

Results from ASIA 2026 - 05

ON THE ROAD

(-courtesy of newspaper websites -)

INDIA

International Marathon at Chandigarh / 01.03.2026

Men:

Marathon:

George Nganda Kimotho KEN 2:17:09; Olbana Negasa Yadate ETH 2:17:36; Michael Kirui KEN 2:17:37; Aggrey Kiprotich Rono KEN 2:17:38; Sylas Chebii KEN 2:17:38; Manjit Singh IND 2:19:06; Tebeje Kineto ETH 2:19:07; Collins Langat KEN 2:20:33; Madesa Refera Merga ETH 2:20:49; Isaiiah Ndungu Gichohi KEN 2:20:52; Terefe Seifu Amuma ETH 2:22:11; Nafsena Ejeta ETH 2:22:38; Satyam Rajpoot IND 2:24:00; Yash Raj IND 2:27:02; Too Cheruiyot KEN 2:29:48; Arju Pradhan IND 2:31:10; Sumit Kumar IND 2:32:36; Nikhil Singh IND 2:33:14;

Half Marathon:

Harmanjot Singh IND 1:01:59; Kevin Kiprono Kemboi KEN 1:02:12; Mammo Gizaw Abay ETH 1:02:14; Sachin Yadav IND 1:02:19; Lovepreet Singh IND 1:02:42 / 3rd & 4th IND All-Time; Harish Sheoran IND 1:04:03; Ravi Gulia IND 1:04:16; Mukesh Kumar IND 1:05:07; Aazam ?? IND 1:05:08, Mohit Choudhary IND 1:06:13; Manjeet Singh IND 1:06:15; Rahul Yadav IND 1:06:43; Abdul Mashood IND 1:07:29;

Women:

Marathon:

Ruth Chelangat Wakabu KEN 2:31:12; Meskerem Tesfaye Fikadu ETH 2:31:12 (same time confirmed for both); Mercy Chemutai KEN 2:33:45; Rita Jelagat KEN 2:33:55; Aberu Gemechu ETH 2:44:38; Genet Shikur Reshid ETH 2:48:42; Bandana Subba IND 2:59:22; Muskan ?? IND 3:22:59;

Half Marathon:

Tshey Desalegn ETH 1:14:36; Iveen Chepkemioi KEN 1:15:25; Munni Devi IND 1:15:38; Tigist Dibaba ETH 1:16:14; Pooja Verma IND 1:18:57; Kavita ?? IND 1:21:30; Roopa ?? IND 1:21:30; Phoolan Pal IND 1:22:13; Ganga ?? IND 1:22:53; Basanti Kumari IND 1:23:59; Gagi Sharma IND 1:24:04; Saraswati Rai IND 1:28:46; Makakumayu Minarashi IND 1:29:32;

HONDA Half Marathon at Manesar / 08.03.2026

Men:

Emmanuel Rotich KEN 1:04:48; Kevin Kiprono Kemboi KEN 1:04:48 (same time for both); Paul Koech KEN 1:05:14; Monu Kumar IND 1:05:44; Vikash Rawat IND 1:12:18;

Women:

Sonika ?? IND 1:22:36; Kanan Kashyap IND 1:25:56; Shakuntala Devi IND 1:27:41; Anjum ?? IND 1:29:49; Bhumi Negi IND 1:33:36;

MEPZ Half Marathon at Chennai / 01.03.2026

Men:

Nanjundappa ?? IND 1:11:20; Tekilahab Berhe Murutse (ETH ??) 1:13:02; Suresh Kumar IND 1:13:15;

Women:

Saron Molla Yigzaw ETH 1:26:11;

best performances from other National Half Marathon races / course measurements for all races unconfirmed

CARYSIL Half Marathon at Bhavnagar / 08.03.2026

Men:

Indrajeet ?? 1:09:53; Kartik Kariharpal 1:10:07; Devidas Dhanraj Barhe 1:10:17; Shivpratap Prajapati 1:10:25; Anil Shivappa Korvi 1:10:36; Chavda Vignesh Chimanlal 1:11:19; Niraj Nishad 1:11:22;

Women:

Sakshi Anant Kasbe 1:25:05 (2nd = 1:43:15 !!);

SBI Green Half Marathon at Hyderabad / 08.03.2026

Men:

Rohit Binnar 1:13:00;

Women:

Sakshi Poljwar 1:25:33; Gaddam Rajeshwari 1:29:03;

City Half Marathon at Pune / 01.03.2026

Men:

Raj Tiwari 1:08:11; Ashwin ?? 1:08:30; Versi Ram 1:09:17; Dinkar Gulab Mahale 1:09:24; Vishal Vishnu Kambire 1:09:42;

Women:

Ravina Vijay Gayakwad 1:27:45; Sakshi Sandal Jadyal 1:29:11; Rani Sadashiv Muchandi 1:30:10; Jayashri Kiran Punjara 1:32:30;

SK Half Marathon at Raipur / 01.03.2026

Men:

Ajit Bende 1:08:18; Pukeshwar Lal 1:08:20; Vikas Bisne 1:11:35;

Women:

Chandrika Yadav 1:28:02; Bhimeswari Thakur 1:31:05;

NISUM Half Marathon at Bhubaneswar / 01.03.2026

Men:

Anupam Mahata 1:12:18; Rashmi Ranjan Nayak 1:13:20; Pankaj Soren 1:13:57;

Women:

Diptirani Sahoo 1:29:08; Pooja Singh 1:31:06;

CHINESE TAIPEI

International Ancient Half Marathon at Tainan / 01.03.2026

(-courtesy of Mr Teng Kuo-Kai, CTFA -)

Men:

Martin Ndungu Njenga KEN 1:06:05; George Mbugua Ngure KEN 1:07:06; Joseph Mwangi Ngare KEN 1:08:38; Hsu Li-Hung TPE 1:08:41; David Kipkoech Kipsang KEN 1:10:32; James Drakeford GBR 1:11:01; Lin Chiu-Chieh TPE 1:12:31; Ku Hung-Tzu TPE 1:13:23;

Women:

Ruth Waithera Karanja KEN 1:14:32; Yokoo Natsuki JPN 1:20:59; Peris Jepkorir KEN 1:21:54; Hsieh Chien-Ho TPE 1:23:07; Su Feng-Ting TPE 1:25:17; Dong Chia-Chi TPE 1:25:48; Li Hui-Chuan TPE 1:26:30; Yuko Tanimura JPN 1:28:56; Cheng Pei-Yu TPE 1:29:22; Lin Yu-Ting TPE 1:30:06; Fu Di ?? TPE 1:30:07; Yang Chiao-Chu TPE 1:30:12; Hsu Yu-Wan TPE 1:30:17;

UNITED ARAB EMIRATES

NAS Sport Tournament 10 km Race at Dubai / 27.02.2026

Men:

Yasser Echchaouchi MAR 28:02; Taha Adem Gudeto ETH 28:55; Dagne Tesfu ETH 29:14; Amine Souida MAR 29:23; Ismail El Kharchi MAR 29:26; Najib Akhlij MAR 29:30; Gerald Tukesiga UGA 32:22; Sami Khalfan Al-Maqbali UAE 32:22; Bernard Mungai KEN 32:22; Imad Khamis Al-Ghassani UAE 32:49;

Women:

Rkia El Moukim MAR 32:14; Nowel Cheruto UGA 34:25; Mueni Mutuku KEN 37:20;

Government Sports 10 km Race at Ajman / 24.02.2026

Men:

Yasser Echchaouchi MAR 29:07; Obsuman Fita ETH 29:08; Salim Abu Mayanja UGA 30:41; Amine Souida MAR 31:15; Asefa Ale ETH 31:19; Abdallah Juma UAE 32:42;

Women:

Nowel Cheruto UGA 37:03; Ziman Baraky ETH 37:04; Dule Guta ETH 37:04; Hiwet Tewelde ETH 37:04;

KOREA

International Marathon at Daegu / 22.02.2026

(additions & corrections to Report No 4 – with thanks to Mr Seo Mi-Jeoung, KAAF -)

Men:

Half Marathon (National Race except one foreigner as below):

add 3. Isaac Kimutai Kiplagat KEN 1:06:51;...7. Choi Joong-Min/2007 1:08:57 / 1st Junior;
add next Juniors:...11. Kang Dong-Hoon/2007 1:13:00;...13. Kim Dong-Hee/2007 1:13:13;

Women:

Half Marathon (National Race):

...6. Na Hye-Rin/2007 1:23:12 / 1st Junior;

BHUTAN

International Bhutan Marathon at Punakha / 07.03.2026

Men:

Marathon:

Tashi Norbu BHU 2:40:19; Jampel Choda BHU 2:40:27;

Half Marathon:

Sangay BHU **1:13:18/NR ??** (if correct distance will be confirmed); Gawa Zangpo BHU 1:13:23;

Dechen Ugyen BHU 1:17:00; Thinley Lhendup BHU 1:17:06;

Women:

Marathon:

Jigme Ngawang Lhamo BHU **3:02:09/NR ??** (if correct distance will be confirmed); Reika Yoshii JPN

3:05:43; Tshering Lhamo BHU 3:11:34;

Half Marathon:

Samten Dema BHU 1:26:41; Kinzang Lhamo BHU 1:37:02;

