

Results from ASIA 2025 - 05

ROAD WALK

JAPAN

ASIAN 20 km Race Walk Championships at Nomi / 16.03.2025

(-courtesy of Mr Cuddi Valson & additional info from the competition-website -)

following are the complete official results from these ASIAN CHAMPS with 11 male & 5 female competitors at these two Championships events (surprisingly without participants from India as one of the ASIAN countries with very strong walkers !!), which were held as part of this WORLD ATHLETICS Race Walking Tour Bronze Label Event

in addition the best performances by other (non-Championships) participants at these events & by the best performers from additional National 35 km Walk & from Junior Walk events (10 km for Junior Men & 5 km for Junior Women) are listed below /

for the 20 km Championships (combined) overall placings are shown in brackets /

3 early World 2025 Leading performances were achieved (1 World Senior & 2 World Junior 2025 Leaders) /

several new Records were achieved and are shown as AR (for 3 Area Records) & NR (for 9 National Records) /

more detailed complete results from the National Walking events are available from the World Athletics website and by other sources

Men / Asian Champs:

(10.) Hu Xuanfei CHN 1:21:12; (15.) Georgiy Sheiko KAZ 1:23:07; (16.) Rasulbek Dilmurodov UZB **1:23:17/NR**; (18.) Joo Hyun-Myeong KOR 1:23:43; (26.) Hsu Chia-Wei TPE 1:26:47; (31.) Chin Man Kit HKG 1:28:50; (33.) Carlos T.De Imus PHI **1:30:03/NR**; (35.) Bayu Prasetyo INA 1:30:06; (39) Khor Jing Hong MAS 1:31:00; (60.) Sree Krishna Saha BAN 1:54:16; Ryo Hamanishi JPN dnf (Co-Leader at 10 km with Hu Xuanfei = 39:22);

Out-of-competition finishers (non-JPN Walkers):

(22.) Chen Hang CHN 1:25:49; (34.) Angga Septiyan Prasetyo INA 1:30:04; (41.) Song Min-Gi KOR 1:31:00;

best Japanese finishers:

(1.) Yuta Koga 1:18:48; (2.) Hiroto Jusho 1:19:07; (3.) Keisuke Hara 1:19:40; (4.) Hayato Yanagihara 1:19:51; (5.) Taisei Yoshizako 1:19:55; (6.) Atsuki Tsuchiya 1:20:18; (7.) Yushi Nakajima 1:20:32; (8.) Rihito Ishida 1:20:38; (9.) Sotaroh Osaka/2006 **1:21:03 / World 2025 Junior Leader**; (11.) Hayato Nagata 1:22:30; (12.) Hanuki Manju 1:22:34; (13.) Kosei Akazawa 1:22:35; (14.) Yuga Maekawa 1:22:36; (17.) Kazuhiro Tateiwa 1:23:36; (19.) Shuto Haga 1:24:53; (20.) Aoi Suzuki 1:25:29; (21.) Kenta Sakurai 1:25:35;

Women / Asian Champs:

(2.) Ayane Yanai JPN 1:30:25; (3.) Li Yanhong CHN 1:30:30; (5.) Yasmina Tokonbayeva KAZ 1:33:11; (28.) Halida Ulfah INA 1:50:23; Alana Halaguena PHI dnf

Out-of-competition finishers (non-JPN Walkers):

(1.) Ning Jinlin CHN 1:30:04; (8.) Kim Min-Ji KOR 1:35:42;

best Japanese finishers:

(4.) Sumika Tani 1:33:05; (6.) Ai Oyama 1:34:54; (7.) Satsuki Ishida 1:35:21; (9.) Toko Nakajima 1:37:50; (10.) Kayane Saito 1:38:22; (11.) Ayaka Nakamura 1:38:28; (12.) Ayumi Sugibayashi 1:39:05; (13.) Yoshika Yamada 1:39:37; (14.) Yua Nagai 1:39:39; (15.) Mei Yamagishi 1:40:07; (16.) Kaori Inoue 1:40:11; (17.) Uwa Oga 1:40:14; (18.) Midori Katsuma 1:41:00; (19.) Harumi Taguchi 1:43:14; (20.) Aina Asano 1:43:38;

other non-Championships events:

