

RESULTS OF THE 2ND ASIAN INDOOR ATHLETICS CHAMPIONSHIPS
10-12 FEBRUARY 2006
PATTAYA, THAILAND

MEN

60m

Round 1

1. Vyacheslav Muravyev (KAZ) 6.77
2. Ekkachai Janthana (THA) 6.820 3.
Daraphirith Sam (CAM) 7.42 4. Wei
Gong (CHN) 6.83 5. Asrul (INA) 7.04
6. Ravindran Shanmuganathan (MAS)
7.07 7. Chien-Kuo Lin (TPE) 7.02

Round 2

1. Vitaliy Medvedev (KAZ) 6.85 2.
Fisa Alyouha (KUW) 6.93 3. Panha
Yin (CAM) 7.440 4. Zahir Naseer
(MDV) 7.447 5. Wai Hung Chiang
(HKG) 6.89 6. Mohammad Siraj
Tanim (LIB) 6.95 7. Fawzy Rawi
Erzalmaniq (SIN) 7.05 8. Sompote
Suwannarangsri (THA) 6.80

Round 3

1. Wachara Sondee (THA) 6.823 2.
Jarrah Alkadiar (KUW) 7.30 3.
Souksavanh Tongsacktheva (LAO)
7.34 4. Khalil Al-Hanahneh (JOR)
6.86 5. Guibin Pang (CHN) 6.78 6.
Mohd Faizal Maslin (MAS) 6.96 7.
Radhakrishnan Muthukumaran (SIN)
7.16

Semi-Final

Heat 1

1. Wei Gong (CHN) 6.70 2.
Vyacheslav Muravyev (KAZ) 6.72 3.
Ekkachai Janthana (THA) 6.77 4. Wai
Hung Chiang (HKG) 6.82 5. Khalil
Al-Hanahneh (JOR) 6.88 6. Chien-
Kuo Lin (TPE) 6.93 7. Mohammad
Siraj Tanim (LIB) 6.95 8. Ravindran
Shanmuganathan (MAS) 7.01

Heat 2

1. Sompote Suwannarangsri (THA)
6.77 2. Wachara Sondee (THA) 6.78
3. Guibin Pang (CHN) 6.801 4.
Vitaliy Medvedev (KAZ) 6.803 5.
Mohd Faizal Maslin (MAS) 6.93 6.

Fisa Alyouha (KUW) 6.93 7. Fawzy
Rawi Erzalmaniq (SIN) 6.98 8. Asrul
(INA) 7.04

Final

1. Wei Gong (CHN) 6.64 (NR) 2.
Wachara Sondee (THA) 6.65 3.
Vyacheslav Muravyev (KAZ) 6.67 4.
Ekkachai Janthana (THA) 6.71 5.
Sompote Suwannarangsri (THA) 6.74
6. Vitaliy Medvedev (KAZ) 6.76 7.
Guibin Pang (CHN) 6.79 8. Wai Hung
Chiang (HKG) 7.14

400m

Heat 1

1. Mohammed Al Rawahi (OMA)
48.33 2. Supachai Phachsai (THA)
48.49 3. Yevgeniy Meleshenko (KAZ)
48.53 4. Humoud Alsaad (KUW)
48.70 5. Zahir Naseer (MDV) 54.14

Heat 2

1. Jukkatip Pojaroen (THA) 48.64 2.
Mohd Zafri Zuslaini (MAS) 48.81 3.
Tulapong Sutaso (THA) 49.13 4.
Chin-Hsuan Chen (TPE) 49.39 5.
Fares Aftan (IRQ) 49.75

Final

1. Mohammed Al Rawahi (OMA) (NR)
2. Jukkatip Pojaroen (THA) 48.62 3.
Yevgeniy Meleshenko (KAZ) 48.65 4.
Supachai Phachsai (THA) 48.73 5.
Mohd Zafri Zuslaini (MAS) 51.38 6.
Humoud Alsaad (KUW) DNS

800m

Heat 1

1. Adam Abdu Adam Ali (QAT)
1:56.97 2. Ghamanda Ram (IND)
1:57.09 3. Aleksander Bazaev (TJK)
1:57.12 4. Jayakumar Dewarajoo
(MAS) 1:58.26 5. Nathaniel Sim
(SIN) 2:01.70

