

Results from ASIA 2026 - 04

CROSS COUNTRY

JAPAN

18th ASIAN Cross Country Champs at Fukuoka / 21.02.2026

(-courtesy of the ASIAN AA and with thanks to Mr Ram.Muralikrishnan -)

athletes from 12 ASIAN AA Member Federations competed at these Continental Championships / athletes from Japan won all medals in the 4 Individual races (except one Gold for China & one Silver for India) as well as all 4 Team titles

complete results are attached by a separate file

following is a short Review of the medallists

Senior Men / 10 km:

Ryuji Miura JPN 29:20; Harmanjot Singh IND 29:21; Yuma Nishizawa JPN 29:24;

Teams: JPN 9 points; KGZ 23 points; CHN 34 points;

Junior/U20 Men / 8 km:

Shinta Igarashi JPN 24:09; Kain Inagaki JPN 24:15; Rikuro Ikeya JPN 24:21;

Teams: JPN 6 points; CHN 19 points; IND 25 points;

Senior Women / 10 km:

Wakana Kabasawa JPN 33:44; Momoka Kawaguchi JPN 33:55; Amisa Murayama JPN 34:05;

Teams: JPN 6 points; CHN 17 points; IND 22 points;

Junior/U20 Women / 6 km:

Hu Jinhua CHN 19:53; Yui Onotora JPN 19:55; Mona Utsunomiya JPN 20:16;

Teams: JPN 9 points; CHN 20 points; IND 22 points;

INDIA

13th National Road Walk Champs at Chandigarh / 21. - 22.02.2026

(-courtesy of Mr Ram.Muralikrishnan -)

following are detailed results from these National Championships, which were held for the first time on the new distances (Full and Half Marathon) / all participants from India except one guest from Germany in the Half Marathon Walk

Senior Men:

42.195 km – Marathon Walk (21):

Ram Baboo 3:09:17; Sandeep Kumar 3:11:18; Resham Midhun 3:12:11; Bajarangi Prajapati 3:15:06; Khazan Singh 3:15:20; Sandeep Singh 3:15:36; Amit ?? 3:17:58; Dhir Goyal 3:19:49; Juned Khan 3:20:45; Mukesh Nitharwal 3:21:32; Paramdeep Mor 3:23:26; Sanjay Kumar 3:24:17; Sanabam Damen Singh 3:27:16; Sachin Sharma 3:28:16; Raj Mishra 3:32:31; Vikash Kumar Yadav 3:35:56;

Half Marathon Walk (22):

Sahil ?? 1:25:48; Servin ?? 1:25:50; Hardeep ?? 1:26:03; Paramjeet Singh Bisht 1:26:07; W.Ningthoukkongia 1:26:59; Deepak Gurjar 1:27:34; Akshdeep Singh 1:27:37; Vishvendra Singh 1:28:04; Frederick Weigel GER 1:28:40; Vikash Singh 1:29:54; Rahul ?? 1:30:01; Sachin Garhwal 1:30:22; Tanish Vats 1:30:41; A.A.Aneesh 1:31:29; Sachin ?? 1:32:47; Rajanpreet Singh 1:33:14; Babulal Jat 1:33:47; K.P.Praveen 1:35:27; Ankit Singhmar 1:35:27; Dushyant Kumar 1:35:47; Anil Kumar 1:38:09; Manirul Islam 1:38:11; Abhijeet ?? 1:39:18;

10 km Walk (21):

Nitin Gupta/2008 41:44; Rishikesh Pratheepan 43:11; Bilin George Anto 43:53; Harsh ?? 45:07; Ritik Kumar 45:18; Suraj Yadav 45:39; Nand Kishor Singh 47:15;

Junior Men (born 2006 or later !!):

5 km Walk (22):

Tushar Panwar/2008 19:59 / NJR (Road); Himanshu Panwar/2007 20:08; Praveen ??/2007 20:12; Rohit Kumar Bhaira/2007 20:24; Tushar Giri/(2006) 20:29; Anshul Sajwan/2007 20:34; Tanish Thakur/2009 20:40; Aman Thaku/2008 20:44; Saurabh Singh Panwar/(2006) 21:12; Harikesh ??/(2006) 21:17; Sahil Atkan/2008 21:20; Subhash Kumar/2009 21:20; Elangbam Gungcha/2008 21:22; Dhruv ??/2007 21:27; Ningombam Malemnga/2007 21:43; Harman Singh/(2006) 21:49; Manmohan Singh Rawat/2007 21:54; Ritesh Kumar/2009 22:08; Neeraj Kehsri/2007 22:19; Prabhjot Singh/2009 22:35; Bhupendra Negi/2008 22:37; Ekamjot Singh/2008 22:38; Pawan Singh Gurjar/2009 22:46;

