

Asian Athletics Association
Results ACC 2005

**16th Asian Athletics Championships
Incheon - 2005**

MEN

100 M.

| | | | |
|----|--------------------------|-----|-------|
| 1. | Al Ghes Yahya | KSA | 10.39 |
| 2. | Suetsugu Shingo | JPN | 10.42 |
| 3. | Al-Obaidli Khalid Yousuf | QAT | 10.45 |
| 4. | Nobuharu Asahara | JPN | 10.57 |
| 5. | Sondee Wachara | THA | 10.61 |
| 6. | Anil Kumar | IND | 10.61 |
| 7. | Vitality Medvedev | KAZ | 10.67 |
| | Muravyev Vyacheslav | KAZ | DNS |

Wind - 0.3

200 M.

| | | | |
|----|----------------------|-----|-------|
| 1. | Al-Bishi Hamed HA | KSA | 20.66 |
| 2. | Tatsuro Yoshino | JPN | 20.68 |
| 3. | Yang Yaosu | CHN | 20.85 |
| 4. | Tan Yik Chuan | HKG | 21.01 |
| 5. | Prasanna Amarasekara | SRI | 21.12 |
| 6. | Wang Chengilang | CHN | 21.29 |
| 7. | Al-Delhmi Hamood | OMN | 21.31 |
| 8. | Al-Saad Humoud | KUW | 21.40 |

400 M.

| | | | |
|----|----------------------|-----|-------|
| 1. | Yuzo Kanemari | JPN | 46.04 |
| 2. | Prasanna Amarasekara | SRI | 46.48 |
| 3. | Rohan Pradeep Kmara | SRI | 46.52 |
| 4. | Al bISHI Hamdan | KSA | 46.55 |
| 5. | Yuki Yamaguchi | JPN | 46.65 |
| 6. | Mohammad Akifian | IRI | 46.93 |
| 7. | Reza Bouazar | IRI | 47.58 |
| 8. | Cho Sung Kwon | KOR | 47.81 |

800 M.

| | | | |
|----|----------------------|-----|---------|
| 1. | Sultan Majed Saeed | QAT | 1:44.27 |
| 2. | Suleman Abdulrahaman | QAT | 1:44.73 |
| 3. | Sajad Moradi | IRI | 1:44.74 |
| 4. | Al Sakhi Moh.. Obaid | KSA | 1:45.78 |
| 5. | Al Azemi Mohammad | KUW | 1:46.67 |
| 6. | T Agar Adian | IRQ | 1:47.09 |
| 7. | Shimodaira Yoshohiro | JPN | 1:49.45 |
| 8. | Shaween Mohammad | KSA | 1:51.19 |

1500 M.

| | | | |
|----|---------------------|-----|---------|
| 1. | Kamal Abubakar Ali | QAT | 3:44.24 |
| 2. | T Agar Adian | IRQ | 3:44.57 |
| 3. | Kareem Nasser Shams | QAT | 3:46.09 |
| 4. | Murakami Yasunori | JPN | 3:46.80 |
| 5. | Kolganov Mikhail | KAZ | 3:47.45 |
| 6. | Chaminda Wijekoon | SRI | 3:48.29 |
| 7. | Ram Ghamanda | IND | 3:49.62 |
| 8. | Sunil Jayaseera | SRI | 3:50.05 |

5000 M.

| | | | |
|----|--------------------|-----|----------|
| 1. | Kurui James Kwalia | QAT | 14:08.56 |
| 2. | Bashair Daham Najm | QAT | 14:15.92 |
| 3. | Wu Wen Chien | TPE | 14:32.43 |
| 4. | Seto Tomohiro | JPN | 14:32.77 |
| 5. | Srisung Boonthung | THA | 14:32.85 |
| 6. | Maeda Takashi | JPN | 14:33.18 |
| 7. | Bagrer Denis | KGZ | 14:34.69 |
| 8. | Amirov Ajmal | TJK | 14:43.29 |