Men / 35 km / Japanese Champs (& few foreign competitors as noted):

Hayato Katsuki **2:24:38 / World 2025 Leader & JPN Champion**; Andres Olivas Nunez MEX **2:25:08/NR**;
Rhydian Cowley AUS **2:25:21 / Area Record & NR**; Satoshi Maruo 2:25:19; Kazuki Takahashi 2:25:45;
Subaru Ishida 2:25:50; Noel Chama MEX 2:26:25; Ever Palma Olivares MEX 2:27:43; Isaac Palma MEX
2:27:46; Motofumi Suwa 2:28:56; Kento Yoshikawa 2:30:16; Choe Byeong-Kwang KOR **2:33:42/NR**;
Carl Gibbons AUS 2:38:05; Lim Dong-Min KOR 2:38:26; Yuki Ito 2:40:57; Hendro INA **2:49:37/NR**;
non-finishers including Lee Seong-Yoon KOR & Kang Ki-Dong KOR

Women / 35 km / Japanese Champs (& few foreign competitors as noted):

Olivia Sandery AUS **2:42:40 / Area Record & NR**; Sandra Lorena Arenas COL **2:44:17 / Area Record &
NR**; Yukiko Umeno 2:46:53 (JPN Champion); Allanah Pitcher AUS 2:47:26; Valeria Ortuno Martinez
MEX 2:51:02; Alexandra Jessie Griffin AUS 2:51:54; Hitomi Shinooka 2:53:18; Masumi Fuchise 2:55:23;
Maika Yagi 2:56:18; Yuki Yoshizumi 3:00:02; Mao Tatumi 3:01:22; Lee Se-Ha KOR **3:04:23/NR**; Sayori
Matsumoto 3:11:15;
non-finishers including Puspita Violine Intan INA (1:49:54 at 20 km & 2:47:54 at 30 km);

Junior Men / 10 km (incl. few Chinese Walkers as noted):

Bi Congshan CHN/2007 41:12; Wei Zheng CHN/2007 41:39; Daichi Yamada/2007 42:33; Ryota
Ikebatake/2008 42:49; Minato Sugimoto/2006 42:50; Syuuga Oikawa/2007 42:56; Guan Zhihao CHN/2009
43:03; Ikko Takahashi/2006 43:09; Yudai Otake/2006 43:27; Jian Zhang CHN/2009 43:27; Hinata
Araki/2007 43:54; Chen Ande CHN/2008 43:58;

Junior Women / 5 km (incl. few Chinese Walkers as noted):

Luan Xinyuan CHN/2006 **22:18 / World 2025 Junior Leader**; Zhu Ruping CHN/2007 22:39; Yuna
Uchiyama/2007 22:41; Daiji Kanzhe CHN/2007 23:09; Liu Junting CHN/2007 23:22; Kokoro Mase/2007
23:48; Rina Yamada/2006 23:55; Koharu Fujiwara/2006 24:01; Saya Ishida/2007 24:07; Karen
Matsumoto/2006 24:12; Ibuki Hori/2007 24:14; Mana Tsuchida/2008 24:53;

ROAD RACE RESULTS

(-courtesy of different Race - websites-)

KOREA

International Marathon at Seoul / 16.03.2025

Men:

Haftu Teklu Asefa ETH 2:05:42; Felix Kiptoo Kirwa KEN 2:05:44; Bernard Kiprop Koech KEN 2:05:50;
Solomon Kirwa Yego KEN 2:06:17; Ashenafi Moges Weldegiorgis ETH 2:07:06; Adane Kebede Gebre
ETH 2:07:28; Mike Kiptum Boit KEN 2:07:36; Naoya Sakuda JPN 2:07:39; Rhonzas Lokitam Kilimo
KEN 2:09:43; Daniel Simiu Ekenyo KEN 2:10:21; Stanley Kiprotich Bett KEN 2:10:50; Elijah Thiga
Mbare KEN 2:11:00; Silas Muturi Gichovi KEN 2:11:52; Suolang Cairen CHN 2:12:10; Kim Hong-Rok
KOR 2:12:29; Paul Kipkemoi Kipkorir KEN 2:12:30; Ryuichi Yoshioka JPN 2:13:14; Isaac Kimutai
Kiplagat KEN 2:13:28; Lee Jung-Kook KOR 2:13:41; Kim Jong-Yun KOR 2:14:43; John Kiprono Langat
KEN 2:17:08; Shim Jung-Sub KOR 2:17:33; Kim Keon-Oh KOR 2:18:00; Kim Hong-Min KOR 2:21:13;
You Jin-Seo KOR 2:21:33; Narau Jandos MGL 2:22:05; Im Chae-Woo KOR 2:22:29; Kim Dae-Hoon
KOR 2:23:10; Choi Chan-Yu KOR 2:24:06; Kim Ji-In KOR 2:27:32; Kim Eun-Seop KOR 2:27:47;
Jeon Jae-Won KOR 2:30:18; Stephen Kiplimo KEN 2:30:30; Tak In-Hu KOR 2:32:54;

Women:

Bekelech Gudeta Borecha ETH 2:21:36; Fikrte Wereta Admasu ETH 2:22:54; Mestawut Fikir Tiruneh ETH 2:23:10; Li Zhixuan CHN 2:28:51; Lim Ye-Jin KOR 2:30:14; Kim Do-Yeon KOR 2:30:18; Choi Kyung-Sun KOR 2:30:31; Ayano Ikeuchi JPN 2:38:50; Kim Young-Sin KOR 2:39:15; Ji Hee-Won KOR 2:42:48; Lee Ji-Eun KOR 2:45:01; Kang Ye-Jin KOR 2:45:44; Seong San-Ah KOR 2:54:56; Yang Yeon-Jun KOR 2:59:37; Tergel Batbayar MGL 2:59:40;

CHINESE TAIPEI

International Wan Jin Shi Marathon at New Taipei / 16.03.2025

(-courtesy of Mr Daniel Tseng -)

Men:

Masresha Bere Bisetegn ETH 2:13:47; George Mbugua Ngure KEN 2:14:00; Kenneth Kipkemoi KEN 2:14:04; Petro Mamu ERI 2:14:06; Mogos Shumay ERI 2:15:36; Geoffrey Kiprotich Birgen KEN 2:17:12; Paul Katisa Matheka KEN 2:18:08; John Nzau Mwangangi KEN 2:19:48; Chou Ting-Yin TPE 2:26:19; Kai Hang Sin HKG 2:31:31; Lin Chiu-Chieh TPE 2:32:24 (no others under 2:39);

Women:

Mulu Gadise ETH 2:29:14; Nigsti Haftu ETH 2:30:54; Parcalia Chepkogei KEN 2:31:10; Nigist Muluneh ETH 2:33:01; Catherine Syokau Mwanzau KEN 2:33:39; Naomy Tuei KEN 2:33:40; Fentaye Zenebu Bihonegn ETH 2:35:13; Lee Chia-Mei TPE 2:57:03; Tsai Ya-An TPE 2:59:21; Lin Yu-Sin TPE 3:00:46; Lee Hui-Chan TPE 3:01:23; Tsai Yun-Hsuan TPE 3:02:29; Yang Chiao-Chu TPE 3:05:57; Tsai Han-Chi TPE 3:06:07; Ju Yin-Ying TPE 3:06:28; Lin Yu-Ting TPE 3:06:46; Fang Chiao-Ling TPE 3:07:16; Chen Ya-Wen TPE 3:07:24; Ku Hsiao-Wen 3:07:27; Chou Li-Ching TPE 3:07:42;

International Freeway Marathon at Taipei / 09.03.2025

Men:

Francis Kioko Nzyoki KEN 2:37:10;

Women:

Fang Yu-Chen TPE 3:03:50; Chi Yu-Lin TPE 3:07:31; Eunice Mukina Mutungi KEN 3:09:02; Li Ching-Chiou TPE 3:09:19;

UNITED ARAB EMIRATES

International 10 km Road Race at Ajman / 11.03.2025

Men:

Gadisa Regasa ETH 29:48; Mohammed Ait Mamas Touda MAR 29:50; Anouar El Ghouz MAR 30:13; Abdelali Bouazzaoui MAR 30:41; Obaid Al-Nuaimi UAE 31:52; Abdalla Srour Khamis Juma UAE 31:59;

Women:

Yadeni Doju ETH 33:59; Rkia El Moukim MAR 34:01; Refref Mohammed ETH 37:27;

NAS Sports Tournament Running at Dubai / 08.03.2025

Men:

10 km Road Run / Open Category:

Yassir Echchaachoui MAR 27:21; Mohammed Ait Mamas Touda MAR 27:52; Ismail El Kharchi MAR 28:02; Salim Abu Mayanja UGA 28:12; Dagne Tesfu Demsie ETH 30:07; Anouar El Ghouz MAR 30:12; Bernard Mungai KEN 30:17; Filipe Couto De Azevedo POR 30:28; Paul Kome KEN 31:00; Shams Nasser Al-Hamhami OMA 31:01; Rafael Domingos POR 31:04; Samir Jouaher MAR 31:22; Mohsen Sulaiman Al-Hatmi OMA 31:40;

UAE National Champs Category:

Abdulkerim Teki Abdurahman (UAE ???) 28:15; Obaid Al-Nuaimi 30:21; Abdalla Srour Khamis Juma 30:51; Khalid Kh.Al-Bedwawi 31:18; Saoud Juma Al-Zaabi 31:26; Suhail ??? 31:29; Saeed Mohamed Al-Nuaimi 31:37; Saif Abd.Al-Alawi 31:40;

Women:

10 km Road Run / Open Category:

Rkia El Moukim MAR 34:37; Wafa Zeroual MAR 35:19; Liesbeth Verheyden BEL 35:45; Lottie Lucas GBR 38:23;

UAE National Champs Category:

Ruqayya El Marzooqi 38:36;

MACAO

International 10 km Road Run at Macao / 16.03.2025

Men:

Vincent Kibet Langat KEN 28:08 (28:07.09); Teresa Nyakola Gela ETH 28:08 (28:07.20); Harrison Wanjiru KEN 28:11 (28:10.07); Justus Kiprop KEN 28:11 (28:10.93); Martin Musyoka KEN 28:11 (28:11.00); Martin Ndungu Njenga KEN 28:15; Gideon Kipngetich KEN 28:17; Zenebe Ayele Tadesse ETH 28:21; Alex Oloitiptip Korio KEN 28:43; Victor Kipruto KEN 28:47; Peter Wanyoike KEN 28:48; Donikati Oliva Komon KEN 29:35; Nicholas Rugut KEN 29:38; Simon Lopeiyok KEN 29:48; James Kahura KEN 29:54; ...best Asian finishers: 19. Wang Kun MAC 31:27;...22. Wong Chin Wa MAC 33:12;

Women:

Betty Sigei KEN 31:23; Cintia Chepngeno KEN 31:34; Daisilah Jerono KEN 31:46; Jessica Chelangat KEN 31:57 (31:56.65); Rebecca Mwangi KEN 31:57 (31:56.72); Gete Alemayehu Teklemichael ETH 32:08; Valentine Jepkoech Rutto KEN 32:24; Mary Munanu KEN 32:51; Diniya Kedir Abaraya ETH 33:00; Joyline Chemutai KEN 33:19; Addisalem Belay Tegegn ETH 33:20; Zhu Qing CHN 34:00; Alice Koigi KEN 34:16; Nympha Kiteta Kivalo KEN 34:36; Mercy Kigen KEN 35:24; He Fang CHN 35:58; Nelly Ngeiywo KEN 36:37; Hoi Long MAC 38:42;

