji Murofushi	JPN	Praha	29.06.2003
Javelin Throw	87.60	Kazuhiro Mizoguchi	JPN	San Jose	27.05.1989
Decathlon	8725	Dmitriy Karpov	KAZ	Athinai	23/24.08.2004
(10.50w; 7.81; 15.93; 2.09; 46.81 / 13.97; 51.65; 4.60; 55.54; 4:38.11)					
20 km Walk/Road	1:18:04	Bu Lingtang	CHN	Beijing	07.04.1994
20000m Walk/Track	1:20:24.4	Li Mingcai	CHN	Jinan	15.03.1992
50 km Walk/Road	3:39:10	Han Yucheng	CHN	Guangzhou	22.03.2004
50000m Walk/Track	3:48:13.7	Zhao Yongsheng	CHN	Fana	07.05.1994
4x100 m Relay	38.31	National Team	JPN	Athinai	09.08.1997
		(Inoue, K.Ito, Tsuchie, Asahara)			
	38.31	National Team	JPN	Sydney	29.09.2000
		(Kawabata, K.Ito, Suetsugu, Asahara)			
4x400 m Relay	3:00.76	National Team	JPN	Atlanta	03.08.1996
		(Karube, K.Ito, Osakada, Omori)			

Best Performance

Marathon	2:06:16	Toshinari Takaoka	JPN	Chicago	13.10.2002
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Asian Records or Best Performances in other events

300 m	32.28	DaheshFawzi Al-Shammari	KUW	Ljubljana	10.08.2004
1000 m	2:18.91	Mohamed Sulaiman	QAT	Lindau	28.07.1995
1 Mile	3:51.12	Mohamed Sulaiman	QAT	Zürich	16.08.1995
2000 m	4:55.57	Mohamed Sulaiman	QAT	Roma	08.06.1995
3000 m	7:34.67	Saif Saeed Shaheen	OAT	Doha	14.05.2004
15000 m/Track	43:38.2	Toshihiko Seko	JPN	Shizuoka	24.09.1983
20000 m/Track	57:48.7	Toshihiko Seko	JPN	Odawara	11.05.1985
Half-Marathon	1:00:30	Ken-ichi Takahashi	JPN	Tokyo	10.01.2000
25000 m/Track	1:13:55.8	Toshihiko Seko	JPN	Christchurch	22.03.1981
30000 m/Track	1:29:18.8	Toshihiko Seko	JPN	Christchurch	22.03.1981
100 km	6:13:33	Takahiro Sunada	JPN	Yubetsu	21.06.1998
200 m Hurdles	23.12	Zaid Abou Hamed	SYR	Melbourne	14.12.1995
300 m Hurdles	35.54	Yoshihiro Chiba	JPN	Nanao	27.07.2003
5000 m Walk/Track	19:09.90	Satoshi Yanagisawa	JPN	Toyama	01.10.1995
10000 m Walk/Track	39:27.89	Takeaki Akatsuma	JPN	Sendai	17.05.2002
4x200 m Relay	1:22.94	Waseda University Team	JPN	Kobe	02.07.2000
		(Anai, Tamura, Sato, Nakagawa)			

Note: x1) 20.60 by Shakti Singh at Bangalore/05.07.2000 not ratified (no dope test) and subsequently deleted from list

WOMEN (Olympic events)

100 m	10.79	Li Xuemei	CHN	Shanghai	18.10.1997
200 m	22.01	Li Xuemei	CHN	Shanghai	22.10.1997
400 m	49.81	Ma Yuqin	CHN	Beijing	11.09.1993
800 m	1:55.54	Liu Dong	CHN	Beijing	09.09.1993
1500 m	3:50.46	Qu Yunxia	CHN	Beijing	11.09.1993
3000 m	8:06.11	Wang Junxia	CHN	Beijing	13.09.1993
5000 m	14:28.09	Jiang Bo	CHN	Shanghai	23.10.1997
10000 m	29:31.78	Wang Junxia	CHN	Beijing	08.09.1993
100 m Hurdles	12.44	Olga Shishigina	KAZ	Luzern	27.06.1995
400 m Hurdles	53.96	Han Qing	CHN	Beijing	09.09.1993
	53.96	Song Yinglan	CHN	Guangzhou	22.11.2001
High Jump	1.97	Jin Ling	CHN	Hamamatsu	07.05.1989
	1.97	Svetlana Zalevska	KAZ	Pierre Benite	14.06.1996
	1.97	Tatyana Efimenko	KGZ	Roma	11.07.2003
Pole Vault	4.52	Gao Shuying	CHN	Beijing	29.08.2001
Long Jump	7.01	Yao Weili	CHN	Jinan	05.06.1993
Triple Jump	14.72	Huang Qiuyan	CHN	Guangzhou	22.11.2001
Shot Put	21.76	Li Meisu	CHN	Shijiazhuang	23.04.1988
Discus Throw	71.68	Xiao Yanling	CHN	Beijing	14.03.1992
Hammer Throw	72.37	Zhang Wenxiu	CHN	Nanning	18.04.2004
Javelin Throw/old m.	70.42	Zhang Li	CHN	Tianjin	06.08.1990
Javelin Throw/new	63.92	Wei Jianhua	CHN	Beijing	18.08.2000
Heptathlon	6942	Ghada Shouaa	SYR	Götztis	25/26.05.1996
		(13.78; 1.87; 15.64; 23.78 – 6.77; 54.74; 2:13.61)			
10 km Walk/Road	41:16	Wang Yan	CHN	Eisenhüttenstadt	08.05.1999
10000m Walk/Track	42:30.13	Gao Hongmiao	CHN	Nanjing	24.10.1995
20 km Walk/Road	1:26:22	Wang Yan	CHN	Guangzhou	19.11.2001
4x100 m Relay	42.23	Sichuan Team	CHN	Shanghai	23.10.1997
		(Xiao Lin, Li Yali, Liu Xiaomei, Li Xuemei)			
4x400 m Relay	3:24.28	Hebei Team	CHN	Beijing	13.09.1993
		(An Xiaohong, Bai Xiaoyun, Cao Chunying, Ma Yuqin)			