10000 M.

| | | | |
|----|--------------------|-----|----------|
| 1. | Rashed Essa Ismail | QAT | 29:03.60 |
| 2. | Al Otaibi Mukhlid | KSA | 29:04.85 |
| 3. | Sedam Ali Dawoud | QAT | 29:05.93 |
| 4. | Oda Yoshinori | JPN | 29:47.75 |
| 5. | Ietani Kazuo | JPN | 29:50.17 |
| 6. | Lee Myong Seung | KOR | 30:25.03 |
| 7. | Kumar Kuldeep | IND | 31:18.75 |
| 8. | Khaitov Sotiboldi | TJK | 32:28.74 |

110 M. Hurdles

| | | | |
|----|---------------------|-----|-------|
| 1. | Liu Xiang | CHN | 13.30 |
| 2. | Shi Dong Peng | CHN | 13.44 |
| 3. | Asgari Gandmani | IRI | 13.89 |
| 4. | Naito Masato | JPN | 13.90 |
| 5. | Park Tae Kyong | KOR | 14.04 |
| 6. | Mubarak Atta | KSA | 14.13 |
| 7. | Hassan Md. Robani | MAS | 14.17 |
| 8. | Al-Thawadi Md. Essa | QAT | 14.46 |

Wind + 0.0

400 M. Hurdles

| | | | |
|----|-------------------------|-----|-------|
| 1. | Al-Somaily Soua'an Hadi | KSA | 49.16 |
| 2. | Yevgenly Meleshenko | KAZ | 49.18 |
| 3. | Zhang Shibao | CHN | 49.65 |
| 4. | Kawakita Naohira | JPN | 50.10 |
| 5. | Yoshikawa Kent | JPN | 50.73 |
| 6. | Sharahili Bandar Yahya | KSA | 52.13 |
| | P Shankar | IND | disq |
| | Aleksey Pogorelov | KYG | dns |

Asian Athletics Association
Results ACC 2005

3000 M. Steeplechase

| | | | |
|----|-----------------------|-----|---------|
| 1. | Obaid Musa Amer | QAT | 8:33.62 |
| 2. | Shebto Moustafa Ahmed | QAT | 8:40.86 |
| 3. | Wu Wen Chien | TPE | 8:42.96 |
| 4. | Uchitomi Yasunori | JPN | 8:47.25 |
| 5. | K Mohammad | IRQ | 8:49.52 |
| 6. | Kim Young Jin | KOR | 8:56.92 |
| 7. | Umegae Hiriyoshi | JPN | 9:00.62 |
| 8. | Herrera Rene | PHI | 9:03.87 |

High Jump

| | | | |
|----|--------------------|-----|-------|
| 1. | WP Manjula Kumara | SRI | 2.27 |
| 2. | Daigo Naoyuki | JPN | 2.23 |
| 3. | Zhang Shufeng | CHN | 2.23 |
| 4. | Nguyen Duy Bang | VIE | 2.19 |
| 5. | Masrahi Omar | KSA | 2.15 |
| 5. | AD Nalin Priyantha | SRI | 2.15 |
| 7. | Oh Jin Wook | KOR | 2.15 |
| 8. | Al Azezi Salem | KUW | 2.10 |
| 8. | Lee Hup Wei | MAS | 2.10. |

Pole Vault

| | | | |
|----|---------------------|-----|------|
| 1. | Sawano Daidhi | JPN | 5.40 |
| 2. | Zhang Hongwei | CHN | 5.20 |
| 3. | Ariki Takehito | JPN | 5.20 |
| 4. | Andreev Leonid | UZB | 5.10 |
| 5. | Kim Do Kyun | KOR | 5.00 |
| 6. | Saombankury Sompong | THA | 5.00 |
| 7. | Rabbani Mohammed | IRI | 5.00 |
| 8. | The Wang Chang | MAS | 4.80 |
| 8. | Al Mershad Fahad | KUW | 4.80 |