Heat 2

1. Albadri Salam Amer (QAT) 2:00.45
2. Sasikumar Mohan (MAS) 2:00.78
3. Firdavs Azizov (TJK) 2:00.80
4. Patarapong Kewdaeng (THA) 2:01.23
5. Fu-Pin Chen (TPE) 2:01.31
6. Rajamanickam Subaish (SIN) 2:02.27

Final

1. Albadri Salam Amer (QAT) 1:50.93
2. Adam Abdu Adam Ali (QAT) 1:51.29
3. Ghamanda Ram (IND) 1:51.45
4. Aleksander Bazaev (TJK) 1:55.10
5. Jayakumar Dewarajoo (MAS) 1:55.49
6. Sasikumar Mohan (MAS) 2:03.68

1500m

Heat 1

1. Ishaq Abdeen (BRN) 3:57.38
2. Anyue Yang (CHN) 4:00.64
3. Pritam Bind (IND) 4:03.81
4. Boonyu Kaveerattanakajon (THA) 4:05.40
5. Bunting Hem (CAM) 4:06.10
6. Jayakumar Dewarajoo (MAS) 4:23.05
7. Ajmal Amirov (TJK) DNF

Heat 2

1. Daham Najm Bashair (QAT) 3:57.41
2. Saleh Bakheet (BRN) 3:57.45
3. Hamza C (IND) 3:57.53
4. Adnan Tais (IRQ) 3:58.50
5. Teerachai Rayabsri (THA) 3:59.50
6. Patikarn Pechasricha (THA) 4:00.66
7. Aleksander Bazaev (TJK) DNF

Final

1. Daham Najm Bashair (QAT) 3:44.04 (NR)
2. Saleh Bakheet (BRN) 3:46.29
3. Pritam Bind (IND) 3:47.23
4. Hamza C (IND) 3:47.26
5. Ishaq Abdeen (BRN) 3:51.19
6. Anyue Yang (CHN) 3:54.46
7. Teerachai Rayabsri (THA) 3:56.12
8. Patikarn Pechasricha (THA) 4:01.89
9. Adnan Tais (IRQ) 4:02.36

3000m

Final

1. Saif Saeed Shaheen (QAT) 7:39.77 (NR)
2. Tareq Taher (BRN) 7:49.84
3. Aadam Khamis (BRN) 7:50.10
- 4.

5. Denic Bagrev (KGZ) 8:11.26
6. Ajmal Amirov (TJK) 8:20.92
7. Boonthung Srisung (THA) 8:37.69
8. Amnuay Tongmit (THA) 8:50.66
9. Jauhari Johan (INA) 9:01.99
10. Bunting Hem (CAM) 9:02.00
11. Hariyono (INA) 9:22.42
12. Nasser Shams Kareem (QAT) DNF
13. Kuldeep Kumar (IND) DNS
14. Vadivellan Mahendran (MAS) DNS

60m Hurdles

Final

1. Lili Liu (CHN) 7.79
2. Ming Chen (CHN) 7.84
3. Mhud Faiz Mhammad (MAS) 7.91
4. Hon Sing Tang (HKG) 8.10
5. Suphan Wongsriphouck (THA) 8.14

High Jump

Final

1. Naoyuki Daigo (JPN) 2.17
2. Salem Salem (BRN) 2.13
3. Haiqiang Huang (CHN) 2.13
4. Yoshihiko Edo (JPN) 2.13
5. Sergey Zassimovich (KAZ) 2.13
6. Chokchai Jirasukrujee (THA) 2.09
7. Ahmad Jajwan Agra Hassaim (MAS) 2.09
8. Salem Alenezi (KUW) 2.05
9. Suchart Singhaklang (THA) 2.05
10. Torlarp Sudjanta (THA) 2.00

Long Jump

Final

1. Xin Zhang (CHN) 7.76
2. Daisuke Arakawa (JPN) 7.75
3. Saleh Alhadad (KUW) 7.52
4. Supawat Klanjai (THA) 7.38
5. Mohd Syahrul Amri Mohd Suhaimi (MAS) 7.33
6. Kittisak Sukon (THA) 7.33
7. Chih-Chien Chao (TPE) 7.18
8. Khalil Al-Hanahneh (JOR) 7.17

