

Results from ASIA 2023 – 11

UZBEKISTAN

5th ASIAN Athletics Youth Champs at Tashkent / 27. - 30.04.2023

(-courtesy of the UZB-Federation - website-)

these Continental Championships for Youth/U18 athletes (born 2006 or 2007) were held with participants from 29 countries; unfortunately 16 ASIAN AA Member Federations didn't enter athletes at all (including Japan with their talented young athletes, which effected esp.the rather poor performances in the Middle/Long Distance events)

a strong team from CHINA won 15 of the 40 events and topped the medal tally with 24 medals (15 Gold, 7 Silver & 2 Bronze) followed by INDIA (6 + 11 + 7 = 24), KAZAKHSTAN (3 + 6 + 5 = 14) and the host country, UZBEKISTAN (3 + 3 + 6 = 12 medals)

the complete Championships results and the Medal Tally are attached by a separate file

following is a review with explanations concerning all major performances such as

-all medallists

plus information to

-14 Championships Records (= CR) were improved (see another file with updated Records as attached)

- 1 Asian Youth Record (Wu Binbin, the most outstanding competitor at these Champs with 2 Gold Medals and 2 Championships Records at 100 m Hurdles & in Long Jump, improved the 100 m H-Record from 13.27 by Li Xiao in 1995 (!!) to 13.20 seconds

- 3 Girls achieved not only Championships Records, but also **World Youth 2023 Best Performances**

- in addition the list includes all athletes, who achieved **Asian Youth 2023 Best Performances (= AYB 2023)** and various new **National Youth Records (= NYR)**, which are based upon the NYR-data in the excellent Statistics Handbook for these Champs (edited and distributed by Mr Ram.Muralikrishnan)

Event-by-event survey for the performances (medallists and records as above)

Youth Boys:

100 m (28)/+1.2: Wu Haolin CHN/2006 10.55 (& 10.53/+0.9 as 1s2); Chan Yat Lok HKG/2007 10.61; Nattapon Sookkasem THA/2007 10.68 (& 10.56/+0.9 as 2s2);
heats (27): 2h4/-1.6: Zaid Rami Naser Nasrawi JOR/2006 11.12/NYR;
200 m (30)/+0.7: Meng Desheng CHN/2006 21.05 / CR & AYB 2023; Zeng Keli CHN/2006 21.19; Abhay Singh IND/2006 21.39 (& 21.08/+1.9 /(CR) & NYR on 29th);
heats (29): 5h4/+1.0: Egor Pobezhimov KGZ/2007 22.47/NYR;
400 m (28): Sarawut Nuansri THA/2007 46.92 / CR & AYB 2023 & NYR; Lin Chao-Cheng TPE/2006 47.95; Hsiung Chen-Yo TPE/2006 47.97;
110 m H / 91.4 cm (28)/+1.9: Wu Yu-Ting TPE/2007 13.53 (& 13.59/-0.5 as 1h1 on 27th);
800 m (30): Chiang Yi-An TPE/2006 1:55.46; Mani Mokhtariniou IRI/2006 1:55.68; Abdulmajeed Yousef Ghafiry KSA/2006 1:56.18;
1500 m (27): Priyanshu IND/2006 3:57.37; Rahul Sarnaliya IND/2006 3:59.43; Arsalan Hamidi IRI/2006 4:02.08;

3000 m (29): Aman Kumar IND/2007 8:39.15; Yogeswar Rajasekaran IND/2006 8:39.85; Z.Mukhles Tuama Al-Shamkhee IRQ/2006 8:42.36;
 2000 m St (30): Yusef Azariyan IRI/2006 5:55.84/NYR; Sumit Rathee IND/2006 5:58.69; Mustafa Mohsin Hezam Al-Khazaali IRQ/2006 6:01.97;
 110 m H / 91.4 cm (28)/+1.9: Wu Yu-Ting CHN/2007 13.53 / AYB 2023; Wang Zijian CHN/2006 13.67; Sandeep Vinodkumar Gond IND/2006 13.80;
 heats (27): 5h3/-0.5: Ivan Vabishchevich KGZ/2006 14.98/NYR;
 400 m H (30): Mahamat Abakar Abdrahman QAT/2006 50.91/CR & AYB 2023 & NYR; Bapi Hansda IND/2006 51.38; K.L.Ayomal Akalanka SRI/2006 51.40/NYR;
 H J (29): Devdavs Ismailov UZB/2006 2.06; R.P.N.Pehesara Thenuja SRI/2006 2.01; Kim Hyeon-Sik KOR/2006 & Do Hoang Nghia VIE/2006 2.01;
 P V (27): Lian Chunxin CHN/2006 5.01 / AYB 2023; W.Thushan Malindaratna Silva SRI/2006 4.70/NYR; Maxim Balabin KAZ/2006 4.65;
 L J (30): Zhang Shengming CHN/2006 7.64w/+2.3 (& 7.62/+0.3 / AYB 2023); Li Chengliang CHN/2006 7.61/+1.1; Abdullah Al-Azemi KUW/2006 7.42/-1.7;
 T J (28): Zhang Huayong CHN/2006 15.67/+0.2 / CR / Asian Junior & Youth 2023 Best; Kim Eun-Kyo KOR/2006 15.08/+1.2; Gan Ziyi CHN/2007 15.05/ 0.0;
 S P / 5 kg (27): Park Si-Hoon KOR/2007 20.11 / CR & AYB 2023 & NYR; Abduazim Rakhmatulloyev UZB/2007 17.47; Abdulrahman Al-Qahtani KUW/2007 17.42;
 D T / 1.5 kg (30): Choi Jae-No KOR/2006 54.59; Ritik IND/2006 54.03; Abduazim Rakhmatulloyev UZB/2007 54.00;
 H T / 5 kg (29): Mahdi Haftcheshmeh IRI/2006 68.64 / AYB 2023 & NYR; Ali Al-Naser KUW/2006 67.66; Narpat Singh IND/2006 67.26;
 J T / 700 g (28): Chiu Shao-En TPE/2007 68.51; Arjun IND/2006 66.99; Nurdaulet Maman KAZ/2006 65.71/NYR; 4. Redwan Ahmed Hussein Ali Munassar YEM/2006 62.91/NYR;
 Decathlon / Youth (27/28): Ivan Sening KAZ/2006 6590 / AYB 2023 & NYR; Sina Afshinfar IRI/2006 6317; Lucas Fun Le Cong SGP/2006 6277/NYR;
 10000 m Walk (28): Feng Kai CHN/2006 42:33.10 / CR / Asian Junior & Youth 2023 Best; Li Yapeng CHN/2006 43:03.00; Babendra Singh IND/2006 43:16.95;
 Medley R (30): THA 1:52.59 / CR / World Youth 2023 Leader & 3rd ASIA Youth All-Time & NYR (C.Pruksorranan, W.Daenkanob, N.Sookkasem, S.Nuansri); IND 1:52.96/NYR (Abhay Singh, M.R.Basha, S.Megavarnam, Navpreet Singh); CHN 1:53.40 (Yue Haotian, Wu Haolin, Meng Desheng, Wang Zilian); ...5. HKG 1:55.60/NYR (Kwok Chun Ting, J.Chan Ting Fung, W.Leung Ching Hang, Kwan Yik Yin); KOR 1:55.81/NYR (Kwak Ui-Chan, Kim Don-Jin, Yang Seung-Woo, Na Hyeon-Ku);

Youth Girls:

100 m (28)/+0.9: Layla Kamal BRN/2006 11.77 / AYB 2023; Abinaya Rajarajan IND/2006 11.82; Li Tsz To HKG/2006 11.84/NYR;
 semis (28) 6s2/+0.1: Ahnaa Nizaar MDV/2007 12.50/NYR;
 200 m (30)/+0.4: Li Tsz Ho HKG/2006 24.27/NYR; Rezoana Mallick Heena IND/2007 24.38; Layla Kamal BRN/2006 24.48;
 heats (29): 6h3/+1.5: Subedi Reshma NEP/2006 26.91/NYR;
 400 m (28): Rezoana Mallick Heena IND/2006 52.98 / CR & World Youth & Asian Junior & Youth 2023 Best & NYR; Sofya Kidenko KAZ/2007 55.74; Jane Ming Suet Karlsson HKG/2007 55.82;
 heats (27) 2h1: Jane Ming Suet Karlsson HKG/2007 55.68/NYR; 6h1: Zinah Ahmed Subhi Al-Taie IRQ/2006 61.62/NYR;
 800 m (29): Li Yaxuan CHN/2006 2:10.47; Chen Jie-An TPE/2007 2:12.59; M.K.Nirmali Wickramasinghe SRI/2006 2:17.04;
 1500 m (27): Nguyen Khanh Linh VIE/2006 4:35.15/NYR; Aiana Bolatbek kyzy KAZ/2006 4:36.75; Maftuna Akhmedova UZB/2007 4:39.57;
 3000 m (29): Vanshika IND/2007 10:15.16; Anju Bala IND/2006 10:22.86; Bogdana Grigoryeva KAZ/2007 10:29.19;

2000 m St (30): Mukhayyo Mukhammadjonova UZB/2006 7:10.45; Chu Chien-Yu TPE/2007 7:16.54; Amirkhon Nigori TJK/2007 7:17.42/NYR;

100 m H / 76.2 cm (28)/+0.9: Wu Binbin CHN/2006 **13.20 / CR & Asian Youth Record & AYB 2023 & NYR**; Chloe Pak Hoi Man HKG/2006 13.60/NYR; Yu Pui Yi HKG/2007 14.49;

400 m H (29): Anastasiya Koloda KAZ/2006 60.63; Yekaterina Koloda KAZ/2006 62.57 (= Gold & Silver medal for twins !!); Sabrina Goyibnazarova UZB/2006 64.06;

H J (28): Pooja IND/2007 1.77; Arina Malyugina KAZ/2007 1.75; Emiliya Rudina UZB/2006 1.69;