INDIA

Coal India Half Marathon at Bhubaneswar / 02.03.2025

Men:

Prince Kumar 1:05:58; Kiran Pandurang Matre 1:06:10; Puneet Yadav 1:06:16; Sunil Mahananda 1:06:26; Manish Rajput 1:06:35; Harish Ramesh Sheoran 1:06:48; Arjun Tudu 1:06:56; Ravi Gulia 1:07:30; Jugesh Kumar Bind 1:08:03; Divbyanshu Kumar 1:09:25;

Women:

Lili Das 1:15:04; Munni Devi 1:15:08; Sonika ??? 1:15:17; Babli Verma 1:15:23; Bharti Nain 1:15:50;
Phoolan Pal 1:22:31; Mamta Rajbhar 1:24:43; Anita Das 1:31:59;

Narsee Monjee Half Marathon at Chandigarh / 09.03.2025

Men:

Pramod Kumar 1:09:20; Dilbag Singh 1:11:07; Rohit ??? 1:13:23;

Women:

Mukesh Kumari 1:37:47;

SBI Green Half Marathon at New Delhi / 09.03.2025

Men:

Shahrukh Khan 1:10:20; Hukam Singh 1:13:37;

Women:

Rima Patel 1:23:41; Bhumi Negi 1:35:15;

Mindspace Eco Half Marathon at Mumbai / 09.03.2025

Men:

Rohan Chaudhari 1:11:22; Manoj Hilim 1:11:41; Rohit Mishra 1:11:50;

Women:

Vishakka Shinde 1:28:00; Sakshi Anant Kasabe 1:32:17; Pramila Patil 1:33:26;

Centrox Half Marathon at Bhubaneswar / 09.03.2025

Men:

Arjun Tudu 1:13:04; Bablu Tudu 1:13:05;

Women:

Susmita Tigga 1:31:05; Sandhya Murmu 1:34:50;

LAOS

International Half Marathon at Vientiane / 09.03.2025

Men:

Lamphone Xayyathée LAO 1:14:05; Daniel Haworth GBR* 1:15:49; Ivan Vlasenko RUS 1:16:00;
Anusorn Assawasena THA 1:16:44;

Women:

Abbie Pearse GBR* 1:20:25; Lodkeo Inthakoumman LAO 1:26:30; K.Sanguanwattanak THA 1:35:38;
Maneesa Mixay LAO 1:37:19; Le Thi Ngoc Thao VIE 1:37:30;

* = fiance's from GBR competing during their bike-tour through SEA countries

BHUTAN

11th International Marathon at Punakka / 01.03.2025

Men:

Marathon:

Wojciech Kopec POL 2:33:44; Tashi Norbu BHU 2:41:00;

Half Marathon:

Basappa Kuri IND 1:18:12; Gyem Tenzin BHU 1:18:42;

Women:

Marathon:

Goma Pradhan BHU 3:18:57; Lhamo ??? BHU 3:29:58;

Half Marathon:

Samten Dema BHU 1:33:30; Tshering Lhamo BHU 1:38:25;

PHILIPPINES

SM2SM National Half Marathon at Cebu City / 08.03.2025

Men:

Prince Joey Lee 1:09:30; Jason Padayao 1:10:49; Florendo Lapiz 1:10:49; Gimar Magdalino 1:13:35;

Women:

Christine Hallasgo 1:23:24; Artjoy Torregosa 1:25:42; Cherry Andrin 1:26:22;

ON THE TRACK

SRI LANKA

2nd National Selection Trials at Diyagama / 08. - 09.03.2025

(-courtesy of Mr Sameera Lakruwan Perera, SRI-Federation-)

following are detailed best results from this competition, which was held for selection of athletes to different Asian Continental 2025 Championships incl. several separate events for Youth/U18 athletes

Men:

100 m (8)/+1.4: Y.M.Chamod Yodasinghe 10.36; Dineth Induwara Weerathne 10.48; Merone J.Wijesinghe 10.49; H.D.M.C.Buddika Dissanayake 10.53; D.D.Sadun Diyalawaththa 10.55; T.Basitha Udagedara 10.57; D.P.Hashan Gamalath 10.67; H.D.P.Dimuth Gayashan 10.67;
heats (8) h1/+1.6: Wijesinghe 10.46; Dissanayake 10.58; Gayashan 10.69; B.S.L.Wickramasinghe 10.80; h2/+1.0: Gamalath 10.67; N.M.Pramuditha Silva 10.72; Dineth Nuwan Senanayake 10.74;
h3/-0.2: Yodasinghe 10.49; Udagedara 10.65; Diyalawaththa 10.65; h4/-0.1: Kavindu Nimesh Chathuranga 10.57 (dnf in final); Weerathne 10.62; A.S.Mohamed Safan 10.81; Kavindu Theekshana Perera 10.81;
200 m (9)/+1.7: H.K.Kalinga Kumarage 20.77; S.M.S.V.Rajakaruna/2007 21.08 / NJR; D.D.Sadun Diyalawaththa 21.30; K.K.Idupa Silva/2006 21.34; Dineth Nuwantha Senanayake 21.65; H.D.P.Dimuth Gayashan 21.66; A.S.Mohamed Safan 21.68;

heats (9) h1/+1.5: Safan 21.48; Silva/2006 21.58; S.K.M.I.Dismitha 21.69; Gayashan 21.73; Pradeep Ruwan Kumara 21.93; h2/+1.6: Kumarage 21.57; Senanayake 21.84; h3/+1.6: Rajakaruna/2007 21.14 / (NJR); Malith Koushan Thamel 21.76;

400 m (8): H.K.Kalinga Kumarage 46.20; H.D.Randima Madushan 46.92; S.M.S.V.Rajakaruna/2007 46.94; J.Omel Shashantha Silva/2007 47.08; R.P.Isuru Lakshan 47.37; H.Sandaruwan Karunaratne 47.37; Pradeep Ruwan Kumara 47.72; R.A.Ishan Maduranga 47.51;

heats (8) h1: Karunaratne 47.24; Silva/2007 47.26; Kumara 47.28; Maduranga 47.32; H.V.Dinuka Deshan 47.42; h2: Madushan 46.97; Lakshan 47.24; Isuru Kaushalya Abeywardana 47.36; Pabasara Niku 47.41; S.K.M.I.Dismitha 47.43; h3: Kumarage 46.70; Rajakaruna/2007 46.75; Rajitha Neranjan Rajakaruna 47.52; K.V.K.Silva 47.71;

800 m (9): G.Rusiru Chathuranga 1:49.89; H.Sandaruwan Karunaratne 1:49.98; A.M.S.B.Aththanayake 1:50.37; R.P.Isuru Lakshan 1:50.54; T.Damith Prashan 1:52.51;

heats (9) h1: Aththanayake 1:51.22; H.Gayan Kumara 1:51.57; G.A.A.P.Gindara 1:51.75; M.Sanjaya Srinath 1:53.43; K.M.G.D.Sanjaya Kumara 1:53.46; L.S.Dulaj Maduranga 1:54.16; h2: Prashan 1:53.97; Karunaratne 1:54.77; R.D.B.N.Wimalasiri 1:54.96; K.D.N.C.Wijesinghe 1:55.36; B.G.N.D.Bulugahapitiya 1:55.48; G.S.D.Jayathissa 1:55.96; h3: Chathuranga 1:50.32; Lakshan 1:51.01; W.M.T.Gihan Thennakoon 1:52.01; P.D.H.K.Edirisinghe 1:54.10; W.M.Danasiri Wijethunga 1:54.48;

1500 m (8): Vicknaraja Vakson 3:48.41; G.Rusiru Chathuranga 3:49.02; R.M.Nifras 3:51.98; A.M.Dilshan 3:54.81; T.W.M.P.B.Rashmikara/2006 3:57.17; M.L.S.Wickramasinghe 3:57.82;