Triple Jump

Final

1. Roman Valiyev (KAZ) 16.24
2. Mohammed Hazzory (SYR) 16.20
3. Eugeniy Ektov (KAZ) 15.93
4. Nattapon Namkunha (THA) 15.76
5. Kittisak Sukon (THA) 15.70
6. Warunyou Khongnil (THA) 15.19

Shot Put

Final

1. Sarayudh Pinitjit (THA) 17.49
2. Mashari Mohammad (KUW) 17.29
3. Sergey Rubstov (KAZ) 16.89
4. Saurabh VIJ (IND) 16.88
5. Chatchawal Polyemg (THA) 16.15
6. Wansawang Sawaddee (THA) 15.74

Pole Vault**Final**

1. Daichi Sawano (JPN) 5.60
2. Yansheng Yang (CHN) 5.40
3. Alexandr Akhamedov (KAZ) 5.30
4. Takehito Arika (JPN) 5.20
5. Ali Alsabaghah (KUW) 5.10
6. Amnat Kunpadit (THA) 5.00
7. Fahad Almershad (KUW) 4.90
8. Sompong Saombankuay (THA) 4.75
9. Pichitpol Singthonghom (THA) 4.75
10. Muhammad Ayub (PAK) 4.60

4x400m Relay**Final**

1. Thailand 3:15.53 (NR) (Banjong La-Chua, Jokkatip Pojaroen, Tulapong Suttaso, Sopachai Phachsay)
2. Malaysia DQ (Rajinoran Shanuganathan, Jayakumar Dewarajo, Sasikumak Mohan, Mohd Zafril Bin Mohd Zuslaini)
3. Kuwait DQ (Aisa Alyouha, Jarah A Alkadar, Salah Alhadad, Haumoud Alsaad)

Heptathlon**Final Results**

1. Pavel Dubitskiy (KAZ) 5619 (7.23, 6.99, 13.16, 2.13, 8.54, 4.70, 2:53.02)
2. Szu-Pin Hsiao (TPE) 5563 (7.12, 6.82, 13.94, 2.01, 8.40, 4.70, 2:55.26)
3. Pavel Andreev (UZB) 5421 (7.48, 6.94, 13.77, 2.01, 8.82, 4.80, 2:52.40)
4. Hiromasa Tanaka (JPN) 5340 (7.10, 6.77, 11.69, 1.80, 8.53, 5.00, 2:50.97)
5. Rifat Artikov (UZB) 5061 (7.56, 6.08, 14.14, 1.95, 8.62, 4.50, 2:58.78)
6. Hsiang Tsu Meng (TPE) 4887 (7.39, 6.84, 10.96, 1.95, 9.00, 4.40, 3:08.43)
7. Ahmed Hassan Musa (QAT) 4651 (7.39, 6.64, 13.03, 1.71, 8.98, 3.50, 2:54.46)
8. Pakawat Hernmek (THA) 4591 (7.55, 6.62, 11.26, 1.65, 8.58, 4.10, 3:04.89)
9. Ali Hazer (LIB) 4539

- (7.42, 5.99, 10.66, 1.83, 8.47, 3.30, 2:52.46)
10. Boonkete Chalou (THA) 2769 (7.20, -, 10.98, 1.77, 8.72, -, -)

WOMEN**60m****Heat 1**

1. Nongnuch Sanrat (THA) 7.64
2. Kim Yee Wan (HKG) 7.77
3. Gretta Taslakian (LIB) 7.82
4. Naseem Hameed (PAK) 7.91
5. M. Dzuleqhran Raihan (SIN) 8.08
6. Chanh Samone Paseuthsay (LAO) 8.36
7. Sry Hang (CAM) 8.44

Heat 2

1. Li Liu (CHN) 7.57
2. Orranut Klomdee (THA) 7.60
3. Sangwan Jaksunin (THA) 7.64
4. Ho Yee Chan (HKG) 7.83
5. Amanda Choo (SIN) 8.05
6. Sokunthea Kuen (CAM) 8.69

Final

1. Nongnuch Sanrat (THA) 7.48
2. Sangwan Jaksunin (THA) 7.54
3. Orranut Klomdee (THA) 7.59
4. Li Liu (CHN) 7.61
5. Kin Yee Wan (HKG) 7.75
6. Ho Yee Chan (HKG) 7.89
7. Gretta Taslakian (LIB) 7.91
8. Naseem Hameed (PAK) 7.93