Long Jump

| | | | |
|----|-----------------|-----|------|
| 1. | Marzong Ahmed | KSA | 7.98 |
| 2. | Oh Sang Won | KOR | 7.87 |
| 3. | Zhou Can | CHN | 7.83 |
| 4. | Morinaga Masaki | JPN | 7.78 |
| 5. | Dagmil Henry | PHI | 7.75 |
| 6. | Maha Singh | IND | 7.64 |
| 7. | Shamsher Singh | IND | 7.61 |
| 8. | Al Haddad Saleh | KUW | 7.46 |

Triple Jump

| | | | |
|----|--------------------|-----|-------|
| 1. | Gu Junjie | CHN | 16.90 |
| 2. | Ishikawa Kazuyoshi | JPN | 16.88 |
| 3. | Kim Duk Hyun | KOR | 16.78 |
| 4. | Valiyev Roman | KAZ | 16.26 |
| 5. | Al Mauald Salem | KSA | 16.26 |
| 6. | Hazzory Mohammad | SYR | 16.26 |
| 7. | Ektov Yevgeniy | KAZ | 15.67 |
| 8. | Namkunha Nattapon | THA | 15.61 |

Shot Put

| | | | |
|----|-----------------------|-----|-------|
| 1. | Al Suwaidi Khaled | QAT | 19.45 |
| 2. | Navpreet Singh | IND | 19.40 |
| 3. | Zhang Qi | CHN | 19.02 |
| 4. | Shahrohki Seyed Mahdi | IRI | 18.85 |
| 5. | Al Hebshi Sultan | KSA | 18.62 |
| 6. | Gholoum Ahmed | KUW | 17.92 |
| 7. | Shakti Singh | IND | 17.88 |
| 8. | Shon Hyun | KOR | 17.65 |

Discus

| | | | |
|----|---------------------|-----|-------|
| 1. | Ehsan Hadadi | IRI | 65.25 |
| 2. | Vikas Gowda | IND | 62.84 |
| 3. | Anil Kumar | IND | 59.95 |
| 4. | Samimi Abbas | IRI | 59.08 |
| 5. | Nuermaimaiti Tulake | CHN | 58.02 |
| 6. | Al Dawodi Sultan | KSA | 56.62 |
| 7. | Hatakeyama Shigeo | JPN | 54.93 |
| 8. | Choi Jong Bum | KOR | 54.77 |

Hammer

| | | | |
|----|--------------------|-----|-------|
| 1. | Zenkawi Ali | KUW | 71.74 |
| 2. | Nazarov Dilshod | TJK | 71.38 |
| 3. | Dol Hiroaki | JPN | 68.50 |
| 4. | Ye Kuigang | CHN | 68.40 |
| 5. | Lee Yun Chol | KOR | 64.56 |
| 6. | Al Jawhar Mohammad | KUW | 63.81 |
| 7. | Ferrera Arniel | PHI | 58.61 |

Javelin

| | | | |
|----|-------------------|-----|-------|
| 1. | Li Rongxiang | CHN | 78.28 |
| 2. | Jung Sang Jin | KOR | 76.85 |
| 3. | Jagdish Kumar | IND | 74.83 |
| 4. | Arakhi Ayoub | IRI | 74.77 |
| 5. | Choo Ki Young | KOR | 74.72 |
| 6. | Murakami Yukifumi | JPN | 74.65 |
| 7. | Chen Qi | CHN | 74.37 |
| 8. | Ahn Hyuk Jun | KOR | 74.36 |

Decathlon

| | | | |
|----|---------------------|-----|------|
| 1. | Andreev Pavel | UZB | 7744 |
| 2. | Kim Kun Woo | KOR | 7694 |
| 3. | Tanaka Hiromasa | JPN | 7351 |
| 4. | Meng Hsiang Tsu | TPE | 7232 |
| 5. | Kulwinder Singh | IND | 7157 |
| 6. | Jora Singh | IND | 7032 |
| 7. | Hadi Sepehrzad Hadi | IRI | 6889 |