P V (30): Zhang Zixuan CHN/2006 3.80; Elmira Kabirova KAZ/2006 3.70; Riza Mukametkali KAZ/2006 3.60;

L J (27): Wu Binbin CHN/2006 **6.41/+0.6 / CR & AYB 2023**; Sharifa Davronova UZB/2006 6.22/-0.8; Mubassina Mohammed IND/2006 5.90/-0.3;

T J (29): Sharifa Davronova UZB/2006 **13.99/+0.3 / CR & Asian 2023 Leader (Senior, Junior & Youth !)**; Wu Jialing CHN/2006 12.70/+1.3; Elizaveta Yakimenko KAZ/2006 12.06/+1.5;

S P / 3 kg (30): Tian Xinyi CHN/2006 **18.56 / CR & World & Asian Youth 2023 Leader**; Xu Mengshu CHN/2006 16.57; Valliyot Sasi Anupriya IND/2006 16.37/NYR;

D T (28): Su Yixin CHN/2007 **50.69 / CR**; Maxliyo Maxmudova UZB/2006 35.17; Shahzoda Shozodova UZB/2007 32.44;

H T / 3 kg (27): Zhang Jiale/2006 **66.81 / AYB 2023**; Zahra Memari IRI/2006 54.18; Masoumeh Yousefishorehgo IRI/2007 53.58;

J T / 500 g (29): Fang Yuling CHN/2007 51.23; Yoon Eun-Hwan KOR/2006 49.01; Cyrene Hui HKG/2007 47.86/NYR;

Heptathlon / Youth (29/30): Irina Konichsheva KAZ/2007 **5154 / AYB 2023**; Mohur Mukherjee IND/2006 4862; Anna Chikalova UZB/2006 4739;

5000 m Walk (27): Yang Xizhen CHN/2006 **22:32.61 / CR / World Youth 2023 & Asian 2023 Leader (Senior, Junior & Youth)**; however, she did much faster 21:05 as ASIA Record at 5 km Road Walk earlier this month at Taicang/ 8 Apr; Liu Biling CHN/2006 22:56.30; Aarti IND/2006 24:29.14;

Medley R (30): IND **2:11.21 / World & Asian Youth 2023 Leader** (M.Mukherjee, A.Ratarajan, S.Anluwalia, R.Mallick Heena); KAZ 2:12.39 (A.Volodkina, M.Shuvalova, M.Zubareva, S.Kidenko); HKG 2:12.76/NYR (Wong Wan Chi, Li Tsz To, Chow Chi Kil, J.Ming Suet Karlsson);...5. KOR 2:16.18/NYR (Park Ji-Young, Lee Eun-Bin, Choi Ji-Seon, Son Han-Song);

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QATAR

4th West Asian Championships at Doha / 26. - 29.04.2023

(-courtesy of the QAT Athletics Federation - website -)

following are selected best performances from these Regional Champs with participants from 12 countries with thanks to Mr Mohammed Abdulwahab for his translations of the information in ARAB figures /

new Championships Records (= CR) were achieved in 10 events (incl. the Mixed Relay, which was held for the first time); new Asian 2023 Best Performances (= AL 2023 in 3 events) and several new National Records (= NR) are included to the following results (at least for all medallists plus addit. best performances) as well / three events for Women (3000 m St, Pole Vault & 5000 m Walk) were cancelled due to missing entries

Men:

100 m (26/+1.8): Femi Ogunode QAT 10.13; Abdullah Abkar Mohamed KSA 10.23; Tosin Ogunode QAT 10.31; Nasser Mohamed Abdo KSA 10.31; Hussein Ali Nahi Al-Khafaji IRQ 10.35; Barakat Mubarak Al-Harathi OMA 10.48;

heats (26) h1/+1.8: Femi Ogunode 10.22; Al-Khafaji 10.37; Abdo 10.47; Ali Anwar Al-Baloushi OMA 10.50; Bilal Thiab JOR 10.67; Tamer Saleh LBN 10.81; Mishaal Al-Mutairi KUW 10.87; h2/+1.5: Tosin Ogunode 10.45; Al-Harthi 10.46; Saif Raad Abd.Al-Rammahi IRQ 10.49; Mohamed 10.49; Nouredine Hadid KVN 10.53;

200 m (29)/-0.6: Femi Ogunode QAT 20.70; Abdulaziz Abdou Atafi KSA 20.98; Nouredine Hadid LBN 21.18; Taha Hussein Yaseen IRQ 21.20; Mohamed Obaid Al-Saadi OMA 21.39; Mahmoud Hafidh Ibrahim KSA 21.40; Khaled Saleh Al-Ghailani OMA 21.42; Bilal Thiab JOR 21.84;

heats (29) h1/+0.9: Yaseen 21.16; Atafi 21.21; Femi Ogunode 21.22; Al-Ghailani 21.34; Thiab 21.88; h2/+0.5: Ibrahim 21.47; Al-Saadi 21.64; Hadid 21.68;

400 m (27): Ammar Ismail Yahya Ibrahim QAT 46.23; Ashraf Hussein Osman QAT 47.33; Yasir Ali Mohamed IRQ 47.35; Taha Hussein Yaseen IRQ 47.41; Anbar Jamaan Al-Zahrani KSA 48.01;

800 m (27): Abdullah Al-Yaari YEM 1:49.64; Hussein Mohsen Al-Farsi OMA 1:50.14; Mubarak Rabi Mohamoud QAT 1:50.62; Majed Mohamed Al-Jahdhami OMA 1:50.66; Abdirahman Saeed Hassan QAT 1:51.39; Nouredine Adel Merzeh IRQ 1:52.26; Mubarak Al-Yafei YEM 1:52.41; Awwad Al-Sharafat JOR 1:52.95; Abdulaziz Khafif KUW 1:53.38; Abdulrahman Al-Qattan KUW 1:53.49;

1500 m (29): Abdirahman Saeed Hassan QAT 3:42.79; Adam Ali Musaab QAT 3:43.65; Fayez Abdullah Al-Subaie KSA 3:44.63; Hussein Mohsen Al-Farsi OMA **3:46.88/NR**; Mohamed Abdullah Mahal IRQ 3:48.26; Awwad Al-Sharafat JOR 3:50.01;

5000 m (29): Dawit Fikadu BRN 13:51.46; Yasser Salem Bagharab QAT 14:16.47; Abdulghani Mohamed Hamid BRN 14:16.83; Wissam Nasser Al-Farisi KSA 14:16.85; Youssef Mohamed Asiri KSA 14:17.01;

10000 m (27): Dawit Fikadu BRN 29:08.75; Tariq Ahmed Al-Amri KSA 29:34.74; Abdulghani Mohamed Hamid BRN 30:10.53; Youssef Mohamed Asiri KSA 30:29.76;

3000 m St (26): Yasser Salem Bagharab QAT **8:33.63 / AL 2023**; Adam Ali Musaab QAT 8:34.25; Mohamed Abdullah Mahal IRQ **8:35.85/NR**; Wissam Nasser Al-Farisi KSA 8:40.79; Fahad Ghazi Marzouk Al-Salem KUW 9:16.20; Abdelqader Al-Wani YEM 9:28.18; Khaled Al-Badwawi UAE 9:40.58;

110 m H (26)/+1.5: Yacoub Mohamed Al-Yoha KUW **13.67 / CR**; Saleh Nasser Kadhimi IRQ 14.25; Omar Daoudi Abakar QAT 14.27; Nayef Mubarak Khasif QAT 14.49 – only 4 competitors-;

400 m H (28): Ismail Daoudi Abakar QAT **49.94 / CR**; Bassem Mohamed Awad Hemeida QAT 50.51; Marc Anthony Ibrahim LBN 51.19; Jassem Waleed Al-Mass KUW 51.64; Mohamed Al-Muawwy KSA 51.80; Ahmed Jamal Jumaa IRQ 52.77; Zain Ismail SYR 53.76;

heats (28): Ibrahim 51.96; Jumaa 52.17; Hemeida 53.58; Mohamed Abdullah Al-Amrad KSA 53.81; h2: Al-Muawwy 51.82; Abakar 53.53; Ismail 54.63;

H J (26): Mutaz Essa Barshim QAT 2.20; Fathi Abdulghafoor Jaayoub OMA 2.05; Hussein Falah Al-Ibrahimi IRQ 2.05;

P V (28): Seifeldin Abdelsalam Hemeida QAT/2005 **5.20 / CR**; Amir Faleh Abdulwahid IRQ 4.90; Amir Subeih Seihoud IRQ 4.80; Mohamed Salman Al-Shaayir QAT/2005 4.60; Ali Makki Al-Sabagha KUW 4.60; Majed Radhi Mubarak Al-Sayed KUW 4.30;

L J (27): Salem Saleh Al-Yarubi OMA 7.54/+0.8; Salem Al-Baloushi UAE 6.92/+1.8; Sultan Al-Rayes KUW 6.83/+1.6;

T J (29): Salem Saleh Al-Yarubi OMA 15.55/-1.9; Talal Salem KUW 14.27/-1.4; Salem Al-Baloushi UAE 13.56/+1.9 – only 3 competitors -;

S P (27): Abdelrahman Mahmoud BRN **20.65 / CR**; Mohamed Baqir Ahmed Al-Hamidawi IRQ 17.55; Jibreen Adoum Ahmed QAT/2005 **17.55 / Asian 2023 Junior Leader**; Musab Al-Momani JOR 16.43; Ibrahim Juma Al-Fadli KUW 16.36; Hamza Souissi QAT 16.34;

D T (28): Mouad Mohamed Ibrahim QAT 61.30; Essa Mohamed Al-Zankawi KUW 59.66; Musab Al-Momani JOR 52.44; Abdullah Mohamed Al-Zankawi KUW 52.30; Mohamed Baqir Ahmed Al-Hamidawi IRQ 51.53;