Best Performance

Marathon	2:19:39	Sun Yingjie	CHN	Beijing	19.10.2003
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Asian Records or Best Performances in other events

300 m	38.44	Alyona Petrova	TKM	Istanbul	08.06.2002
1000 m	2:41.08	Miho Sugimori	JPN	Yokohama	19.06.2002
1 Mile	4:34.81	Ikuko Tamura	JPN	Amagasaki	15.06.2002
2000 m	5:29.43+	Wang Junxia	CHN	Beijing	12.09.1993
2 Miles	9:35.04	Yuko Kawakami	JPN	Cork	27.06.1998
3000 m Steeple	9:50.88	Chen Xiaofang	CHN	Shanghai	13.09.2003
20000m/Track	1:06:48.8	Izumi Maki	JPN	Amagasaki	19.09.1993
Half-Marathon	1:06:43	Masako Chiba	JPN	Tokyo	19.01.1997
25000 m/Track	1:33:53.4	Tamaki Okuno	JPN	Tokyo	10.10.1996
30000 m/Track	1:53:03.6	Tamaki Okuno	JPN	Tokyo	10.10.1996
100 km	6:33:11	Tomoe Abe	JPN	Yubetsu	25.06.2000
5 km Walk/Road	21:39	Song Lijuan	CHN	Wuhai	15.07.1992
	(20:41+	Liu Hongyu	CHN	Eisenhüttenstadt	08.05.1999)
5000 m Walk/Track	20:37.7	Jin Bingjie	CHN	Hefei	03.03.1990
4x200 m Relay	1:35.90	National Team	JPN	Hamamatsu	04.11.1985
		(Koshimoto, Isozaki, Hara, Konishi)			

Notes:

-to 2000 m and to 5 km Walk: + = official intermediate times

-to Hammer Throw: the best performance by Zhang Wenxiu (72.42 m at Chengdu / 03.04.2004) isn't valued as new Continental Record nor as new World & Continental Junior Record

