

Results from ASIA 2025 - 24

BRUNEI

14th ASEAN Schools Games at B.S.Begawan / 23. – 26.11.2025

(-courtesy of the Games - website -)

the Athletics events at these Regional Multi-Sports Games were held with participants from all the 10 Member Federations / Throws and hurdle events were held with Youth implements and Youth hurdles, although Junior athletes (born 2007) were allowed to compete (Year-of-birth of participants wasn't reported by the official database and is included only for athletes, when known to me by earlier competitions) / following are the results for all winners plus detailed additional best performances for events with relevant higher standards / the Games Records (= GR) were improved in 5 events (overasll only 30 events were held)

Boys / born 2007 or later:

100 m (23)/+0.8: Muh.Dzul Danish Jamari MAS/2007 10.54; Danish Irfan Tamrin MAS/2007 10.61; Muh.Airiel Hairuddin INA/2007 10.64; Muh.Akbar Jabaludin INA/2008 10.79; Lam Quang Huy VIE/2008 10.87; Joshua Lee Shyen SGP/2008 11.00;

heats (23) h1/-0.5: Jamari MAS/2007 10.78; Natdanai Tosup THA/2008 10.88 (dnf in final); Jabaludin INA/2008 10.94; h2/+1.3: Tamrin MAS/2007 10.70; Hairuddin INA/2007 10.75; Lam VIE/2008 10.90;

200 m (25)/+0.4: Danish Irfan Tamrin MAS/2007 21.44; Kian Labar PHI/2008 21.58; Airiel Amani Kahar MAS/2009 21.65; Lam Quang Huy VIE/2008 21.76; Rizal Hafid Fuadi INA/2008 22.04;

heats (25) h1/-0.9: Kahar MAS/2009 21.75; h2/-0.9: Tamrin MAS/2007 21.72; Labar PHI/2008 21.74; Lam VIE/2008 21.85; Fuadi INA/2008 21.94;

400 m (24): Adisak Pornsompot THA 47.98; Kian Labar PHI/2008 48.50 (& 48.23 / NYR as 1h1); Muh.Qarliff Kuyt Abdullah MAS/2007 48.63;

800 m (23): Anthony Cariaso PHI/2008 1:53.81 / NYR; Mark Dave Nicolas PHI/2007 1:54.06; Oliver Fiore SGP/2009 1:56.43; Galuh Candra Hidayat INA/2008 1:56.86; Muh.Syukri Nazim Mydin MAS/2009 1:57.89; Muhsardin Saputra INA/2007 1:58.19;

1500 m (26): Anthony Cariaso PHI/2008 4:04.99;

3000 m (23): Jhul Ian Canalita PHI/2008 **8:47.72 / GR & NJR & NYR**; Bui Tuan Tu VIE/2009

8:49.85 / NR & NJR & NYR; Cayapol Charoenpanit THA 8:58.73;

110 m H / 91.4 cm (24)/+0.7: Patiphon Samnee THA/2007 13.41; Muh.Harith Haikal Arshad MAS/2007 13.43; Muh.Danysh Ashraff Herwan MAS/2009 13.44; Anugrah Setiawan Pujo INA/2008 13.47; Mico Villaran PHI/2007 13.72; Sarayu Kaeonu THA 14.54;

400 m H / 84 cm (23): Ivan Cabanda PHI/2008 52.45 / NYR; Quach Ngoc Minh VIE/2008 52.53 / NYR; Emmanuel Muphy Josbert MAS/2007 53.80; Mico Villaran PHI/2007 54.42; Sarayu Kaeonu THA 54.56; Daryen Xin Tze Ko SGP/2009 54.67; Muh.Qarliff Kuyt Abdullah MAS/2007 55.09;

heats (23) h1: Quach VIE/2008 53.68; Xin Tze Ko SGP/2009 54.65; Abdullah MAS/2007 55.10;

h2: Cabanda PHI/2008 52.98; Asyraf Khaizur Yusqi INA/2008 54.59; Josbert MAS/2007 54.81; Kaeonu THA 55.25;

L J (23): Efosa J.P.Aguinaldo PHI/2007 7.26/+0.3; Zainuraqbar Zulfaharin MAS/2007 6.92/+0.9;

T J (25): Rico Andrew MAS/2007 14.78/+0.2; Efosa J.P.Aguinaldo PHI/2007 14.72/+0.1; Cesar Manliguez PHI 14.49/-0.4 (& 14.30/-0.8); Shou Yi Rei Tan SGP/2008 14.49/-0.1 (& 14.22/+0.3);

S P / 5 kg (23): Anson Loh Ding Rong SGP/2008 18.73 / GR; Korapat Pongsiripun THA/2009 17.02; Mahasamuth Ud Wong THA 16.78; Arsenio Quinlob PHI/2007 15.88;

D T / 1.5 kg (25): Korapat Pongsiripun THA/2009 54.16; Anson Loh Ding Rong SGP/2008 52.58; Zachary Lawig MAS/2007 50.72; Jaden Chew SGP/2008 50.04; Vongphachan Chanthath LAO 47.68;

J T / 700 g (26): Chit Min Aung MYA/2008 **69.00 / GR & NYR**; Eu Han Kwa SGP/2008 63.40 / NYR;

Gabriel Ng SGP/2008 62.54; Kristostomus Kaize INA/2009 61.35; Phiyapong Bunthongkaew THA 61.30; Tan Kuan Yi Tan MAS/2007 60.51;

4x100 R (24): MAS (A.I.Yahya/07, A.A.Kahar/09, D.D.Tamrin/07, D.I.Tamrin/07) 40.47; INA (???) 40.95; THA (???) 41.16; SGP (???) 41.71; PHI (???) 42.75; MYA (???) 44.77; BRU (???) 47.11;
 4x400 R (26): THA (???) 3:16.01; PHI (???) 3:17.11; MAS (Q.K.Abdullah/07, K.Manickam/09, S.N.Mydin/09, S.R.Murali/09) 3:18.70; SGP (???) 3:22.10; BRU (???) 3:45.36;

Girls / born 2007 or later:

100 m (23)/ 0.0: Chanthell Mauricette THA/2008 11.95; Girsha Imanuela Saimima INA 12.12; Shavia Salvia Waranggani INA/2008 12.21; Pinsiri Ramphuengnit THA/2009 12.22; Nguyen Thi Thu Ha VIE/2008 12.34; Nor Aliya Najihah Muda MAS/2007 12.36;
 200 m (25)/+1.8. Franceine J.Rosario PHI/2008 24.77; Girsha Imanuela Saimima INA 24.90; Nor Aliya Najihah Muda MAS/2007 25.19; Sasicha Kingphila THA 25.32; Nachaphat Nunut THA/2008 25.42; fastest time in heats (25) h1/-1.3: Rosario PHI/2008 25.28;
 400 m (24): Jeralyn Rodriguez PHI/2007 55.25; Dong Thi Huong VIE/2009 56.58; Dancelina Welly Tauruy INA/2008 56.62; Phichayapha Sukaue THA/2010 56.98;
 heats (24) h1: Dong Thi Huong VIE/2009 57.87; h2: Rodriguez PHI/2007 55.71;
 800 m (25): Emely Balunan PHI/2008 2:19.08;
 1500 m (24): Ly Mui Sau VIE/2008 4:54.62;
 3000 m (23): Trieu Thi Binh VIE/2008 **10:13.22 / GR**; Chrishia Mae Tajarros PHI/2011 10:18.86; Wilna Selvi INA/2008 10:34.66;
 100 m H / 76.2 cm (26)/-0.3: Marie Lhynette Libranda PHI/2008 **13.82 / GR & NYR**; Snandung Cinta Putri Pravia INA/2011 **13.88 / NYR**; Vo Thao Vy VIE/2008 **14.20 / NYR**; Ellysia Anak Micheal MAS/2009 14.54; Angel Villagrancia PHI/2008 14.62; Maulida Dita Sari INA/2008 14.64; Pham Thi Quynh Anh VIE/2008 14.80; Penny Teh Pei Wen MAS/2006 14.94;
 heats (26) h1/-0.4: Libranda PHI/2008 **14.20/(GR)**; Dita Sari INA/2008 14.56; Vo Thao Vy VIE/2008 14.61; Teh Pei Wen MAS/2007 14.91; h2/-0.9: Pravia INA/2011 14.29; Micheal MAS/2009 14.73; Pham Thi Quynh Anh VIE/2008 14.79; Villagrancia PHI/2008 14.99;
 400 m H / 76.2 cm (23): Novi Anggun Lestari INA/2008 **63.33 / NYR**; Loraine Audrey Batalla PHI/2009 64.41; Supharat Wanchongkham THA 64.98; Nur Farisha Ardy Abdullah MAS/2009 64.99;
 fastest time in heats (23) h1: Batalla PHI/2009 65.03;
 L J (24): Ariz Nuraniyyah INA/2007 5.53/-1.4 (& 5.51/-0.8); Rose Jane Barcelona PHI/2011 5.53/-0.2 (& 5.38/-0.1);
 T J (26): Natepriya Aroka THA 12.34/+0.6; Narisa Putasa THA 12.03/+0.3; Keshie Azizah Maulidina INA/2008 11.99/+0.4;
 S P / 3 kg (25): Lina Hisage INA/2008 **14.72 / NYR**; Nur Syazliana Arifin MAS/2007 13.04; Sasha Alyssa Philip MAS/2008 12.86;
 D T (23): Paphatson Loain THA/2007 40.85; Sasha Alyssa Philip MAS/2008 40.61;
 J T / 500 g (24): Nalin Thongseenuch THA/2010 47.80; Kristel Lam Xin SGP/2010 **40.54 / NYR**; Ye Ye Htay MYA 39.48;
 4x100 R (24): THA (???) 46.38; PHI (F.J.Rosario/08, M.L.Libranda/08, A.Villagrancia/08, R.J.Barcelona/11) **47.15 / NJR & NYR**; INA (???) 47.58; VIE (???) 47.71; MAS (Lim Mei Yin/09, N.A.N.Muda, S.N. Beliamor/09, S.M.Pereira/07) 47.83; SGP (???) 50.63; MYA (???) **51.79 / (NJR ??)**; BRU (???) 54.74;
 4x400 R (26): MAS (L.A.J.Lim/11, S.M.Pereira/07, N.A.Rusdi/07, F.A.Yusrizal/11) 3:56.21; all other participating teams (INA, PHI, SGP, THA & VIE) were disqualified !!!;

Medal Tally:

PHI 9 + 9 + 3 = 21	THA 9 + 3 + 4 = 16	MAS 5 + 5 + 8 = 18
INA 3 + 6 + 7 = 16	VIE 2 + 3 + 1 = 6	SGP 1 + 3 + 4 = 8
MYA 1 + 0 + 2 = 3		
BRU & CAM & LAO = no medals		

INDIA

(-courtesy of Mr Ram. Muralikrishnan -)

5th Khelo India University Games at Jaipur / 01. – 04.12.2025

following are selected best performances / most events with few competitors only & no results from heats (if any were held ?) / inaccurate names published for several (non-identified) athletes