5000 m (9): Vicknaraja Vakson 14:47.35; R.A.D.Hemantha Kumara 14:58.21; H.D.S.D.Gunasekara 14:58.71;

10000 m (8): Kumar Shanmugeswaran 31:09.74; H.D.S.D.Gunasekara 31:19.93;

3000 m St (9): Udaya Bandara Herath 9:04.55; T.M.L.Chathuranga Gunaratne 9:20.41; K.H.M.Sarath Kumara 9:28.33;

110 m H (9)/ 0.0: Nadun Kaveesha Bandara 14.15; Roshan Dhammika Ranathunga 14.43; W.T.Sandun Koshala 14.48; K.D.Dananjaya Ariyaratne 14.79; K.R.S.Ishara Perera 14.95; A.N.Mohamed Nasik 14.96; Malin Udaya Kumara 15.09;

heats (8) h1/-1.5: Janidu Induwara Lakvijaya 14.24 (dns in final); Ranathunga 14.75; Perera 14.81; Kumarage 15.08; Nasik 15.18; h2/+0.4: Bandara 14.28; Koshala 14.46; Ariyaratne 14.74;

400 m H (9): K.L.Ayomal Akalanka/2006 51.33; Asika Tharanga Rathnasena 51.50; K.M.Dhanuka Darshana 52.00; N.D.Kanila Viduranga 52.59; T.O.Vinod Ariyawansa 52.62; Milnuwan Weerasinghe 52.78; Y.P.Theekshana 53.90; K.P.Dulan Harshana 53.97;

heats (9) h1: Akalanka/2006 51.62; Weerasinghe 53.92; h2: Rathnasena 51.82; Darshana 52.66; Viduranga 53.28; K.P.Dulan Harshana 53.93;

H J (9): G.Lesandu Arthavidu/2006 2.22 / NJR & 3rd SRI All-Time; S.A.Tharindu Dasun 2.20 / 5th SRI All-Time; Indika Udaya Kumara 2.15; E.S.Dineth Anuhas & Sandanam Roshen Dulmin 2.07; D.H.L.D.C. Dodanduwa/2006 2.07; A.R.Pasan Dilhara 2.03;

P V (8): T.D.R.Jayananda Jayasinghe 4.50; R.P.Murugaiya 4.30; T.W.M.P.Kuwera & S.Thisanth & D.H.G.S.Jayantha 4.30;

L J (8): J.Sampath Mirendra 7.57/ 0.0; M.I.Mohammed Asan 7.45/ 0.0; Janaka Prasad Wimalasiri 7.44/ 0.0; Inura Kavishan Piyasiri 7.34/ -0.1; J.H.Gayan Sampath 7.20/ 0.0; A.P.Krishandan 7.14/ 0.0;

T J (9): M.N.Safree Ahamed 16.35/-1.4 / 5th SRI All-Time; K.A.Pasindu Malshan 16.07/-1.4; W.H.V. Rashmika Migampala 15.88/+0.6; P.S.Pavan Sandhanayaka 15.49/+0.6; Yeshan G.S.K.Kumara 15.47/-1.1; Sandaruwan Wijesekara 15.26/+1.6; Atheetha Karunasinghe 15.24/+1.4; Hasitha Kavinda Dissanayake 14.98/+0.7;

S P (9): S.K.Mithunraj 15.73; R.Samitha Jayawardana 15.04;

D T (8): S.K.Mithunraj 47.47; S.Piragasraj 46.34; H.Bandara Rathnayaka 45.69; W.Sampath Dissanayake 45.03;

H T (9): H.M.A.Sanjaya Bandara 48.59;

J T (9): R.M.J.Sumedha Ranasinghe **85.78 / World 2025 Leader & NR**; Tharuka Nuwan Dhananjaya 73.09; Ravi Rathusan 71.41; T.A.Desithi Bhagya 65.69; Ranjith Nuwan Kumara 65.29; Dulan Chanuka Edirisinghe 64.70; H.F.M.Roshan 62.14; R.D.P.Prasanna Ranawake 61.59;