Asian Athletics Association
Results ACC 2005

20 KM Race Walk

| | | | |
|----|-------------------------|-----|---------|
| 1. | Lu Ronghua | CHN | 1:25:30 |
| 2. | Kim Hyun Sub | KOR | 1:25:41 |
| 3. | Zhang Hong | CHN | 1:27:14 |
| 4. | Yachi Yusuke | JPN | 1:27:43 |
| 5. | Matsuzaki Akinori | JPN | 1:31:02 |
| 6. | Ab. Rahman Sharrulhaizy | MAS | 1:32:21 |
| 7. | Lee Dae Ro | KOR | 1:33:35 |

4X100 M. Relay

| | | |
|----|-----------------------|-------------------|
| 1. | JPN | 39.10 |
| | Hidaka Kazuyoshi | Yoshino Tatsuro |
| | Omae Yusuke | Suetsugu Shingo |
| 2. | THA | 39.23 |
| | Wongsala Seksan | Sondee Wachara |
| | Suwonprateep Sitichai | Janthana Ekkachai |
| 3. | KSA | 39.25 |
| | Al Dosari Faraj | Mubarak Atta |
| | Al Ghes Yahya | Al Bishi Hamed |
| 4. | CHN | 39.73 |
| 5. | IND | 39.74 |
| 6. | TPE | 40.25 |
| 7. | OMN | 40.46 |

4X400 M. Relay

| | | |
|----|----------------------|----------------|
| 1. | JPN | 3:03.51 |
| | Yuki Yamaguchi | Hideo Togashi |
| | Yuzo Kanemaru | Mitsuhiro Sato |
| 2. | SRI | 3:04.12 |
| | Pushpakumara Rohitha | Amarasekara PS |
| | Pradeep Kumara Rohan | Perera Manura |
| 3. | IND | 3:04.75 |
| | Anil Kumar Rohil | Satbir Singh |
| | Bhupinder Singh | P Shankar |
| 4. | IRI | 3:08.75 |
| 5. | KOR | 3:10.60 |
| 6. | KAZ | 3:10.73 |
| 7. | PHI | 3:11.70 |
| | KSA | disq |

WOMEN

100 M.

| | | | |
|----|-----------------|-----|-------|
| 1. | Qin Wangping | CHN | 11.47 |
| 2. | Khubbieva Guzel | UZB | 11.56 |
| 3. | Liang Yi | CHN | 11.62 |
| 4. | Sanrat Nongnuch | THA | 11.82 |
| 5. | Ishida Tomoko | JPN | 11.85 |
| 6. | Sato Yuka | JPN | 11.89 |
| 7. | Klomdee Orranut | THA | 11.93 |
| 8. | Tomor Ponam | IND | 11.96 |

Wind + 0.3

200 M.

| | | | |
|----|-----------------------|-----|-------|
| 1. | Dharsha KV Damayanthi | SRI | 23.21 |
| 2. | Khubbieva Guzel | UZB | 23.43 |
| 3. | Ni Xiaoli | CHN | 23.58 |
| 4. | Nobuoka Sakie | JPN | 24.02 |
| 5. | Rina Fujimaki | JPN | 24.19 |
| 6. | Anna Gavryushenko | KAZ | 24.46 |
| 7. | Zhiying Jiang | CHN | 24.71 |
| 8. | Lee Ji Eun | KOR | 24.92 |

Wind +0.9

400 M.

| | | | |
|----|-------------------|-----|-------|
| 1. | Manjeet Kaur | IND | 51.50 |
| 2. | Geetha sati | IND | 51.75 |
| 3. | Asami Tanno | JPN | 52.91 |
| 4. | Roslanova Tatyana | KAZ | 52.96 |
| 5. | Olga Tereshkova | KAZ | 52.99 |
| 6. | MP Wickramasinghe | SRI | 53.80 |
| 7. | Shaoting Zhong | CHN | 54.21 |
| 8. | Xie Qing | CHN | 55.11 |