ON THE TRACK

INDIA

5th National Throws Competition at Patiala / 07. – 08.03.2026

(-courtesy of Mr Ram-Muralikrishnan -)

Men:

S P (7): Tajinder Pal Singh Toor 20.51; Karanveer Singh 19.36; Sanyam ?? 18.28; Aryan Tyagi 17.96; Atul ?? 17.57; Anurag Singh Kaler 17.54; Aniket ?? 17.45; Sahib Singh 17.34; Omesh Ranga 17.15; Akshay ?? 17.04; Samardeep Singh Gill 16.88; Lucky Dhiman 16.73; Ram Chandra 16.39; Amit Kumar Singh 16.23; Malkeet Singh 16.19; Rudra Narayan Pandey 16.01;

D T (8): Kirpal Singh Batth 58.89; Dharamraj Yadav 55.75; Mohammed Saqlain 55.47; Abhinav Vaishnav 55.37; Abhimanyu ?? 54.97; Bhartpreet Singh 54.49; Harendra Singh 54.11; Ajay Kumar 53.40; Oinam Alson Singh 53.22; Tanishq ?? 50.81; Raman ?? 50.56; Arvind Sharma 50.52; Sachin Suhag 50.23; H.Rishabh 49.91; Pulkit Choudhary 49.90; Prateek Maan 49.69; Amit Kumar 48.56; Satyam Singh 48.36; Satish Bansi Deshmukh 48.10; Deepak Choudhary 48.08;

H T (7): Damneet Singh **70.64 / 3rd IND All-Time**; Ashish Jakhar 68.09; Devang ?? 63.27; Vikrant Ramesh Rainak 61.81; Naveen Yadav 61.06; Jai Chand 60.96; Dupinder Singh 60.76; Arvind Singh 59.07; Pradeep Sangwan 59.01; Shankar Nagarajan 58.45; Ajay Singh Bishnoi 57.70; Amit Pundir 57.68; Inderpreet Singh Gill 56.89; Harish Yadav 56.81; Mohd Tabis 55.86; Gurdev Singh 54.79;

J T (8): Shivam Singh Lohakare 81.08; Anand Singh 76.94; Kishore Kumar Jena 74.75; Parmod ?? 73.45; Nikunj Singh 72.95; Uttam Balasaheb Patil 72.21; Sunny Sheoran 71.56; Bibin Antony 71.16; Nitesh

Yadav 70.77; Abhishek Drall 69.90; Vivek Kumar 68.81; Akash Bhati 68.40; Rabindra Kumar 68.00; Adity Singh 67.69; Rohit Kumar 66.54; Abhishek Singh 66.30; Parteek Kumar 66.22; Sunny Chaudhary 65.88; Mangal Singh 65.39; Yuddhvir ?? 64.78; Tanuj Thakurathi 64.50; Narayan Singh 64.43; Nitish Yadav 63.99;

Junior Men (incl. Senior Men born 2006):

S P / 6 kg (7): Ommkar Prasad Nand/2007 17.85; Harshit Gahlot/(2006) 17.02; Yash Chhikara/2007 17.01; D T / 1.75 kg (8): Ujjawal Choudhary/(2006) 60.03; V.Vaibhav/(2006) 55.44; Sahil Kadian/(2006) 54.94; Usmanali Khan/2007 54.81; Ritik ??/(2006) 54.51; Yashraj Jain/2007 50.90; Nitya Gopal Santra/(2006) 50.11;

H T / 6 kg (7): Aman ??/2007 64.49; Abdul Rahaman/(2006) 63.35; Shubham Khopra/(2006) 63.00; J T (8): Ashish Yadav/2007 74.49; Rishabh Giri/2007 72.51; T.Dharanidharan/2007 71.31; Dipanshu Sharma/(2006) 70.04; Rohan Yadav/(2006) 68.62; Deepanshu Ravinder/(2006) 67.62; Dipesh Choudhary/2007 67.34; Aryan Patel/2007 66.18; Chetan Jat/2007 65.26; Yuvraj ??/(2006) 64.73; Adarsh ??/(2006) 64.71; Vishal ??/(2006) 63.31; Virendra Yadav/2007 63.11;

Youth Boys (incl. Junior Men born 2008):

S P / 5 kg (7): Nishchay ??/(2008) 19.78; Yuvraj Singh/2009 17.83 (& 17.40); Nitesh Kumar/2009 17.83 (& 17.24); Yuvraj Saini/(2008) 17.66; Shivendra Singh Rath/2009 17.38; Abhay Tyagi/(2008) 17.33; Sonu ??/(2008) 17.01;

D T / 1.5 kg (8): Nishchay ??/(2008) 63.90; Yash Jaglan/2009 56.50; Virendra Poonia/(2008) 55.46; Sonu ??/(2008) 54.95; Dheeraj Sahu/2010 53.81; Swapnil Dutta/2009 53.11; Akhil Kumar/(2008) 53.09; Nitesh Kumar/2009 52.97;

J T / 700 g (8): Vishal Patel/(2008) 70.62; Rajat Kumar/(2008) 70.52; Ayush Raj/2010 69.53; Udai Singh Dahiya/(2008) 68.05;

Women:

S P (7): Yogita ?? 16.44; Shiksha ?? 16.30; Rekha ?? 15.57; Kachnar Chaudhary 15.57; D T (7): Seema ?? 57.78; Priya ?? 56.16; Sanya Yadav 52.80; Neetika Verma 51.02; Anusha Yadav 48.85; Amera Anwar Shah 48.16; Jasmeet Kaur Jagdeo 47.05; Grima ?? 45.74; Priyanshi Kulhar 45.12; Pramila ?? 44.75; Soni Kumari 44.43; Neha Verma 41.98; Nistha Kumar 41.23;

H T (7): Tanya Chaudhary 61.09; Divya Shandilya 53.31; Soniya ?? 52.29; Mital Solanki 51.91; B.Nithya 51.13; Vinothini Duraimanickam 50.79; Haqikat Kaur Grewal 48.52; Ripudaman Kaur 47.62;

J T (7): Sanjana Choudhary 54.20; Deepika ?? 52.88; Jyoti ?? 52.16; Lalita Choudhary 47.93; Shakshi Sharma 45.34; Khushee Yadav 44.58; Komal ?? 43.96; Anjani Kumari 43.91; Vishakha Panwar 41.90; Diksha Dwivedi 41.57;

Junior Women (incl. Senior Women born 2006):

S P: (7): Pooja Kumari/2007 15.04; V.S.Anupriya/(2006) 14.69;

D T (7): Nikita Kumari/(2006) 51.78; Amanat Kamboj/2007 51.13; Supriya Attri/2007 50.09; Riddhi ??/2007 49.59; Tanu Choudhary/2007 43.38; Munesh ??/(2006) 43.26; Lakshita Mahlawat/2008 42.35;

H T (7): Khushi ??/(2006) 49.45; Ankita Mohapatra/2007 45.49; Ayeesha Banu Mohamed/2007 45.37;

J T (8): Poonam ??/2007 49.50; Bhavya Pilania/2007 46.77;

Youth Girls (incl. Junior Women born 2008):

S P / 3 kg (7): Sanjana Reddy/2009 15.30;

D T (7): Oshin ??/2009 43.61;

J T / 500 g (8): Tanushri Mahalder/(2008) 48.74; Misti Karmakar/2009 45.54;

SRI LANKA

National Athletics Selection Trials at Diyagama / 27.02. – 01.03.2026

(-courtesy of Mr Sameera Lakruwan Perera, SRI - Federation -)

following are detailed results from these Trials for different major Championships / information from Field events restricted to TOP 8 per event

Men:

100 m (28)/-0.1: Dineth Induwara Weeraratna 10.40; T.Supun Hansaja 10.51; Y.M.Chamod Yodhasinghe 10.55; F.D.Chalith Piyumal 10.60; Rajamuni Indusara Vidushan 10.68; W.Malith Koushan Thamel 10.72; D.D.Sadun Diyalawaththa 10.74;

semis (27) s1/-1.2: Weeraratna 10.34; Diyalawaththa 10.61; Pasindu D.Gayashan 10.76; T.Basitha Udagedara 10.78; M.Thimesh Chanuka De Silva/2007 10.80; K.A.E.Madusanka 10.83;

s2/-1.3: Yodhasinghe 10.42; Piyumal 10.48; Dineth Nuwantha Senanayake 10.65; Saad Faleel/2007 10.68; N.T.Ahamad 10.78; K.H.S.Nadeesana/2008 10.84; s3/-1.1: Hansaja 10.49; Vidushan 10.61; Thamel 10.62; N.M.Pramuditha Silva 10.68; A.S.Mohamed Safan 10.75; Sunila Themiya Kumara 10.80; H.D.M.Chamod Buddika 10.81;

heats (27) h1/+1.3: Udagedara 10.78; Pramuditha Silva 10.79; Sunila Themiya Kumara 10.83;

h2/-0.3: Diyalawaththa 10.75; Senanayake 10.80; h3/+1.4: Vidushan 10.65; Safan 10.72;

h4/-1.1: Yodhasinghe 10.53; h5/+0.1: Weeraratna 10.39; h6/+1.2: Faleel/2007 10.74, h7/+0.4: Hansaja 10.56; Piyumal 10.67; Thamel 10.67;