H T (29): Ahmed Amgad Al-Saifi QAT 67.87; Ali Mohamed Al-Zankawi KUW 66.61; Khalil Bedoui QAT 62.28; Rashid Ibrahim Mubeen Al-Kindi OMA 58.37; Hussein Thamer Abdelwahed IRQ 56.71;

J T (26): Karar Raid Mehdi IRQ 67.26; Abdulrahman Al-Azmi KUW 66.23; Nabil Al-Akoui LBN 59.23 – only 3 competitors-;

Decathlon (26/27): Abdul Sajjad Saadoun Nasser IRQ 6810 (11.95/+1.7; 7.09/nwi; 11.74; 1.90; 50.83 / 15.47/+1.5; 34.27; 4.00; 41.21; 4:19.98); Abdullah Al-Amir KUW 5810; Ahmed Basou SYR 5267; 10000 m Walk (26): Hamad Al-Shaali Hassan Al-Nuaimi UAE 48:30.49; Mabrouk Saleh QAT 49:09.64; Abboud Gouda JOR 50:54.86; Ayman Suleiman Al-Hachemi OMA 55:41.27; 4x100 R (29): OMA (B.M.Al-Harhi, A.A.Al-Baloushi, R.H.Al-Asimi, M.O.Al-Saadi) **39.43 / CR & AL 2023;** KSA (M.H.Ibrahim, S.Khalidi, M.D.Abdullah, A.A.Ataifi) 39.86; QAT (T.Ogunode, A.M.Zakaria, A.M. Al-Mohamed, F.Ogunode) 40.17; IRQ (A.Y.Hussain, H.A.N.Al-Khafaji, S.N.Kadhim, S.R.A.Al-Rammahi) 41.03; 4x400 R (29): QAT (A.H.Othman, A.I.Y.Ibrahim, I.D.Abakar, B.M.A.Hemeida) **3:05.19 / CR & AL 2023;** IRQ (Y.A.Al-Mohamed, N.A.Merzeh, M.A.Chunchun, T.H.Yaseen) 3:07.53; LBN (N.Hadid, M.A.Ibrahim, T.Saleh, M.Mortada) **3:13.50/NR;**

Women:

100 m (26)/hand-timed/nwi: Madhawi Saad Al-Shammari KUW 11.3; Aziza Sbeity LBN 11.6; Mazoon Khalfan Al-Alaoui OMA 11.8; Rokia Jamal Saad IRQ 12.3; 200 m (29)/-0.9: Aziza Sbeity LBN 24.12; Madhawi Saad Al-Shammari KUW 24.55; Rokia Jamil Saad IRQ 26.03; Lujain Al-Humaid KSA **27.00/NR;** 400 m (27): Saja Issa Saadoun QAT/2004 **59.65/NR & NJR;** Maria Nohra LBN 59.79; Lynn Ghazaoui LBN 60.57; Sarah Abdel Karim KSA **62.52/NR;** 800 m (27): Marta Hirpato BRN 2:07.09; Tigist Mekonnen BRN 2:08.40; Amal Al-Roumi KUW 2:14.39; ...7. Haneen Yaqoub PLE **2:27.46/NR;** 1500 m (29): Marta Hirpato BRN 4:24.82; Tigist Mekonnen BRN 4:26.45; Joan Makary LBN 4:41.00; Amal Al-Roumi KUW 4:41.26; 5000 m (28): Bontu Edao Rebitu BRN **16:01.80 / CR;** Loaa Zaarour LBN 19:46.31; Mozah Al-Ghafli UAE 20:26.40 – only 3 competitors-; 10000 m (26): Bontu Edao Rebitu BRN 34:43.84; Diana Karim Said IRQ 44:46.27 (!) - only 2 competitors-; 100 m H (26)/+1.8: Mazoon Khalfan Al-Alaoui OMA 14.35; Kurdistan Ba mo Jamal IRQ **14.38/NR;** Delsoz Obaid Najm IRQ 14.63; Alyasar Yousif SYR 15.63; 400 H (28): Kurdistan Ba mo Jamal IRQ 64.87; Saja Issa Saadoun QAT/2004 **67.09/NR & NJR;** Muhra Taklia UAE **67.51/NR;** H J (28): Mariam Abdelhamid Abdelilah IRQ 1.73; Maysaa Mouawad LBN 1.70; Dalal Marzouk KUW **1.55/NR;** L J (27): Fatima Mubarak Issa BRN **5.89/+0.9 / CR & NR;** Krystel Saneh LBN 5.47/+0.6; Mariam Abdelhamid Abdelilah IRQ 5.43/+0.4; Aisha Waleed Al-Khuder KUW **5.35/+1.1 / NR;** T J (26)/nwi: Bashair Obaid Al-Manwari QAT **11.62/NR;** Krystel Saneh LBN 11.44; Nowruz Ahmad Qadir IRQ 11.23; S P (26): Noora Salem Jassem BRN 15.05; Fatima Al-Hosani UAE 11.91; Sheikha Al-Qattan KUW 11.39; D T (29): Adhraa Nabil Jalil IRQ 40.50; Aisha Waleed Al-Khedr KUW **39.32/NR;** Fatima Al-Hosani UAE 39.29; H T (27): Marwa Qais Marhoun IRQ **47.95 / CR & NR;** Dhaha Hamed Al-Shinawi OMA 46.01; Mariem Youssef LBN 40.93; Fajr Mandani KUW **40.81/NR;** J T (28): Asia Aziz Qadir IRQ **40.88/NR;** Salsabeel Al-Sayyar KUW **35.45/NR;** Ranna Bakkar JOR 32.31 -only 3 competitors-; Heptathlon (28/29): Baneen Ahmad Abdelwahab IRQ 3641 (18.14/+1.6; 1.49; 10.40; 28.37/+0.9 / 4.53/nwi; 30.25; 2:48.25); Salsabeel Al-Sayyar KUW 3308; Samar Reda Mansouri QAT 1752 – only 3 competitors-; 4x100 R (29): LBN (H.Kobrosly, M.Mouawad, K.Saneh, A.Sbeity) **47.32/NR;** IRQ (D.Bakhtiar, D.O.Najm, K.B.M.Jamal, R.J.Saad) 49.23; KUW (M.S.Al-Shammari, A.Al-Khedr, S.Al-Qatan, S.Al-Sayyar) 49.92; KSA (Y.Abu Al-Jadayel, L.Al-Humaid, M.Al-Turki, R.H.Abou Arish) **51.99/NR;** 4x400 R (29): LBN (M.Nohra, J.Makary, L.Dib, L.Ghazaoui) 4:15.01; QAT (S.R.Mansouri, S.I.Saadoun, B.O. Al-Manwari, L.T.Ibrahim) **4:24.17/NR;** KUW (A.Al-Roumi, F.Al-Hasaoui, B.Al-Mayas, S.Al-Rumyan) 4:27.38;

Mixed Relays:

4x400 R (26): KUW (J.W.Al-Mas, M.F.Jaber, A. Al-Roumi, M.S.Al-Shammari) **3:32.44 / CR & NR;**
LBN (M.Mortada, M.A.Ibrahim, A.Sbeity, M.Nohra) **3:32.60/NR;** IRQ (M.A.Chunchun, M.B.Iyad,
K.Y.Jamal, R.J.Saad) **3:37.40/NR;** QAT (H.I.Issaka, S.I.Saadoun, B.O.Al-Manwari, A.E.Ebed) **3:39.09/NR;**
UAE (M.Taklia, S.Abdullah, F.Al-Baloushi, M.Abdullah) **3:52.51/NR;** JOR (H.Hammoud, B.Thiab,
Y.Al-Khatib, A.Al-Sharafat) **4:00.52/NR;**

Medal Tally:

QAT	13 + 8 + 7 =	28
BRN	9 + 2 + 2 =	13
IRQ	8 + 7 + 9 =	24
OMA	4 + 3 + 1 =	8
KUW	3 + 9 + 6 =	18
LBN	3 + 7 + 7 =	17
UAE	1 + 2 + 4 =	7
YEM	1 + 0 + 0 =	1
KSA	0 + 4 + 1 =	5
JOR	0 + 0 + 3 =	3
SYR	0 + 0 + 1 =	1
PLE		0

SINGAPORE

International Open Championships / 26. - 28.04.2023

(-courtesy of Mr Sha, Singapore Athletics Federation -)

this competition was organised with participation of athletes from 7 countries and the best SGP-athletes / following are the best performances plus addit. National records from the 1st day / a strong team of Malaysian athletes won 13 Gold medals (+ 8 Silver & 3 Bronze) followed by athletes from Singapore (7 + 7 + 6) and from Chinese Taipei (6 + 3 + 0)

Men:

100 m (28)/-0.2: Lin Yu-Hsien TPE 10.41; Marc Brian Louis SGP 10.44; Leonard King AUS 10.67; Muh.Zulfiqar Ismail MAS 10.68; Mitchell O'Neill AUS 10.76; Joshua Chua Hanwei SGP 10.88;
semis (28) s1/+0.1: Louis SGP 10.58; King AUS 10.64; Mark Lee Ren SGP/2004 10.76; Chua SGP 10.79; Xander Ho Ann Heng SGP 10.82; Pengiran Aidil Hajam Roslie MAS/2005 10.83; s2/-1.3: Lin Yu-Hsien TPE 10.58; O'Neill AUS 10.70; Ismail MAS 10.71;
heats (28) h1/+0.1: Louis SGP 10.50; Biwesa Kashama KOR 10.76; Lee Ran SGP/2004 10.77;
h2/-0.1: Lin Yu-Hsien TPE 10.55; King AUS 10.72; O'Neill AUS 10.80; Ho Ann Heng SGP 10.89;
h3/+0.1: Roslie MAS/2005 10.87; h4/+0.1: Ismail MAS 10.83; Ian Koe SGP 10.88;
200 m (26)/+01: Mitchell O'Neill AUS 20.95; Reuben Lee Siong En SGP 21.16; Pengiran Aidil Hajam Roslie MAS/2005 21.36; Leonard King AUS 21.50; Mark Lee Ren SGP/2004 21.77; Hamish Lindstrom AUS 21.98;
heats (26) h1/+0.1: Russel Alex Nasir Taib MAS 21.27 (dnf in final); Roslie MAS/2005 21.71;
h2/+0.1: Lee Siong En SGP 21.58; Lindstrom AUS 21.93; h3/+0.1: O'Neill AUS 21.26; King AUS 21.65; Lee Ren SGP/2004 21.69;