800 M.

| | | | |
|----|----------------------|-----|---------|
| 1. | Sugimori Miho | JPN | 2:01.84 |
| 2. | Santhi Soundarajan | IND | 2:04.01 |
| 3. | Zamira Amirova | UZB | 2:04.22 |
| 4. | Ayako Jinnouchi | JPN | 2:05.69 |
| 5. | Viktoriya Yalovtseva | KAZ | 2:07.18 |
| 6. | Do Thi Bong | VIE | 2:07.31 |
| 7. | Sinimol Paulose | IND | 2:09.73 |
| 8. | Liu Xiaoping | CHN | 2:12.86 |

1500 M.

| | | | |
|----|--------------------|-----|---------|
| 1. | Miho Sugimori | JPN | 4:12.69 |
| 2. | Lukasheva Svetlana | KAZ | 4:13.83 |
| 3. | Yuriko Kobayashi | JPN | 4:14.15 |
| 4. | Sinimol Paulose | IND | 4:17.18 |

Asian Athletics Association
Results ACC 2005

| | | | |
|----|-------------------|-----|---------|
| 5. | OP Jaisha | IND | 4:17.49 |
| 6. | Truong Thanh Hang | VIE | 4:21.10 |
| 7. | Do Thi Bong | VIE | 4:27.26 |
| 8. | Bae Hae Jin | KOR | 4:27.63 |

5000 M.

| | | | |
|----|---------------|-----|----------|
| 1. | Xue Bai | CHN | 15:40.89 |
| 2. | Lee Eun Jung | KOR | 15:41.67 |
| 3. | Yumi Sato | JPN | 15:47.14 |
| 4. | Kayo Sugihara | JPN | 15:50.75 |
| 5. | Chen Xiaofang | CHN | 16:05.41 |
| 6. | Bae Hae Jin | KOR | 16:20.53 |
| 7. | OP Jaisha | IND | 16:34.32 |
| 8. | Ro Myong Ok | PRK | 16:45.15 |

10000 M.

| | | | |
|----|-------------------|-----|----------|
| 1. | Bai Xue | CHN | 33:34.74 |
| 2. | Yumi Sato | JPN | 33:42.11 |
| 3. | Ham Polng Sil | PRK | 34:35.30 |
| 4. | Choi Kyung Hee | KOR | 35:07.17 |
| 5. | Chen Xiaofang | CHN | 35:23.56 |
| 6. | Ro Un Ok | PRK | 36:08.47 |
| 7. | Lee Sun Young | KOR | 36:08.78 |
| 8. | Manipol Mercedita | PHI | 36:48.87 |

110 M. Hurdles

| | | | |
|----|---------------------|-----|-------|
| 1. | Yiping Su | CHN | 13.30 |
| 2. | Yeon Kyong Lee | KOR | 13.38 |
| 3. | Kumiko Ikeda | JPN | 13.54 |
| 4. | Mami Ishino | JPN | 13.56 |
| 5. | Natalya Ivoniaskaya | KAZ | 13.62 |
| 6. | Wei Mohammad Siew | MAS | 13.70 |
| 7. | Erawati Dedeh | INA | 14.10 |
| | Roberts Trecia | THA | dnf |

Wind +0.4

400 M. Hurdles

| | | | |
|----|-----------------------|-----|-------|
| 1. | Huang Xiaoxiao | CHN | 55.63 |
| 2. | Khalid Norassela Moh. | MAS | 56.39 |
| 3. | Yoshida Makiko | JPN | 56.85 |
| 4. | Satomi Kubokura | JPN | 57.23 |
| 5. | Natalya Alimzhanova | KAZ | 57.50 |
| 6. | Milgar Mary Grace | PHI | 58.09 |
| 7. | Tatyana Azarova | KAZ | 58.68 |
| 8. | Galina Pedan | KGZ | 59.05 |