200 m (1)/-0.2: W.Malith Koushan Thamel 20.98; S.Aruna Darshana 21.02; J.Omel Shashintha Silva/2007 21.06; Rajamuni Indusara Vidushan 21.20; D.D.Sadun Diyalawaththa 21.45; U.H.Hasindu Nethsara 21.71; Pasindu D.Gayashan 21.75; A.S.Mohamed Safan 21.87;

semis (1) s1/-0.4: Thamel 21.31; Safan 21.52; Nethsara 21.75; O.P.Thisen Ranvidu/2007 21.86; S.K.Dinesh Kumara 21.98; s2/-0.4: Darshana 20.93; Shashintha Silva/2007 21.13; Vidushan 21.38; Diyalawaththa 21.52; Gayashan 21.71; K.A.E.Madusanka 21.86;

heats (28) h1/-2.1: Darshana 21.38; h2/-1.4: Vidushan 21.29; Merone Wijesinghe 21.48; h3/+1.5: Safan 21.41; Shashintha Silva 21.49; Madusanka 21.96; h4/+0.3: Thamel 21.13; Diyalawaththa 21.52; Chathushka Imesh Silva/2008 21.55; Ranvidu/2007 21.65;

400 m (28): Kalhara Idupa Silva 45.50 / 6th SRI All-Time; H.K.Kalinga Kumarage 45.72; S.Aruna Darshana 45.79; P.M. Pasindu Kodikara 46.48; S.M.Sadew Rajakaruna/2007 46.76; R.A.Ishan Maduranga 46.84; G.D.K.Pabasara Niku 47.31; R.P.Isuru Lakshan 47.35;

semis (27) s1: Kumarage 45.76; Kodikara 47.20; Rajakaruna/2007 46.65; G.G.N.P.Bandara 47.58; H.V.Dinuka Deshan 47.74; s2: Darshana 46.56; Lakshan 46.72; Niku 46.95; U.H.Hasindu Nethsara 47.67; I.Maduwantha Bogoda/2008 47.75; K.V.Kumara Silva 48.41; S.K.Dinesh Kumara 48.54; s3: Idupa Silva 46.45; Maduranga 46.80; J.Omel Shashintha Silva/2007 46.97; S.K.A.M.Inesh Dismitha 47.30; O.P.Thisen Ranvidu/2007 47.39; E.A.I. Sankalpa Edirisinghe/2008 47.69;

heats (27) h1: Idupa Silva 47.59; Bogoda/2008 47.92; h2: Shashintha Silva/2007 47.39; Ranvidu/2007 47.79; Maduranga 47.88; h3: Darshana 47.81; Dismitha 47.84; Edirisinghe/2008 48.04; h4: Kumarage 48.09; h5: Kodikara 47.11; Niku 47.69; Bandara 48.50; h6: Lakshan 47.36; Praveen Salamuthu Jayathilaka 48.53; h7: Rajakaruna/2007 47.91; Deshan 48.21; Nethsara 48.26;

800 m (1): D.M.Harsha Karunarathna 1:51.06; S.H.Shehan Dilranga 1:51.20; H.Gayan Kumara 1:51.46; G.L.N.Dineth Liyanage/2007 1:52.48; C.K.Aravindan 1:52.65; Anuda Pansilu Giridara 1:52.74; M.Sanjaya Sreenath 1:52.76;

semis (1) s1: Sreenath 1:53.07; Karunarathna 1:53.25; D.M.W.P.Dhanasekara/2007 1:53.51; H.D.Shavindu Awishka/2008 1:54.01; W.A.K.Rashmika 1:54.21; s2: Liyanage/2007 1:52.12; Aravindan 1:52.57; Giridara 1:53.14; S.Danusan 1:53.40; W.A.D.Kumara 1:53.88; R.P.P.Pushpakumara 1:54.69; s3: H.Gayan Kumara 1:51.91; Dilranga 1:53.48; W.H.A.M.N.Weerawardhana 1:55.48; D.M.T.T.Dissanayake 1:55.69;

heats (28) h1: Sreenath 1:53.91; Karunarathna 1:55.12; H.G.S.Prasanna Jayasinha 1:55.57; h2: Dilranga 1:55.63; Pushpakumara 1:55.77; Rashmika 1:55.87; h3: Aravindan 1:54.73; Dhanasekara/2007 1:54.82; W.A.D.Kumara 1:55.27; A.M.I.C.Abeysekera 1:55.79;

1500 m (28): Vicknaraja Vakshan 3:48.54; G.Rusiru Chathuranga 3:48.81; W.M.D.Wijethunga 3:57.46;

5000 m (1): Vicknaraja Vakshan 14:34.11; R.A.D.Hemantha Kumara 14:51.17; Jayakanthan Prasan 14:55.44; K.H.M.Sarath Kumara 14:57.73;

3000 m St (28): R.A.D.Lochitha Ranathunga/2007 9:32.24; H.M.S.Karunarathna Bandara 9:32.51; K.H.M.Sarath Kumara 9:33.00;

110 m H (1)/-0.1: Roshan Dhammika Ranathunga 13.73 / 2nd SRI All-Time (missed NR by 0.01 sec.); Nadun Kaveesha Bandara 13.98 / 3rd SRI All-Time; W.P.Sandun Koshala 14.67; K.D.D.Ariyaratna 14.82; A.N.Mohamed Nasik 14.93; W.Malin Udaya Kumara 15.04; R.M.Anjana Prabashwara 15.08;

heats (28) h1/-1.3: Banadara 14.15; Koshala 14.49; Udaya Kumara 14.97; h2/-1.2: Ranathunga 13.81; I.G.Janidu Induwara Lakvijaya 14.62 (dns in final); Prabashwara 15.05; Ariyaratna 15.06;

400 m H (1): Asitha Tharanga Rathnasena 51.19 / 6th SRI All-Time; S.M.Ajath 52.51; M.A.Riffai/2007 53.02;

heats (28): h1: Rathnasena 52.44; h2: A.A.K.Liyanage 52.05; H.A.M.Dilshan/2008 53.33; Y.P.Theekshana 54.00; h4: Ajath 52.28; Riffai/2007 53.63;

H J (28): A.Tharushi Dinushan Mendis/2008 2.23 / NJR & 3rd SRI All-Time; S.A.Tharindu Dasun 2.12; K.D.N.Chandupa Fernando/2007 2.08; W.P.C.D.Weerasinghe 2.04; Dineth Chethiya Dodanduwa 2.04;

P V (1): Arunthavarasa Puvitharan 4.80; Sandun Eranga Janith 4.80; D.D.R.Jayananda Jayasinghe 4.70; T.W.M.Priyantha Kumara 4.50;

L J (28): Ananda Prasad Krishandan 7.62/+1.1; J.H.Gayan Sampath 7.55/+0.6; W.M.Shankitha Silva 7.55/+0.8; H.B.M.Y.Herath 7.46/+2.0; T.G.S.Wijethunga 7.46/+0.7; J.Sampath Miranda 7.40/+0.8; Janaka Prasad Wimalasiri 7.34/+1.4; Yeshan Wishmitha Kumara 7.27/+1.4;

T J (1): Yeshan Wishmitha Kumara 16.23/-0.5; K.A.Pasindu Malshan 16.15/-0.9; Hasitha Kavinda Dissanayake 16.00/+1.2; S.Thehara Ravishka Fernando/2007 15.45/+1.3; Sandun Krishantha Kumara 15.39/-0.8; Atheetha N.Karunasinghe 15.38/-0.5; P.S.Pavan Sandhanayaka 15.07/-2.0; P.M.N.Dimantha Palishkara 14.97w/+2.2 (& 14.76/+1.5);

S P (28): R.Samitha Jayawardana 15.62; Suseenthira Kumar Mithunraj 15.44; Jayavi Ranhinda Alwis 14.85; H.Udantha Jayasinghe/2007 14.65;

D T (1): Milantha Sampath Dissanayake 49.08; S.Piragasraj 45.27;

H T (27): Kingsley Theva Mathumeethan 50.42; M.R.Sisira Kumara 48.67; L.G.Viraj Kumara 46.89;

J T (27): R.M.J.Sumedha Ranasinghe 75.55; Ravi Rathushan 75.36; Tharuka Nuwan Dhananjaya 68.40; P.A.Pradeep Lakmal 67.46; Themiya Thabrew/2007 63.96; D.C.Edirisinghe 62.91; Ranjith Nuwan Kumara 62.71; T.A.Deshith Bhagya 62.01;

10000 m Walk (1): R.M.Dinusha Rukmal 45:56.55 / 3rd SRI All-Time; P.H.S.Lakmal Fernando 47:40.10; H.M.Shan Ravidu Herath 48:03.34; D.G.Imantha Sahan 48:59.58; J.A.R.L.Jayarathna 49:32.95; Y.S.Wimalasooriya 49:52.25;

Women:

100 m (28)/-0.9: D.T.Amasha De Silva 11.96; Risansa Hirupama Silva/2008 12.11; B.I.Medhanni Jayamanna 12.23;

heats (27) h1/+0.2: Fathima Shafiya Yamick 11.82 (dns in final); R.H.Silva/2008 11.96; h2/nwi: Amasha De Silva 12.04; h3/nwi: T.Anuruddika Muthukumarana 12.18; L.Dhananjana Sewmini Fernando/2008 12.25;