Senior Women:

42.195 – Marathon Walk (21):

Manju ?? 3:33:24; Priyanka Goswami 3:37:25; Payal ?? 3:39:57; Deepika Sharma 4:01:17; Bharti Bhadana 4:04:14; Pramila Sajjanwar 4:09:14; Tapsi ?? 4:21:23;

Half Marathon Walk (22):

Ravina ?? 1:39:15; Munita Prajapati 1:39:26; Mansi Negi 1:42:58; Aarti ?? 1:43:15; Baljeet Kaur Bajwa 1:44:50; Indu ?? 1:49:12; Jyoti ?? 1:51:37;

10 km Walk (21):

Reshma Patel 46:19; K.Mary Margaret 47:18; K.Akshaya 51:49; Vandana ?? 53:48;

Junior Women (born 2006 or later !!):

5 km Walk (22):

Manisha ??/(2006) 23:24; Yogita ??/2008 23:49; Simran Gusain/2008 23:58; Payal ??/(2006) 24:07; V.B.Nayana/(2006) 24:26; Ranjana Yadav/2009 24:36; Savitaben Lalabhai/(2006) 25:03; Kamalpreet Kaur/(2006) 25:14; Ritika ??/2008 25:16; Pooja Lohar/2009 25:19; Komal ??/2008 25:22;

UZBEKISTAN

National Cross Country & Road Walk Champs at Tashkent/14.-15.02.2026

(-courtesy of the UZB – Federation - website -)

Senior Men / 10 km CCC (14):

Otabek Toshkhuvatov 30:26.8; Baktiyor Otkirov 30:42.0; Buned Mukhitdinov 31:52.7;

Senior Men / 20 km Walk (15):

Rasulbek Dilnurodov 1:25:04; Hasan Safarov/2008 1:53:24;

Junior Men / 10 km CCC (14):

Timur Nasimov/2008 32:04.9; Akmal Urinov/2007 32:46.2;

Junior Men / 10 km Walk (15):

Ozodbek Saidov/2007 44:45; Sherzod Zubayev/2007 48:03;

Youth Boys / 5 km CCC (14):

Sardorbek Mukhammadov/2010 16:41.0;

Senior Women / 10 km CCC (14):

Yekaterina Tunguskova 17:48.5; Charos Khushvakhtova/2008 18:52.4; Oydina Ikromova 19:08.5;

Senior Women / 20 km Walk (15):

Diana Yafasova 1:45:54;

Junior Women / 5 km CCC (14):

Madinakhon Abduvaliyeva/2008 19:53.2;

Youth Girls / 3 km CCC (14):

Norbonu Shermamatova/2010 10:36.7;

ON THE ROAD

(-courtesy of newspaper websites -)

KOREA

International Marathon at Daegu / 22.02.2026

Men

Marathon:

Gabriel Gerald Geay TAN 2:08:11; Chimdessa Debele Gudeta ETH 2:08:12; Emanuel Daudi Dinday TAN 2:08:18; Samson Amare Hailemichael ERI 2:08:41; Gerba Beyata Diriba ETH 2:10:06; Stanley Kiprotich Bett KEN 2:10:34; Gossa Ambelu Challa ETH 2:10:59; Dejene Megersa Muleta ETH 2:11:11; Charles Kiprotich Rono KEN 2:11:40; Leonard Chemonges UGA 2:14:33; Oscar Kibet UGA 2:15:13; Jacob Kibet Chuiyo KEN 2:15:35; Bernard Emanuel Geay TAN 2:15:47; Jacob Kecho Kaptoro KEN 2:19:38; Lee Dong-Jin KOR 2:20:43; Dino Sefir Kemal ETH 2:21:59; Kwak Jong-Won KOR 2:24:12; Shin Hyun-Su KOR 2:24:34; Jeong Han-Eul KOR 2:24:46; Kim Ji-In KOR 2:26:28; Kim Ho-Yeon KOR 2:28:07; Moses Kibet UGA 2:28:32; Pi Seung-Hee KOR 2:28:44; Kim Eun-Seop KOR 2:29:14; Kim Yun-Sik KOR 2:29:17; Chou Hung-Yu TPE 2:29:45; Park Yeong-Ryeol KOR 2:31:16; Ip Nga Kit HKG 2:31:34;