400m**Final**

1. Anna Gavryushenko (KAZ) 54.89
2. Marina Ivanova (KAZ) 57.26
3. Saowalee Kaewchuy (THA) 55.15
4. Treewadee Yongphan (THA) 57.38
6. Waeota Khongchan (THA) 58.32

800m**Heat 1**

1. Zamira Amirova (UZB) 2:21.47
2. Buatip Boonprasert (THA) 2:21.90
3. Rupinder Kaur (IND) 2:23.34
4. Fathmath Hasma (MDV) 2:37.21

Heat 2

1. Xiaocui Yang (CHN) 2:19.77
2. Sinimol Poulous (IND) 2:21.16
3. Vally Michael (MAS) 2:21.27
4. Viktoriya Yalovtseva (KAZ) 2:21.28

Final

1. Zamira Amirova (UZB) 2:07.01 (NR) 2. Sinimol Poulous (IND) 2:07.39 3. Viktoriya Yalovtseva (KAZ) 2:08.92 4. Xiaocui Yang (CHN) 2:09.13 5. Buatip Boonprasert (THA) 2:15.83 6. Vally Michael (MAS) 2:23.22

1500m

Final

1. Sinimol Poulous (IND) 4:18.29 (NR) 2. Jaisa O.P. (IND) 4:18.50 3. Svetlana Lukasheva (KAZ) 4:19.50 4. Qihong Sun (CHN) 4:35.04 5. Sonthiya Saiweaw (THA) 5:13.72 6. Fathmath Hasma (MDV) 5:34.68

3000m

Final

1. Xiaolin Zhu (CHN) 9:25.60 (NR) 2. Weiwei Sun (CHN) 9:25.69 3. Jaisa O.P. (IND) 9:26.72 4. Jasim Kareema (BRN) 9:28.90 5. Preeja Sreedharan (IND) 9:36.44 6. Rini Budiarti (INA) 9:49.75

60m Hurdles

Final

1. Rong Zhang (CHN) 8.40 2. Natalya Ivoninskaya (KAZ) 8.49 3. Dedeh Erawati (INA) 8.54 4. Jing Liu (CHN) 8.54 5. Shuk Wa Leung (HKG) 8.83 6. Wallapa Pansoongneun (THA) 8.87 7. Fadwa Al-Boza (SYR) 8.94

4x400m Relay

Final

1. Kazakhstan 3:41.39 (NR) (Svetlana Lukasheva, Marina Ivanova, Viktoriya Yalovtseva, Anna Gavryushenko) 2. Thailand 3:42.28 (Yuangjan Panthakarn, Saowalee Kaewchuy, Susantha Kinnareewong (THA) 3:42.28 3. India 3:53.24 (Mridula K., Sinimol Poulous, Rupinder Kaur, Bhubneshwari C.) 4. Lao 4:40.97 (Chanhsamone Paseuthsay,, Nouny Soukphaseuth, Phordy Sittedate, Sailouge Intavong)

Pole Vault

Final

1. Ikuko Nishikoori (JPN) 4.20 2. Mami Nakano (JPN) 4.10 3. Lei Sun (CHN) 4.00 4. Pasuta Wongwieng (THA) 3.40

High Jump

Final

1. Marina Aitova (KAZ) 1.93 2. Tatiana Efimenko (KGZ) 1.91 3. Svetlana Radzivil (UZB) 1.91 4. Miyuki Aoyama (JPN) 1.85 5. Nadiya Dusanova (UZB) 1.78 6. Yuki Mimura (JPN) 1.74 7. Xuan Gu (CHN) 1.74

Triple Jump

Final

1. Yelena Parfyonova (KAZ) 13.91 2. Olesya Belyayeva (KAZ) 13.33 3. Thitima Muangjan (THA) 12.64

Long Jump

Final

1. Maho Hanaoka (JPN) 6.40 2. Anju Bobby George (IND) 6.32 3. Olesya Belyayeva (KAZ) 6.29 4. Yuka Sato (JPN) 5.91 5. Rima Taha (JOR) 5.85 6. Warunee Kittihirun (THA) 5.36