Men:

100 m (1)/-0.1: Rushi Prasad Sanjay 10.53; Laukik Melge 10.59;
200 m (3)/-0.1: Gokul Pandiyan/2006 21.30; Abhay Singh/2006 21.52; Yash Sameer Yoshi 21.67;
400 m (1): S.M.Akash Raj 47.48;
800 m (4): Mogali Venkat Ram Reddy/2007 1:51.62; J.Bejoy/2006 1:52.41; Basant Chauhan 1:52.83;
Tushar Eknath Suryawanshi 1:53.63;
10000 m (3): Simran Singh 30:23.07; Shubham Baliyan 30:29.02 (only 2 competitors);
110 m H (3)/+0.7: C.B.Shintomon 14.32; Vikas Ananda Khodke 14.52; V.P.Rahil Sakeer 14.52; Sahil Jagdish Gedam 14.91; Subbash Suresh 15.14;
400 m H (2): Ruchit Mori 51.00 (no other competitors);
H J (3): Sudeep ?? 2.08; Mukesh ?? 2.08; Uchhaal Kumar 2.08; Manjeet ?? 2.04;
P V (1): Aman Singh/2006 4.50; Neeraj Kumar 4.50; (Ganesan Reegan, 4.95 m, & Avneesh Kumar, 4.90 m, were subsequently disqualified);
L J (2): Urvish Pokhriyal 7.54/+0.6; C.V.Anurag 7.39/+0.2; Aman Singh/(2003) 7.29/+0.1; Lakhveer Singh 7.19/-0.4; Purushottam ?? 7.19/ 0.0;
T J (4)/nwi: Narpinder Singh Maan 15.30; Vivek Gupta 15.22; Pradeep Kumar 15.11;
S P (4): Samardeep Singh Gill 19.42; Aniket ?? 18.08; G.Balaji 17.58;
D T (1): Nagendra Annappa Naik 53.28; Arvind Sharma 50.91; Harnoor Singh Sandu 48.09; Sunny Dhaka 47.18;
H T (3): Dupinder Singh 63.93; Gurdev Singh 60.45; Jai Chand 57.19; Sachin ?? 53.76;
J T (4): Shanshank Patil 71.88; Utsav Tannar 71.59; Vipul Yadav 71.23; Shubham Ramchandra Jadhav 67.58;
Decathlon (1/2)/nwi: Chamanjot Singh 6263 (11.82; 6.55; 10.68; 1.81; 51.72 / 16.83/+0.3; 35.79; 3.90; 47.91; 4:53.69); M.Sudharsan 6187 (11.66; 6.56; 10.71; 1.87; 51.15 / 16.57/+0.3; 30.03; 3.60; 45.84; 4:51.56);
20 km Walk (2): Rahul ?? 1:25:43; Suraj Yadav 1:30:07 (only 2 finishers / 4 competitors);
4x100 R (4): Kalinga Institute Team (S.Mahendra, A.Kujur, Abhay Singh, D.M.Jayaram) 40.09;
4x400 R (3): Panjab University Team (V.Partap Singh, B.Chauhan, K.Ram, L.Singh Gurjar) 3:12.40;

Women:

100 m (1)/-0.2: S.Keerthana 11.94; Teena Pareek 12.18; Samriti Jamwal 12.21;
200 m (3)/+0.6: Samriti Jamwal 25.07;
800 m (4): Amandeep Kaur 2:10.72; Rekha Basappa Piroji 2:13.70;
1500 m (2): Nikita Sharma 4:33.61; Anita ?? 4:34.97; Amandeep Kaur 4:39.36;
5000 m (1): Busra Khan 18:15.27;
10000 m (4): Ravina Vijay Gayakwad 37:22.59;
3000 m St (4): Prachi Devkar 10:34.20; Maneesha ?? 11:03.63; Chanchal ?? 11:40.88;
100 m H (3)/+0.4: S.Srireshma 14.20; Aliza Aftab Mulla/2006 14.29; Shiny Gladssia 14.33; Namayi Ruchitha 14.65;
400 m H (2): Deekshita Ramakrishna 61.15; Megha Munavalli 61.24;
H J (2): Pooja ??/2007 1.77; Khyati Mathur 1.71; Giji George Stephen & Jamod Payalben Rameshbhai & Rimpal Kaur 1.68;
P V (4): Nitika Akare 3.60; A.Deepika 3.40; Dharshini ?? 3.40;

L J (1): Deepanshi Singh 6.20/+0.5; V.S.Shridevika 6.05/+0.6;
 T J (3): Aleena T.Saji 13.09/+0.7; Arshdeep Kaur 12.80/ 0.0; Lalita Jangir 12.28/-0.2; Mary Mukta Soreng 11.89/+0.3;
 S P (1): Shiksha ?? 15.00; Jaskanwal Kaur 14.95; Simranjeet Kaur 13.89;
 D T (3): Sanya Yadav 50.73; Priya ?? 48.83; Akhila Raju 47.28; Anisha ?? 46.69; Anusha Yadav 46.38; Kran ?? 43.82;
 H T (1): Tanya Choudhary 64.29; Haqikat Kaur Grewal 51.90; Amandeep Kaur 45.06;
 J T (2): Deepika Kumari 55.53; Jyoti Rakesh/(2002) 51.70; Saloni ?? 47.27; Jyoti ??/(2005) 46.36; Shravya ?? 44.44; Himanshi ?? 44.16;
 Heptathlon (3/4): Isha Chander Prakash Negi 4857 (14.75/+0.5; 1.56; 10.82; 25.76/-0.2 / 5.25/nwi; 34.12; 2:28.74); S.Magudeeshwari 4648 (14.75/+0.5; 1.53; 9.08; 26.42/-0.2 / 4.97/nwi; 32.16; 2:23.41); Neeta Kumari 4557 (15.70/+0.5; 1.59; 9.97; 27.25/-0.2 / 4.93/nwi; 34.26; 2:24.30);
 20 km Walk (2): Komal Pal 1:43:55; Gayatri Ganesh 1:46:09; Mahima Choudhary 2:02:12 (only 3 comp.)
 4x100 R (4): Jain University Karnataka Team (S.Keerthana, V.Varsha, Jyothika, S.Rakesh) 47.22;
 4x400 R (3): Lovely Professional Team (V.Rawal, H.Goswami, R.Tanwar, A.Mallick) 3:45.66;

Mixed Relays:

4x400 R (2): Panjab University Team (Partap Singh, D.Saini, B.Chauhan, A.Malik) 3:29.86;

69th National School Games at Bhiwani / 26. - 30.11.2025

following are detailed best performances from this traditional competition for Schools athletes born 2007 or later (incl. the Juniors competing under Youth conditions); no wind-measurements

Junior Men / Boys:

100 m (27): P.Chiranth/2008 10.66; Aditya Tatya Pisal/2008 10.71; J.Nived Krishna/2007 10.79;
 semis (26) s1: Krishna/2007 10.61 / NYR (unconfirmed due to missing wind-info); Pisal/2008 10.63;
 s2: G.Sachin/2007 10.82; s3: Chiranth/2008 10.72;
 heats (26) h2: Krishna/2008 10.68; Sachin/2007 10.81;
 200 m (28): J.Nived Krishna/2007 21.68; Pratik Maharana/2007 21.70; Jatinder Singh 21.83 (& 21.99 in heats); G.Sachin/2007 21.83;
 400 m (27): Abhay Kumar Dubey/2008 47.93; Girik Ramesh Bangera/2008 48.20; Al Shamil Hussain/2007 48.21; Nithin Gowda/2007 48.43;
 fastest times in semis (27): Kumar Dubey/2008 48.04; Gowda/2007 48.30; Bangera/2008 48.60;
 800 (29): Siddharth ??/2008 1:56.29;
 faster times in heats (28): Pranay Ganesh Upase/2008 1:55.66; Siddharth ??/2008 1:55.74; Happy Bhagasra/2008 1:55.79; Aditya Verma/2007 1:55.90; Mohit ??/2008 1:56.03; Netik Tomar/2008 1:56.14; Narendra Chahar/2008 1:56.29;
 1500 m (27): Vikas Kumar/2008 3:52.48; Badal ??/2008 3:53.18; Vijay Kumar/2007 3:53.80; Rajan Raj/2008 3:55.86;
 3000 m (29): Karan Ramesh Saravade/2007 8:24.64; Lalit Poonia/2008 8:25.44; Badal ??/2008 8:26.48; Vikas Kumar/2008 8:27.15;
 110 m H / 91.4 cm (27): C.K.Fasalul Haque/2008 13.66; P.Amarjith/2007 14.14; A.Mariya Ebinesh/2008 14.17; Dhruv Milind Lawand/2008 14.20; Aryan Dagar/2008 14.41; Manny Singh/2008 14.48;
 fastest times in semis (27): Haque/2008 13.87; Ebinesh/2008 14.29; Amarjith/2007 14.31; Dagar/2008 14.36; S.Rohith/2009 14.45; Sayan Mondal/2007 14.45; Manny Singh/2008 14.45; Lawand/2008 14.48; Md Sajid/2008 14.49;
 heats (26) h2: Mondal/2007 14.36; Rohan Rathod/2008 14.37; h4: Lawand/2008 14.46; h5: Sajid/2008 14.25; h6: Haque/2008 14.18;
 400 m H / 84 cm (29): Jashanpreet Singh/2007 52.10; Rajveer Bishnoi/2008 52.72; Dnyaneshwar Krishna/2008 52.84; Mohammed Moosa/2008 54.01;

fastest times in semis (28): Bishnoi/2008 53.15; Jashanpreet Singh/2007 53.55; Krishna/2008 53.67; Mohit Sharma/2008 53.71; Nithin Gowda/2007 54.01;

H J (29): Juwel Thomas/2007 2.09; Devak Bhushan/2008 2.05; K.Ambriesh/2008 2.05; R.S.Sujan/2008 2.02;

L J (27): Mohamed Asil/2007 7.17;

T J (28): Anish Kumar Yadav/2008 14.86; P.Anju Nathan/2008 14.80;

S P / 5 kg (28): Triptdeep Singh/2007 18.93 (& 17.80 in qualif. on 27th); Balkaran Singh/2008 18.55; Manoj Roy/2007 17.81; G.Anurag/2008 17.43; Yuvraj Saini/2008 17.36; Niket Singh Deshwal/2007 17.11;

D T / 1.5 kg (27): Akhil Kumar/2008 57.23 (& 54.45 in qualif.on 26th); Dev Singh/2008 54.75 (& 51.45 in qualif.); Avinash Talakeri/2008 51.48;

H T / 5 kg (28): Manjot Singh/2008 65.75; Piyush Singh/2007 64.44; Mohd Abdulla/2007 64.26; Harbir Singh Aulakh/2007 61.06; Manoj ??/2008 61.04;