Half Marathon (National Race):

Park Jae-Woo 1:04:24; Park Min-Ho 1:04:48; Oh Min-Seok 1:07:27; Choi Jae-Kyung 1:08:02; Choi Jin-Hyuk 1:08:17; Choi Joong-Min 1:08:57; Park Mu-Young 1:09:28; Kim Young-Yu 1:10:49; Kim Dae-Hoon 1:11:13; Yoo Dong-Kyu 1:11:26;

Women:

Marathon:

Lilian Kasait Rengeruk KEN 2:19:35; Duze Diriba Kejela ETH 2:19:54; Evaline Chirchir KEN 2:20:51; Kuftu Tahir Dadiso ETH 2:28:23; Obseni Getach Adilo ETH 2:28:27; Kebene Chala Urisa ETH 2:28:39; Choi Jung-Yoon KOR 2:32:35; Khishigsaikhan Galbadrakh MGL 2:36:41; Lee Soo-Min KOR 2:39:21; Kim Eun-Mi KOR 2:39:31; Jung Hyun-Ji KOR 2:40:45; Park Ho-Sun KOR 2:43:17; Shin Sa-Huin KOR 2:46:01; Nam Bo-Ha-Na KOR 2:52:53; Kim Ryeo-Hyun KOR 2:55:51; Irma Handayani INA 2:56:01; Hau Ka Yan HKG 3:03:02; Kang Hye-Rim KOR 3:07:22; An Hui-Yeon KOR 3:08:32;

Half Marathon (National Race):

Kim Hye-Mi 1:15:17; Han Ji-Hye 1:18:27; Kim Ji-Hea 1:19:52; Kang Ye-Jin 1:20:17; Kim Min-Jung 1:22:24; Na Hye-Rin 1:23:12; Hong Hae-In 1:26:28; Kim Seu-Ra 1:28:03;

INDIA

Cognizant National Marathon at New Delhi / 21.02.2026

(-courtesy of Mr Ram.Muralikrishnan -)

following are detailed results from this major National Marathon and few best performances from additional races (all GUN times) / all Indian athletes except 2 race winners from foreign countries as noted

Men:

Marathon:

Kartik Jayraj Karkera 2:13:14 / 3rd IND All-Time; Gopi Thonakal 2:13:15; Man Singh 2:13:16 / 4th IND All-Time; A.B.Belliappa 2:15:40; Tirtha Kumar Pun 2:17:16; Kalidas Laxman Hirave 2:20:10; Dinesh Singh 2:20:49; Mohit Kumar Sharma 2:24:23; Rizwan ?? 2:24:19; Nishant ?? 2:25:00; Dev Singh Dagar 2:25:03; Yogesh Kumar Sharma 2:25:58; Tambe Dattatray Mahadev 2:26:11; Vipul Kumar 2:29:33; S.Vinothkumar 2:36:21; Ritash ?? 2:37:57;

Open Marathon:

M.Chandra Kanth 2:27:57; Ashok Bind 2:28:27; P.Nazeen 2:30:17; Ashutosh Singh 2:36:13; Rakshit Kumar 2:37:41;

Half Marathon:

Kuldip Kumar 1:08:54; Ravi Bumbak 1:09:34; Mohammad Sahil Annigeri 1:09:41; Nagesh Varande 1:09:42; Jaspal Singh 1:11:13; Saurabh Kumar 1:11:15;

10 km Road Race:

Manav Sharma 30:49; Prakash Rai 30:55 (3rd = 34:15);

Women:

Marathon:

Thakor Nirmaben Bharatjee 2:41:17; Bhagirathi 2:43:31; Ashwini Madan Jadhav 2:57:01; Stanzin Dolkar 3:03:57; Tashi Ladol 3:04:45; Diskit Dolma 3:08:42; Abhilasha Bhagat 3:23:00;

Open Marathon:

Petra Pastorova CZE 2:59:47; Devangi Purkayastha 3:09:05; Arpita Dhuria 3:11:28; Vrinda Bhandari 3:13:26; Rekha Rawat 3:14:12; Shikha Pahwa 3:21:16; Suganda Sharma 3:19:52;