400 m (27): Calvin Quek Jun Jie SGP 47.43; Joyme Sequita PHI 47.73; Thiruben Thana Rajan SGP 47.74; Methawi Kanhaudom THA 47.88; Abdul Wafiy Roslan MAS 48.37; Jirateep Bunde THA 48.67; Muh. Firdaus Zemi MAS 48.99;
 heats (27) h1: Thana Rajan SGP 47.29 / 3rd SGP All-Time; Sequita PHI 47.95; Bunde THA 48.67; h2: Michael Del Prado PHI 47.21 (dns in final); Kanhaudom THA 47.82; Tharshan Shanmugam MAS 48.60; h3: Quek Jun Jie SGP 48.04; Roslan MAS 48.39; Zemi MAS 48.46;
 800 m (28): Wan Muh.Wan Zahari MAS 1:57.39;
 heats (26) h1: Maheswary Sunmugom MAS 1:54.51 (dns in final); h2: Wan Zahari MAS 1:57.46;
 1500 m (27): Prabudas Krishnan MAS 3:59.85;
 5000 m (26): Poovasanthan Subramaniam MAS 15:05.54; Md Ikbolasen Kamal Hussein MAS 15:07.22; Darren Rodney James Nair MAS 15:17.93;
 110 m H (26)/ 0.0: Ang Chen Xiang SGP **13.89/NR**; Clinton K.Baztista PHI 14.16; Kim Dae-Hee KOR 14.53; Alvin Vergel PHI 14.62; Kongkhan Kheuabmavong LAO 14.67; Ian Benedict Gawok MAS 14.72;
 400 m H (28): Calvin Quek Jun Jie SGP 52.82; Roslem Zikry Roseli MAS 54.61;
 H J (27): Moh.Eizlan Dahalan MAS 2.09; Farrell Glenn Felix Jurus MAS 2.09; Brandon Heng Fu Hong SGP 2.09;
 P V (28): Huang Cheng-Chieh TPE 5.10; Lin Chih-Cheng TPE 5.00; Low Jun Yu SGP 5.00; Dewey Ng SGP 4.50;
 L J (26): Lin Chia-Hsing TPE 7.66/ 0.0; John Mike Lera PHI 7.48/ 0.0; Xaidavanh Vongsavanh LAO **7.41/ 0.0/NR**; Muhamad Shahrizal Nasharuddin Isham MAS 7.14/ 0.0;
 T J (27): Brandon Ting Li King MAS 15.03/ 0.0; Andre Anura Anuar MAS 14.93/ 0.0; Gabriel Lee Jing Yi SGP 14.88/ 0.0;
 S P (26): Chen Yi-Chu TPE 16.87; Jonah Chang Anak Rigan MAS 16.50; Jang Jung-Hyuk KOR 16.40; Boonlap Eakkarin THA/2004 15.56;
 D T (27): Huang Nuo-Ya TPE 44.95; Eric Yee Chun Wai SGP 44.90;
 J T (26): John Crandell AUS 61.56; Janduan Kittipong THA/2005 58.59;
 10000 m Walk (27): Sriven Tan MAS/2005 50:45.43;
 4x100 R (28): AUS (L.King, H.Lindstrom, D.Mould, E.Hall) 41.46;
 4x400 R (28): MAS (A.W.Roslan, R.Z.Roseli, M.F.Zemi, U.Osman) 3:14.46; THA (M.Kanhaudom, O.J. Obioma, J.Bunde, C.Phretewek) 3:14.84;

Women:

100 m (28)/+0.1: Veronica Shanti Pereira SGP 11.43 / her 2nd fastest time ever (NR = 11.37 four weeks ago in AUS); Hu Chia-Chen TPE 11.63; Elizabeth-Ann Tan Shee Ru SGP 11.91; Nur Aishah Rofina Aling MAS 12.09; Petraksa Sukanda THA 12.21; Nur Afrina Mohamad Rizal MAS/2004 12.22; Sanmano Manatsada THA/2004 12.22; Komalam Shally Selvaratnam MAS 12.28;
 heats (28) h1/ 0.0: Pereira SGP 11.57; Sukanda THA 12.20; h2/ 0.0: Hu Chia-Chen TPE 11.57; Rizal MAS/2004 12.28; h3/-0.1: Tan Shee Ru SGP 12.04; Aling MAS 12.15; Khanonta Jirapat THA/2005 12.26;
 200 m (26)/+0.6: Veronica Shanti Pereira SGP 23.15 / her 2nd fastest time ever (NR = 22.89 two weeks ago in AUS); Elizabeth Ann Tan Shee Ru SGP 24.41; Srathienthong Suwimol THA/2005 25.08; Komalam Shally Selvaratnam MAS 25.18;
 heats (26) h1/ 0.0: Selvaratnam MAS 25.27; h2/ 0.0: Pereira SGP 24.64; Tan Shee Ru SGP 24.84;
 400 m (27): Chelsea Evali Bopulas MAS 55.19; Nurul Aliah Nor Azmi MAS/2004 56.60; Zaimah Zainuddin MAS 56.91; Nurul Faizah Mazlan MAS 57.04;
 800 m (26): Savinder Kaur Joginder Singh MAS 2:11.53; Hizillawanty Jamain MAS 2:16.33;
 1500 m (27): Savinder Kaur Joginder Singh MAS 4:34.89; Nam Bo-Ha-Na KOR 4:35.24; Lodkeo Inthakoumman LAO 4:41.65;
 5000 m (26): Lodkeo Inthakoumman LAO **17:42.47/NR**; Kim Yeon-Ah KOR 17:52.24;
 10000 m (27): Lodkeo Inthakoumman LAO **37:24.85/NR**;

100 m H (26)/+0.4: Chang Po-Ya TPE 13.85; Lin Hsiao-Hui TPE 14.64; Kerstin Ong Jing Rong SGP 14.79; Emma Hill Yu Wei Ling MAS/2004 14.89; Farah Syahira Azig Safarin MAS/2008 15.03; Juriani Mat Rodzi MAS 15.07;
 400 m H (28): Mandy Goh Li MAS 62.41;
 H J (27): Michelle Sng Suat Li SGP 1.72; Yap Sean Yee MAS 1.68; Norliana Kamaruddin MAS 1.68;
 P V (28): Rachel Yang Bing Jie SGP 3.40; Esther Tay SGP 3.20; Cherlin Sia Jia Yi SGP 3.20;
 L J (26): Nurul Ashikin Abas MAS 5.88/ 0.0;
 T J (27): Nurul Ashikin Abas MAS 13.05w/+2.2 (& 12.48/+0.9); Zhong Chuhan SGP/2005 12.33/+1.9/NJR;
 4x100 R (28): MAS (Z.H.Zulkifli, A.N.Alias, N.A.R.Aling, NA.Zizal) 45.70; SGP (V.S.Pereira, E.A.Tan Shee Ru, R.Enriquez, K.Ong Jing Rong) 45.82; THA (K.Jirapat, S.Manatsada, P.Sukanda, S.Suwimol) 46.06;

Mixed Relays

4x100 R (27): LAO (K.Bounyaveun, S.Pha Aphay, K.Kheuabmavong, X.Vongsavanh) 45.02;

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(-courtesy of the HKAA - website -)

HKAA Athletics Championships / 29. - 30.04.2023

following are detailed results from these Open Champs with participation of few foreign athletes (from AUS, MAC, MAS and TPE) as noted

Men:

100 m (30)/+0.3: Lee Hong Kit 10.53; Diu Chun Hei 10.62; Ng Ka Fung 10.68; Shak Kam Ching 10.69; Muhammad Thaqif Hisham MAS 10.78; Ho Wai Lun 10.82;
 semis (29) s1/+2.1: Lee Hong Kit 10.28w; Thaqif Hisham MAS 10.46w; Magnus P.Johannsson/Youth 10.64w; Chung Tsz Sing/2005 10.70w; Lai Long Ting 10.79w; Tse Cheuk Hin 10.87w; s2/+2.3: Du Chun Hei 10.54w; Shak Kam Ching 10.57w; Wan Hin Chung 10.81w; s3/+2.8: Ng Ka Fung 10.57w; Ho Wai Lun 10.62w; Cheung Ho Hin 10.67w; Chau Long Yat/jr 10.79w; So Yin Ken 10.82w;
 heats (29) h1/+1.4: Shak Kam Ching 10.80; Cheung Ho Hin 10.87; h2/+1.1: Ng Ka Fung 10.77; Chung Tsz Sing/2005 10.78; Mak Chun Ho 10.78; h3/+1.1: Lee Hong Kit 10.43; Thaqif Hisham MAS 10.69; Johannsson/Youth 10.72; Chau Long Yat/jr 10.86; h4/+0.7: Chan Chun Ho 10.74; Ho Wai Lun 10.81; h5/+1.0: Diu Chun Hei 10.66;
 200 m (30)/+1.4: Chan Chun Ho 21.54; Chan Kin Wa MAC 21.63; Muh.Thaqif Hisham MAS 21.68; Magnus P.Johannsson/Youth 21.78; Lui Chu Lok 21.99;
 semis (29) s1/+0.5: Chan Chun Ho 21.58; Lai Long Ting 21.70; Lui Chu Lok 21.99; s2/+1.8: Johannsson/Youth 21.51; Thaqif Hisham MAS 21.87; Tang Yik Chun 21.98; s3/+1.5: Chan Kin Wa MAC 21.45/NR;
 heats (29) h1/+0.9: Johannsson/Youth 21.80; h3/+0.9: Chan Chun Ho 21.53; h4/+0.8: Shak Kam Ching 21.81; Lai Long Ting 21.85;
 800 m (30): Sean Fontaine Hsien-Ming USA/HKG 1:53.49; Mohammad Kamran Khan 1:54.21; Anas Ariffin MAS 1:55.68;
 5000 m (30): Tse Chun Yin 14:54.28; Hanniel Chow Hon Nip 15:06.48;
 110 m H (29)/+2.9: Addis Wong Lok Hei 13.67w; Mui Chung Yeung 13.69w; Cheung Wang Fung 13.80w; Lee Ka Yiu 13.86w; Fung Kin Hei 14.29w; Liu Hiu Long/jr 15.07w;
 heats (29) h1/+1.4: Mui Chung Yeung 13.81; Lee Ka Yiu 13.88; Cheung Wang Fung 13.96; Liu Hiu Long/jr 14.64; Elvin Yap Zhi Xian MAS/2004 14.72; h2/+0.8: Addis Wong Lok Hei 14.09; Cheung Siu Hang 14.63; Fung Kin Hei 14.69; Lui Chun Yan 15.29;