High Jump

| | | | |
|----|------------------|-----|------|
| 1. | Efimenko Tatiana | KGZ | 1.92 |
| 2. | Xuezhu Jing | CHN | 1.92 |
| 3. | Anna Ustinova | KAZ | 1.84 |
| 4. | Bui Thi Nhung | VIE | 1.84 |
| 5. | Nyuyen Thi Ngoc | VIE | 1.80 |

| | | | |
|----|---------------------|-----|------|
| 5. | Zalevskaya Svetlana | KAZ | 1.80 |
| 7. | Netnapa Thaiking | THA | 1.80 |
| 8. | Yoko Hunnicutt | JPN | 1.80 |

Pole Vault

| | | | |
|----|-----------------|-----|------|
| 1. | Gao Shuying | CHN | 4.53 |
| 2. | Chang Ko Hsin | TPE | 4.10 |
| 3. | Samsu Roslinda | MAS | 4.10 |
| 4. | Yun-Hee Choi | KOR | 4.05 |
| 5. | Phong Le Thi | VIE | 4.00 |
| 5. | Ikuko Nishikori | JPN | 4.00 |
| 7. | Yingying Zhao | CHN | 4.00 |
| 8. | Takayo Kondo | JPN | 4.00 |

Long Jump

| | | | |
|----|---------------------|-----|------|
| 1. | Anju Bobby George | IND | 6.65 |
| 2. | Torres Marestella | PHI | 6.63 |
| 3. | Ikeda Kumiko | JPN | 6.52 |
| 4. | Olga Rypakova | KAZ | 6.50 |
| 5. | Mei Zhong | CHN | 6.43 |
| 6. | Lerma Elmira | PHI | 6.40 |
| 7. | Anastasia Juravleva | UZB | 6.38 |
| 8. | Maho Hanaoka | JPN | 6.35 |

Triple Jump

| | | | |
|----|---------------------|-----|-------|
| 1. | Xie Limel | CHN | 14.38 |
| 2. | Anastasia Juravleva | UZB | 14.14 |
| 3. | Huang Qiuyan | CHN | 13.75 |
| 4. | Parfyonova Yelena | KAZ | 13.45 |
| 5. | Kim Su Yeon | KOR | 13.43 |
| 6. | Yoshida Fimiyo | JPN | 13.20 |
| 7. | Thitima Muangjan | THA | 13.16 |
| 8. | Ritthiwat Wacharee | THA | 13.12 |

Shot Put

| | | | |
|----|----------------|-----|-------|
| 1. | Li Meiju | CHN | 18.64 |
| 2. | Zhang Gui Rong | SIN | 18.57 |
| 3. | Li Ling | CHN | 18.04 |
| 4. | Yoko Toyonaga | JPN | 17.07 |
| 5. | Du Xian Hui | SIN | 16.35 |
| 6. | Mi Young Lee | KOR | 16.20 |
| 7. | Yolanta Ulyeva | KAZ | 16.01 |
| 8. | Chia Ying Lin | TPE | 15.21 |

Discus

| | | | |
|----|----------------|-----|-------|
| 1. | Aimin Song | CHN | 65.15 |
| 2. | Taifeng Sun | CHN | 59.09 |
| 3. | Khishna Poonia | IND | 57.67 |
| 4. | Murofushi Yuka | JPN | 56.23 |
| 5. | Seema Antil | IND | 53.41 |
| 6. | Sun-Mi Won | KOR | 49.79 |
| 7. | Oksana Kot | UZB | 48.32 |
| 8. | Du Xian Hui | SIN | 46.40 |

Asian Athletics Association
Results ACC 2005

Hammer

| | | | |
|----|-----------------|-----|-------|
| 1. | Zhang Wenxiu | CHN | 70.05 |
| 2. | Gu Yuan | CHN | 63.89 |
| 3. | Murofushi Yuka | JPN | 62.62 |
| 4. | Huang Chih Feng | TPE | 59.66 |
| 5. | Chisato Ohashi | JPN | 59.40 |
| 6. | Chang Bok Shim | KOR | 53.67 |
| 7. | Na Ru Kang | KOR | 50.96 |
| 8. | Tan Song Hwa | MAS | 49.01 |