JUNIOR MEN

100 m	10.22	Vitaliy Medvedev	KAZ/77	Almaty	14.07.1995
200 m	20.29	Yusuke Omae	JPN/82	Matsumoto	30.06.2001
400 m	44.66	Hamdan Odha Al-Bishi	KSA/81	Santiago/CHI	20.10.2000
800 m	1:45.25	Majid Saeed Sultan	OAT/86	Rieti	05.09.2004
1500 m	3:38.40	Han Gang	CHN/78	Shanghai	18.10.1997
5000 m	13:18.41	Sultan Khamis Zaman	OAT/85	Villeneuve d'A.	26.06.2004
10000 m	27:59.32	Ryuji Ono	JPN/85	Tottori	05.06.2004
3000 m Steeple	8:07.18	Moussa Omar Obaid	OAT/85	Athinai	24.08.2004
110 m H (1.067 m)	13.12	Liu Xiang	CHN/83	Lausanne	02.07.2002
400 m H (0.914 m)	48.94	Ibrahim Al-Hamaidi	KSA/85	Grosseto	16.07.2004
High Jump	2.33	Zhu Jianhua	CHN/63	New Delhi	01.12.1982
Pole Vault	5.55	Liu Feiliang	CHN/85	Nanjing	02.05.2004
Long Jump	8.16	Wang Cheng	CHN/80	Chengdu	19.04.1998
Triple Jump	17.23	Gu Junjie	CHN/85	Hefei	26.09.2004
Shot Put (7.26 kg)	19.48	Xie Shengying	CHN/71	Shijiazhuang	25.04.1990
Discus (2.0 kg)	62.36	Tulake Nuermaimaiti	CHN/82	Guangzhou	21.11.2001
Hammer (7.260 kg)	72.70	Ali Mohamed Al-Zankawi	KUW/84	Amman	08.09.2003
Javelin (800 g)	81.80	Sergey Voynov	UZB/77	Tashkent	06.06.1996
Decathlon	8041	Qi Haifeng	CHN/83	Busan	09/10.10.2002
(Men hurdles/impl.)	(11.09; 7.22; 13.05; 2.06; 49.09 -	14.54; 43.16; 4.80; 61.04; 4:35.17)			
10 km Walk/Road	40:20	Yuki Yamazaki	JPN/84	Tokyo	01.01.2002
10000m Walk/Track	39:49.22	Pei Chuang	CHN/81	Chengdu	08.09.2000
20 km Walk/Road	1:19:14	Xu Xingde	CHN/84	Yangzhou	12.04.2003
20000m Walk/Track	1:20:40.3	Wang Yinhang	CHN/77	Nanjing	24.10.1995
50 km Walk/Road	3:43:41	Zhang Huiqiang	CHN/77	Zuhai	12.03.1996
4x100 m Relay	39.30	National Junior Team (Matsunaga, Noda, Takahira, Aikawa)	JPN	Bangkok	28.10.2002
4x400 m Relay	3:05.33	National Junior Team (Ota, Noda, Suzuki, Sasaki)	JPN	Grosseto	18.07.2004
Junior Women					
100 m	11.17	Xiao Lin	CHN/78	Shanghai	18.10.1997
200 m	22.83	Chen Yuxiang	CHN/78	Shanghai	21.10.1997
400 m	50.01	Li Jing	CHN/80	Shanghai	18.10.1997
800 m	1:57.18	Wang Yuan	CHN/76	Beijing	08.09.1993
1500 m	3:51.34	Lang Yinglai	CHN/79	Shanghai	18.10.1997
3000 m	8:36.45	Ma Ningning	CHN/76	Jinan	06.06.1993
5000 m	14:39.96	Yin Lili	CHN/79	Shanghai	23.10.1997
10000 m	30:31.55	Xing Huina	CHN/84	St Denis	23.08.2003
3000 m Steeple	9:54.01	Ju Yinglan	CHN//84	Shanghai	13.09.2003
100 m H (0.84 m)	12.92	Sun Hongwei	CHN/79	Shanghai	18.10.1997
400 m H (0.762 m)	54.93	Li Rui	CHN/79	Shanghai	22.10.1997
High Jump	1.95	Tatyana Efimenko	KGZ/81	Bishkek	06.10.1999
Pole Vault	4.40	Zhao Yingying	CHN/86	Nanjing	01.05.2004
Long Jump	6.80	Peng Fengmei	CHN/79	Chengdu	18.04.1998
Triple Jump	14.57	Huang Qiuyan	CHN/80	Shanghai	19.10.1997
Shot Put (4.0 kg)	20.02	Cheng Xiaoyan	CHN/75	Beijing	05.06.1994
Discus (1.0 kg)	66.08	Cao Qi	CHN/74	Beijing	12.09.1993
Hammer (4.0 kg)	72.37	Zhang Wenxiu	CHN/86	Nanning	18.04.2004
Javelin / new impl.	62.93	Xue Juan	CHN/86	Changsha	27.10.2003
Heptathlon	6185	Shen Shengfei	CHN/81	Shanghai	17/18.10.1997
	(14.23; 1.83; 14.37; 24.13 -	5.93; 44.50; 2:17.81)			
5000 m Walk/Track	20:37.7	Jin Bingjie	CHN/71	Hefei	03.03.1990
10 km Walk/Road	41:57	Gao Hongmiao	CHN/74	Beijing	08.09.1993
10000m Walk/Track	42:49.7	Gao Hongmiao	CHN/74	Jinan	15.03.1992
20 km Walk/Road	1:27:16	Song Hongjuan	CHN/84	Yangzhou	14.04.2003
20000m Walk/Track	1:29:32.4	Song Hongjuan	CHN/84	Changsha	24.10.2003
4x100 m Relay	44.75	National Junior Team (Gao Chunxia, Yen Jie, Feng Jie, Wang Jing)	CHN	Jakarta	20.09.1994
4x400 m Relay	3:34.83	National Junior Team (Amano, Kasashima, Yamagata, Kakinuma)	JPN	Seoul	20.09.1992

ASIAN Indoor best performances (as at 12.12.2004)