400 m H (30): Chen Chien-Jung TPE 50.50; Lin Chung-Wei TPE/2004 50.89 / Asian 2023 Junior Leader; Kwok Tsz Fung 54.01;
 heats (30) h1: Chen Chien-Jung TPE 51.74; h2: Lin Chung-Wei TPE/2004 52.22;
 L J (30): Ko Ho Long 8.01/+1.2 / 2nd HKG All-Time; Jalen Rucker AUS 7.94/+0.6; Lin Ming Fu/2004 7.83/+1.7 / Asian 2023 Junior Leader & NJR & 3rd HKG All-Time; Chan Ming Tai 7.79/+0.6; Chan Chun Hei 7.42/+0.7; Ma Ka Ho 7.41/+0.7; Law Ngai Him/jr 7.27/+0.6; Loi Hoi Lam 7.14/+1.6;
 T J (29): Wong Chun Wing 15.24/+1.8; Chan Chi Keung 14.59/+2.0;
 S P (29): Yang Po-En TPE 17.06; Sit Wai Lok 14.16;
 D T (29): Lai Chi Yam 45.91;
 H T (30): Lam Wai 52.51;
 J T (30): Ricky Hui Wai Hei 61.42; Kyle Lao Chi Lam 58.38;
 4x100 R (30)/no details: HKG Team 41.13;

Women:

100 m (30)/+2.4: Loi Im Lan MAC 11.70w; Kong Chun Ki 11.94w; Luo Tsz Yuen 11.99w; Leung Wing Hei 12.08w; Serena Tang Cheuk Man/jr 12.13w; Wong Tsz Shan 12.22w;
 semis (29) s1/+1.1: Loi Im Lan MAC 11.81; Luo Tsz Yuen 12.03; Wong Tsz Shan 12.17; s2/+2.5: Kong Chun Ki 11.80w; Chan Hiu Tung 12.14w; Eunice Lam Wing Tung 12.18w; Ho Chan Hung 12.23w;
 s3/+2.3: Leung Wing Hei 12.00w; Serena Tang Cheuk Man/jr 12.04w; Lee Hau Yi 12.24w;
 heats (29) h1/+1.2: Kong Chun Ki 11.96; Ho Chan Hung 12.20; h2/+1.2: Loi Im Lan MAC 11.92; Luo Tsz Yuen 12.05; h3/+1.0: Serena Tang Cheuk Man/jr 12.22; h4/+0.7: Leung Wing Hei 12.11; Wong Tsz Shan 12.20; h5/+0.4: Eunice Lam Wing Tung 12.24;
 200 m (30)/+3.0: Tang Pui Kwan 24.98w (& 25.20/-0.1 as 1h1 on 29th);
 5000 m (30): Vut Tsz Ying 18:25.15;
 10000 m (29): Vut Tsz Ying 38:25.51;
 3000 m St (30): Tsang Hiu Tung 11:39.07; Yiu ak Yuk 12:38.64;
 100 m H (29)/+1.2: Lui Lai Tiu 13.27; Shing Cho Yan 13.53; Ivy Liu Hoi Yan 14.02; Tang Hiu Ching 14.51; Wu Yi Lam 14.75; Kate Lo Wing Yee 14.88; Li Tsz Fai 15.22;
 heats (29) h1/+1.0: Lui Lai Tiu 13.29; Lau Tsz Yan 14.22 (dnf in final); Tang Hiu Ching 14.46;
 h2/+1.7: Shing Cho Yan 13.65; Ivy Liu Hoi Yan 14.38; Wu Yi Lam 14.81; Kate Lo Wing Yee 14.84;
 400 m H (30): Ashleigh Ma Ying Wen 61.99;
 H J (29): Priscilla Cheung Ching Laam 1.78; Chung Wai Yan 1.74; Wong Yuen Nam 1.70; Cheung Tsz Ting 1.70; Chan Wing Ka 1.65; Chow Kwan Wing 1.65; Tiffany Tang Yi Ching 1.65; Charlotte Lam 1.65;
 P V (30): Choi Sin Ting 3.05;
 L J (30): Annie Grace McGuire AUS 6.35w/+2.4 (& 6.16/+1.9); Yue Nga Yan 6.24/+2.0; Wong Pui Ling 5.85/+1.5; Shannon Vera Chan 5.68/+1.7; Yeung Wing 5.65/+1.7;
 T J (29): Shannon Vera Chan 12.78/+0.6;
 S P (29): Chien Chen-Hsin TPE 15.43; Wu Tzu-En TPE 15.26;
 H T (30): Yu Ya-Chien TPE 63.40; Tam Hiu Ki 49.40;
 J T (30): Li Hui-Jun TPE 50.93; Chiu Wai Yan 43.94; Gianne Mak Tsz Yan 40.95; Lau Kit Ying 40.19;
 4x100 R (30)/no details: HKG Team 47.64;

Youth Athletics Competition / 15. - 16.04.2023

this competition was organised for different categories (Juniors, Youth & Younger age-groups) / following are selected best performances

Junior Men / under 20 years:

100 m (15)/+1.2: Chen Cheung Hung 10.63; Chau Yat Long 10.73; Chung Tsz Sing 10.79;
 heats (15) h3/+0.4: Chen Cheung Hung 10.76; Chung Tsz Sing 10.88;
 200 m (16)/+2.6: Chung Tsz Sing 21.93w; Chan Yat Long 21.98w;

110 m H / 99 cm (16)/-1.4: Liu Hiu Long 14.25;

L J (15): Law Ngai Him 7.28/+0.8;

T J (16): Cheung Wing Lok 14.51/-0.3;

Youth Boys / under 18 years:

100 m (15)/+1.0: Chan Yat Lok/2007 10.52; Magnus P.Johannsson 10.80; Kwok Chun Ting/2007 10.85;

heats (15) h1/+2.0: Johannsson 10.87; h10/+0.4: Cha Yat Lok/2007 10.61; Kwok Chun Ting/2007 10.86;

200 m (16)/+2.2: Magnus P.Johannsson 21.54w; Wesley Leung Ching Hang/2007 21.68w;

heats (16) h1/ 0.0: Leung Ching Hang/2007 21.96; h2/+0.8: Johannsson 21.73;

110 m H / 91.4 cm (16)/+1.4: Ryan Har Yan Wan 14.66; Chau Ho Yin 14.82;

Junior Women / under 20 years:

100 m (15)/-0.4: Serena Tang Cheuk Man 12.16;

Youth Girls / under 18 years:

200 m (16)/+1.7: Nicole Yan Sin Ting/2007 24.67 (& 25.05/+1.5);

100 m H / 76.2 cm / heats (16) h2/+1.1: Yu Pui Yi/2007 14.66 (dns in final);

INDIA

21st Fed Cup Junior Champs at Trivandrum / 28 – 30.04.2023

(-courtesy of Mr Ram. Muralikrishnan -)

following are detailed results from these major National Champs for Juniors/U20 / all athletes born 2004 or later

Junior Men:

100 m (29)/-0.1: Dondapati Mruty Jayarai/2005 10.55; Vallipi ??/2005 10.79;

semis (29) s1/-0.7: Vallipi/2005 10.83; s3/-1.1: Jayarai/2005 10.86;

heats (28) h3/+0.2: Arijit Rana/2004 10.86; h5/+0.5: Jayarai/2005 10.72;

200 m (30)/+0.1: Aryan Jagdish Kadam/2004 21.49; Lakshay ??/2004 21.57; Mangal Kumar Yadav/2005 21.84; Brajesh Singh/2004 21.91;

heats (29) h3/ 0.0: C.H.Rihan/2005 21.69; h5/+1.0: Lakshay/2004 21.81; h7/+1.4: Brajesh Singh/2004 21.99;

400 m (29): C.H.Rihan/2005 47.86; Kapil Raika/2004 48.12; Huzaiifa Qaisar/2004 48.21; Deepak Singh/2005 48.58;

semis (28) s1: Raika/2004 47.99; Deepak/2005 48.47; s2: Jay Kumar/2006 47.96; s3: Rihan/2005 47.79; Qaisar/2004 48.21; Shailesh Parshuram/2004 48.68;

heats (28) h2; Rihan/2005 48.15; h3: Jay Kumar/2006 48.46; h5: Raika/2004 48.63;