200 m (1)/+0.1: Jithma Shemari Wijethunga 24.13; Risansa Hirupama Silva/2008 24.42; W.H.Madushan Fernando 24.97; W.S.H.Fernando 25.03 (3rd & 4th = twins !!);

heats (28) h1/-0.5: Wijethunga 24.07; W.S.H.Fernando 24.88; h2/-0.5: R.H.Silva/2008 24.30; W.H.Madushan Fernando 24.58; H.M.N.Kavindi Rathnayaka 25.13;

400 m (28): M.A.Nishendra Harshana Fernando 52.86 / 5th SRI All-Time; Jithma Shemari Wijethunga 53.24; B.Sayuri Lakshima Mendis 53.49; M.H.Jayeshi Uthhara 54.71; U.K.S.C.Padmasiri Bandara 55.12; L.G.Araliya Sathsarani 55.13; W.H.Madushan Fernando 55.37; D.M.Ronalee Pieris/2008 56.60;

heats (27) h1: Mendis 54.37; Bandara 55.49; K.Thakshima Nuhansa 56.13; G.A.Senavirathna/2011 57.63;
 h2: Harshana Fernando 53.97; Sathsarani 55.17; Warsha Dewmini Wimalasekara/2007 57.81;
 h3: Wijethunga 54.47; Uththara 54.55; Madushan Fernando 55.82; Pieris/2008 56.06;
 800 m (1): W.K.L.A.Nimali 2:09.38; K.Thakshima Nuhansa 2:09.43; K.Shanika Lakshani 2:10.68;
 K.G.N.M.A.Kumari 2:11.34; M.H.Jayeshi Uththara 2:11.56; U.M.Sasvi Senevirathna/2008 2:14.13;
 heats (28) h1: Nuhansa 2:14.27; K.Shanika Lakshani 2:14.55; Senevirathna/2008 2:14.68; Kumari 2:14.81;
 T.Abhisheka Pemasiri/2008 2:15.01; h2: W.G.S.Lakshani 2:15.07; Nimali 2:15.21; Uththara 2:15.27;
 H.M.Madushani Dilrukshi 2:15.44;
 1500 m (27): W.K.L.A.Nimali 4:29.46; K.Shanika Lakshani 4:30.49; K.G.N.M.A.Kumari 4:33.02; H.M.
 Chamini Samudika Herath 4:34.96;
 5000 m (1): P.G.S.S.Wimalasuriya 18:27.92; K.S.Sanjana Fernando/2008 18:30.01;
 10000 m (27): W.A.M.Rasara Wijesuriya 34:03.29; B.W.Nayana Sewwandi 36:12.16;
 3000 m St (28): H.M.Chamini Samudika Herath 11:16.89; H.M.I.Sandamali 12:40.71; M.H.Thanuja Lakmini
 13:31.77;
 100 m H (1)/-1.4: H.W.K.Hapuarachchi 14.15; S.B.S.Lakshani Dissanayake 14.52; M.A.Bhagya Nilmini
 14.55; P.S.Nisansala Fernando 15.05;
 heats (28) h1/-2.2: Hapuarachchi 14.09; Nilmini 14.63; h2/-1.0: Dissanayake 14.71; Fernando 15.20;
 K.P.I.Arsakularathna 15.23;
 400 m H (1): O.G.Shehani Dissanayake 60.91; H.A.P.Hettiarachchi 61.30; Rashini Shehara Karunarathna
 62.14; Gihani Daneka Panduka 62.63; U.M.Sasvi Senevirathna/2008 62.71; H.S.D.Nethmini 62.77;
 A.P.M.S.K.Abayathna 63.79;
 heats (28) h1: Hettiarachchi 61.15; L.G.Araliya Sathsarani 61.97 (dnf in final); Karunarathna 62.60;
 Nethmini 63.31; h2: Senevirathna/2008 62.20; Dissanayake 62.35; Panduka 62.53; Abayathna 63.40;
 H J (27): I.A.Minoli Fernando 1.76; A.A.R.Koshila Perera 1.72; Ranindi Pehansa Gamage 1.70; Mihinsa
 Dewmini Abeyathna/2008 1.67; D.K.T.Jayarathne 1.64;
 P V (1): Nesara Dakshitha 3.50; Selvarasa Nirushika 3.50; K.A.C.K.Kodithuwakku 3.30; G.S.D.D.Jayani
 3.20; Achini Sewwandi Perera 3.20; P.Abishalini/2007 3.10;
 L J (27): Nethmika Madushani Herath 6.32/+0.6; Dhananjaya Sethmini Ranasgalla 6.10/-1.5; Ishara
 Samanmali Arachchi 6.05w/+2.7; G.I.S.Lankathilaka 6.03/-0.5; Ridma Nishadi Abeyathna 5.95/+1.4;
 Oshini Kavindya Kodikara/2007 5.87/+0.7; L.P.Anuradha Fernando 5.84/+1.3; W.G.Sethmini
 Ranaweera/2008 5.82/-0.6;
 T J (1): Nethmika Madushani Herath **13.68/+1.9/NR**; G.I.S.Lankathilaka 12.87/+1.3; Oshini Kavindya
 Kodikara/2007 12.69/+1.5; Ishara Samanmali Arachchi 12.62/+1.3; M.Dilki Nehara/2008 12.61/+0.9;
 M.Maleesha Manohari 12.61/+1.1; A.U.K.Mayan 12.04/+1.0; H.N.Neha Hettiarachchi 12.03/+0.9;
 S P (27): Ovini T.Chandrasekara 12.36;
 D T (28): Vonodeni Vishanthika Lakmali 45.03; J.Y.Pabasara 41.46; P.A.I.Madurangi Perera 40.91;
 H T (27): H.A.Aruni Lakshika 44.80; M.G.Nihinsa Mandini 42.43; Shanika Manoji Amarasinghe 40.72;
 J T (28): H.L.Dilhani Lekamge 56.77; Dayani Harshani Madhuwanthi 49.97; D.M.Imasha Hasanthi 47.83;
 H.M.C.Lakmali 43.90;
 10000 m Walk (28): T.V.Hashini Lakshani 52:55.99; U.V.Kalhari Madhirika 53:14.27; P.B.Gayani
 55:40.15;

HONGKONG

HKAAA Athletics Series Competition / 07. – 08.03.2026

following are detailed results from this competition / all HKG athletes except few foreigners as noted

Men:

60 m (8)/-0.6: Antony Ma King Yeung 6.98; Chau Long Yat 7.02; Lo Ho Ming 7.08; Wong Ching Kwan 7.15; Lai Ka Shing 7.18;

heats (8) h4/+1.2: Antony Ma King Yeung 6.98; Chau Long Yat 7.06; Lai Ka Shing 7.19;
 h3/+0.6: Chung Yin Bun 7.13; Lo Ho Ming 7.14; h2/+0.5: Wong Ching Kwan 7.16;
 100 m (7)/+1.3: James Chan Ting Fong 10.50; Felix Diu Chun Hei 10.54; Antony Ma King Yeung 10.60;
 Cheung Ho Hin 10.61; Lee Hong Kit 10.62; Cheng Cheung Hung 10.68; Chung Tsz Sing 10.69; Lai Long
 Ting 10.80;
 heats (7) h23/+0.3: James Chan Ting Fong 10.55; Antony Ma King Yeung 10.58; Chung Tsz Sing 10.65;
 Lee Hong Kit 10.69; h22/+0.8: Felix Diu Chun Hei 10.61; Cheung Ho Hin 10.65; Reuben Lee Siong En
 SGP 10.76; h21/+1.9: Mark Lee Ren SGP 10.90; h19/+0.7: Lai Long Ting 10.74; h18/+1.3: Cheng
 Cheung Hung 10.66;
 200 m (8)/+1.9: Reuben Lee Siong En SGP 21.04 / 2nd SGP All-Time; Lucas Chan Chun Yu 21.31; Mark
 Lee Ren SGP 21.78; San Lok Seung 21.86; Mavis Pang 21.98;
 heats (8) h10/+1.9: Reuben Lee Siong En SGP 21.46; Ho Wai Lun 21.48; Lucas Chan Chun Yu 21.64;
 Prahars Ryan SGP 21.70; San Lok Seung 21.99; Mark Lee Ren SGP 22.00;
 800 m (8): Khan Mohammad Kamran 1:54.01; Chan Yu Hin 1:57.69;
 110 m H (7)/ 0.0: Cheung Siu Hang 14.03 (14.024); Liu Hiu Long 14.03 (14.028);
 heats (7) h2/+0.5: Liu Hiu Long 14.10; Lee Ka Yiu 14.38; Chung Siu Hang 14.45;
 H J (7): Ho Ho Wai 2.06; Ng Chi Kit 2.02; Cheung Ming Hung 2.00;
 P V (8): Tsang Sze Kwan 4.21;
 L J (7): Loi Hoi Lam 7.53/+0.8; Wong Pak Hang 7.46/+0.6; Lin Mingfu 7.45/+1.4; Law Ngai Him
 7.21/+1.7; Tsang Yuk Pui 7.17w/+3.1 (& 7.01/-0.3);
 D T (7): Lai Chi Yam 44.64;
 H T (8): Tse Tat Man 48.51; Lam Wai 48.20;
 J T (8): Ricky Hui Wai Hei 65.50; Lee Yu Hin 62.04; Ethan Kan 57.83; Ma Weng Chon MAC 57.49;