Shot Put

Final

1. Chunhua Qianb (CHN) 17.12 2. Juthaporn Krasaeyan (THA) 15.34 3. Hamida Al Habsi (OMA) 9.87

Pentathlon

Final Results

1. Olga Rypakova (KAZ) 4582 (NR) (8.68, 1.88, 12.90, 6.55, 2:23.26) 2. Liu Haili (CHN) 4220 (8.54, 1.76, 12.25, 6.18, 2:29.35) 3. Vassanee Vinatho (THA) 4168 (8.75, 1.79, 10.99, 5.78, 2:17.18) 4. Yuki Nakata (JPN) 4037 (8.76, 1.70, 11.69, 5.85, 2:23.51) 5. Yuliya Tarasova (UZB) 4004 (8.84, 1.73, 12.35, 6.05, 2:36.00) 6. Fadoua Al-Boza (SYR) 3251 (8.99, 1.52, 8.97, 5.36, 2:40.00) 7. Shifa Anabtawi (JOR) DNF (10.47, 1.40, 9.09, - . -)

ASIAN Continental Records (as at 03.07.2006)

MEN (Olympic events)

100 m	10.00	Koji Ito	JPN	Bangkok	13.12.1998
200 m	20.03	Shingo Suetsugu	JPN	Yokohama	07.06.2003
400 m	44.56	Mohamed Amer Al-Malky	OMN	Budapest	12.08.1988
800 m	1:43.11	Youssef Saad Kamel	BRN	Zürich	06.08.2004
1500 m	3:30.00	Rashid Ramzi	BRN	Roma	08.07.2005
5000 m	12:58.58	Moukhled Al-Outaibi	KSA	Heusden	23.07.2005
10000 m	26:38.76	Abdullah Ahmad Hassan	QAT	Bruxelles	05.09.2003
3000 m Steeple	7:53.63	Saif Saeed Shaheen	QAT	Bruxelles	03.09.2004
110 m Hurdles	12.91	Liu Xiang	CHN	Athinaí	27.08.2004
400 m Hurdles	47.53	Hadi Soua'an Al-Somaily	KSA	Sydney	27.09.2000
High Jump	2.39	Zhu Jianhua	CHN	Eberstadt	10.06.1984
Pole Vault	5.90	Grigoriy Yegorov	KAZ	Stuttgart	19.08.1993
	5.90	Igor Potapovich	KAZ	Nice	10.07.1996
Long Jump	8.48	Mohamed S. Al-Khuwailidi	KSA	Sotheville	02.07.2006
Triple Jump	17.35	Oleg Sakirkin	KAZ	Moskva	05.06.1994
Shot Put x1)	20.54	Khalid Habash Al-Suwaidi	QAT	Staiki	25.06.2005
Discus Throw	65.25	Ehsan Haddadi	IRI	Incheon	01.09.2005
Hammer Throw	84.86	Koji Murofushi	JPN	Praha	29.06.2003
Javelin Throw	87.60	Kazuhiro Mizoguchi	JPN	San Jose	27.05.1989
Decathlon	8725	Dmitriy Karpov	KAZ	Athinaí	23/24.08.2004
		(10.50w; 7.81; 15.93; 2.09; 46.81 / 13.97; 51.65; 4.60; 55.54; 4:38.11)			
20 km Walk/Road	1:17:41	Zhu Hongjun	CHN	Cixi	23.04.2005
20000m Walk/Track	1:20:24.4	Li Mingcai	CHN	Jinan	15.03.1992
50 km Walk/Road	3:36:06	Yu Chaohong	CHN	Nanjing	22.10.2005
50000m Walk/Track	3:48:13.7	Zhao Yongsheng	CHN	Fana	07.05.1994
4x100 m Relay	38.31	National Team	JPN	Athinaí	09.08.1997
		(Inoue, K.Ito, Tsuchie, Asahara)			
	38.31	National Team	JPN	Sydney	29.09.2000
		(Kawabata, K.Ito, Suetsugu, Asahara)			
4x400 m Relay	3:00.76	National Team	JPN	Atlanta	03.08.1996
		(Karube, K.Ito, Osakada, Omori)			

Best Performance

Marathon	2:06:16	Toshinari Takaoka	JPN	Chicago	13.10.2002
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Asian Records or Best Performances in other events