Half Marathon:

Genet Shikur Reshid ETH 1:19:38; Ekta ?? 1:19:47; Priti Lamba 1:20:41; Aarti Pawara 1:22:57; Nisha Paswan 1:27:18; Ingvid Erdal 1:27:50; Pooja Bisht 1:30:57;

10 km Road Race:

Anjali ?? 37:15 (2nd = 41:36);

National Lokmat Maha Half Marathon at Pune / 21.02.2026

Men:

Manish Rajput 1:09:27; Jayesh Patil 1:09:35; Amol Amune 1:12:00;

Women:

(winner = 1:38:07 !!)

PHILIPPINES

International Ayala Marathon at Makati / 22.02.2026

Men:

Marathon:

Anderson Saitoti Seroi KEN 2:19:22; Abdi Asefa Kebede ETH 2:20:11; Edsel Moral PHI 2:25:42; Eduard Flores PHI 2:28:46; Eric Chepsiror KEN 2:29:11; James Kevin Cruz PHI 2:29:56; Dickyias Mendioro PHI 2:30:14; Bernard Caluza PHI 2:33:05; Gilbert Cheruiyot Muge KEN 2:33:13;

Half Marathon:

Ricky Organiza PHI 1:08:14; Nickson Kosgei KEN 1:10:06; Evans Kiptoo Bomer KEN 1:11:31; Ritchie Estampador PHI 1:11:43; Jan Brixel Moncal PHI 1:13:59; Dennis Isika KEN 1:14:16; Joel Orogan PHI 1:14:17;

Women:

Marathon:

Beshadu Bekele Bedane ETH 2:44:52; Truphena Chepchirchir KEN 2:47:30; Sifen Kidane Meleka ETH 2:52:53; Pamela Chepkoech KEN 2:58:01; Eloisa Cusi USA (Trail runner) 3:00:52; Lizane Abella PHI 3:16:07; Angelie Cabalo PHI 3:16:53; Maricar Camacho PHI 3:17:53; April Rose Diaz PHI 3:18:40; Nea Gey Ninura PHI 3:19:42;

Half Marathon:

Artjoy Torregosa PHI 1:21:02; Edna Magtubo PHI 1:22:49; Jackline Nzivo KEN 1:25:02; Ruth Gacheru KEN 1:28:31; Christine Hallasgo PHI 1:31:11; Decerie Encomio PHI 1:33:31; Nhea Ann Barcena PHI 1:34:34;

ON THE TRACK

MALAYSIA

POWP Athletics All-Comers Meet at Kuala Lumpur / 14. – 15.02.2026 (-courtesy of the Competition – website -)

following are detailed results from this competition including several Junior athletes in events with Seniors / no wind-readings reported for Horizontal jumps

100 m (14)/+0.5: Mohd Armin Zahryl Abdul Latif 10.47; Muh.Dzul Danish Jamari/2007 10.65; Muh.Raziq Roszamani 10.69; Airlie Amani Kahar/2009 10.72; Ahmed Sufi Mohd Faisal 10.84;
semis (14) s1/+0.4: Abdul Latif 10.65; s2/+0.7: Kahar/2009 10.69; Roszamani 10.72; s3/+0.8: Jamari/2007 10.72; Faisal 10.76;
heats (14) h5/+0.1: Kahar/2009 10.85; h7/+1.1: Abdul atif 10.80; h13/+2.1: Roszamani 10.75w;
h15/-0.5: Faisal 10.82; h19/+1.3: Jamari/2007 10.81;
200 m (15)/-1.8: Airlie Amani Kahar/2009 21.91;
800 m (14): Shaikh Ahmad Fahmi Fauzi/2008 1:57.51;
110 m H (14) Race 3/-1.8: Mohd Ilham Jaffar/2007 15.01; Race 4/-2.9: Muh.Ruzki Alimi Zahizal/2007 14.84;
H J (15): Mohd Khye Doong 2.10;

P V (14): Abu Bakar Abdul Wahid/2007 4.60; Darell Kit Ric Yee 4.20; Muh.Mukhriz Hafiz Rosli 4.10; Aiman Suffian Shahrizal 4.10;
L J (15)/nwi: Tan Zhi Hang 7.17; Zainura Aqbar Zulbaharin/2007 7.04; Muh.Fiross Faizal 7.03; Muh.Imran Abdullah 7.00;