Women:

60 m (8)/+3.8: Chan Pui Kei 7.47w; Cheryl Li Yee Tung 7.88w; See Wing Kwan 7.89w;
 100 m (7)/+1.5: Chan Pui Kei 11.93; Elizabeth-Ann Tan Shee Ru SGP 11.95; Yu Pui Yi 12.05; Yip Man
 Yan 12.27;
 heats (7) h5/+0.5: Chan Pui Kei 12.00; Leung Kwan Yi 12.07; Yu Pui Yi 12.16; Elizabeth-Ann Tan
 Shee Ru SGP 12.20;
 200 m (8)/+2.4: Elizabeth-Ann Tan Shee Ru SGP 24.17w; Claudia Chow Chiu Kiu/2007 24.28w;
 heats (8) h3/+1.5: Claudia Chow Chiu Kiu/2007 24.88; Yip Man Yan 25.09; Elizabeth-Ann Tan Shee Ru
 SGP 25.19;
 400 m (7): Tang Pui Kwan 57.44; Poon Hang Wai 57.77;
 3000 m St (7): Hillary Wong 12:15.75; Angelina Au Oi Yu 12:50.59;
 100 H (7)/+0.8: Ivy Liu Hoi Yan 14.15 (14.143); Kerstin Ong Jing Rong SGP 14.15 (14.149); Chloe Pak
 Hoi Man 14.24; Richelle Wo Hoi Yiu/2008 14.83;
 heats (7) h2/+0.8: Kerstin Ong Jing Rong SGP 14.24; Chloe Pak Hoi Man 14.39; Richelle Wo Hoi Yiu/2008
 14.95; Kate Lo Wing Yee 14.97;
 H J (7): Priscilla Cheung Ching Laam 1.73; Cheung Tsz Ting 1.73; Wong Yuen Nam 1.70;
 P V (8): Charlotte Lam 3.10;
 L J (7): Jia Wai Yin 5.71/+0.9;
 T J (8): Shannon Vera Chan 12.42/-0.6; Kam Yuen Wa 12.09/+0.4; Sylvia Chow 11.86/+0.8;
 D T (7): Heidi Foo Hoi Yi 39.82;
 H T (8): Tam Hiu Ki 45.22;
 J T (8): Sarah Kwong Sze Oi/2007 44.06; Bernice Tse Sau Lam 40.72;
 Heptathlon (7/8): Chiu Wai Yan 4437 (16.57/+0.2; 1.51; 9.61; 26.32/-1.6 / 5.12/+0.3; 42.14; 2:38.86); Patricia
 Anne Yeung 4056 (14.84/+0.3; 1.33; 7.94; 26.40/-1.6 / 5.19/+1.9; 28.92; 2:43.96);

CHINESE TAIPEI

(-courtesy of Mr Teng Kuo-Kai, CTFA -)

National Cup Championships at Kaohsiung / 01. – 05.03.2026

following are few best performances / more detailed information from this event for different Age-categories will be included to my next Report

Men:

100 m (2)/-0.2: Chen Wen-Pu 10.31;
200 m (4)/+0.8: Lin Hung-Yi 21.39;
400 m (2): Ge Wu-Yan-Ming 46.72;
3000 m St (4): Lin Che-Wei 8:50.70;
400 m H (5): Chen Chien-Jung 50.83;
H J (3): Yeh Po-Ting 2.15;
P V (1): Wu Yan-Han 5.26;
S P (4): Hsieh Mao-Hung 18.13;
D T (3): Li Tzu-Yun 53.80;
J T (2): Huang Shih-Feng 71.41; Wu Ping-Shen 71.10;

High School Boys:

200 m (4)/+0.3: Chung Chih-Hsiang/2007 21.31; Hsieh Cheng-Kuei/2007 21.41;
110 m H / 99 cm (3)/-0.6: Wang Yu-Chi/2008 13.69; Shih Hao-Chun/2007 13.74;
J T (4): Hung Yu-Kun/2007 67.44;
5000 m Walk (3): Luo Sheng-Chin/2008 20:05.59; Chen Rui-Kai/2008 20:08.89;

Women:

400 m H (5): Liu Chen-Yi/2007 59.71;
H J (3): Li Ching-Ching 1.77;
P V (1): Chen Hsuan-Lin 3.80; Yen Tzu-Hsin 3.80;
S P (5): Wu Tzu-En 15.30;
H T (2): Hung Hsiu-Wen 58.85;
J T (5): Li Hui-Chun **57.66/NR**; Chu Pin-Hsun 54.19; Chiu Yu-Ting 51.86;

High School Girls:

H T (2): Shi Chiao-Jo/2007 55.07;
J T (5): Tai Yu-Chin/2007 55.69 / 4th TPE All-Time;
5000 m Walk (4): Lin Rui-Yi/2007 24:29.92;

Mixed Relays:

High School / 4x400 R (3): Hualien HS Team (Wu Yi-Hsuan, Su Ruo-Yan, Su Hsiang-Yi, Hsieh Kuan-Yu) 3:32.25;

National Spring Athletics Meet at Taipei / 31.01. – 04.02.2026

Men:

100 m (1)/-1.5: Lai Po-Hsiang 10.76 (& 10.54/-0.6 as 1h11 on 31st);
200 m (4)/ Race A/-0.5: Lin Hung-Yi 21.70; Wang Chiao-Hung 21.83; Lin Tsung-Han 21.89;
Race B/+0.4: Wu Hung-Yu 21.75;
400 m (1): Wang Chiao-Hung 48.31; Lin Chao-Cheng 48.46;
heats (31) h6: Wang Chiao-Hung 48.57; h8: Lin Chao-Cheng 48.56;
800 m (4): Huang Kuan-Yi 1:53.37; Ke Chun-Chi 1:55.53; Chen Po-Yi 1:55.87;

5000 m (3): Li Chi-Ju 14:44.31; Hsu Li-Hung 14:45.65; Lin Che-Wei 14:55.29; James Drakeford GBR 15:06.46;
10000 m (1): Lin Che-Wei 30:50.62; Hsu Li-Hung 31:00.96;
3000 m St (3): Jason Chun Ho Yeung HKG 9:16.52; Feng Cheng-Hao 9:25.63; Yang Shen-Hao 9:25.65;
110 m H (3)/-0.7: Yang Wei-Ting 14.49; Chen Yi-Tsong 14.97; Wu Yi-Min 14.98;
heats (3) h1/-0.8: Li Tsu-Shan 14.76; Chen Yi-Tsong 14.87; h2/ 0.0: Yang Wei-Ting 14.56; Wu Yi-Min 14.82;
400 m H (4): Hsieh Kao-Ming 53.44;
P V (1): Chang Chi-Hao 4.70; Lin Chun-Yi 4.60;
L J (4): Wu Pei-Chia 7.33/+0.6; Yang Chieh-Yu 7.20/+1.1;
T J (31): Yang Cheng-Hao 15.15/+0.2; Yang Chieh-Yu 14.84/ 0.0;
S P (4): Hsieh Mao-Hung 17.52; Lo Tang-Hui 15.27; Tsai Tzung-You 15.13;
D T (3): Li Tzu-Yun 55.37; Tai Tzu-Chun 49.83;
H T (31): Lu Pin-Chun/2007 60.81;
J T (4): Hsiao Huan-Lin 70.67; Wu Ping-Shen 70.48; Wang Chun-Hao 68.83; Li Yu-Hsin 65.85;
Yang Hao-Yuan 63.49;

High School Boys:

100 m (1)/-0.8: Wu Yin-Hsian 10.85 (& 10.80/+0.9 as 1h8 on 31st);
200 m (4)/ Race A/+0.3: Hsieh Cheng-Kuei/2007 21.49; Hsieh Yi-Chan/2007 21.78;
Race B/-0.5: Li Min-Hao/2009 21.91;
3000 m (4): Wang Cheng-Yu/2009 **8:31.38/NR & NJR & NYR**;
3000 m St (3): Wang Tai-Hsiao/2008 9:26.50;
110 m H / 99.1 cm (3)/-0.1: Chen Yi-Hsuan/2007 13.74; Lin Chia-En/2008 14.08; Tsai Hsin-You/2009 14.20; Chien Yu-Jen/2008 14.44; Wu Yu-Shen/2008 14.61; Chou Yeh-Hsuan/2008 14.63;
heats (2) h1/-1.2: Lin Chia-En/2008 14.19; Chou Yeh-Hsuan/2008 14.63; Lei Chih-Tsun/2008 14.66;
h2/-1.4: Chien Yu-Jen/2008 14.21; Tsai Hsin-You/2009 14.22; h3/-0.1: Chen Yi-Hsuan/2007 13.88;
Peng Kuan-Yun/2007 14.66;
400 m H (4): Tsai Hsin-You/2009 51.86; Chen Yu-Shen/2008 53.23;
H J (4): Lai Yi-Shuan/2008 2.02; Huang Kai-Lun/2010 2.02; Huang De-Lun/2007 2.02;
L J (3): Chen Yu-Heng/2010 7.12/+0.1;
S P / 6 kg (4): Chen Yi-Hua/2007 18.43; Chen Wei-Fan/2007 17.58; Wang Chung-Yu/2007 16.58;
H T / 6 kg (31): Huang Yu-Rui/2008 62.65; Chian You-An/2007 61.76;
J T (2): Wu Wei-Kuo/2008 63.75;
Decathlon (1/2): Wu Cheng-You/2008 6768 (11.27/+1.0; 6.28/ 0.0; 11.71; 1.85; 50.42 / 14.90/-0.7; 32.29; 4.00; 47.76; 4:33.75); Wei Yu-Tze/2007 6370 (11.18/-0.1; 5.76/ 0.0; 11.67; 1.70; 50.58 / 16.00/-0.3; 36.37; 3.40; 50.54; 4:34.06); Shao Ma Ga Di (???) /2008 6309 (11.13/+1.0; 6.25/ 0.0; 11.28; 1.80; 50.66 / 14.60/-0.3; 29.50; 3.20; 40.71; 4:44.87); Tzu Chien-Chang/2007 6193; Liao Cheng-Yan/2008 6129;