300 m	32.28	DaheshFawzi Al-Shammari	KUW	Ljubljana	10.08.2004
1000 m	2:18.91	Mohamed Sulaiman	QAT	Lindau	28.07.1995
1 Mile	3:47.97	Dahame Najim Bashir	QAT	Oslo	29.07.2005
2000 m	4:55.57	Mohamed Sulaiman	QAT	Roma	08.06.1995
3000 m	7:30.76	Jamal Bilal Salem	QAT	Doha	13.05.2005
15000 m/Track	43:38.2	Toshihiko Seko	JPN	Shizuoka	24.09.1983
20000 m/Track	57:48.7	Toshihiko Seko	JPN	Odawara	11.05.1985
Half-Marathon	1:00:30	Ken-ichi Takahashi	JPN	Tokyo	10.01.2000
25000 m/Track	1:13:55.8	Toshihiko Seko	JPN	Christchurch	22.03.1981
30000 m/Track	1:29:18.8	Toshihiko Seko	JPN	Christchurch	22.03.1981
100 km	6:13:33	Takahiro Sunada	JPN	Yubetsu	21.06.1998
2000 m Steeple	5:14.53	Saif Saeed Shaheen	QAT	Doha	13.05.2005
200 m Hurdles	23.12	Zaid Abou Hamed	SYR	Melbourne	14.12.1995
300 m Hurdles	35.54	Yoshihiro Chiba	JPN	Nanao	27.07.2003
5000 m Walk/Track	19:09.90	Satoshi Yanagisawa	JPN	Toyama	01.10.1995
10000 m Walk/Track	39:27.89	Takeaki Akatsuma	JPN	Sendai	17.05.2002
4x200 m Relay	1:22.66	National Team	THA	Philadelphia	29.04.2000
		(Srihawong, Sphanich, Janthana, Suwonprateep)			

Note: x1) 20.60 by Shakti Singh at Bangalore/05.07.2000 not ratified (no dope test) and subsequently deleted from list

WOMEN (Olympic events)

100 m	10.79	Li Xuemei	CHN	Shanghai	18.10.1997
200 m	22.01	Li Xuemei	CHN	Shanghai	22.10.1997
400 m	49.81	Ma Yuqin	CHN	Beijing	11.09.1993
800 m	1:55.54	Liu Dong	CHN	Beijing	09.09.1993
1500 m	3:50.46	Qu Yunxia	CHN	Beijing	11.09.1993
3000 m	8:06.11	Wang Junxia	CHN	Beijing	13.09.1993
5000 m	14:28.09	Jiang Bo	CHN	Shanghai	23.10.1997
10000 m	29:31.78	Wang Junxia	CHN	Beijing	08.09.1993
3000 m Steeple	9:41.21	Minori Hayakari	JPN	Helsinki	06.08.2005
100 m Hurdles	12.44	Olga Shishigina	KAZ	Luzern	27.06.1995
400 m Hurdles	53.96	Han Qing	CHN	Beijing	09.09.1993
	53.96	Song Yinglan	CHN	Guangzhou	22.11.2001
High Jump	1.97	Jin Ling	CHN	Hamamatsu	07.05.1989
	1.97	Svetlana Zalevskaia	KAZ	Pierre Benite	14.06.1996
	1.97	Tatyana Efimenko	KGZ	Roma	11.07.2003
Pole Vault	4.53	Gao Shuying	CHN	Incheon	02.09.2005
Long Jump	7.01	Yao Weili	CHN	Jinan	05.06.1993
Triple Jump	14.72	Huang Qiuyan	CHN	Guangzhou	22.11.2001
Shot Put	21.76	Li Meisu	CHN	Shijiazhuang	23.04.1988
Discus Throw	71.68	Xiao Yanling	CHN	Beijing	14.03.1992
Hammer Throw	73.24	Zhang Wenxiu	CHN	Changsha	24.06.2005
Javelin Throw/old m.	70.42	Zhang Li	CHN	Tianjin	06.08.1990
Javelin Throw/new	63.92	Wei Jianhua	CHN	Beijing	18.08.2000
Heptathlon	6942	Ghada Shouaa	SYR	Götzis	25/26.05.1996
		(13.78; 1.87; 15.64; 23.78 - 6.77; 54.74; 2:13.61)			
10 km Walk/Road	41:16	Wang Yan	CHN	Eisenhüttenstadt	08.05.1999
10000m Walk/Track	42:30.13	Gao Hongmiao	CHN	Nanjing	24.10.1995
20 km Walk/Road	1:26:22	Wang Yan	CHN	Guangzhou	19.11.2001
4x100 m Relay	42.23	Sichuan Team	CHN	Shanghai	23.10.1997
		(Xiao Lin, Li Yali, Liu Xiaomei, Li Xuemei)			
4x400 m Relay	3:24.28	Hebei Team	CHN	Beijing	13.09.1993
		(An Xiaohong, Bai Xiaoyun, Cao Chunying, Ma Yuqin)			