T J (14)/nwi: Muh.Izzul Haniff Raffi 16.44 / 3rd MAS All-Time; Muhd Imran Abdullah 14.73;
J T (15): Tan Chun Wei/2008 56.93; Mohd Noor Iman Norman 56.77;
10000 m Walk (14): Ahmad Farish Irfan/2010 48:14.28; Khor Jing Hong 49:33.58; Muh.Faim Haziq
Asrol/2009 50:06.86;

Women:

100 m (14)/+0.5: Nur Izzati Eliana Suhaidi/2007 12.29;
200 m (15)/-0.9: Izzatul Musfirah Azira/2008 25.13 (& 24.91/+0.8 as 1s1);
3000 m St (14): Siti Nur Fatihah Adham 12:30.23; Syarafana Azli/2010 12:34.26; Teo Sze Hui 12:35.70;
Nur Fara Syuhada Razali/2010 12:48.92;
100 m H (14)/-1.2: Fatin Nashira Mohd Fardzil 15.05;
L J (15)/nwi: Nurkhaleesa Yasmin Awang 5.75;
T J (14)/nwi: Maritza Ferrer Neil Armstrong 12.77; Nurkhaleesa Yasmin Awang 12.50; Tan Yen Yee/2008
12.09;
S P (15): Asyherina Kuja Ujoh 12.92;
D T (14): Farhana Izurein Faizal Amizul 41.32;

SRI LANKA

24th International Schools Champs at Diyagama / 21. – 22.02.2026

(-courtesy of the Competition – website -)

Junior Men / under 20:

100 m (22)/+2.8: Saad Faleel/2007 10.44w; Yahanu Ramasinghe 10.78w;
200 m (21)/-0.9: Saad Faleel/2007 21.71; Irosha S.Edirisinghe/2008 21.98;
heats (21) h1/+0.1: Yahanu Ramasinghe 21.97; h2/+0.4: Faleel/2007 21.72;
400 m (22): Irosha S.Edirisinghe/2008 48.62;
H J (21): Daham Kaveesha Dissanayake/2007 2.00;
J T (22): N.B.Themiya Thabrew/2007 62.50;
4x100 R (22): St Benedict College 42.60;
4x400 R (22): Lyceum International School, Wattala 3:22.19;

Youth Boys / under 18:

200 m (21)/+1.2: Shanuka Costa/2009 21.68;
H J (22): H.A.Sandi Dilmeth/2009 2.00;

Junior Women / under 20:

100 m (22)/+1.9: Risansa Hirupama Silva/2008 11.88; Dananjana Fernando/2008 12.05;
200 m (21)/nwi: Risansa Hirupama Silva/2008 24.25 (& 24.80/+1.9 as 1h1); Dananjana Fernando/2008 24.83;
800 m (21): M.G.Tharushi Pemasiri 2:14.66;
H J (21): P.L.Shenuri Upeksha/2008 1.70;
L J (21)/nwi: Shesha Umayya Rathnayaka/2008 5.62;
4x100 R (22): Dharmapala College Team 48.36;

INDOORS

KAZAKHSTAN

National Junior & Youth Champs at Ust-Kamenogorsk / 18. - 20.02.2026
(-courtesy of the Online-Sport.kz – website -)

Junior Men:

60 m (18): Bogdan Chernobai/2008 7.03; Beybarys Batyruly/2008 7.08; Omar Sultanov/2007 7.08; Dastan Balgimbayev/2008 7.17;
heats (18) h1: Batyruly/2008 7.12; h2: Chernobai/2008 7.17; Balgimbayev/2008 7.18;
200 m (19): Beybarys Batyruly/2008 22.13;
400 m (18): Ratmir Giniyatulin/2007 48.54;
2000 m St (19): Dosmuhammed Alibek/2007 6:05.98; Ramazan Alibek/2008 6:11.77;
60 m H (19): Bogdan Goncharov/2007 7.84; Georgiy Kozma/2008 8.14; Dmitriy Kulibaba/2008 8.17;
H J (18): Anatoliy Lyutsko/2007 2.04; Alexander Kuzmichev/2007 2.00;
P V (19): Dmitriy Shkerdin/2008 4.40;
T J (20): Gleb Gladilov/2007 15.06; Georgiy Kozma/2008 14.79;
S P / 6 kg (19): Konstantin Uteshev/2007 17.02;
Heptathlon (18/19): Askar Omirzak/2008 4797 (7.33; 5.96; 12.79; 1.70 / 8.55; 4.30; 2:56.15);
Ayan Zhanbakiyev/2007 4382 (7.43; 7.20; 12.93; 1.91 / 8.43; 0.00; 3:15.42); Nikita Mironov/2008 4050
(7.55; 6.01; 10.73; 1.85 / 9.35; 2.80; 3:08.48); Kirill Letcher/2008 4043 (7.40; 6.19; 10.82; 1.79 / 9.04; 2.40;
3:11.35);
5000 m Walk (18): Egor Strukov/2007 21:57.27; Sanzharbek Muhammadzhanov/2008 24:36.46;