Middle School Boys:

2000 m St (3): Lin Yu-Hsin/2010 6:09.74; Chen Chieh-Yu/2011 6:10.92; Wei Shu-Ting/2011 6:14.45;
110 m H / 91.4 cm (3)/ 0.0: Lin Pin-Han/2010 14.16; Chiu Yu-Cheng/2009 14.79;
heats (2) h5/+0.3: Lu Yu-Ying/2010 14.79; h7/-0.7: Lin Pin-Han/2010 14.11;
H T / 5 kg (1): Chen Sheng-Hsian/2010 61.96;

Women:

100 m (1)/-0.6: Liao Yan-Chun 11.82 (& 11.63/+0.8 as 1h3 on 31st);
400 m (1): Liu Chen-Yu/2007 55.46 (& 55.28 as 1h3 on 31st);
5000 m (4): Chu Ying-Ying 18:10.15;
10000 m (1): Chu Ying-Ying 37:32.39;
400 m H (4): Liu Chen-Yu/2007 58.47;
H J (2): Li Ching-Ching 1.76;
P V (31): Chen Tzu-Tsen 3.35;
L J (3): Huang Shih-Han 5.89/-0.2; Wang Tzu-Hsuan 5.73/-0.9; Chan Ka Sin HKG 5.64/-0.8;
T J (31): Huang Shih-Han 12.45/-0.4;

S P (4): Tseng Chih-Wei 14.39;
H T (31): Hung Hsiu-Wen 58.95; Li Mei-Le 49.33; Hung Chi-Hsien 49.23;
J T (2): Su Chao-Chi 52.96; Huang Ting-Yu 46.85; Chen Hsiao-Hsuan 45.63; Shi Hsin-Hua 45.52;
Cheng Hsin-Yi 44.62;
High School Girls:
3000 m St (3): Wu You-Wei/2009 11:41.91; He Yi-Cheng/2009 11:46.21; Wu Tzu-Yi/2008 11:47.49;
Lin Chia-Chien/2009 11:51.53;
100 m H (3)/-0.4: Chang Yu-Ching/2007 14.31; Ho Ting-Hsuan/2009 14.69; Hsiao Chieh (???) /2008 14.73;
heats (2) h1/-1.5: Ho Ting-Hsuan/2009 14.67; Hsiao Chieh (???) /2008 14.78; h2/-0.1: Chang Yu-Ching/2007
14.46;
400 m H (4): Chao Yu-Wen/2009 63.24;
P V (31): Shen Si-Yu/2007 3.65; Lin Yu-Hsuan/2010 3.45;
L J (31): Chen Rwei-Yu/2008 5.67/+0.3;
H T (31): Shih Chiao-Jo/2007 53.88;
J T (3): Tai Yu-Chin/2007 53.69; Li Tsen-Chen/2008 47.15; Wu Yun-Hsuan/2008 45.18; Wu Pin-Yan/2009
43.80; Chiu Yu-Han/2009 43.28;
Middle School Girls:
200 m (3)/+0.2: Ye You-Hsuan/2013 25.18;
2000 m S (3): Peng Tsai-Chieh/2012 7:41.85;
400 m H (4): Mo Yu-Chin/2010 62.24 (& 63.96 as 1h7 on 3rd);
D T (1): Ma Chia-Le/2010 41.73;
J T / 500 g (3): Meng Shao-Ruo/2011 45.81;

Mixed Relays:

High School / 4x400 R (2): Stella Maris HS Team (Su Hsiang-Yi, Yu Hsieh-Kuan, Su Ruo-Yan) 3:37.02;

SINGAPORE

3rd SA All Comers Athletics Meeting / 06. – 08.03.2026

Men:

100 m (7) / Race 1/+0.6: Ian Gan 10.84; Tharun Ashok 10.86; Ong Ying Tat 10.87;
Race 2/+0.9: Reagan Song En Xu/2007 10.75; Race 6/+2.2: Jonathan Hoare/2009 10.87w;
200 m (8)/nwi: Hari Subaraghav 21.85; Donovan Yip 22.02; Fong Jun Lian 22.03;
400 m (7): Hari Subaraghav 48.04;
800 m (8): Oliver Fiore/2009 1:57.97;
P V (8): Koh Wei Shien 4.61; Khalel Zaid/2008 4.41; Jiang Yunfan/2009 4.21;
D T (8): Eric Yee Chun Wai 48.45; Jonathan Low 45.40;
J T (7): Lucas Wong Yijie 60.84; Kwa Eu Han/2008 57.64;

Junior Men:

400 m H / 91.4 cm (8): Daryen Ko Xin Tze/2009 53.13 / NJR & 3rd SGP All-Time;
S P / 6 kg (7): Anson Loh Ding Rong/2008 16.61;

Youth Boys:

110 m H / 91.4 cm (8)/+2.0: John Lim Xhi Kai/2010 14.41;
D T / 1.5 kg (8): Lee Yu Foong/2009 50.02; Jaden Chew/2008 48.78;

Women:

P V (8): Ashlee Ong Nu Xi/2007 3.61 / NJR & 2nd SGP All-Time; Felicia Tan 3.11;
L J (7): Chloe Chee En-Ya/2008 5.62/ 0.0;
T J (8): Tan Tse Teng 11.76/+1.7; Jurnus Tan 11.75/+0.1;

Junior Women:

2000 m St (8): Megan Puah/2008 7:58.38; Emma Lee/2007 8:16.40;

Youth Girls:

J T / 500 g (7): Kristel Lam/2010 42.96 / NYR;

Erovra National Relay Championships / 28.02. – 01.03.2026

Men:

4x100 R (28): Team Singapore A (M.B.Louis, Ryan Pradarsh, Mark Lee Ren, Tate Tan) 40.36;

4x200 R (28): Cicada Trackers Club Team (Daryl Tan, Harry Curran, Elgene Chng, M.B.Louis) 1:30.16;

4x400 R (1): Oldham Athletics Club Team (A.Chauhan, A.Soh, L.Hood, S.Tamil Selvam) 3:18.99;

Women:

4x100 R (28): Team Singapore A (Sarah Poh, E.A.Tan Shee Ru, Amanda Loo, Ciara Lim) 47.48;

4x400 R (28): Fabian Club Team (Yeo Pey Wenn, Audrey Koh, Chelsea Tan, Laavinia Jaiganth) 1:45.85;

4x400 R (1): Oldham Athletics Club Team (E.Siu, R.Soh, A.Hia, T.Kammer) 4:08.20;

QATAR

Qatar Milers Club & Pole Vault Meeting at Doha / 23. – 24.02.2026

(-courtesy of the Competition – website -)

following are detailed results from this International competition incl. several foreign athletes competing for QAT clubs / same as for earlier meetings I decided to report the nationality for all foreign runners in QAT clubs acc. to the information by the website (for several runners this is different to WORLD ATHLETICS etc., who report many of these foreigners as for QATAR)

Men:

800 m (24) / Race A: Yakob Rayan Sakhri ALG/2008 1:49.43; Samer Ismail QAT/2008 1:49.55; Ahmed Alaoui Lamrani QAT/2008 1:50.02; Mohamed Abdi Khalif QAT/2011 1:51.98; Tarik Greych MAR/2009 1:52.19; Ahmed Idris Ibrahim SUD 1:52.98; Youssef El Malyani MAR 1:54.34; Mohamed Lyamine Zeman ALG/2011 1:54.94; Ibrahim Haydar Abdullah QAT 1:56.02;

Race B: Mouad Ait Aissa QAT/2010 1:56.52;

1500 m (24) / Race A: Mubarik Abdi Said QAT/2008 3:42.72; Kamal Talib MAR/2008 3:44.24; Mazen Brahmi TUN/2008 3:44.57; Shafie Yusuf QAT 3:46.14; Abdelghafour Houam QAT 3:46.72; Abdelrahman Houam QAT/2007 3:47.20; Jamal Ahmed Mohamed SOM/2009 3:47.96; Ali Daouok SUD/2008 3:49.40; Abdullah Abdulkareem Al-Haswali YEM/2007 3:49.82; Abdenour Essalehy MAR/2008 3:50.16; Oussama El Harisse QAT/2007 3:54.08; Ilyas Lachhab MAR/2010 3:54.62;