MEN events

50 m	5.72	Anvar Kuchmuradov	UZB	Moskva	04.02.1994
	5.72	Vitaliy Savin	KAZ	Madrid	09.02.1995
-addit.intermed.time-	5.69+	Gennadiy Chernovol	KAZ	Lievin	24.02.2002
60 m	6.51	Talal Mansour Al-Rahim	QAT	Karlsruhe	06.03.1993
100 m	10.41	Nobuharu Asahara	JPN	Tampere	04.02.2002
200 m	20.63	Koji Ito	JPN	Maebashi	05.03.1999
400 m	45.76	Shunji Karube	JPN	Paris	09.03.1997
800 m	1:46.15	Rashid Ramzi	BRN	Budapest	07.03.2004
1000 m	2:21.14	Mohamed Sulaiman	QAT	Berlin	05.02.1993
1500 m	3:40.8+	Mohamed Sulaiman	QAT	Birmingham	20.02.1993
1 Mile	3:57.05	Mohamed Sulaiman	QAT	Birmingham	20.02.1993
3000 m	7:42.55	Salem Jawher	BRN	Athinai	22.02.2004
5000 m	14:00.60	Guo Yijiang	CHN	Indianapolis	09.03.1990
50 m Hurdles	6.50	Li Tong	CHN	Los Angeles	19.02.1994
60 m Hurdles	7.43	Liu Xiang	CHN	Budapest	06.03.2004
High Jump	2.31	Zhu Jianhua	CHN	Kobe	05.03.1986
Pole Vault	5.92	Igor Potapovich	KAZ	Stockholm	19.02.1998
Long Jump	8.23	Huang Geng	CHN	Tianjin	27.02.1996
Triple Jump	17.09	Oleg Sakirkin	KAZ	Moskva	27.02.1993
Shot Put	20.07	Khalid H. Al-Suwaidi	QAT	Genova	22.02.2004
Heptathlon	6155	Dmitriy Karpov	KAZ	Budapest	06/07.03.2004
		(7.04; 7.97; 14.95; 1.99; 7.87; 4.60; 2:42.34)			
5000 m Walk	19:14.00	Sergey Korepanov	KAZ	Karaganda	28.01.1995
4x200 m Relay	1:27.04	Hosei University Team	JPN	Yokohama	03.03.1991
		(Iwanaga, Sugimoto, Masukawa, Kato)			
4x400 m Relay	3:05.90	National Team	JPN	Maebashi	06.03.1999
		(Takahashi, Osakada, Kan, Karube)			

WOMEN events

50 m	6.31+	Susanthika Jayasinghe	SRI	Lievin	25.02.2001
60 m	7.09	Susanthika Jayasinghe	SRI	Stuttgart	07.02.1999
200 m	22.99	Susanthika Jayasinghe	SRI	Lisboa	09.03.2001
400 m	52.27	Li Yajun	CHN	Beijing	24.02.1996
800 m	2:00.78	Miho Sugimori	JPN	Yokohama	22.02.2003
1000 m	2:46.6	Geng Xiujian	CHN	Beijing	27.03.1987
1500 m	4:14.64	Lan Lixin	CHN	Lisboa	10.03.2001
2000 m	5:55.6	Liu Jianying	CHN	Beijing	18.03.1994
3000 m	8:41.34	Dong Yanmei	CHN	Lisboa	10.03.2001
50 m Hurdles	6.70	Olga Shishigina	KAZ	Budapest	05.02.1999
60 m Hurdles	7.82	Olga Shishigina	KAZ	Lievin	21.02.1999
High Jump	1.98	Svetlana Zalevskaya	KAZ	Samara	02.03.1996
Pole Vault	4.45	Gao Shuying	CHN	Sindelfingen	10.03.2002
Long Jump	6.82	Yang Juan	CHN	Beijing	13.03.1992
Triple Jump	14.40	Huang Qiuyan	CHN	Shanghai	10.03.2002
Shot Put	21.10	Sui Xinmei	CHN	Beijing	03.03.1990
Pentathlon	4464	Svetlana Kazanina	KAZ	Karaganda	12.02.2000
		(8.99; 1.85; 13.74; 5.99; 2:15.35)			
3000 m Walk	12:42.65	Yuko Sato	JPN	Osaka	11.02.1994
4x200 m Relay	1:42.80	National Team	JPN	Yokohama	03.03.1991
		(Kitagawa, Nomura, Yokoyama, Kumata)			
4x400 m Relay	3:38.17	National Team	CHN	Yokohama	22.02.2003
		(Ni Xiaoli, Bu Fanfang, Chen Lisha, Zhang Xiaoyuan)			

Note:

+ = official intermediate times during 60 m (Men), 1 Mile race (Men) resp. during 60 m (Women)