Best Performance

Marathon	2:19:12	Mizuki Noguchi	JPN	Berlin	25.09.2005
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Asian Records or Best Performances in other events

300 m	38.44	Alyona Petrova	TKM	Istanbul	08.06.2002
1000 m	2:41.08	Miho Sugimori	JPN	Yokohama	19.06.2002
1 Mile	4:34.81	Ikuko Tamura	JPN	Amagasaki	15.06.2002
2000 m	5:29.43+	Wang Junxia	CHN	Beijing	12.09.1993
2 Miles	9:35.04	Yuko Kawakami	JPN	Cork	27.06.1998
20000m/Track	1:06:48.8	Izumi Maki	JPN	Amagasaki	19.09.1993
Half-Marathon	1:06:43	Masako Chiba	JPN	Tokyo	19.01.1997
25000 m/Track	1:33:53.4	Tamaki Okuno	JPN	Tokyo	10.10.1996
30000 m/Track	1:53:03.6	Tamaki Okuno	JPN	Tokyo	10.10.1996
100 km	6:33:11	Tomoe Abe	JPN	Yubetsu	25.06.2000
2000 m Steeple	6:53.68	Wang Kaiqiu	CHN	Yichun	10.05.2006
5 km Walk/Road	21:39	Song Lijuan	CHN	Wuhai	15.07.1992
	(20:41+	Liu Hongyu	CHN	Eisenhüttenstadt	08.05.1999)
5000 m Walk/Track	20:37.7	Jin Bingjie	CHN	Hefei	03.03.1990
4x200 m Relay	1:35.90	National Team	JPN	Hamamatsu	04.11.1985
		(Koshimoto, Isozaki, Hara, Konishi)			

Notes:

-to 2000 m and to 5 km Walk: + = official intermediate times

ASIAN Continental Records (as at 03.07.2006)

JUNIOR MEN

100 m	10.22	Vitaliy Medvedev	KAZ/77	Almaty	14.07.1995
200 m	20.29	Yusuke Omae	JPN/82	Matsumoto	30.06.2001
400 m	44.66	Hamdan Odha Al-Bishi	KSA/81	Santiago/CHI	20.10.2000
800 m	1:44.27	Majid Saeed Sultan	QAT/86	Incheon	04.09.2005
1500 m	3:38.40	Han Gang	CHN/78	Shanghai	18.10.1997
5000 m		Essa Ismail Rasheed	QAT/86	Hengelo	29.05.2005
	13:17.10				
10000 m	27:59.32	Ryuji Ono	JPN/85	Tottori	05.06.2004
3000 m Steeple	8:07.18	Moussa Omar Obaid	QAT/85	Athinai	24.08.2004
110 m H (1.067 m)	13.12	Liu Xiang	CHN/83	Lausanne	02.07.2002
400 m H (0.914 m)	48.94	Ibrahim Al-Hamaidi	KSA/85	Grosseto	16.07.2004
High Jump	2.33	Zhu Jianhua	CHN/63	New Delhi	01.12.1982
Pole Vault	5.55	Liu Feiliang	CHN/85	Nanjing	02.05.2004
Long Jump	8.17	Zhang Xiaoyi	CHN/89	Chongqing	23.04.2006
Triple Jump	17.23	Gu Junjie	CHN/85	Hefei	26.09.2004
Shot Put (6 kg)	20.77	Ranvijay Singh	IND/84	Kolkata	17.09.2002
Shot Put (7.26 kg)	19.48	Xie Shengying	CHN/71	Shijiazhuang	25.04.1990
Discus (1.75 kg)	64.51	Wu Tao	CHN/83	Kingston	18.07.2002
Discus (2.0 kg)	62.36	Tulake Nuermaimaiti	CHN/82	Guangzhou	21.11.2001
Hammer (6 kg)	78.41	Ali Mohamed Al-Zankari	KUW/84	Al Kuwait	02.03.2003
Hammer (7.260 kg)		Ali Mohamed Al-Zankawi	KUW/84	Amman	08.09.2003
	72.70				
Javelin (800 g)	81.80	Sergey Voynov	UZB/77	Tashkent	06.06.1996
Decathlon		Qi Haifeng	CHN/83	Busan	09/10.10.2002
	8041				
(Men hurdles/impl.)	(11.09; 7.22; 13.05; 2.06; 49.09 – 14.54; 43.16; 4.80; 61.04; 4:35.17)				
10 km Walk/Road	40:20	Yuki Yamazaki	JPN/84	Tokyo	01.01.2002
10000m Walk/Track	39:49.22	Pei Chuang	CHN/81	Chengdu	08.09.2000
20 km Walk/Road	1:18 :07	Li Gaobo	CHN/89	Cixi	23.04.2005
20000m Walk/Track	1:20:40.3	Wang Yinhang	CHN/77	Nanjing	24.10.1995
50 km Walk/Road	3:41:10	Zhao Jianguo	CHN/88	Wajima	16.04.2006
4x100 m Relay	39.30	National Junior Team (Matsunaga, Noda, Takahira, Aikawa)	JPN	Bangkok	28.10.2002
4x400 m Relay	3:05.33	National Junior Team (Ota, Noda, Suzuki, Sasaki)	JPN	Grosseto	18.07.2004