800 m (30): Shakeel ??/2005 1:50.24; Shyam Milan Bind/2004 1:50.27; Ankit ??/2005 1:50.55; Abhishek Pal/2005 1:50.94; Mehedi Hassan/2004 1:51.17; Sunil Kumar/2005 1:52.69; Sunil Rajbhar/2004 1:54.12;

heats (29) h1: Bind/2004 1:53.22; Shakeel/2005 1:53.39; Ravi Kathana/2004 1:54.79; h2: Hassan/2004 1:52.09; Rajbhar/2004 1:52.15; Kumar/2005 1:52.18M Vinod Kumar Banoth/2005 1:53.27; h3: Pal/2005 1:51.49; Ankit/2005 1:51.57; Somnath Chauhan/2004 1:52.25;

1500 m (29): Mehedi Hassan/2004 3:49.73; Shailabh ??/2005 3:50.02; Sunil Rajbhar/2004 3:50.24; Ritik Deol/2005 3:50.78; Vikash ??/2004 3:53.09; Aarish ??/2004 3:54.79; Junaid Khan/2005 3:55.54; Ravi Khatana/2004 3:55.61; Rahul Yadav/2004 3:56.40;

heats (28) h1: Aarish/2004 3:54.42; Yadav/2004 3:54.58; Rajbhar/2004 3:54.73; Khan/2005 3:55.06; Khatana/2004 3:56.57; Gautam ??/2005 3:56.61; h2: Shailabh/2005 3:51.32; Hassan/2004 3:51.58;

Vikash/2004 3:52.39; Deol/2005 3:52.51;

3000 m (30): Deepak ??/2004 8:28.57; Sujit Tikode/2005 8:28.79; Vikas Kumar Bind/2006 **8:29.32 / Asian 2023 Youth Leader**; Shivaji Parashu Madappan/2004 8:29.67; Balaram Mandal/2006 8:29.82; Vinod Singh/2005 8:38.01; Pramod Kumar/2006 8:39.12;

5000 m (28): Sujit Tikode/2005 14:32.49; Shivaji Parashu Madappan/2004 14:32.79; Naresh Chopra/2004 14:33.13; Sagar ??/2005 14:41.55; Sawan ??/2004 14:54.01;

3000 m St (30): Sharuk Khan/2006 **9:05.42 / Asian 2023 Youth Leader**; Gaurav Yadav/2004 9:20.37; Vikas Kumar/2004 9:20.38; Ashish Pal/2004 9:21.41; Aarif ??/2005 9:29.81;

110 m H / 99 cm (29)/+0.4: Nayan Pradip Sarde/2005 14.18; Hariharan Kathiravan/2005 14.32; Rathish Pandidurai/2004 14.33; S.Shahul/2006 14.75; P.Surya/2006 14.82; Aman Patel/2004 14.87;

heats (29) h1/+0.5: Kathiravan/2005 14.36; Pandidurai/2004 14.66; Shahul/2006 14.74;

h3/+0.4: Sarde/2005 14.37;

400 m H (30): Gaurav ??/2004 52.46 (& 53.97 as 1h2); Rakshith Ravindra Naik/2004 52.51; Aryan Prajwal Kashyapa/2004 53.11; Murad Sirman/2005 53.14; Karthik Yarravarapu/2004 53.18; Devram Rathaya/2004 53.40;

H J (30): Aniket Mane/2004 2.10; Deepanshu ??/2004 2.06; Manjeet ??/2004 2.03; Aryan Arun Patil/2004 2.03;

P V (29): Dev Meena/2005 5.00; Kuldeep Kumar/2005 & Banti Rajesh Nath/2005 4.60; Anshu Patel/2005 4.60; Ankit Kumar Yadav/2004 4.50;

L J (29)/nwi (all jumps shown as 0.0 m/sec): Rajat ??/2004 7.49; Mandeep Singh/2005 7.41; Mohd Atta Sazid/2006 7.39; Sharon Jestus/2004 7.25; Aryan Choudhary/2004 7.25; Laxmikant Singh/2005 7.24;

qualification (28): Rajat/2004 7.35/+1.4; Mandeep/2005 7.30/ 0.0; K.Balajeeva/2005 7.30/ 0.0;

Choudhary/2004 7.27/+0.1; Sazid/2006 7.20/ 0.0; Mahesh Satish Jadhav/2005 7.19/ 0.0;

T J (30)/nwi (all jumps shown as 9.0 m/sec): Sukhpreet Singh/2004 **15.76 / Asian 2023 Junior Leader**;

Sharon Jestus/2004 14.98; Pradeep Kumar 14.94; S.Ravi Prakash/2005 14.93;

S P / 6 kg (28): Siddharth Choudhary/2005 **19.11 / Asian 2023 Junior Leader**; Jaidev Dikka/2004 18.20;

Devendra Kumar Pandey/2004 17.30; S.Ebenezer/2004 16.57;

D T / 1.75 kg (29): Bhartpreet Singh/2004 **56.18 / Asian 2023 Junior Leader**; Atul ??/2005 52.84; Rishabh ??/2004 50.82; Arun Singh/2004 50.27;

H T / 6 kg (30): Harshit Kumar/2005 62.03; Mohammed Nadeem/2004 61.56;

J T (30): Shivam Lohakare/2004 73.82; Mohit Chaudhary/2005 66.95; Anand Singh/2004 66.68; Rohan Yadav/2006 65.95; Narayan Singh/2004 65.77; Shashank Patil/2004 64.59;

qualification (29): Lohakare/2004 72.34; Patil/2004 67.84; Anand/2004 66.38; Yadav/2006 65.81;

Narayan/2004 65.38; Prasanta Goswami/2004 64.69; Gaurav Kumar/63.71;

Decathlon (28/29): Sunil Kumar/2004 **6855 / Asian 2023 Junior Leader**; (11.54; 7.04; 11.88; 1.88; 50.30 / 15.24; 34.94; 3.80; 49.64; 4:42.66); Abhijit Bhosale/2004 6170; Sabhavath Yugendar/2004 6097;

10000 m Walk (29): Bilin George Anto/2004 44:27.86; Aditya Negi/2004 44:57.97; Rohitkumar Yadav/2004 45:16.31; Rohit ??/2005 45:48.82; Babubhai Barjod/2004 46:30.29; Dattaram Dalvi/2004 46:36.38;

Sandeep ??/2004 48:51.15; Harsh ??/2005 49:20.22;

Junior Women:

100 m (29)/-0.1: S.Akshaya/2004 12.05; Nayana Kokare/2004 12.09; Tamanna ??/2004 12.15; Ruthika Saravanan/2005 12.22;

heats (28) h2/+1.2: Akshaya/2004 12.13; Kokare/2004 12.16; h3/+0.6: Tamanna/2004 12.16;

200 m (30): Nayana Kokare/2004 24.28; Unnathi Aiyappa Bollanda/2005 24.47; S.Akshaya/2004 24.62;

Khushi Sadana Umesh/2006 24.73; Ruthika Saravanan/2005 25.19;

semis (30) s1/+0.5: Kokare/2004 24.56; s2/+1.7: Bollanda/2005 24.92; Akshaya/2004 25.07;

heats (29) h2/+0.4: Saravanan/2005 25.01; h3/-0.3: Umesh/2006 25.15; h4/-0.2: Bollanda/2005 24.99;

Akshaya/2004 25.09;

400 m (29): Anushka Dattatray Kumbhar/2005 55.67; M.Kanista Teena/2005 55.89; Khushi Sadana Umesh/2006 56.30; Riya Nitin Patil/2004 56.79; Sharika Sunilkumar/2006 57.85;

heats (28): Patil/2004 56.53; P.R.Neeharika/2004 57.80; h2: Kumbhar/2005 55.49; Teena/2005 56.84;

Umesh/2006 57.32;

800 m (30): Ashakiran Barla/2006 2:07.51; Laxita Vinod Sandilea/2005 2:09.00; Huidrom Bhumeshwory/2004 2:11.08; Vineeta Gurjar/2005 2:12.64; Ruhi Bohra/2004 2:12.73; heats (29) h2: Barla/2006 2:08.38; Bhumeshwory/2004 2:13.13; Gurjar/2005 2:14.10; Laxmipriya Kisan/2005 2:14.97;

1500 m (28): Laxita Vinod Sandilea/2005 4:26.48; Ruhi Bohra/2004 4:27.26; Huidrom Bhumeshwory/2004 4:30.28; Anisha ??/2004 4:33.93; C.Priyanka/2004 4:42.03;

3000 m (30): Bushra Khan Gauri/2004 9:35.21; Antima Pal/2004 9:41.72; Latika Talwar/2004 10:01.29; C.Priyanka/2004 10:07.14; Sonam Chaudhary/2005 10:10.35; Prachi Ankush Devkar/2005 10:10.41;

5000 m (28): Antima Pal/2004 16:47.49; Bushra Khan Gauri/2004 15:59.05; Sonam Chaudhary/2005 17:33.22; Beby ??/2004 17:44.67; Latika Talwar/2004 18:08.91; Nisha Kumari/2005 18:11.54;

3000 m St (30): Sonam ??/2004 10:55.53; Monika ??/2004 11:30.82; Cheripelly Keerthana/2006 11:42.65; Rutuja Tatyasaheb Kamble/2004 11:56.94; Ekta Pradeep Dey/2005 12:06.06; Kajalben Dineshbai/2005 12:09.72; Sakshi Gurjar/2004 12:10.41; A.Geethanjali/2004 12:14.94; Ankita ??/2004 12:15.67; Anjali Madavi/2006 12:20.20; Sanika Nalawade/2005 12:22.54;

100 m H (29)/+0.2: Unnathi Aiyappa Bollanda/2005 14.17; Sabita Toppo/2005 14.34; Namayi Ruchitha/2004 14.43; Nayana Jose/2004 15.14;

heats (29) h1/-0.3: Toppo/2005 14.47; Prathiksha Yamuna/2005 14.69; h2/-0.3: Bollanda/2005 14.18; Ruchitha/2004 14.56;