J T / 700 g (29): Mohd Shahanshah/2007 72.80; Rohit ??/2008 71.21; Surendra Singh/2008 70.75; Vijay Kumar Yadav/2007 69.11; Anuj Kumar/2009 68.71; Chirag Chahar/2007 68.47;

qualif. (28): Harshit Biblani/2007 72.57; Shahanshah/2007 70.24; Kallolleppa Duragappa/2007 69.17; Aalok Choudhary/2008 67.58;

5000 m Walk (27): Tushar Panwar/2008 20:28.93; Rohit Kumar Bhaira/2007 20:35.20; Ritul Parihar/2008 20:46.37; Adhith V.Anil/2008 20:52.97; Muhammed Sulthan/2007 21:02.04; Ayush Balaso Patil/2007 21:07.93; Mayank ??/2008 21:09.30; Dhruv ??/2008 21:11.22; Pawan Singh Gurjar/2009 21:58.77; Dinkar Verma/2008 21:59.75; S.K.Sayed/2007 22:55.89; Tuyaser Mallick/2007 23:01.74; Sujeet Rupchandra Singh/2008 23:41.83; Jagdish Oraon/2008 23:43.28;

4x100 R (30): Kerala Schools Junior/Youth Team (V.Abhishek, K.Abhijith, F.haque, J.N.Krishna) 41.68;

4x400 R (30): Kerala Schools Junior/Youth Team (A.Unni, S.Salu, G.Krishna; A.Hussain) 3:15.91;

Junior Women / Girls:

100 m (27): Aarti ??/2008 11.98; Prisha Mishra/2008 12.16; Vaja Kajal Hirabhai/2007 12.20; Pooja Tulshiram Rathod/2007 12.20;

fastest times in semis (27): Aarti ??/2008 11.88; Hirabhai/2007 12.03; Mishra/2008 12.04; Rathod/2007 12.10; Vala Roshanba Vikramsingh/2008 12.11; R.Madhoumidha/2008 12.19;

heats (26) h1: Aparna Baidya/2008 12.12; h2: Vikramsingh/2008 12.13; h3: Aarti ??/2008 12.07; h4: Mishra/2008 12.03; h5: Madhoumidha/2008 12.08; Adhitya Aji/2007 12.19;

200 m (28): Aarti ??/2008 24.02; Prisha Mishra/2008 24.94; Mansi Rajak/2007 25.11; Pooja Tulshiram Rathod/2007 25.13;

fastest times in semis (28): Aarti ??/2008 24.58; Rathod/2007 24.9; Mishra/2008 25.00;

fastest times in heats (27): Aarti ??/2008 24.62; Mishra/2008 25.11;

400 m (27): Mehardeep Kaur/2007 55.50; Riya Bisht/2008 55.52; Punam Kumari/2007 55.66; Vanshika ??/2008 56.27; Maya ??/2007 57.27;

semis (26) s1: Kaur/2007 55.69; Maya ??/2007 56.51; Mahak ??/2009 57.01; s2: Bisht/2008 56.64; s3: Vanshika ??/2008 56.53;

heats (26) h2: Maya ??/2007 57.09; Bisht/2008 57.26;

800 m (29): Nagini ??/2009 2:12.66; Riya Bisht/2008 2:13.84; Janhavi Dnyaneshwar Hirudkar/2008 2:14.81;

1500 m (27): Muskan ??/2008 4:23.25; Snehal Bhausaheb Kharat/2008 4:26.36; Janhavi Dnyaneshwar Hirudkar/2008 4:26.78; Mukta ??/2007 4:33.41; Thanishkaa Anbarasan/2010 4:44.77; Khushboo ??/2008 4:45.57;

heats (26) h1: Muskan ??/2008 4:36.25; Nagini ??/2009 4:38.28; h2: Hirudkar/2008 4:38.78; Khushboo ??/2008 4:38.94; Dipika ??/2008 4:40.26; Mukta ??/2007 4:44.77;

3000 m (29): Muskan ??/2008 9:29.34; Mukta ??/2007 9:46.02; Snehal Bhausaheb Kharat/2008 9:46.07; Janhavi Dnyaneshwar Hirudkar/2008 9:58.66; Dipika ??/2008 10:02.97; Thanishkaa Anbarasan/2010 10:11.18;

fastest times in heats (28): Muskan ??/2008 9:49.72; Kharat/2008 9:55.68; Hirudkar/2008 9:56.32; Dipika ??/2008 10:00.42; Khushboo ??/2008 10:12.57;

100 m H /76.2 cm (27): Adhitya Aji/2007 13.93; N.S.Vishnusree/2008 14.32; Abinaya ??/2008 14.45; Swanandi Santosh Sawant/2008 14.62; Tiasha Chakraborty/2007 14.71;

fastest times in semis (27): Aji/2007 14.06; Vishnusree/2008 14.46; Abhilasha Laxman Waghmare/2008 14.56; Sawant/2008 14.59; Abinaya ??/2008 14.68;
 heats (26) h1: Aji/2007 14.06; h2; Vishnsree/2008 14.28; h3: Chakraborty/2007 14.77;
 400 m H (29): Swanandi Santosh Sawant/2008 61.55; Shivani Kumari/2007 61.85; Rakhi ??/2007 63.58; N.S.Vishnusree/2008 63.79;
 fastest times in semis (29) & heats (28): Shivani Kumari/2007 63.59 & 63.68;
 H J (27): Anchal Sajesh Patil/2008 1.69; Juin Mantusa/2008 1.69;
 qualification (26): Patil/2008 1.69; Mantusa/2008 1.66;
 P V (30): Jyoti ??/2008 3.10;
 L J (29): Shrestha Prasad Shetty/2008 5.69;
 T J (27): P.V.Anjali/2008 11.80;
 S P / 3 kg (27): M.Reddy Sanjana/2009 14.86 (& 14.48 in qualif.on 26th); Elizabeth Henin/2007 14.71;
 D T (28): Mannat Phougat/2007 41.55 (& 40.23 in qualif.on 27th); Suhani Singh/2007 41.10; Maninder Kaur/2008 40.41; Sunaina ??/2007 40.37;
 H T / 3 kg (27): Deepanshi ??/2007 57.71; Meenu ??/2007 53.18; Rashmi ??/2008 52.91; Gurnoor Kaur/2007 51.16; Pallavi Santosh/2007 51.11; Ashi Saini/2008 50.20;
 J T / 500 g (30): Bhavya Pilania/2007 52.75; Sabita Murmu/2008 48.23; Durva Dattatray Shewale/2008 45.07; Tanushri Mahalder/2008 44.22;
 qualification (29): Pilania/2007 47.34; Murmu/2008 44.22; Babli Kumari/2008 44.02;
 3000 m Walk (27): Vedanti Balaram Mangutkar/2008 14:02.66; Sumanpreet Kaur/2008 14:09.39; Lauta Khileri/2008 14:13.52; Priyanka ??/2008 14:27.77; Bhumi ??/2008 14:32.16; Mohita Tiwari/2008 15:32.88; P.V.Niranjana/2008 15:39.82; Harpreet Kaur/2008 15:52.73;
 4x100 R (29): Maharashtra Schools Junior/Youth Team (Y.S.Sakpal, P.P.Kolte, S.P.Shetty, P.T.Rathod) 47.61;
 4x400 R (30): Haryana Schools Youth Team (Mahak, Ridhima, Nancy, Vanshika) 3:55.44;

CHINESE TAIPEI

National Schools Cup Meeting at Pingtung / 19. – 22.11.2025

(-courtesy of Mr Teng Kuo-Kai, CTFA -)

following are selected best performances from the High School & Middle School events at this competition / all athletes born 2006 or later (Juniors/High School) & born 2009 or later (Youth/Middle School)

High School Boys:

100 m (20)/ 0.0: Li Min-Hao/2009 10.82; Chung Chih-Hsiang/2006 10.82;
 heats (19) h11/+1.7: Chen Sin-Yang/2008 10.82; h18/-0.8: Chung Chih-Hsiang/2006 10.77;
 200 m (22) / Race A/+1.2: Hsieh Cheng-Kuei/2007 21.09; Li Min-Hao/2009 21.73; Wu Yi-Hsuan/2009 21.90; Race B/+1.3: Chu Chao-Feng/2009 21.64;
 heats (21) h6/+0.5: Wu Yi-Hsuan/2008 21.97; h19/+0.4: Hsieh Cheng-Kuei/2007 21.30;
 400 m (20): Lu Chung-Han/2007 48.02 (& 48.35 as 1h16 on 19th); Du Chun-Yi/2008 48.73;
 Lin Bo-You/2007 48.76;
 800 m (22): Lai Pin-Chen/2008 1:56.57;
 3000 m (22): Wang Cheng-Yu/2009 8:38.86;
 5000 m (19): Wang Cheng-Yu/2009 15:07.44;
 110 m H / 99.1 cm (20) / Race A/+0.4: Liu Yu-Hsuan/2008 13.91; Shih Hao-Chun/2007 13.94; Wu Yi-Han/2008 14.04; Lei Chih-Tsun/2008 14.19; Chiao Yi-An/2009 14.21; Lin Chun-Yi/2008 14.31;
 Wu Hung-Yu/2009 14.32; Wu Yu-Sen/2008 14.55; Race B/+0.5: Chen Yi-Hsuan/2007 13.64;
 Sun Bo-Chi/2010 14.41; Chang Ming-Ren/2007 14.43; Hsieh Yi-Cheng/2008 14.56; Hsiao Chi-Kang/2010 14.59;

heats (20) h1/ 0.0: Lei Chih-Tsun/2008 14.42; Chiao Yi-An/2009 14.48; Wu Yu-Sen/2008 14.58;
h2/ 0.0: Wu Yi-Han/2008 14.28; Chang Ming-Ren/2007 14.61; h3/+1.3: Liu Yu-Hsuan/2008 14.11;
h4/+0.6: Shih Hao-Chun/2007 14.20; Lin Chun-Yi/2008 14.38; Wu Hung-Yu/2009 14.43;
h5/+0.9: Sun Bo-Chi/2010 14.66;
400 m H (22): Tsai Hsin-You/2009 52.57; Chuang Bo-Yu/2007 53.96; Huang Wei-Han/2007 54.04;
H J (22): Huang De-Lun/2007 2.06; Huang Kai-Lun/2010 2.06;
P V (19): Huang You-Hung/2007 4.91; Wu Yu-Chieh/2008 4.70; Hsu Ting-Rei/2008 4.70;
L J (22): Chen Yu-Heng/2010 7.05/-0.7; Hsiao Yu-Shen/2008 7.05/-1.2;
T J (21): Ku Chia-?? 14.94/+1.6; Hsiao Yu-Shen/2008 14.92/+0.2;
S P / 6 kg (21): Chen Wei-Fan/2007 16.48; Lu Hsin-Min/2009 15.85;
D T / 1.75 kg (20): Cheng Yao-Kuan/2007 54.55; Lin Li/2007 49.10;
H T / 6 kg (22): Chian You-An/2007 60.54; Cheng Li-Yi/2009 58.50;
J T (21): Wu Wei-Kuo/2008 66.25; Lin Li/2007 63.48;
Decathlon / U20 (20/21): Wu Cheng-You/2008 6436 (11.49/-0.2; 6.13/-0.3; 11.14; 1.80; 50.67 / 15.22/-0.1;
30.09; 3.60; 50.13; 4:35.00); Chang Tzu-Chien/2007 6246; Liao Cheng-Yan/2008 6104; Shao Ma Ga
Di/2008 6041;
4x100 R (20): Taoyuan HS Team (Hsu Sheng-Kai, Hsieh Cheng-Kuei, Huang Wei-Han, Lin Bo-Yu) 41.19;
4x400 R (22): Taipei HS Team (Li Hao-Hsuan, Sun Po-Chi, Chiang Chi-Yu, Tsai Hsin-You) 3:18.05;