Junior Women

100 m	11.17	Xiao Lin	CHN/78	Shanghai	18.10.1997
200 m	22.83	Chen Yuxiang	CHN/78	Shanghai	21.10.1997
400 m	50.01	Li Jing	CHN/80	Shanghai	18.10.1997
800 m	1:57.18	Wang Yuan	CHN/76	Beijing	08.09.1993
1500 m	3:51.34	Lang Yinglai	CHN/79	Shanghai	18.10.1997
3000 m	8:36.45	Ma Ningning	CHN/76	Jinan	06.06.1993
5000 m	14:39.96	Yin Lili	CHN/79	Shanghai	23.10.1997
10000 m	30:31.55	Xing Huina	CHN/84	St Denis	23.08.2003
2000 m Steeple	6:53.68	Wang Kaiqiu	CHN/89	Yichun	10.05.2006
3000 m Steeple	9:54.01	Ju Yinglan	CHN/84	Shanghai	13.09.2003
100 m H (0.84 m)	12.92	Sun Hongwei	CHN/79	Shanghai	18.10.1997
400 m H (0.762 m)	54.40	Wang Xing	CHN/86	Nanjing	21.10.2005
High Jump	1.95	Tatyana Efimenko	KGZ/81	Bishkek	06.10.1999
Pole Vault	4.40	Zhao Yingying	CHN/86	Nanjing	01.05.2004
Long Jump	6.80	Peng Fengmei	CHN/79	Chengdu	18.04.1998
Triple Jump	14.57	Huang Qiuyan	CHN/80	Shanghai	19.10.1997

Shot Put (4.0 kg)	20.02	Cheng Xiaoyan	CHN/75	Beijing	05.06.1994
Discus (1.0 kg)	66.08	Cao Qi	CHN/74	Beijing	12.09.1993
Hammer (4.0 kg)	73.24	Zhang Wenxiu	CHN/86	Changsha	24.06.2005
Javelin / new impl.	62.93	Xue Juan	CHN/86	Changsha	27.10.2003
Heptathlon	6185	Shen Shengfei	CHN/81	Shanghai	17/18.10.1997
		(14.23; 1.83; 14.37; 24.13 - 5.93; 44.50; 2:17.81)			
5000 m Walk/Track	20:37.7	Jin Bingjie	CHN/71	Hefei	03.03.1990
10 km Walk/Road	41:57	Gao Hongmiao	CHN/74	Beijing	08.09.1993
10000m Walk/Track	42:49.7	Gao Hongmiao	CHN/74	Jinan	15.03.1992
20 km Walk/Road	1:27:16	Song Hongjuan	CHN/84	Yangzhou	14.04.2003
20000mWalk/Track	1:29:32.4	Song Hongjuan	CHN/84	Changsha	24.10.2003
4x100 m Relay	44.75	National Junior Team	CHN	Jakarta	20.09.1994
		(Gao Chunxia, Yen Jie, Feng Jie, Wang Jing)			
4x400 m Relay	3:34.83	National Junior Team	JPN	Seoul	20.09.1992
		(Amano, Kasashima, Yamagata, Kakinuma)			

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