Youth Boys:

60 m (18): Donald Muratkaliyev/2009 7.07; Viktor Isabayev/2010 7.12; Danyil Mironenko/2009 7.14;
heats (18) h3: Muratkaliyev/2009 7.10; h5: Isabayev/2010 7.13; h6: Mironenko/2009 7.17;
800 m (20): Dmitriy Spassky/2009 1:56.60;
2000 m St (19): Murat Nurbolsyn/2009 6:17.03; Iliyas Kaisar/2009 6:18.88;
L J (19): Andrey Kim/2009 7.05;
S P / 5 kg (19): Maxim Sazhnev/2009 18.59;
Heptathlon (18/19): Kanat Ikanov/2009 4049 (7.40; 5.64; 10.20; 1.74 / 8.67; 3.30; 3:27.76);
3000 m Walk (19): Yuriy Volkov/2009 13:39.10; Murat Moldash/2010 13:39.38;

Junior Women:

60 m (18): Sofiya Kidenko/2007 7.89; Anna Tkachenko/2008 7.92; Yana Fomina/2008 7.95; Yelizaveta Myasnikova/2007 7.99; Darina Eserkepova/2008 8.03; Yelizaveta Gridassova/2008 8.09; Aisu Moldahan/2008 8.09;
heats (18) h1: Kidenko/2007 8.06; Moldahan/2008 8.11; h2: Fomina/2008 7.99; Myasnikova/2007 8.07;
h3: Tkachenko/2008 7.93; Eserkepova/2008 8.01; Gridassova/2008 8.11;
200 m (19): Sofiya Kidenko/2007 25.19;
400 m (18): Milana Zubareva/2007 56.95; Mariya Zinevich/2007 57.38;
2000 m St (19): Uldanai Abylkhan/2007 6:51.15; Dagara Rumarbekova/2007 7:25.99; Karakat Nurahan/2008
7:40.09; Aiyaly Turdaly/2008 7:45.61;
60 m H (19): Antonina Chernyshova/2007 8.64; Alina Golovina/2008 8.82; Olga Bychenko/2008 8.93;
H J (19): Arina Malyugina/2007 1.65;
P V (18): Anna Cherkashina/2008 3.80 (only 1 competitor !);
L J (18): Mariya Shchipacheva/2007 5.67; Antonina Chernyshova/2007 5.66;
T J (20): Varvara Dmitriyeva/2010 12.54; Mariya Shchipacheva/2007 12.35; Sofia Sazonova/2008 12.06;
Darya Martin/2008 11.98; Milana Mikhailova/2008 11.85;
S P (18): Tatyana Ivanishko/2008 12.55; Yekaterina Serebrenikova/2007 12.28;
Pentathlon (20): Viktoriya Klimantseva/2008 3169 (9.42; 1.59; 10.58; 5.02; 2:47.62);
5000 m Walk (18): Margarita Storozhenko/2008 23:52.48; Dominika Pukhareva/2008 27:05.35;

Youth Girls:

60 m (18): Julia Demkina/2010 7.83; Angelina Shrubyanets/2009 7.86; Darya Alexseyenko/2010 7.96;
Amina Zhainakova/2010 7.97; Alesya Bibikova/2011 8.09; Angelina Blazlievskaya/2009 8.15;

heats (18) h2: Demkina/2010 7.98; h3: Shrubyanets/2009 7.92; h4: Zhainakova/2010 8.00;
h5: Alexseyenko/2010 7.92; h6: Darina Nigmatullina/2009 8.13;
200 m (19): Margarita Kossinova/2010 24.94 (& 25.26 as 1h2);
400 m (18): Margarita Kossinova/2010 56.01 (& 57.02 as 1h3); Darya Potocheskaya/2010 57.09;
1500 m (18): Viktoriya Melnikova/2010 4:45.98;
2000 m St (19): Arailym Nuarazbek/2009 7:15.78; Sofia Chepurnova/2010 7:27.07; Yekaterina
Tamilina/2009 7:27.21; Sabina Mukhamedova/2009 7:38.33; Nursaya Askirbai/2011 7:45.49;
60 m H (19): Angelina Shrubyanets/2009 8.76; Aleksandra Evtseyeva/2010 8.81; Assylzat Kydyrbay/2009
8.95;
heats (19) h1: Evtseyeva/2010 8.81; h2: Shrubyanets/2009 8.85;
H J (19): Olga Izyumnikova/2009 1.70; Milena Merts/2009 1.70; Anastasiya Nitcenko/2009 1.65;
Anastasiya Trofimova/2010 1.65;
L J (18): Yekaterina Mikhaylenko/2010 5.73;
T J (20): Alisa Issayeva/2009 12.15;
Pentathlon (20): Assylzat Kydyrbay/2009 3300 (9.27; 1.59; 11.81; 4.88; 2:42.39); Alina Igumentceva/2010
3166 (9.71; 1.50; 9.88; 5.13; 2:32.57); Mariya Stepanova/2009 3062 (9.44; 1.50; 9.03; 5.15; 2:41.62);
3000 m Walk (19): Togzhan Talymbekova/2011 16:26.27;

UZBEKISTAN

Cup of Uzbekistan Indoor Champs at Urgench / 05. – 07.02.2026 **(-courtesy of the UZB - Federation – website -)**

this competition for Senior & Junior athletes was held separately from the National Youth Indoor Champs (see best results by Report No 3)

Men:

60 m (5): Mirkamolkhon Akhmedov 7.02; Shokhrukh Omonov 7.07; Jakhongir Sobirjonov 7.12; Sardorbek Adamboyev/2007 7.12; Umidjon Turayev 7.14;
heats (5) h2: Turayev 7.18; Omonov 7.18; h3: Adamboyev/2007 7.07; h5: Sobirjonov 7.16;
h6: Akhmedov 7.01;
3000 m (7): Nuritdin Rakhmatov 8:34.87; Otabek Fayzullayev 8:46.39;
3000 m St (5): Begzod Toshpulatov 9:18.66; Otabek Fayzullayev 9:20.40; Bekhruz Shavkatov/2007 9:27.46;
60 m H (5): Mukhamed Kadirov/2008 8.26 (& 8.31 as 1h2);
H J (6): Samir Buvabekov/2007 2.00;
L J (5): Sarvar Meyliyev/2007 7.55; Azizjon Sobirov 7.43;
S P (5): Doston Rajabov 17.41; Shagzod Mardonov 14.33;
4x200 R (6): Namangan Team (A.Abdulkhamidov, M.Islamjonov, A.Khoshimjonov, M.Sotiboldiyev) 1:34.15;
4x400 R (5): Khashkhador Team (N.Dosmurodov, S.Khalandarov, S.Jontemirov, S.Orokhov) 3:28.94;

Women:

60 m (5): Mashkura Mamadullayeva 8.01; Vladlena Nosova/2008 8.05; Karina Karimova/2008 8.08;
heats (5) h1: Mamadullayeva 8.17; h3: Karimova/2008 8.18;
3000 m St (5): Sadafonu Nusratilloeva/2008 10:18.76 / NIR; Despina Bandaletova/2009 11:41.48;
Mashkhura Soibova/2008 11:45.60; Dilafuz Mirozimova 11:57.44; Zulfizar Temirova/2011 12:32.16;
P V (held outdoors on 9th Feb at Tashkent): Habiba Abdurakhmonova 3.10;
T J (6): Sofiya Nikolayeva/2008 12.28;
Pentathlon (6): Raykhona Khamrayeva 2952 (9.51; 1.61; 8.23; 5.09; 2:56.20);
4x200 R (6): Namangan Team (S.Nikolayeva, O.Yuldasheva, M.Ibragimova, M.Mamajonova) 1:50.55;

Mixed Relays:

4x400 R (7): Surkhondaryo Team (S.Omonov, S.Kholiyev, R.Mokhinabonu, D.Anvarova) 3:43.87;