Middle School Boys:

2000 m St (21): Chen Chieh-Yu/2011 6:22.47;
110 m H / 91.4 cm (20)/+1.4: Lin Pin-Han/2010 13.70; Chiao Yu-Cheng/2009 14.11; Chen Mi-An/2011
14.36;
heats (20) h7/-0.8: Chiao Yu-Cheng/2009 14.51; h8/ 0.0: Lin Pin-Han/2010 14.21;
400 m H (2): Yang Cheng-Hsu/2010 54.13;

High School Girls:

100 m (20)/+0.2: Chan Pei-Rong/2007 12.11;
heats (19) h4/+1.9: Li Tsi-Hsuan/2008 12.17; h8/+1.3: Chan Pei-Rong/2007 11.94;
200 m (22)/+2.1: Chan Pei-Rong/2007 24.68w; Yu Hsieh-Kuan/2008 24.71w (& 25.12/+0.8 as 1h6 on 21st);
400 m (20): Liao Yu-Chen/2009 57.42 (& 57.84 as 1h6 on 19th); Chen Yu-Chieh/2008 57.80;
100 m H (20)/+0.7: Chang Yu-Ching/2007 14.23; Hong Yu-Ting/2008 14.36; Ho Ting-Hsuan/2009 14.43;
Sun Yi-Rong/2008 14.53; Yo Rou-Chen/2009 14.76;
heats (20) h2/+1.2: Chang Yu-Ching/2007 14.17; Ho Ting-Hsuan/2009 14.47; h3/ 0.0: Hong Yu-Ting/2008
14.76;
400 m H (22): Chen Yu-Ching/2007 62.14 (& 63.69 as 1h4 on 21st); Hong Yu-Ting/2008 64.00; Chan
Tzu-Hsuan/2008 64.04M Shu Shih-Ting/2009 64.07;
H J (19): Lin Pei-Hsuan/2007 1.65;
P V (20): Chieh Liu-Yu/2010 3.61; Lin Yun-Ni/2007 3.61; Shen Yi-Yu/2007 3.45; Yang Yung-Ching/2010
3.45;
T J (22): Tsung Chi-Yun/2009 11.87/+0.2;
D T (20): Shih Yun-Chen/2009 42.63; Chou Yi-Chen/2009 42.44;
H T (19): Shih Chiao-Jo/2007 52.52; Li Yi-Chih/2008 49.71;
J T (22): Tai Yu-Chin/2007 52.42; Chen Yi-Tsen/2008 48.63; Chen You-Hsin/2009 47.82;
Yu Chien-Pei/2007 43.86;
Heptathlon (21/22): Lin Pei-Hsuan/2007 4242 (14.87/-0.8; 0.00; 11.54; 26.16/+1.0 / 5.53/+0.7; 38.93; 2:36.54);
4x100 R (20): New Taipei HS Team (Chang Tsi-Yu, Hong Yu-Ting, Wen Tsi-Hsuan, Chiu Yu-Hsin) 47.38;

Middle School Girls:

200 m (22)/+1.9: Lin Tsi-Chieh/2011 24.73;
2000 m St (21): Peng Tsai-Chieh/2012 7:32.95; Chen Liang-Liang/2010 7:39.91;
100 m H / 76.2 cm (20)/+1.0: Lin Tz-Chieh/2011 13.69 (& 14.07/ 0.0 as 1h7 on 20th);
400 m H (22): Lin Shu-Yu/2012 64.23;

L J (21): Chang Peng-Wei/2011 5.63/-0.1;
D T (21): Ma Chia-Le/2010 43.59;
H T / 3 kg (20): Pan Yu-Chian/2010 51.64;
J T / 500 g (19): Chen Yu-Chen/2011 46.79; Chen Peng-An/2010 43.85;
4x100 R (20): New Taipei HS Team (Pai Yu-Fen, Bai Yu-Chen, Lin Hsian-Ting, Yang Tsiao-Yi) 48.23;

Mixed Relays:

4x400 R / HS (21): Stella Maris HS Team (Wu Yin-Hsian, Su Ruo-Yan, Wu Yi-Hsuan, Yu Hsieh-Kuan)
3:31.67;

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MALAYSIA

Negeri Sembilan Open Champs at Seremban / 29. – 30.11.2025 **(-courtesy of Mr Jad Adrian Washif -)**

following are few selected best performances (mainly in Men events only) from this competition with some guest competitors from Singapore as noted/ no wind-readings reported

Men:

800 m (30): Wan Muh.Fazri Zahari 1:52.03; Anas Ariffin 1:57.20;
heats (30) h4: Maheswaran Sunmugom 1:57.98;
110 m H (30): Mohd Rizzua Haizad Muhamad 14.47 (& 14.71 as 1h1);
P V (30): Low Jun Yu SGP 5.00, Muh.Hafidzul Ain 4.70; Koh Wei Shien SGP 4.60; Abu Bakar Abdul Wahid/2007 4.40;
L J (29): Abdul Latif Romly 7.30;
T J (30): Andre Anura Anuar 15.98; Muh.Izzul Haniff Raffi 15.40;

Women:

P V (30): Ashlee Ong Yu Xi SGP 3.20; Noor Shahreena Jamizan 3.00; Shayne Tan SGP 3.00;

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SINGAPORE

Club Zoom Athletics Competition / 21. – 23.11.2025 **(-courtesy of the Singapore Athletics Federation – website -)**

following are selected best performances from this competition / most events for under-age Youth/Kids and only few Track events held for Senior athletes (with some guests from Malaysia & Youth girls from Russia)

Men:

100 m (22) Race A/+0.5: Danish Iftikhar Roslee MAS/2007 10.52; Ian Gan 10.72; Prahmarsh Ryan 10.78; Yan Teo 10.80; Raphael Ryan 10.82; Race B/+0.1: Tharun Ashok 10.85;
heats (22) h1/-1.4: Roslee MAS/2007 10.81; h2/nwi: Tate Tan 10.62; Yan Teo 10.78; h3/-0.9: Daryl Tan Hong An 10.78; h4/-0.6: Xander Ho Ann Heng 10.75; h6/-0.7: Ian Gan 10.75; h8/-0.1: Ong Ying Tat/2006 10.86; h9/-0.2: Prahmarsh Ryan 10.83; h10/+0.4: Raphael Ryan 10.88;
400 m (23): Hari Subaraghav/2006 48.91;
1 Mile (22): Amir Rusyaidi Osman 4:26.55;
4x100 R (23): National Team/SGP (Daryl Tan Hong An, Tate Tan, X.Ho Ann heng, Marc Brian Louis) 39.63;

Women:

100 m (22)/+0.2: Elizabeth-Ann Tan Shee Ru 11.88 (& 12.20/-0.9 as 1h1); Laavinia Jaiganth/2006 12.20;

Zlata Magnitskaia RUS/2011 12.24;

1 Mile (22): Romaine Soh **5:12.61/NR**;

4x100 R (23): National Team/SGP (???) 45.92;

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LAOS

12th National Games at Vientiane / 11. – 17.11.2025

(- courtesy of the LAO Athletics Federation - Facebook-site -)

only partial results reported with difficulties for translation of names from the Athletics events during these Multi-Sports Games / no details confirmed about the timing (hand-timed or usage of Electronic Timing system ??) & no wind-readings / following are new National records plus few selected best performances

Men:

100 m (11): Sorsy Phompakdi 10.76 (10.8 ??); Bounphet Thepthida 11.02 (11.1 ??);

200 m (17): Sorsy Phompakdi 22.19 (22.2 ??);

400 m (12): Dueanpheang Xayyaphet 50.59 (50.6 ??);

110 m H: Sivone Phonemanyvong 15.25 (15.3 ??);

400 m H (16): Dueanpheang Xayyaphet 54.98 (55.0 ??);

L J (11): Xaidavanh Vongsavanh 7.02;

H T (12): Bouaphan Soulinthone **45.24/NR**;

J T (12): Bouaphan Soulinthone 52.39;

4x100 R (12): Defence Forces Team 43.60 (43.6 ??);

4x400 R (17): Defence Forces Team 3:29.58 (3:29.6 ??);

Women:

100 m (11): Silina Phaapay **11.88/NR ??** (11.9 ??); Konthip Inphachan 12.46 (12.5 ??);

200 m (17): Silina Phaapay **25.30/NR ??** (25.3 ??);

1500 m (16): Lodkeo Inthakoumman 4:48.31 (4:48.4 ??);

2000 m St (17): Souksavanh Manivanh 8:22.29 (8:22.3 ??); Khankham Noymany & Chitsamai Souklueghkan 8:26.17 (8:26.2 ??)/same time for both;

100 m H (12): Khanmalaiphone Bounyaven 15.55 (15.6 ??);

T J (13): Khanmailophone Bounyaven 11.71;

H T (12): Math Thinmanao 39.76;

4x100 R (12): Savannaset Province Team 54.03 (54.1 ??);

4x400 R (17): Khammouan Province Team 4:23.40 (4:23.4 ??);

Mixed Relays:

4x400 R (11): Defence Forces Team **3:53.30/NR ??** (3:53.3 ??);

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UNITED ARAB EMIRATES

(- courtesy of the Ultimate Athletics - website -)

Ultimate Racenight Competition at Dubai / 05.12.2025

Men:

60 m/ 0.0: Saif Khalfan Al-Obaidani OMA 6.94;
100 m/-0.5: Saif Khalfan Al-Obaidani OMA 10.81;
1500 m: Salim Abu Mayanja UGA 3:49.90;

Women:

400 m: Aliya Boshnak JOR 57.23;

Ultimate Athletics Competition at Abu Dhabi / 30.11.2025

Men:

100 m/-0.7: Saif Khalfan Al-Obaidani OMA 10.80; Anas Al-Riyami OMA 10.82;
200 m/-0.4: Saif Khalfan Al-Obaidani OMA 21.85; Anas Al-Riyami OMA 22.07;

Women:

100 m/-0.8: Kimberly Baptiste GBR 11.79; Nyimasata Jawneh GAM 12.02;

SAUDI ARABIA

6th Islamic Solidarity Games at Riyadh / 17. – 20.11.2025

(- addition to Report No 23 -)

Women:

10000 m (17):...3. Samiya Hassan Nour DJI **32:17.72 = NR**;