Javelin

| | | | |
|----|--------------------|-----|-------|
| 1. | Ho-Hyun Park | KOR | 55.58 |
| 2. | Young Sun Lee | KOR | 55.29 |
| 3. | Anne Maheshi Silva | SRI | 54.86 |
| 4. | Liliya Dusmetova | UZB | 54.52 |
| 5. | Zhang Li | CHN | 54.11 |
| 6. | Harumi Yamamoto | JPN | 52.60 |
| 7. | Suman Devi | IND | 52.58 |
| 8. | Emika Yoshida | JPN | 51.62 |

Heptathlon

| | | | |
|----|---------------------|-----|------|
| 1. | Biswas Soma | IND | 5377 |
| 2. | Susmitha Singha Roy | IND | 5308 |
| 3. | Masim Watcharaporn | THA | 5279 |
| 4. | Chinami Yasuda | JPN | 5233 |
| 5. | Lee Eun Im | KOR | 5037 |

20 KM Race Walk

| | | | |
|----|-------------------|-----|---------|
| 1. | Dan He | CHN | 1:34:25 |
| 2. | Tang Yinghua | CHN | 1:34:50 |
| 3. | Svetlana Tolstaya | KAZ | 1:36:39 |
| 4. | Kim Mi Jung | KOR | 1:39:21 |
| 5. | Yuan Yu Fang | MAS | 1:42:20 |
| 6. | Sakakura Ryoko | JPN | 1:49:48 |
| 7. | G Geetha Nandani | SRI | 1:51:03 |
| 8. | Devi Bala | IND | 1:54:52 |

4X100 M. Relay

| | | | |
|----|--------------------|-----------------|-------|
| 1. | THA | | 44.18 |
| | Sagwan Jaksunin | Sanrat Nongnuch | |
| | Thawonchavoen Juth | Orranut Klomdee | |
| 2. | CHN | | 44.24 |
| | Jiang Zhiying | Yi Liang | |
| | Ni Xiaoli | Wangping Qin | |
| 3. | JPN | | |
| | Tamako Ishida | Yuka Sato | 44.85 |
| | Sakie Nobuoka | Rina Fujimaki | |
| 4. | HKG | | 46.61 |
| 5. | KOR | | 47.01 |

4X400 M. Relay

| | | | |
|----|---------------------|-------------------|---------|
| 1. | IND | | 3:30.93 |
| | Rajwinder Kaur | Manjeet Kaur | |
| | Geetha Sati | Chitra Kula Soma | |
| 2. | KAZ | | 3:32.61 |
| | Natalya Alimzhanova | Olga Tereshkova | |
| | Anna Gavryushenko | Tatyana Roslanova | |
| 3. | JPN | | 3:33.54 |
| | Natsumi Watanabe | Asami Tanno | |
| | Satomi Kubokura | Aoki Sayaka | |
| 4. | CHN | | 3:37.11 |
| 5. | SRI | | 3:42.60 |
| 6. | IRQ | | 3:58.01 |
| | KOR | | dns |

16th Asian Athletics Championships 2005

Medal Table

| | Gold | Silver | Bronze |
|-----|------|--------|--------|
| CHN | 15 | 7 | 10 |
| JPN | 6 | 5 | 12 |
| QAT | 6 | 3 | 3 |
| IND | 4 | 5 | 4 |
| KSA | 4 | 1 | 1 |
| SRI | 2 | 2 | 2 |
| KOR | 1 | 7 | 1 |
| UZB | 1 | 3 | 1 |
| THA | 1 | 1 | 1 |
| IRI | 1 | 0 | 2 |
| KGZ | 1 | 0 | 0 |
| KUW | 1 | 0 | 0 |
| KAZ | 0 | 3 | 2 |
| TPE | 0 | 1 | 2 |
| MAS | 0 | 1 | 1 |
| IRQ | 0 | 1 | 0 |
| TJK | 0 | 1 | 0 |
| SIN | 0 | 1 | 0 |
| PHI | 0 | 1 | 0 |
| PRK | 0 | 0 | 1 |