400 m H (30): Anushka Dattatray Kumbhar/2005 60.36; Shravani Sachin Sangle/2005 61.22; Shreeya Rajesh/2005 61.77; Nayana Jose/2004 62.31; Moumi Jana/2004 63.34;

heats (30) h1: Kumbhar/2005 62.33; h2: Rajesh/2005 63.10; Sangle/2005 63.59; R.Harshitha/2005 63.94;

P V (28): Nitika Anup Akare/2005 3.50; A.Deepika/2004 3.40; Bhavya Jain/2005 3.20; B.Sowndharya Balakrishnan/2006 3.20; Bhavya Sharma/2005 3.20; Vanshika Ghanghas/2005 3.20; Nidhi ??/2004 3.20;

L J (29)/nwi (all jumps shown as 0.0 m/sec): Susmita ??/2004 6.21; Nirma Bhuraji/2004 5.88; Abinaya Sri/2004 5.79; Pariksha ??/2005 5.76; Pratiksha Yamuna/2005 5.67;

T J (30)/nwi (all jumps shown as 0.0 m/sec): Abinaya Sri/2004 12.41; Abinaya Jayaraj/2004 11.99; Rishika Awasthi/2005 11.99; Divyasri/2005 11.94;

S P (28): Vidhi ??/2004 14.77; Jyoti Vaishnav/2004 13.32; Yashshree ??/2004 13.19;

D T (29): Arshdeep Kaur Khangur/2005 45.35; Anisha ??/2005 44.16; Neetu Kumari/2004 43.03; Priya ??/2004 42.90; Soni Kumari/2005 40.81;

H T (28): Ankita ??/2005 50.64; Manita ??/2004 48.68; Haqikat Kaur Grewal/2005 47.26; Jeshvi Bishnoi/2004 46.96;

Heptathlon (29/30): Pavana Nagaraj/2005 4485 (16.05; 1.58; 10.11; 26.60 / 5.83; 25.94; 2:38.91); K.A.Anamika/2004 4483 (15.39; 1.55; 8.48; 26.58 / 5.35; 29.90; 2:29.05); Snehamol George/2004 4267 (15.50; 1.43; 9.43; 26.14 / 5.16; 25.81; 2:31.99);

10000 m Walk (30): Indu ??/2004 52:07.31; Meera Kumari/2004 55:51.68;

SRI LANKA

2nd Selection Trials Meeting at Diyagama / 25.04.2023

(-courtesy of the Ceylonathletics - website -)

following are the best performances from these National Trials for the Asian Games, the Asian Champs and the Asian Junior Champs 2023 / some events were obviously arranged as combined races for Seniors and Juniors (based on wind-readings) / accurate names for several athletes (mainly Juniors) not confirmed

Men:

100 m/-0.1: Y.Chamod Yodasinghe 10.39; Chanuka Sandeepa Dharmakeerthi 10.64; F.D.Chalith Piyumal 10.70; Vinoj Suranjaya De Silva 10.71; R.V.T.Fazil Udayar 10.76; H.D.P.D.Gayashan 10.77; A.S.Mohamed Safan 10.77;

200 m/-0.7: A.S.Mohamed Safan 21.40; H.D.P.D.Gayashan 21.80; Dineth Nuwantha Senanayake 21.99;
 400 m: Rajitha Niranjana Rajakaruna 46.20; Pabasara Niku 46.55; P.M.P.Lakshan Kodikara 46.70;
 H.V.Dinuka Deshan 46.91; I.K.B.Abewardana 47.62; Pradeep Ruwan Kumara 48.17; R.P.Isuru Lakshan 48.59;
 800 m: G.Rusiru Chathuranga 1:50.82; H.A.Rukshan Habarakada 1:52.97;
 110 m H/-0.6: Roshan Dhammika Ranathunga 14.19; D.M.N.K.Bandara 14.42;
 400 m H: K.M.Dhanuka Darshana 51.48; B.Pasindu Punsara 53.82;
 H J: P.S.Tharuka Fernando 2.05; S.N.S.Priyalanka Fernando 2.05;
 P V: Sachin Eranga Janith 4.90; Arunthavarasa Puvitharan 4.70;
 L J: L.Greshan Dhananjaya 7.58w/+2.1; Yeshan Kumara 7.40/+1.3; Elroy Kamalraj 7.29/-0.6; J.H.Gayan Sampath 7.23/+1.8; W.I.K.Piyasiri 7.15/-0.6;
 J T: R.M.Sumedha Ranasinghe 77.80; P.Rumesh Tharanga 70.34; D.G.Sampath Ranasinghe 69.69;
 R.Rathesan 69.52; P.A.Pradeep Lakmal 66.54; K.G.Yogaraj 64.02; D.C.Wickramarathne 60.55;

Junior Men:

100 m/-1.1: Merone Wijesinghe/2005 10.78,
 200 m/nwi: R.Idusara Vidushan/2005 21.92;
 800 m: S.H.H.Dilranga/2004 1:53.74; W.A.K.Rashmika/2004 1:54.66; M.M.S.A.Manikkadawara/2004 1:56.00;
 110 m H/99 cm/-0.3: K.R.S.Perera/2004 14.44; S.Kosala/2005 14.60; M.D.H.De Silva/2005 14.60;
 H J: A.R.Pasan Dilhara/2004 2.05;
 L J: A.P.Krishandan/2005 7.16/+0.8;
 T J: K.V.Malith Yasiru/2004 15.58/ 0.0; D.M.H.K.Dissanayake/2005 14.80/+0.6;

Women:

100 m/-1.6: Rumeshika Kumari Rathnayake 11.96; Dinara Bandara Dela/2004 12.03; Iresha Medhanni Jayamanne 12.10; W.V.Lakshika Sugandhi 12.22;
 200 m/+0.7: Rumeshika Kumari Rathnayake 23.82; Iresha Medhanni Jayamanne 24.32; W.S.H.Fernando 25.16;
 400 m: Nadeesha Ramanayake 52.80 / 3rd SRI All-Time; M.A.N.Harshani Fernando 54.60; M.H.Jayeshi Uththara/2004 54.91; Dilshi Shyamali Kumarasinghe 55.62; W.S.H.Fernando 56.28;
 800 m: Dilshi Shyamali Kumarasinghe 2:04.33; K.Shanika Lakshani 2:08.68;
 100 m H/-0.2: W.V.Lakshika Sugandhi 14.15; R.A.Ireshani Rajasinghe 14.33; P.S.N.Fernando 14.71;
 P V: K.L.K.Lakrani Perera 3.20; Nesara Dakshitha 3.20;
 L J: Lakshini Sarangi Silva 6.42/-0.8; Anjani Pulwansa 5.85/+0.5; Ridma Nishadi Abeyrathna 5.72/-0.7;
 H.D.Rashmi Kavindya 5.66/-0.5;
 J T: H.L.Dilhani Lekamge 58.87; Dayani Harshani Maduwanthi 52.96;

Junior Women:

200 m/+0.7: Dinara Bandara Dela/2004 24.78;
 400 m: Maheema Pravindi Dunusinghe/2005 57.21;
 100 m H/-0.2: S.Dahamsa Kahangama/2004 14.67;
 H J: Renindi Pehansa Gamage/2004 1.74; Iroshi Minoli Fernando/2004 1.65;
 L J: H.M.N.M.Herath/2005 5.69/-0.8;

MALAYSIA

Perak Open Meeting at Ipoh / 29. - 30.04.2023

(-courtesy of Mr Jad Adrian Washif -)

following are the best performances / all athletes from Malaysia except one guest from Singapore (100 m H)

Men:

100 m / best results from 24 heats (29) h11/+2.0: Nabil Rizal Al-Wani 10.64; h14/+1.4: Adam Hakim Samsuddin/2004 10.82; h20/+0.4: Muh.Raimi Mustaffa Kamal 10.65; h23/+2.4: Yusridzwan Danial 10.67w; h24/+1.3: Muh.Faris Kamarzaman 10.84;
200 m (30)/nwi: Ryan Wong Zhen Nam 21.96;
800 m (30): Avinash Austin Murugan 1:57.09;
110 m H (29)/nwi Race 3: Benedict Ian Gawok 14.58; Muhd Hilmi Zakuwan Azhar 14.96;
400 m H (30): Muh.Fakrul Afizul Nasir/2004 53.42;
S P (30): Muh.Ziyad Zolkefli 16.54; Farm Loong Deng 15.18;
10000 m Walk (30): Teban Raj Chander 49:03.2; Arif Fahmi Matusin/2004 49:15.9;
4x100 R (29)/no details: SSTMI Team 41.95;

Women:

3000 m St (29): Taarini Chandramohan 13:14.5/hand-timed;
100 m H (29) nwi: Race 1: Juriani Mat Rodzi 14.96; Race 3: Kerstin Ong Jing Rong SGP 14.73; Lie Yee Teng2004 15.00;
S P (29): Nani Sahirah Maryata **15.22/NR;**
D T (30): Nur Atiqah Sufiah Hanizam 46.41;
J T (29): Ng Jing Xuan/2004 42.17;

QATAR

3rdAspire Open Meeting at Doha / 17.04.2023

(-courtesy of Mr Tom Crick -)

following are selected best performances from this competition with specific events for different age-categories / all athletes from QAT except few foreigners as noted; however, probably some of the QAT-based athletes are foreigners as well

Men:

100 m/-1.5: Femi Ogunode 10.37; Tosin Ogunode 10.78; Youssef Hamed/2004 10.79; Khalid Wadi Adoum/2005 10.89;
200 m / Race 1/+0.1: Khalid Wadi Adoum/2005 21.44; Youssef Hamed/2004 21.65;
Race 2/+0.2: Abdelmageed Daggu 21.59; Abdellahi Saleck (foreigner) 21.71; Sakine Mahamat/2006 21.81;
400 m: Abdurrahman Bukur 47.96;
600 m: Rabi Muabarak 1:17.33; Ysser Jamal Mohamed/2005 1:17.55;
1500 m: Achraf El-Harrar/2005 3:46.43; Mohamed Hussein Ahmed/2005 3:53.36;
110 m H/-1.4: Oumar Doudai Abakar/2005 14.31; Saeed Othman Al-Absi 14.69;
400 m H: Mahamat Abakar Abdrahman/2006 51.75;
P V: Mohamed Al.-Shaayir/2005 4.50;