SPECIAL Results Report

JAPAN

25th DEAFLYMPICS at Tokyo / 17. – 25.11.2025

(- courtesy of the Games - website-)

following are the best results from the Athletics events at these major International Multi-Sports Games / information is restricted to results for the Gold medallists plus additional best performances by athletes from ASIAN AA Member Federations / complete results are available of the Games - website

Men:

100 m (18)/+0.1: Tanel Visnap EST 10.58;...3. Takuma Sasaki JPN 10.63;...7. Gong Hyuk-Jun KOR 10.92;
200 m (23)/+0.6: Tanel Visnap EST 21.54; 2. Maki Yamada JPN 21.61;...5. Gong Hyuk-Jun KOR 21.87;
...7. Takuma Sasaki JPN 21.98; 8. Wu Jie CHN 22.09;
400 m (19): Maki Yamada JPN 47.61;...5. Yusuke Murata JPN 49.27;
800 m (23): Elkana Rono KEN 1:53.02; 2. Kosei Higuchi JPN 1:53.22;
1500 m (19): James Mwanza Musembi KEN 3:49.61;
5000 m (24): Ian Kahinga Wambui KEN 13:52.83;...5. Subaru Sasaki JPN 15:02.57;...8. Ahmed Saadallah Al-Onduli KSA 15:19.58;
10000 m (17): Ian Kahinga Wambui KEN 29:19.56;...3. Xu Kuantian CHN 30:04.83;...6. Takurou Aoyama JPN 30:58.58;...9. Ahmed Saadallah Al-Onduli KSA 32:09.26;
Marathon (25): Otto Kingstedt SWE 2:16:10;...7. Takurou Aoyama JPN 2:32:04;

3000 m St (23): Lucas Wanjiru KEN 9:06.95;...3. Xu Kuantian CHN 9:09.88;
 110 m H (19)/+0.5: Yasin Süzen TUR 14.33;...3. Wang Yingchang CHN 15.41;
 400 m H (22): Alejandro Emerson Chala ECU 51.96;...5. Yusuke Murata JPN 54.82 (& 54.78 as 2h1 on 21st);
 H J (18): Denis Fedorenkov RUS 2.07;
 P V (23): A.P.Mumindzhanov RUS 4.45;...3. Hiroto Kitadani JPN 4.10; 4. Rauan Beisebay KAZ 4.00;
 L J (24): Tanel Visnap EST 7.24/+1.9;...3. Jeong Seung-Yoon KOR 7.16/+1.5; 4. Manikandan Kamaraj
 IND 7.12/+1.7;...6. Yuki Suyama JPN 7.00/+1.6;
 T J (19): Jarvis Anderson USA 15.28/+1.9;...4. Ryo Nakanishi JPN 14.20/+0.7; 5. Zaiman Megat MAS
 14.17/-0.6;
 S P (19): Mindaugas Jurksa LTU 17.07;...7. Li Yulin CHN 15.19 (& 15.73 in qualif.on 18th);
 D T (24): Masateru Yugami JPN 58.93 (& 55.14 in qualif. on 22nd);...3. Li Yulin CHN 53.51; 4. Amir
 Hossein Zarea IRI 47.84;
 H T (20): Riki Toyama JPN 60.19; 2. Masatoshi Morimoto JPN 56.04; 3. Takamasa Ishida JPN 55.51;
 J T (2): Matteo Masetti ITA 67.44;...3. Li Shulin CHN 56.69;
 Decathlon (17/18): A.P.Mumindzhanov RUS 6502; 2. Wei Yu-Tze TPE 5985; 3. Nursultan Kuldeyev KAZ
 5725;
 4x100 R (24): JPN (H.Okamoto, K.Tominaga, S.Sakata, T.Sasaki) 41.22;...6. CHN 43.43 (& 43.30 as 4h2);
 4x400 R (24): JPN (Y.Adachi, Y.Murata, T.Araya, M.Yamada) 3:17.00;...6. KAZ 3:27.95 (& 3:26.17 as 5h1);
 7. MAS 3:33.18;

Women:

100 m (18)/+0.3: Pamera Losange FRA 11.95;
 200 m (23)/+1.2: Pamera Losange FRA 23.87;
 400 m (19): Viktoriya Aksenova RUS 55.48;
 800 m (23): Margarida Esteves da Silva POR 2:10.38;...3. Gao Na CHN 2:11.69;...6. Mio Okada JPN
 2:17.45 (& 2:16.48 as 1h2 on 22nd);
 1500 m (19): Yuliya Abubaykurova RUS 4:39.65;...4. Gao Na CHN 4:44.44;
 5000 m (24): Margarida Esteves da Silva POR 17:26.23;...4. Ma Yue CHN 17:40.87; 5. Yang Chunhua
 CHN 17:44.46;
 10000 m (18): Lourdes Ponce MEX 36:17.07;
 Marathon (25): Lourdes Ponce MEX 2:49:30; 2. Yang Chunhua CHN 2:57:30;...7. Ma Yue CHN 3:11:55;
 100 m H (19)/+0.8: Nikolett Gal HUN 14.27; 2. Hsu Le TPE 14.40;
 400 m H (22): Viktoriya Aksenova RUS 60.74;...4. Sofiya Kolossova KAZ 66.74;
 H J (17): Faina Meirmanova KAZ 1.79;
 L J (24): Suslaidis Girat CUB 6.11/-0.5;
 T J (19): Yuliya Matviyevska UKR 13.07/+0.8;
 S P (19): Daniela Colmenares COL 14.35;...4. Guo Meiyun CHN 12.99 (& 13.13 in qualif.on 18th);
 5. Fu Fang CHN 12.80; 6. Mahiro Sakaibashi JPN 12.80;
 D T (24): Mia Nekic SRO 46.23; 2. Fu Fang CHN 44.97; 3. Liu Li CHN 42.17; 4. Sui Yue CHN 41.59;
 H T (20): Rymma Filimoshkina UKR 60.81;...3. Zhan Yafei CHN 55.14; 4. Shawuti Atiguli CHN 49.12;
 J T (23): Laura Stefanac CRO 49.77; 2. Li Lei CHN 44.67;...4. Honami Kawaguchi JPN 42.45; 5. Guo
 Xinxin CHN 42.41; 6. Hsu An-Yi TPE 41.62;...8. Erina Furukawa JPN 41.34;
 Heptathlon (21/22): Dziyana Prudnikava BLR 4665;
 4x100 R (24): GER (S.Schlechter, D.Gaede, T.Lang, J.Gräf) 47.08;...5. CHN 49.58; 6. JPN 50.76;
 4x400 R (24): UKR (K.Potapenko, S.Kuprych, Y.Shapoval, K.Kimaikina) 3:54.98;

Mixed Relays:

4x400 R (17): UKR (D.Rudenko, S.Kuprych, S.Drach, K.Kimaikina) 3:33.91;...5. KAZ 3:50.15; 6. JPN
 3:54.52;

INDOORS

QATAR

Aspire Indoor Jumps Invite Meetings at Doha / 24.11 & 01.12.2025

(-courtesy of the Aspire Athletics – results -)

Men:

H J (24 Nov): Haidar Khoucha QAT/2007 2.05;

H J (1 Dec): Mahamat Bechir Abdrahman QAT/2008 2.01;

P V (1 Dec): Malik Hamdan JOR (Aspire-based)/2011 4.30 / NJR & NYR; Abdallah Saad Al-Abdullah QAT/2008 4.30;

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ON THE ROAD

(-courtesy of the Race – websites -)

SINGAPORE

33rd Standard Chartered International Marathon / 06. - 07.12.2025

Men:

Marathon (7):

Abel Boniface Sikowo UGA 2:15:40; Mathew Samperu KEN 2:15:46; Wisley Kimeli KEN 2:15:53; Mathew Job Chekwurui UGA 2:16:08; Laban Kipngetich Korir KEN 2:17:20; Mica Kiplagat Cheserek KEN 2:17:40; Moses Kibet KEN 2:19:20; Solomon Mutai Munyo UGA 2:20:07; Kodai Ogawa JPN 2:24:53; Yuma Morii JPN 2:29:44; Tomoki Tezuka JPN 2:36:03;...16. Soh Rui Yong SGP 2:46:23

(= SGP National Champion / one after his Half Marathon Champs Race !!);

Half Marathon (6):

Tisetso Sebata RSA 1:11:01; Soh Rui Yong SGP 1:14:58 (= SGP National Champion); Najib Mooiz SGP 1:15:14; Ahmad Arif Bin Ibrahim SGP 1:16:26; Li Han-Hsuan TPE 1:16:39; Timothy Liao SGP 1:16:49;

10 km Road Race (6):

Giedrius Valicius LTU 30:05; Janry Pelones PHI 32:48;

Women:

Marathon (7):

Shuko Genemo ETH 2:41:24; Rodah Jepkori Tanui KEN 2:41:33; Faith Chepkoech KEN 2:41:39; Dalila Abdulkadir Gosa BRN 2:42:13; Viola Jelegat Kibiwot KEN 2:42:58; Sharon Chelimo Arusho KEN 2:43:16; Emily Chepkemai Arusio KEN 2:43:34; Yezna Mekonen Ademasu ETH 2:43:48; Sharon Jumutai Cherop KEN 2:45:06; Rachel See Boon Lay SGP 2:58:15 (= SGP Champion); Asami Minakawa JPN 3:01:39; Siew Lu Chng SGP 3:05:09; Sharon Tan Fang Yu SGP 3:11:34; Karolina Wasniewska POL 3:17:33; Meiliani Lee SGP 3:18:03; Shen Xiaoyang CHN 3:20:44; Yin Fuyu SGP 3:22:54; Ririko Nishiki JPN 3:24:07; Yvonne Lim Chen Yui SGP 3:24:08; Rachel Lee SGP 3:24:16; Aleksandra Simakova RUS 3:27:20; Beatrice Bouchard CAN 3:28:03; Lea Lin Chong MAS 3:28:53; Ira Villinger AUT 3:29:47;

Half Marathon (6):

Nicole Low Sui Xuan SGP 1:23:45 (= SGP Champion); Jasmine Teo Hui Yin SGP 1:24:44; Vanessa Lee Ying Zhuang SGP 1:25:42; Choey Wong Hoi Lam SGP 1:25:48; Leanne Szeto Shin Yan HKG 1:26:16;

Serena Teoh Dong Xiang SGP 1:28:03; Moa Elin Maria Stahlberg SWE 1:28:35; Vanessa Chong SGP 1:30:12; Han Qinfei SGP 1:31:05; Noriko Kanakubo JPN 1:32:07; Cyrielle Perrigault FRA 1:34:36;
10 km Road Race (6):
Rochelle Di Masi AUS 40:19;

THAILAND

Amaizing Thailand International Marathon at Bangkok / 30.11.2025

Men:

Marathon:

Bekele Shiferaw Agunafr ETH 2:14:26; Tariku Abdi ETH 2:19:15; Krzysztof Hadas POL 2:19:24; Tekele Girma Habtemariyam ETH 2:20:32; Abdena Kuma Ajema ETH 2:22:38; Wendwesen Tilahun Damte ETH 2:23:34; Tesfaye Tsegaye Keress ETH 2:23:41; Teferi Dida Tola ETH 2:24:14; Yang Bowen CHN 2:27:19; Nattawat Innum THA 2:30:54; Weldon Kirui KEN 2:31:50; Thanathip Dichim THA 2:32:30; Truong Van Tam VIE 2:33:22; Qu Jinwen CHN 2:33:53; Chen Xin CHN 2:33:53; Thawatchai Hokphanna THA 2:35:07; Aphidet Chuaisrisawat THA 2:38:10;

Half Marathon:

Yumoto Itsuki JPN 1:05:29; Alexander Muhia Njai KEN 1:05:32; Ahmet Alkanoglu TUR 1:05:45; Guta Kebede Nano ETH 1:05:59; Sewmehon Tiruneh Kindu ETH 1:07:56; Gustavo Souza BRA 1:08:47; Yared Meaza Sima ETH 1:09:42; Tesfaye Degefa Fekadu ETH 1:13:11; Thitinun Thongdee THA 1:13:12; Pongsit Chinchawo THA 1:13:26; Arthit Soda THA 1:13:41; Mongkhon Kaeota THA 1:13:55; Aekkalak Jhankao THA 1:14:08; Yang Xin CHN 1:14:25; Nuttawut Srinat THA 1:14:40;

10 km Road Race:

Rinas Akhmadayev RUS 29:07; Masato Saiki JPN 30:07; Ayana Geneti ETH 30:15; Yannick Michiels BEL 30:19;

Women:

Marathon:

Eunice Nyawira Muchiri KEN 2:39:26; Hajer Kahsay Berhe ETH 2:43:48; Meseret Yedaw ETH 2:47:54; Saron Molla Yigzaw ETH 2:48:36; Yeshiomet Bettaso Nguse ETH 2:48:38; Nancy Waigumo Githaiga KEN 2:48:47; Wu Ling CHN 2:53:46; Ni Zhiyan CHN 2:55:08; Charinya Kanchanasevee THA 3:00:24; Monthian Fravi THA 3:01:09; Arunya Hinsui THA 3:08:58; Suphansa Pholamai THA 3:09:33; Saira Aliyeva RUS 3:10:23; Sarocha Sinprasop THA 3:10:44; Soraya Tawong THA 3:13:33; Thanchanok Fakkhiew THA 3:13:41; Duanpen Phuangkun THA 3:16:08; Yaowapa Hoisungworn THA 3:17:56; ...22. Goh See Ler MAS 3:23:05; 23. Santy Phonepasith LAO 3:24:15;

Half Marathon:

Yanet Oli Erena ETH 1:21:02; Emebet Getawoy Beyene ETH 1:21:08; Birehan Marta Tinsae ETH 1:21:16; Liu Bei CHN 1:23:41; Piyanuch Sukchat THA 1:24:12; Julia Wangui Njari KEN 1:24:44; Xiong Binbin CHN 1:25:26; Kamolwan Leeatermpong THA 1:27:41; Zhang Qian CHN 1:29:20; Wanwisa Yimprasert THA 1:29:37; Olena Nikitas UKR 1:29:51; Kewalin Pengkham THA 1:29:53; Nuchanad Angchun THA 1:29:58; Canita Jansrimuang THA 1:30:12; Napatsorn Chaiyakijphai THA 1:30:22; Soraya Saait THA 1:30:47; Napatsorn Panthatawewit THA 1:31:30; Panomporn Khetsing THA 1:31:48; Ludovica Ungaretti ITA 1:32:19; Chonthicha Chaiamornphaisan THA 1:33:09; Sudarat Seenok THA 1:33:17; Manysa Mixay LAO 1:33:27; Veronica Inveen USA 1:34:17; Petcharat Chalaadtoy THA 1:34:30; Khankham Noymany LAO 1:34:46;

10 km Road Race:

Amare Kassie ETH 33:23; Adawork Aberta ETH 33:49; Nadpapahad Srikamrun THA 37:06; Stormy Cerys Woodward GBR 37:15; Birehan Marta Tinsae ETH 37:55;

VIETNAM

all finishers at the following three Races are Vietnam runners (except few foreigners as noted)

Techcombank InternatMarathon at Ho Chi Minh / 07.12.2025

Men:

Marathon:

Ayalew Seleshi Simaneh ETH 2:23:12; Wondale Melsew Baye ETH 2:23:23; Kebede Leta Girma ETH 2:23:32; Dante Wendwesen Tilahun ETH 2:23:54; Hosea Kogei KEN 2:24:32; Kennedy Lilan KEN 2:24:49; Huynh Anh Khoi 2:27:23; Nguyen Van Loi 2:27:40; Ezekiel Kipruto Kemboi KEN 2:28:53; Ba Van Han 2:33:01; Nguyen Thanh Dat 2:33:44; Masaki Kusumoto JPN 2:36:25; Le Van Tuan 2:38:48;

Half Marathon:

Duong Minh Hung 1:09:25; Pham Ngoc Phan 1:09:25 (same time for both !!); Truong Thi Tam 1:11:37; Le Hoang Tan 1:12:33; Truong Van Hieu 1:13:27;

Women:

Marathon:

Pham Thi Hong Le 2:48:07; Yenework Husen Mohamed ETH 2:48:45; Birehan Marta Tinsae ETH 2:50:35; Zega Mestu Sirabzu ETH 2:50:52; Dona Thi Oanh 2:54:23; Guteta Mesay Wakuma ETH 2:55:06; Le Thi Ha 2:57:40; Vu Khanh Linh 2:59:06; Tran Thi Kim Kieu 3:04:44; Nguyen Thi Tra Giang 3:05:17; Thi Le Phuong 3:17:49; Ta Thi Minh Nghia 3:18:25;

Half Marathon:

Hoang Thi Ngoc Anh 1:23:00; Nguyen Thi Ngoc Lan 1:24:16; Kim Eun-Ah KOR 1:26:56; Tran Thi Ny 1:30:28;

Vn Express International Marathon at Hanoi / 30.11.2025

Men:

Marathon:

Ezekiel Kipruto Kemboi KEN 2:24:20; Ebisa Takele Kure ETH 2:26:31; Trinh Minh Tam 2:27:25; Huynh Anh Khoi 2:29:59; Pham Duc Tho 2:31:27; Dao Ba Thanh 2:31:44; Dang Anh Quyet 2:33:19;

Half Marathon:

Samuel Kalalei KEN 1:08:55; Hoang Viet Vi Ly 1:10:20; Nguyen Hoang Thinh 1:12:18; Bui Van Dung 1:13:16; Tran Tu Phap 1:14:30; Ngo Van Quan 1:15:00;

Women:

Marathon:

Pham Thi Hong Le 2:56:06; Vu Khanh Linh 2:56:52; Nguyen Thi Tra Giang 3:00:13; Le Minh Tuan 3:01:56; Thai Thi Hong 3:02:09; Hoang Huong Thuy 3:03:29; Pham Thi My Duyen 3:07:02; Le Thi Nhan 3:09:24; Chu Thi Phuong 3:10:31; Quach Thi Bich Thuy 3:11:08; Phung Thi Trang 3:14:16; Nguyen Thi Hai Yen 3:15:36;

Half Marathon:

Doan Thi Oanh 1:19:13; Hoang Thi Ngoc Anh 1:20:30; Bang Thach Long Trinh 1:23:48; Ngo Thi Khanh Ny 1:24:44; Pham Thi Hien 1:26:24; Tran Thi Duyen 1:26:59; Le Thi Thanh Quynh 1:29:00; Dong Thi Mong Tho 1:29:23; Nguyen Thi Lan Anh 1:29:35; Dang Thi Thu Phuong 1:29:38; Le Thi Lai 1:30:40; Tran Thi Hong 1:31:07; Nguyen Thi Linh 1:31:44;

Halong Bay Heritage Marathon at Halong / 23.11.2025

Men:

Marathon:

Kennedy Kiprop Chelimo KEN 2:13:57; Daniel Lemashon Salel KEN 2:16:05; Samuel Kalalei KEN 2:16:26; David Kipkorir Rono KEN 2:17:35; Vincent Kipsegechi Yator KEN 2:18:53; Hyunh Anh Khoi 2:23:34; Nguyen Van Lai 2:25:50; Ebisa Takele Kure ETH 2:27:15; Ho Quang Binh 2:32:15; Pham Duc Tho 2:32:36; Dang Anh Quyet 2:33:44; Nguyen Mai Trung 2:34:08;

Half Marathon:

Edwin Yebei Kiptoo KEN 1:11:24; Ngyuen Hoang Thinh 1:12:11; Vu Hai Toan 1:14:09; Tran Tu Phap 1:14:18; Truong Van Quan 1:14:55;

Women:

Marathon:

Caroline Jepkemei Kimosop KEN 2:43:27; Naomi Jepkoge Maiyo KEN 2:44:15; Pham Thi Hong 2:48:06; Vu Khanh Linh 2:56:32; Thai Thi Hong 3:00:56; Le Minh Tuan 3:03:00; Hoang Huong Thuy 3:03:13; Pham Thi My Duyen 3:04:34; Nguyen Thi Thu Ha 3:06:34; Le Thi Phuong 3:09:02; Quach Thi Bich Thuy 3:09:48; Nguyen Phuong Thuy 3:09:58; Le Kim Hoa 3:10:32; Nguyen Thi Hai Yen 3:12:00; Dong Thu Tuyen 3:14:32;

Half Marathon:

Doan Thi Oanh 1:19:53; Ha Thi Thanh 1:19:57; Le Thi Ha 1:22:18; Ingalena Schömburg-Heuck GER 1:22:51; Tran Thi Duyen 1:25:42; Hanna Russell GBR 1:26:36; Bang Thach Long Trinh 1:28:21; Tran Thi Hong 1:29:07; Hoang Thi Hong Uyen 1:29:39; Lan Anh ?? 1:29:39;

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MALAYSIA

International Half Marathon at Langkawi / 06.12.2025

Men:

James Cherutich Tallam KEN 1:09:02; Onesmus Martin Muasya KEN 1:09:19; Evans Kiptoo Bomer KEN 1:10:40; Muhammad Haziq Hamzah MAS 1:12:32; Ruzaini Mahadi BRU 1:13:38; Vimal Govendarajoo MAS 1:14:07;

Women:

Ziporah Wanjiru Kingori KEN 1:24:16; Purity Jelimo Serem KEN 1:26:26; Noor Amelia Musa MAS 1:28:56; Yu Hui Khing MAS 1:29:59; Allison Yee MAS 1:31:51; Tiffany Lee Siok Chin MAS 1:32:12;

International Marathon at Miri / 16.11.2025

(- addition to Report No 23 -)

Men:

...6. Ruzaini Mahadi BRU **1:13:35 = NR;**

INDONESIA

Internat. OPPO Run Bali Half Marathon at Gianyar / 30.11.2025

Men:

James Kahura KEN 1:08:54; Charles Munyua Njoki KEN 1:09:01; Immanuel Hutasoit INA 1:09:53;
Samsuddin Massa INA 1:10:07; Fery Fadri INA 1:10:32; Sedilta Pilom Nubatonis INA 1:12:40;

Women:

Lydia Naliaka Wamawa KEN 1:21:09; Aleksandra Simakova RUS 1:30:04; Anjellika Giting INA 1:35:19;

Internat. ECO Runfest Half Marathon at Jakarta / 23.11.2025

Men:

Half Marathon:

Mathew Samperu KEN 1:04:23; Dawit Fikadu Admasu BRN 1:06:17; Teklu Bekele Kebede ETH 1:07:09;
Charles Munyua Njoki KEN 1:07:39; Jumnah Kuria Kariuki KEN 1:10:32; Rikki Martin Simbolon INA
1:12:16; Nofeldi Petingko INA 1:12:27; Nur Shodiq INA 1:12:47;

10 km Road Race:

Ibnu Sidik INA 31:14; Iqbal Saputra INA 31:20; Syamsuddin Massa INA 31:58;

Women:

Half Marathon:

Lucy Nthenya Nambuki KEN 1:15:41; Nefriana Ariance Daik INA 1:21:46; Caroline Cheronon KEN
1:22:22; Emebet Getawoy Beyene ETH 1:25:28; Dwi Tiansi Anggraini INA 1:25:43; Fitri INA 1:29:03;
Isania Tarigan INA 1:31:26;

10 km Road Race:

Agustina Mardika Manik INA 38:08;

BRUNEI

The Brunei International Half Marathon at B.S.Begawan / 30.11.2025

Men:

David Kipkorir Rono KEN 1:06:14; Kelvin Kiplagat Kipruto KEN 1:06:58; Frankline Saitoti KEN 1:07:28;
Peter Kipleting Keter KEN 1:07:58; Kennedy Lilan KEN 1:10:15;

Women:

Alice Muthoni Koigi KEN 1:20:43 (2nd = 1:43:20 !!);

KOREA

International Marathon at Incheon / 23.11.2025

Men:

Marathon:

Gerba Beyata Dibaba ETH 2:06:52; Gilbert Kibet KEN 2:06:54; Felix Kibitok KEN 2:06:57; Abdisa Tola
Adera ETH 2:08:40; Robert Kimutai Ngeno KEN 2:09:02; Robert Kipkorir Kwambai KEN 2:09:22; Leul
Gebresilase Aleme ETH 2:10:06; Mohamed El Talhaoui MAR 2:10:17; Tadele Demissie Yimer ETH
2:10:40; Park Min-Ho KOR 2:11:58; Isaac Kimutai Kiplagat KEN 2:14:15; Dambadarjaa Gantulga MGL
2:14:56; Kim Jae-Min KOR 2:19:24; Shim Sung-Sub KOR 2:22:29; Daviti Kharazishvili GEO 2:24:24;
Choi Byong-Su KOR 2:25:26; Jamsran Olonbayar MGL 2:34:19;

Half Marathon / National Race:

Baek Seung-Ho 1:05:54; Kim Ho-Yeon 1:06:04; Lee Jun-Ho 1:11:48; Kim Han-Byul/2006 1:14:01;

Women:

Marathon:

Joan Chelimo Melly ROU 2:22:57; Snatnesh Alamrew Tirusew ETH 2:23:16; Yeshe Kalayu Chekole ETH 2:23:26; Netsanet Gudeta Kebede ETH 2:23:43; Lydia Naliaka Simiyu KEN 2:28:05; Meseret Gebre Dekebo ETH 2:28:13; Nelly Jeptoo KEN 2:28:46; Tadelech Bekele Nedi ETH 2:29:01; Lee Soo-Min KOR 2:35:41; Jung Hyun-Ji KOR 2:39:41; Kim Eun-Mi KOR 2:40:51; Han Ji-Hye KOR 2:43:47; Nam Bo-Ha-Na KOR 2:49:24;

Half Marathon / National Race:

Park Seo-Yeon 1:21:13 (2. = ??);

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CHINESE TAIPEI

International Marathon at Chiayi / 30.11.2025

Men:

Marathon:

Francis Kioko Nzyoki KEN 2:21:28; David Kipkoech Kipsang KEN 2:21:33; Kiprono Koech KEN 2:21:50; Hitley Ombisi Ademo KEN 2:24:46; Joseph Mwangi Ngare KEN 2:26:31; Lukas Muteti Wambua KEN 2:32:29; David Mbogo Mugo KEN 2:32:53; Josephat Ombiro Auka KEN 2:35:51; Trieu Tien Luyen VIE 2:36:17;

Half Marathon:

Victor Kiprop Kiplagat KEN 1:07:36; Job Minacho Kamonde KEN 1:07:44; Chou Hong-Yu TPE 1:11:18; Jamin Ekai Ngaukon KEN 1:11:19;

Women:

Marathon:

Nancy Jebet Koech KEN 2:43:17; Peris Jepkorir KEN 2:47:24; Caroline Cherono KEN 2:57:45; Tsai Ya-An TPE 3:08:36; Eunice Mukina Mutungi KEN 3:08:36; Hsu Chao-Cheng TPE 3:09:39; Lin Kuan-Ru TPE 3:13:52; Li Huei-Chuan TPE 3:14:09;

Half Marathon:

Petronila Nduki Musengya KEN 1:23:17; Chang Chi-Hsuan TPE 1:24:08; Su Feng-Ting TPE 1:24:58; Moa Elin Maria Stahlberg SWE 1:26:47; Yu Ya-Chun TPE 1:29:25; Tseng Pei-Yu TPE 1:29:25;

International Marathon at Taichung / 23.11.2025

Men:

Marathon:

Trieu Tien Luyen VIE 2:38:13;

Women:

Marathon:

Nguyen Thi Tra Giang VIE 3:05:25; ?? ??-?? (no name/translation) TPE 3:10:04;

International City Marathon at Hsinchu / 16.11.2025

Men:

Marathon:

Francis Kioko Nzyoki KEN 2:28:02; David Mbogo Mugo KEN 2:28:26; Josephat Ombiro Auka KEN 2:35:24;

Half Marathon:

Job Minacho Kamonde KEN 1:05:55; Victor Kiprop Kiplagat KEN 1:06:03; Chiang Yan-Chun TPE 1:10:46; Stephen Kimemia Njogu KEN 1:10:50; Hu Kuan-Kai TPE 1:11:30; Huang Yang-Tzi TPE 1:12:21;

Women:

Marathon:

Nancy Jebet Koech KEN 2:58:04; Eunice Mukina Mutungi KEN 3:06:19; Yan Fu-Ching TPE 3:14:01; Chiu Li-Ching TPE 3:15:15;

Half Marathon:

Petronila Nduki Musengya KEN 1:23:53; Wu Wan-Ching TPE 1:24:29; Su Feng-Ting TPE 1:25:02; Moa Elin Maria Stahlberg SWE 1:26:14; Li Huei-Chuan TPE 1:28:05; Dong Chia-Chi TPE 1:28:23;

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INDIA

following are selected best performances from several Marathon/Half Marathon Races in INDIA during last weeks / information about distances/accurate course measurements for most events (esp. for rather fast times in some of the Half Marathon races) unconfirmed / all runners from India except some foreigners in International Races as noted

39th International Marathon at Pune / 07.12.2025

Men:

Marathon:

Terefe Haimanot Agegnhu ETH 2:20:08; Miko Dereje Alemu ETH 2:20:09; Tirtha Pun NEP (IND-based) 2:20:17; Tola Negese Haile ETH 2:22:40; Hunde Daba Kenene ETH 2:22:49; Edugna Tsegaye Molla ETH 2:23:46; B.Vikram 2:25:04; Kamlakar Lakshman Deshmukh 2:27:46; Late Changdev Hiranman 2:28:12; Gizena Gebresilase ETH 2:29:36;

Half Marathon:

Sachin Yadav 1:03:43; Raj Tiwari 1:03:44; Mukesh Kumar 1:04:03; Vishal Bansode 1:05:15; Ashwin ?? 1:05:38; Harish Sheoran 1:06:02; Rajan Vikramjit Yadav 1:06:41; Chaitanya Rupnar 1:06:53; Damasa Habtamu Janka (ETH ??) 1:07:27; Dinkar Gulab Mahale 1:09:16;

10 km Road Race:

Dattatray Kudnar 30:58;

Women:

Marathon:

Sakshi Sanjay Jadhya 2:39:37 (obviously the Full Marathon debut for this 24-year old runner, who won the Half Marathon at this event last year with 1:14:29; if this time will be confirmed as OK, this time would be 7th IND All-Time; Edao Meseret Tulu ETH 2:40:56; Ware Bontu Demisse ETH 2:50:46; Sonam ?? 2:51:26; Ashvini Jadhav 2:52:13; Magarsa Chaltu Birhanu ETH 3:05:27; Seman Firehiwot Shemsu ETH 3:09:23; Challa Toleshi Gutema ETH 3:18:26;

Half Marathon:

Bharti Nain 1:13:59; Ravina Vijay Gayakwad 1:15:58; Tsehay Desalegn ETH 1:18:19; Srushti Shridhar Redekar 1:18:49; Gayatri Patil 1:22:15; Rani Sadashiv Muchandi 1:22:45; Sakshi Anat Kasbe 1:23:47;

Vishakha Shinde 1:28:33; Nisha Anand Paswan 1:28:57;

10 km Road Race:

Komal Jagadale 37:37; Priyanka Oksa 38:32; Sakshi Bhaskar Bhandari 38:39;

International Midnight Half Marathon at Bengaluru / 07.12.2025

Men:

Shivam Singh Tomar 1:06:33; Amit Singh 1:06:34; Shivam Yadav 1:07:35; Meshack Nderitu KEN 1:09:38; Hukam Singh 1:11:53;

Women:

Nitu Kumari 1:23:03;

National Marathon at Chhattisgarh / 07.12.2025

Men:

Marathon:

Arjun Pradhan 2:30:17; Gulshan Dungdung 2:31:23; Aslesh Kumar Rajwade 2:36:19;

Half Marathon:

Hemraj Gurjar 1:09:36; Vikas Bisne 1:10:47; Ghoola Chouhan 1:11:02; Md Vasim 1:11:17;

Women:

Half Marathon:

Pragya Rajwade 1:32:24; Nikki Gupta 1:33:34;

National Half Marathon at Jalandhar / 07.12.2025

Men:

Lovepreet Singh 1:04:00; Neeraj ?? 1:04:23; Ajeet Singh 1:05:59; Harjodhvir Singh 1:06:15;
(5th Men = 1:13:40 / no relevant times for female runners)

5th Adani National Marathon at Ahmedabad / 30.11.2025

Men:

Marathon / Open:

Nikhil Singh 2:22:49; Sachin Poojary 2:29:14; Mohamed Sahil 2:30:36; Vipul Kumar 2:32:30; Rupan Debnath 2:35:11; Defence Forces: Mohit Kumar Sharma 2:27:14; Dinesh Singh 2:28:02; P.Nazeem 2:28:07; Dev Singh Dagar 2:38:13;

Half Marathon / Open:

Dharmender ?? 1:03:48; Mukesh Kumaer 1:03:57; Shivam Singh Tomar 1:06:21; Anant Gaonkar 1:09:37; Defence Forces: Lovepreet Singh 1:05:11; Shankar Lal Swami 1:07:48;

Women:

Marathon / Open:

Ashvini Jadhav 2:56:49; Bharti ?? 3:03:56; Jyoti Gawate 3:09:03; Rukamini Bhore 3:13:02; Seema ?? 3:13:14; Defence Forces: Pooja ?? 3:10:16;

Half Marathon / Open:

Farheen Firdose 1:31:31; Defence Forces: Khushbu Gupta 1:25:07; Priti Chaudhary 1:29:00; Annu Yadav 1:29:54;

SBI Green Half Marathon at Bangalore / 30.11.2025

Men:

Shivam Yadav 1:08:39; Onkar Rajendran 1:09:18; Gurmessa Niguse ETH 1:09:59; Khailesh Kushwaha 1:10:17; Gopi Saroj 1:10:31;

Women:

Babli Verma 1:22:40; Nitu Kumari 1:23:05; Lesharge Senait ETH 1:30:47;

National Pink City Half Marathon at Jaipur / 30.11.2025

Men:

Bablu Sisodiya 1:06:45; Versi Ram 1:08:00; Yogesh ?? 1:08:58; Deva Ram 1:09:10;

Women:

Ujala ?? 1:26:21; Paru Kumari 1:29:52;

National Hubballi Half Marathon at Hubli / 30.11.2025

Men:

Chaitanya Rupnar 1:08:07; Shivanand Chigari 1:08:45; Nagesh Panwar 1:09:10;

Women:

Sapna Patel 1:25:32; M.Shreya 1:30:20; Muskan Kushwah 1:30:22; Mamata Patil 1:31:28; Rutuja Patil 1:32:09;

National Maha Mumbai Half Marathon at Thane / 30.11.2025

Men:

Kartik Karkera 1:06:21; Dinkar Mahale 1:09:25;

Women:

Sakshi Bhandari 1:24:37; Vishakha Shinde 1:25:17; Sakshi Kasbe 1:25:56;

National Indianoil Navy Half Marathon at Mumbai / 23.11.2025

Men:

Half Marathon / Open:

Kulbir Singh 1:04:52; Manjit ?? 1:05:22; Shubham Baliyan 1:06:15;

Half Marathon / Aircraft Carrier division:

Kartik Karkera 1:05:53; Dinesh ?? 1:06:12;

10 km Road Race:

Prakash Rao Deshmukh 30:22; Ashwin ?? 30:24; Parvej ?? 30:25;

Women:

Half Marathon / Open:

Vrinda Bhandari 1:37:08;

Half Marathon / Aircraft Carrier division:

Pooja ?? 1:20:33; Ravina Gayakwad 1:20:38; Rozi ?? 1:24:48; Rukhmine Bhore 1:36:21; Manisha Joshi 1:36:38;

10 km Road Race:

Kavita ?? 35:36; Anjali Devi 35:41; Pooja Kumari 37:49;

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KUWAIT

International GULF Bank Marathon at Al Kuwait / 29.11.2025

Men:

Marathon:

Ahmed Jaafar EGY 2:29:38; Abdelhamid Ahmed EGY 2:38:05;

Half Marathon:

Elhassan El Abbassi BRN 1:03:40; Abdullah Al-Shammari CAN 1:13:41; Rasheed Al-Noaimi BRN 1:15:45; Abdulrahman Abd.Abbas KUW 1:15:58;

10 km Road Race:

Youmni El Himer MAR 29:57; Philip Ekwom KEN 30:16; Zouhair Aouad BRN 30:31;

Women:

Marathon:

Matilda Kylä-Harakka FIN 3:19:55;...4. Shabiad Al-Yagout KUW 3:44:20;

Half Marathon:

Haya Ahmed Al-Refai KUW 1:29:30; Andie Kuipers ZIM (African Triathlon Champion !!) 1:31:50; Fatima Al-Harji KUW 1:32:28; Hoya Mohamed Al-Huwajir KUW 1:33:05; Sara Al-Wohaib KUW 1:36:03;

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UNITED ARAB EMIRATES

National Day International Half Marathon at Dubai / 30.11.2025

Men:

Half Marathon:

Sameh Al Zghoul JOR 1:14:09;

10 km Road Race:

Daniel Bagley GBR 32:24;

Women:

Half Marathon:

Nuraiym Erkebayeva KGZ 1:23:51; Phidilia Masanju KEN 1:29:28; Juliana Stein BRA 1:32:46; Alina Adomaityte LTU 1:35:07;

10 km Road Race:

Edel Gaffney IRL 37:02;

Internat. Zayed Charity 10 km Road Race at Abu Dhabi / 29.11.2025

Men:

Yassir Echchaachoui MAR 28:46; Abu Salam Mayanja UGA 28:53; Dagne Tesfu Demsie ETH 29:03; Hayden Wilde NZL 29:18; Taha Adem ETH 29:19; Julius Kyasanku UGA 29:57; Abdelali Bouazzaoui MAR 30:34; Gwido Grace UGA 30:39; Khalifa Obaid Al-Nuaimi UAE 31:24; Bernard Mungai KEN 31:36; Abdalla Suroor UAE 31:29; Najib Akhlj MAR 31:38; Saleh Al-Suwaidi UAE 31:46; Hamid Al-Zeyoudi UAE 32:07;

Women:

Nowel Cheruto UGA/2006 32:51; Rkia El Moukim MAR 32:56; Hanne De Vet BEL 36:44;

Emirates Villages 10 km Run Series at Dubai / 29.11.2025

Men:

Halefom Kidanu ETH 30:24; Bernard Mungai KEN 32:27;

Women:

Megertu Buli ETH 36:34; Zinashwork Ambi ETH 37:05; Birtukan Shewaye ETH 37:18; Janet Chemusto UGA 37:38;

International NBF 10 km Road Race at Fujairah / 22.11.2025

Men:

Abu Salam Mayanja UGA 28:28; Dagne Tesfu Demsie ETH 28:30; Feyisa Tadesse ETH 28:31; Mohamed Ait Mmamas Touda MAR 28:51; Brahim Slimani MAR 31:33; Khalifa Obaid Al-Nuaimi UAE 32:42; Saeed Mohamed UAE 32:46;

Women:

Nowel Cheruto UGA/2006 34:34; Liz Verheyden BEL 37:14; Nuraiym Erkebayeva KGZ 38:02;

Emirates Villages 10 km Run Series at Sharjah / 22.11.2025

Men:

Abu Salam Mayanja UGA 31:34 (winner of two 10 km races on same day !!); Patrick Konda UGA 32:04;

NEPAL

11th Dhara National Marathon at Nepalgunj / 22.11.2025

(-courtesy of Mr Diwakar Lal Amatya -)

Men:

Marathon:

Khadka Bahadur Khadka 2:15:06 / 2nd NEP All-Time (missed NR by 3 seconds only); Sushil Kumar Shahi 2:16:40 / 3rd NEP All-Time; Gopi Chandra Parki 2:19:15; Binod Rokaya 2:20:33; Rajan Chaudhary 2:31:06;
10 km Road Race:

Nageshwor Ahir 31:42; Rupesh Karki 31:49;

Women:

Half Marathon:

Purna Laxmi Neupane 1:21:27; Phumati Rana 1:27:22; Sandhya Budha 1:27:39; Pushpa Acharya 1:35:01;

10 km Road Race:

Kalpana Budha 37:18; Deepa Pariyar 38:10; Sundawa Budha 38:43;

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JORDAN

International Ayla Red Sea Half Marathon at Aqaba / 05.12.2025

Men:

Ahmad Sammour JOR 1:05:53; Abdelaziz Al-Sanal JOR 1:07:17; Huthaifa Al-Akkawi JOR 1:08:45;
Ahmad Muhaisen JOR 1:09:36; Mohammed Al-Sheikh JOR 1:12:11;

Women:

Hanoia Hasaballa SUD 1:20:42; Heba Hammoud Ameen JOR 1:24:45; Nahida Al-Bawat JOR 1:26:52;
Nadia Al-Lahbam JOR 1:28:46; Emy Gonzaga PHI 1:36:56;

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PHILIPPINES

National Rock´n Roll Marathon at Manila / 29.11.2025

Men:

Marathon:

J.L.Gusilatar 2:40:34;

Half Marathon:

Roger Aguirre 1:14:45;

Women:

Marathon:

Eloisa Cusi 3:15:34

-for this race the excellent time of 2:42:49 was published for an absolutely unknown female runner with the name = ANDREA JIMENEZ, which would be even faster than the official PHI-record; however, acc. to her intermediate times she reached 27 km after 2:33:51 and then stopped her race and was given 2:42:49 as her finish time !! -

Half Marathon:

Kimberley Jurado 1:33:18; Jewel Mae De Luna 1:33:30;

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BANGLADESH

Jolshiri Bangla National Half Marathon at Dhaka / 28.11.2025

-exact details concerning accurate course measurement etc. (to value the times for the winners as new National Records) unconfirmed

Men:

Mohammed Alamin **1:10:20 / NR ??**; Mohammed Imran Hasan 1:12:15; Shohel Rana 1:13:02; Mohammed Mehedi 1:14:04; Mahabur Khan 1:14:31; Mamun Ahmed 1:14:33;

Women:

Rinky Biswas/2006 **1:29:01 / NR ??**; Prithi Akther/2010 1:32:44; Lapia Khatun 1:38:17;

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ULTRA RUNNING

THAILAND

IAU 100 km Ultra Asian/Oceanian Champs at Bangkok / 23.11.2025

Men:

Amar Singh Devanda IND 6:59:38; Clay Dawson AUS 7:15:23; Saurav Kumar Ranjan IND 7:23:03; Geeono Antony IND 7:34:58; Jayadrath ?? IND 7:51:01; Tanat Wijitsuntom THA 7:58:02; Chu Hung-Jen TPE 8:05:28; Michael Hooker AUS 8:07:31; Ben Kuang AUS 8:13:49; Baatarbold Jukov MGL 8:15.05; Teams (only 4 countries placed): IND (Devanda, Ranjan, Antony) 21:57:37; AUS (Dawson, Hooker, Kuang) 23:36:41; THA (Wijitsuntorn, Noimor, Prasanwong) 25:56:41; TPE (Chu Hung-Jen, Tsai Chun-Yu, Lee Min-Feng) 26:00.43;

Women:

Mel Aitken NZL 9:04:14; Zenzin Dolma IND 9:18:49; Aarti Brijmohan Zanwar IND 10:15:27; Rajni Singh IND 10:20:20;