Race B: Ahmed Jama Dirie QAT/2011 3:54.75; Nacine Abdelilah QAT/2010 3:58.42;

P V (123): Abdullah Saad Al-Abdullah QAT/2008 4.80; Omar Ali Shannan IRQ 4.60; Malik Hamdan JOR/2011 4.60 / NJR & NYR; Qais Mohammed YEM/2011 **4.45 / NR & NJR & NYR x1**); Nasser Ahmed Al-Atbi QAT/2009 4.30; Mouaz Ahmed El-Zafaraoui EGY/2011 4.15; Abdulrahman Al-Mohammad SYR/2010 4.00 / NYR;

x1): Qais Mohammed had achieved his Pre-best of 4.40 m already last year indoors (at Doha / 22 Feb 2025), when he was erroneously listed as from QAT, but in the results he is listed as an athlete from YEM

Youth Boys:

600 m (23): Essam Ali Muthanna YEM/2012 1:26.17;

3000 m (23): Mohamed Bouafia QAT/2012 8:52.66;

2000 m St (24)/ QAT-athletes ??: Amine Rarhai/2010 5:51.29; Youssef Errazi/2011 5:52.44; Mohamed Tamaoui/2010 5:56.79; Jalal Remeram/2011 6:01.92;

Women:

800 m (24): Fikirite Dessie Addisu ETH 2:11.01; Sarah Maamoun Piol SSD/2008 2:11.45; Rahel Zeru ETH 2:16.64;

SAUDI ARABIA

(-courtesy of the KSA Results – website -)

National Qualifier Meet for Junior & Youth (Male) at Al-Badah / 05. – 07.03.2026

Junior Men / Youth Boys:

100 m (5)/nwi: Raed Mohamed Al-Balushi/2009 10.90;
200 m (6)/nwi: Raed Mohamed Al-Balushi/2009 22.01;
3000 m St (6): Ammar Omar Al-Shanqiti 9:24.96;
110 m H / 99 cm (5)/nwi: Mohamed Hezam Al-Shahrani/2007 14.29; Ali Abdulfattah Al-Rumayh/2007 14.32; Mohamed Al-Thuwini 14.69;
400 m H (6): Ali Abdulfattah Al-Rumayh/2007 53.07; Mohamed Hezam Al-Shahrani/2007 54.07;
P V (5): Haydar Ali Al-Ruqiah/2009 4.55;
Decathlon (5/6): Abas Munir Al-Abdulbaqi/2009 6106 (11.37; 6.36/+0.8; 10.98; 1.74; 52.69 / 15.25; 36.13; 3.90; 34.50; 5:13.62);

National Qualifier Meet for Junior & Youth (Male) at Taif / 05. – 07.03.2026

Junior Men / Youth Boys:

110 m H / 99 cm (5)/+1.0: Rasheed Sharahily/2009 14.71;
400 m H (6): Yahya Fahad Walibi 54.10;
P V (5): Ibrahim Sadiq 4.20;
5000 m Walk (7): Abdullah Al-Bakary/2009 25:50.95 / NYR;

National Qualifier Meet for Men & Women at Al-Bahah / 26. – 28.02.2026

this competition was organised with events for Senior Men and for Junior Women & Youth Girls / all athletes from KSA except few foreigners as noted

Men:

60 m (26)/-0.1: Nouredine Hadid LBN 6.92 (& 7.01/-2.1 as 1h1);
100 m (26) / Race A/-1.9: Ahmed Mabrouk Al-Majrashi 10.61; Badr Naif Al-Bishi 10.75;
Race B/-1.8: Hattan Al-Majrashi 10.73; Race C/-0.6: Ahmed Marzouk Abdou 10.83;
200 m (27) / Race A/-0.1: Badr Naif Al-Bishi 21.54; Ali Ahmed Al-Moualed 21.85;
400 m (26): Naif Rasheed Al-Subaie/2007 47.89; Azzam Ibrahim Abu Bakar (NGR/KSA ??) 48.04; Ibrahim Mohamed Futayni 48.23;
800 m (28). Meshal Yahya Al-Mahoutan 1:55.04;
1500 m (26). Meshal Yahya Al-Mahoutan 3:58.52;
3000 m (27): Khalid Ali Al-Shobaly SUD 8:16.37;
110 m H (26)/-0.2: Yacoub Mohamed Al-Yoha KUW 13.69; Salman Abdulrahman Al-Haraby 14.59; Munir Hashem Al-Hashim 14.98;

400 m H (27) / Race A: Idris Ayil Soufyani 51.44; Ali Abdulfattah Al-Rumayh/2007 52.03; Abdullah Rezgallah Al-Melihi 52.58; Yahya Fahad Walibi/jr 53.82; Race B: Abdulrahman Mahash 54.31;
H J (28): Ahmed Abdullah Al-Tarouti 2.05;
P V (26): Mohamed Radhi Al-Qudaihi/2007 4.70; Haydar Ali Al-Ruqiah/2009 4.50;
L J (27): Ahmed Abdullah Al-Tarouti 7.40/-1.9; Salim Saleh Al-Yarabi OMA 7.33/-0.8; Yahya Nasser Mujadil 7.15/-1.5; Ahmed Fayez Marzouq 7.12/-1.6;
T J (28): Salim Saleh Al-Yarabi OMA 15.58/ 0.0; Yahya Nasser Mujadil 15.50/+1.1; Ali Hussein Al-Nasfan 15.50/-0.1;
S P (27): Talal Masoud Al-Mutairi 15.67; Mohamed A.Mohamed (??) 15.64;
D T (26): Oussama Hassan Al-Oqali 55.74;
H T (28): Omar Mohamed Al-Omari 51.60; Salah Khalil Al-Saad 49.86; Faisal Yousef Al-Darweesh 49.45;
J T (27): Khalid Al-Maghrabi 58.51;
Decathlon (26/27): Ali Hassan Al-Bayadhi 7049 (11.09/-2.6; 7.04/-0.8; 13.00; 1.80; 49.57 / 14.93/-0.3; 36.16; 4.30; 55.20; 5:21.34); Ali Al-Sil (??) 6085;
4x100 R (27): Al-Zitoon Team (incl. Al-Yoha/KUW) 41.28;
4x400 R (28): Al-Hilal Team (incl. Abu Bakar/NGR) 3:13.95;
Junior Men:
Decathlon (26/27): Mohamed Hezam Al-Shahrani/2007 6243 (11.42/-2.6; 6.53/-1.8; 10.13; 1.89; 49.90 / 14.87/-0.3; 29.29; 3.60; 33.90; 4:57.40);

Junior Women / Youth Girls:

H J (28): Rinada Khalil/2011 **1.45 / NR (eq) & NJR & NYR;**
L J (27): Hora Al-Fadhal/2009 4.95/-0.7 / NJR & NYR;
T J (28): Hora Al-Fadhal/2009 10.06/nwi / NJR & NYR;
D T (28): Sara W.Abdullah/2009 23.61 / NJR & NYR;

OMAN

(-courtesy of the Results website with thanks to Mr Mohammad Abdulwahab for his translations -)

following are selected best results from two National competitions / the 2nd competition was scheduled to be held on two days; however, the events on 2nd day (28th Feb) had to be cancelled due to the political situation / all athletes from OMAN except one foreigner from IRAQ as noted

National Championships at Muscat / 06. - 07.02.2026

Men:

100 m (6) / Race C/-0.7: Mohamed Obaid Al-Saadi 10.77; Anas Nasser Al-Riyami 10.84;
200 m (7)/-1.3: Mohamed Obaid Al-Saadi 21.73;
400 m (6): Hamza Abdullah Al-Jabri 47.97;
800 m (6): Mohamed Hamdan Saeed Al-Sulaimani 1:52.26; Jihad Salem Mubarak Al-Mahrami 1:53.65;
110 m H (6)/-1.9: Saleh Kadhem Nasser IRQ 14.32; Nawaf Fahd Al-Azki 15.12; Ahmed Mubarak Al-Fazari 15.30;
S P (7): Salem Matouq Zuwaid Al-Kalbani 14.80;

Women:

100 m (6)/-0.4: Azza Sultan Al-Ya`arubi 12.14;
200 m (7)/-1.5: Azza Sultan Al-Ya`arubi 25.00;

National Athletics League Meet at Muscat / 27.02.2026

Men:

200 m / Race A/+0.9: Rashid Hwaishel Al-Asimi 21.25; Mohamed Obaid Al-Saadi 21.58; Imad Salim Al-Harthy 21.78; Anas Nasser Al-Riyami 21.82; Race C/+1.3: Khamis Juma Al-Hababi 21.87;
400 m: Hamza Abdullah Al-Jabri 47.81; Mohamed Saad Al-Mabsali 48.61;
800 m: Yakoob Al-Saadi 1:56.63;
H J: Fatiq Yaqoob Abdulghafoor 2.09;
L J: Obaid Al-Gabri 7.16/nwi;
H T: Hajan AbdullaH Youssef Al-Hajri 54.56;
J T: Suhail Dhabi Al-Sadi 55.90;

Junior Men:

H T / 6 kg: Mohamed Saleh Al-Balushi/2008 51.24;

Youth Boys:

2000 m St: Hamad Nasser Al-Rayami/2009 6:08.96;

Women:

200 m/+0.8: Azza Sultan Al-Ya`arubi 24.82;

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KUWAIT

National Championships for Men at Al Kuwait / 01. – 04.03.2026

(-courtesy of the KUW Athletics Federation -)

Men:

100 m (1)/-0.3: Meshal Khalifa Al-Mutairi 10.63; Yacoub Mohamed Al-Azemi 10.76;
200 m (3)/+1.6: Yacoub Mohamed Al-Azemi 21.75;
400 m (1): Youssef Mohamed Karam Dagher 47.79; Mer Sulaiman 48.38;
800 m (3): Badr Saad Al-Suweid 1:50.31; Faraj Mubarak Al-Ajeel 1:55.42;
1500 m (1): Badr Saad Al-Suwaid 3:46.86; Ali Awadh 3:57.82;
110 m H (2)/+0.8: Yacoub Mohamed Al-Yoha 13.71; Mohamed Al-Enezi 14.37; Jassim Mohamed Al-Qanaei 15.11;
400 m H (3): Sulaiman Malallah 54.22;
H J (1): Khaled Abd.Al-Massad 2.03; Mohamed Al-Doualj/2008 2.00;
L J (2): Abdullah Mohamed Al-Azmi 7.36/-1.3;
S P (2): Hussein Nasser Al-Qattan 17.21;
D T (4): Abdullah Mohamed Al-Zankawi 54.41;
H T (3): Talal Bader Al-Rushoud 65.77 / 6th KUW All-Time; Youssef Mohamed Ali Rajab 62.16; Mohamed Adel Khan 59.83;
J T (2): Abdulrahman Fawaz Al-Azemi 62.72;

Youth Boys / under 18:

110 m H / 91.4 cm (2)/+2.8: Hassan Al-Mulla/2010 14.95w;
P V (1): Abbas Nasser/2009 4.20;
H T / 5 kg (3): Bader Al-Tararoua/2009 62.59; Abdulrahman Al-Rashidi/2009 58.38;

TAJIKISTAN

National Spring Championships at Dushanbe / 27.02. – 28.02.2026

(-courtesy of Mr Evgeny Shumarin, TJK – Federation -)

Men:

60 m (27): Favoris Muzrapov 6.97 (& 7.07 as 1h3); Mahdi Ahtamzoda/2008 7.16;

200 m (28)/+1.3: Favoris Muzrapov 21.93; Ildar Akhmadiyev 22.06;

H J (27): Salim Saidaliyev 2.04;

L J (27): Ildar Akhmadiyev 7.61/+1.5;

H T (27): Timur Diorditsa/2007 53.48;

Women:

60 m / heats (27): h2: Diana Abdulkoyeva/2007 8.12 (dnf in final);

D T (27): Mushtari Bobogulova 44.77;

H T (27): Sofiya Diorditsa/2010 40.10;

LEBANON

Review of new National Records during early 2026 season

(-courtesy of Dr Wissam El Hawly, LBN Athletics Federation -)

Men / Outdoor:

60 m: Nouredine Hadid **6.68/+0.7 / NR** at Riyadh,KSA/31 Jan 2026 (see Report No 3);

1000 m: Mahmoud Abou Zeid/2008 **2:30.23 / NR & NJR** at Beyrouth/31 Jan 2026;

Men / Indoor:

400 m: Marc Anthony Ibrahim **47.55 / NIR** at Clemson,USA/30 Jan 2026

Women / Indoor:

200 m: Rasha Badrani **23.73 / NIR** at Albuquerque,USA/ 6 Feb 2026

800 m: Rasha Badrani **2:12.70 / NIR** at Albuquerque,USA/31 Jan 2026

INDOORS

KAZAKHSTAN

National U23 Indoor Champs at Ust-Kamenogorsk / 26. - 28.02.2026

Men / under 23:

60 m (26): Danil Popov 6.87; Donald Muratkaliyev/2009 7.00; Beibarys Batyruly/2008 7.00; Ivan Teterin 7.01; Duman Beisenbekov 7.18; Georgiy Li 7.19;

heats (26) h1: Muratkaliyev/2009 6.99; Emil Tisin/2007 7.13; Georgiy Glagolev/2009 7.19; h2: Popov 6.89; Beisenbekov 7.18; h3: Teterin 7.02; Batyruly/2008 7.06; Li 7.17;

200 m (27): Ivan Teterin 21.90;

400 m (26): Madi Tokenov 48.52;

800 m (28): Ramazan Shaiev/2008 1:51.56; Alexander Zhigar 1:54.89; Aleksey Chukreyev 1:55.58; Daur Dospulov 1:57.12;

heats (26) h1: Shaiev/2008 1:56.76; Ignatiy Vagenleitner 1:56.86; Zhigar 1:57.08; h3: Dospulov 1:57.72;

1500 m (26): Aibol Omar 3:59.44;

3000 m (26): Aibol Omar 8:47.14;

2000 m St (27): Bagzhan Serikan 5:53.88; Rinat Kulygin 5:54.52; Zanggar Algozhauly 5:59.17; Amir

Mamyrbekov/2010 6:12.34;
60 m H (27): Georgiy Kozma/2008 8.31; Erasyl Murzamukhambetov 8.32;
H J (26): Maksat Bazarbayev/2009 2.00; Ruslan Lomtev 2.00; ex-competition: Akylzhan Toktagalin 2.08;
P V (27): Smitriy Shkerdin/2008 4.40; Arkadiy Dyomochkin/2010 4.30;
L J (27): Georgiy Li 7.21; Alexandr Kuzmichev/2007 7.14;
T J (28): Gleb Gladilov/2007 15.47; Georgiy Li 14.98; Adil Zhasulanov 14.96;
S P (27): Konstantin Uteshev/2007 15.91; Beksultan Elikbayev 14.76;
Heptathlon (26/27): Ayan Zhankakiyev/2007 4563 (7.47; 7.02; 10.91; 1.83 / 8.73; 3.90; 3:25.93);
Timofey Safin 4042 (7.67; 6.32; 9.62; 1.83 / 9.35; 3.50; 3:22.96) – only 2 finishers -
4x200 R (27): Karaganda U23 Team 1:29.11;
4x400 R (28): VKO U23 Team 3:26.54;

Women / under 23:

60 m (26): Tatyana No 7.67; Mariya Shuvalova 7.69; Anna Tkachenko/2008 7.81; Margarita Kossinova/2010 7.84; Darya Pavlenko 7.85; Angelina Shrubyanets/2009 7.89; Evgeniya Slepchenko 7.94; Darya Gridassova 8.04;
heats (26) h1: No 7.73; Slepchenko 7.91; Yelizaveta Gridassova/2008 8.07; h2: Darya Gridassova 7.86; Tkachenko/2008 7.87; Mariya Cherepanova/2009 8.07; Yelizaveta Myasnikova/2007 8.08; h3: Shuvalova 7.76; Pavlenko 7.83; Yekaterina Puzyreva 8.00; Yana Fomina/2007 8.04; h4: Kossinova/2010 7.84; Shrubyanets/2009 8.00; Kristina Minkovskaya 8.04;
200 m (27): Mariya Shuvalova 24.34; Margarita Kossinova/2010 24.88; Sofiya Kidenko/2007 24.94;
heats (27) h1: Kidenko/2007 25.14; h3: Shuvalova 24.62;
400 m (26): Milana Zubareva/2007 56.20; Anastasiya Tsvirkunova 56.61; Darya Potocheskaya/2010 57.12; Mariya Zinevich/2007 57.37; Karina Rakhimova 57.45;
heats (26) h1: Zinevich/2007 57.79; h2: Potocheskaya/2010 57.31; Diana Trofimenko 57.92; h3: Zubareva/2007 57.02; Tsvirkunova 57.19; Rakhimova 57.85;
800 m (27): Ekaterina Koloda 2:10.02; Darya Miller 2:10.86; Darya Potocheskaya/2010 2:11.91; Ayana Bolatbek kyzy 2:12.08;
1500 m (26): Darya Miller 4:29.53; Ayana Bolatbek kyzy 4:36.47; Arina Gladysheva 4:41.18;
3000 m (27): Darya Miller 10:04.68; Arina Gladysheva 10:12.84;
2000 m St (27): Akbilek Kuralbay/2007 6:44.43; Anastasiya Mikhailyova/2007 7:18.34; Arailym Nuarazbek/2009 7:21.07; Yekaterina Tamulina/2009 7:23.49; Dagara Tumarbekova/2007 7:39.29;
60 m H (27): Alina Chistyakova 8.66; Tatyana No 8.75; Darya Pavlenko 8.91; Angelina Shrubyanets/2009 8.96;
H J (27): Faina Meirmanova 1.80; Irina Sizova 1.75; Arina Malyugina/2007 1.70; Alina Chistyakova 1.70; Anastasiya Kuchina/2007 1.70; Olga Izyumnikova/2009 1.70;
L J (26): Anastasiya Rypakova 6.07; Anastasiya Kononovich 5.73;
T J (28): Dilyara Khaibullina 12.70; Valeriya Safonova 12.43; Elizaveta Yakimenko 12.34; Alissa Issayeva/2009 12.21;
S P (26): Yekaterina Serebrnikova/2007 12.29;
4x200 R (27): Pavlodar U23 Team 1:40.08;