Junior/U20 Men:

110 m H / 99 cm / Race 1/-1.4: Khalifa Koumare/2005 14.84; Race 2/-1.1: Oumar Doudai Abakar/2005 13.99; Nayef Mubarak Al-Rashidi/2004 14.08; Khalifa Koumare/2005 14.48;

Youth/U18 Boys:

800 m: Mohamed Torech/2007 1:54.68; Muwafaq Al-Qadi/2007 1:56.78; Ouail Hiba/2007 1:57.78;

110 m H / 91.4 cm / Race 1/-1.3: Souleyman Sekou/2006 14.31; Race 2/-1.1: Mubarak Abdullah Al-Noubi/2006 14.74;

Women:

200 m/-0.6: Nayana Kokare IND/2004 25.20;

400 m: Shahd Mohamed (Nationality ??) 55.79 / would be a QAT-record, but most probably a foreigner;

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KUWAIT

National FedCup Meeting at Al Kuwait / 09. - 13.04.2023

(-courtesy of Mr Mohammad Abdulwahab -)

following are the best performances from this competition for Men & Youth/U18 Boys (info restricted up to TOP 3 per event / no competition on 12th Apr / no wind-readings reported

Men:

100 m (9): Yacoub Mohamed Al-Yoha 10.57; Meshal Khalifa 10.82;

400 m (9): Mohamed Firas Jaber 47.90; Jassem Waleed Abd.Al-Mas 48.76;

800 m (11): Ibrahim Remaid Al-Zafairi 1:52.69; Hussein Mohsin Hussein 1:52.92; Abdulrahman Khaled Sulaiman 1:53.36;

1500 m (9): Hussein Mohsin Hussein 3:56.59; Abdulrahman Khaled Sulaiman 3:57.53;

5000 m (13): Abdulkarim Bashir Sheikh 14:52.21; Hussein Ali Kamal 14:54.66; Thamer Sami Saket 15:07.89;

10000 m (9): Abdulkarim Bashir Sheikh 31:30.26;

3000 m St (10): Fahad Ghazi Marzouk Al-Salem 9:24.25;

110 m H (10): Yacoub Mohamed Al-Yoha 14.34;

400 m H (11): Jassem Waleed Abd.Al-Mas 52.08; Mubarak Khalil Dinar 54.43; Abdulaziz Mishaal Saad 54.52;

H J (11): Khaled Abdulaziz Al-Massad 2.06; Abdulrahman Mohamed Al-Yoha 2.03; Youssef Lafi Saad Al-Azmi 2.00;

P V (9): Majid Radhi Al-Sayed 4.40; Abdulaziz Maitham Al-Attar 4.20; Fahed Badr Al-Mershad 4.10;

T J (13): Khaled Saeed Al-Subaie 14.61;

S P (10): Ibrahim Juma Al-Fadli 17.05; Meshari Moh.Suroor Saad 17.02; Ahmed Hassan Ghuloum 15.70;

D T (13): Essa Mohamed Al-Zankawi 59.10; Jafar Abdulsamad 45.20; Ahmed Hassan Ghuloum 45.09;

H T (9): Ali Mohamed Al-Zankawi 61.87; Youssef Mohamed Rajab 59.59; Ali Nasser Abdelhamid 56.76;

J T (11): Abdulrahman Fawaz Al-Azemi 66.15; Saoud Saleh Khalaf 57.42;

4x100 R (13): Al Sahel Team 42.49;

4x400 R (13): Al Sahel Team 3:21.62;

Youth/U18 Boys:

800 m (11): Abdulatif Faisal Abdullah 1:57.96;

110 m H / 91.4 cm (10): Mohamed Jassim Ibrahim 14.41; Jassim Mohamed Jassim 14.75;

S P / 5 kg (10): Abdulaziz Saoud Al-Qallaf/2006 17.13;

D T / 1.5 kg (13): Abdulaziz Saoud Al-Qallaf/2006 49.34;

H T / 5 kg (9): Ali Salem Hussein Al-Nasser/2006 70.73; Abdullah Hassan Ibrahim Al-Awadhi/2006 57.25;

NEPAL

Rastrapati Junior Competition at Kathmandu / 28. - 29.04.2023

(-courtesy of Mr Diwakar Lal Amatya -)

the following new NJR was the best performance at this event for Boys and Girls

Junior Men:

L J (29): Sudip Tharu 6.94 / NJR;

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ON THE ROAD

(-courtesy of different Race – websites -)

KAZAKHSTAN

International Half Marathon at Almaty / 23.04.2023

Men:

Half Marathon:

Mikhail Kulkov RUS 1:05:33; Daviti Kharazishvili GEO 1:05:42; Yevegeniy Fadeyev UZB 1:05:43; Yuriy Chekhun RUS 1:06:00; Daniyar Ormangali KAZ 1:06:29; Nodirbek Mutalipov UZB 1:06:31; Peter Molloy GBR 1:06:39; Yessenbol Zhanabek KAZ 1:07:56; Amir Baitukanov KAZ 1:08:25; Berdigul Aitpay uulu KGZ 1:09:18; Oybek Mamatkomilov UZB 1:09:30; Mikhail Krasilov KAZ 1:10:56; Rustem Bekhozhayev KAZ 1:11:15; Suyunbek Kubanov KGZ 1:11:52; Islam Abylkhanuly KAZ 1:11:54; Ruslan Ogilov KAZ 1:12:42; Eldiyar Mambetov KGZ 1:13:25; Arkhat Kaldybek KAZ 1:13:53; Kanat Juzbayev KAZ 1:14:33;

10 km Road Race:

Rakymzhan Kelmanov KAZ 29:24; Denis Stepanenko KAZ 31:10; Artutr Zhuvanov KAZ 31:12; Yerzhan Janarstanov KAZ 31:29; Gennadiy Zelenskiy UKR 31:48;

Women:

Half Marathon:

Ainuska Kalil kyzy KGZ 1:15:51; Yevgeniya Prokofyeva UKR 1:16:43; Svetlana Kudelich BLR 1:17:20; Yekaterina Vasilchenko UKR 1:23:10; Kseniya Avdeyeva KAZ 1:24:19; Svetlana Ushakova KAZ 1:27:29; Diana Asauova KAZ 1:29:43; Aida Esterekova KAZ 1:29:58; Nelli Gaitova KAZ 1:32:37; Asel Abdrakhmanova KAZ 1:33:01; Asem Sagatova KAZ 1:33:32; Arina Nikolayeva RUS 1:34:11; Marina Schneider KAZ 1:34:56;

10 km Road Race:

Viktoriya Sergeyeva KAZ 33:50; Dana Gussarova KAZ 34:59; Olga Serdyukova KAZ 35:49; Aigul Arzhanikova KAZ 36:23; Elvira Tahauova KAZ 36:33; Gulshanat Samigulliyeva KAZ 37:58;

TAJIKISTAN

13th International Half Marathon at Dushanbe / 15.04.2023

(-additions to Report No 10 – with thanks to Mr Evgeny Shumarin, TJK-Federation -)

more detailed results (in addition to the TOP 3 information) / all TJK runners except as noted

Men:

Shokhrukh Davletov UZB **1:01:24/NR**; Girma Tilahun ETH 1:03:26; Rakhimzhan Kelmanov KAZ 1:06:46; Samariddin Azimov 1:10:16; Najmuddin Zuhurshohi 1:10:34; Mehrobjon Odinayev 1:10:40; Ahliddin Abdikomilzoda 1:11:42; Egor Karnauhov 1:11:45; Bobjon Yakinov 1:12:31; Suhrob Tolibzoda 1:14:11; Amirjon Aliyev 1:14:55;

Women:

Yekaterina Tunguskova UZB **1:13:31/NR***; Ulyana Kuzminova 1:22:26; Zulhicha Gafarzoda 1:28:09; Rajabmo Abdulloyeva 1:30:43; Mahina Barotova 1:37:20;

Note (*): Tunguskova & Sitara Khamidova had achieved faster times with 1:13:27 as official intermediate times during a Full Marathon (Tashkent/6 Dec 2020); however, these times are not valued as NR's by UZB-Federation

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KYRGIZSTAN

Jaz Demi Half Marathon at Bishkek / 23.04.2023

Men:

Nikolay Shevel RUS 1:16:12; Azet Ruziyev KGZ 1:17:39;

Women:

Maria Pokhilyuk RUS 1:29:57; Eliza Abdiyeva KGZ 1:38:49;

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UNITED ARAB EMIRATES

Run Ajman Series 10 km Road Race at Ajman / 23.04.2023

Men:

Noaman El Assaoui MAR 29:03; Anouar El Ghouz MAR 29:20; Najib Akhlij MAR 30:33; Agaba Aggrey UGA 31:10; Mubarak Al-Marashda UAE 31:53; Abdullah Surour UAE 32:21;

Women:

Shewaye Negash ETH 37:59;

THAILAND

Haad Sai Kaew Half Marathon at Chonburi / 23.04.2023

Men:

Nattawut Innum THA 1:15:13; Simon Rotich KEN 1:16:18;

Women:

Ornanong Wongsorn THA 1:31:01; Dorcas Jebotup Tarus KEN 1:35:16; Nopchaya Handittagul THA 1:37:48;

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VIETNAM

Lazada National Half Marathon at Ho Chi Minh / 23.04.2023

Men:

Pham Ngoc Phan 1:13:51; Nguyen Anh Tri 1:14:49;

Women:

Lai Huong 1:39:25;