Decathlon (8/9)/no details: W.K.D.S.Perera 6133;

Youth Boys / under 18 years:

100 m (8)/+1.2: D.C.Imesh Silva/2008 10.71; M.P.Sandaruwan Silva/2008 10.75;
200 m (9)/-0.1: D.C.Imesh Silva/2008 21.70;
400 m (8): Shanuka Costa/2009 48.14; B.I.Maduwantha Bogoda/2008 48.20; Sankalpa Edirisinghe/2008 48.25;
heats (8) h1: Bogoda/2008 47.97; Costa/2009 48.31; G.P.S.H.Fonseka/2008 48.62; h2: Edirisinghe/2008 47.96;
800 m (8): H.D.Shavindu Awishka/2008 1:53.32; Rehan Perera/2008 1:54.74;
3000 m (8): G.D.Lahiru Achintha/2009 8:46.01 / NYR;
2000 m St (8): E.Sathsara Aberathna/2008 6:24.76; C.Deshan Wickramage/2009 6:25.04; N.Madushan Nawarathna/2008 6:25.91;
110 m H / 91.4 cm (9)/-0.3: E.P.Pawan Ekanayaka/2008 14.44; H.M.Sadew Anuhas/2008 14.55;
400 m H (9): M.M.Shavindu Nimasha Dias/2008 53.26 (& 53.86 as 1h1); U.M.Amitha Sandeepa/2008 53.70;
H J (9): J.H.P.Nethya Sampath/2008 2.06; P.Dinuka Dilshan/2008 2.04;
P V (9): P.A.D.Senod Dilanda/2008 4.30;
T J (9): I.D.S.Hansana Jayasinghe/2008 14.92/-1.6; J.L.Jenkins/2008 14.92/-0.6;

Women:

100 m (8)/+1.0: D.T.Amasha De Silva 11.86; Dhananjana Sewmini Fernando/2008 11.89; Fathima Shafiya Yamick 11.92; T.Anuruddika Muthukumarana 12.00; H.R.D.Sithmini Ranasgalla 12.01; Shanella Senevirathne 12.09; B.I.Medhani Jayamanna 12.14; H.K.T.Dilushani Silva 12.16;
heats (8) h1/+1.0: Yamick 11.87; Muthukumarana 11.91; Ranasgalla 12.03; h2/+1.2: Fernando/2008 11.81; De Silva 11.86; Senevirathne 12.13; Jayamanna 12.17; Dilushani Silva 12.24;
200 m (9)/-1.2: Jithma Shenari Wijethunga/2006 24.19; Dhananjana Sewmini Fernando/2008 24.27; B.S. Lakshima Mendis 24.38; W.S.Himaya Fernando 24.52; K.P.Majuwanagamage 24.54; H.M.N.Kavindi Rathnayake 24.76; Fathima Shafiya Yamick 24.83; Warsha Wimalasekara/2007 25.10;
heats (9) h1/+0.4: Mendis 24.22; Rumeshika Ranasinghe 24.34; Himaya Fernando 24.66; Majuwanagamage 24.66; h2/+0.6: Sewmini Fernando/2008 24.10; Wijethunga/2006 24.12; Yamick 24.65; Rathnayake 24.71; Wimalasekara/2007 24.94;
400 m (8): M.A.N.Harshana Fernando 53.16 / 5th SRI All-Time; Nadeesha Ramanayake 53.49; B.S.Lakshima Mendis 53.69; M.H.Jayeshi Uththara 53.83; Jithma Shenari Wijethunga/2006 54.37; W.H.Madusha Fernando 54.78; U.K.S.C.Padmasiri Bandara 55.12; W.S.Himaya Fernando 55.28;
heats (8) h1: Harshana Fernando 53.51; Ramanayake 54.08; Wijethunga/2006 54.64; Himaya Fernando 55.51; L.G.Araliya Sathsarani 55.81; Warsha Wimalasekara/2007 56.70; h2: Mendis 53.34; Uththara 53.74; Madusha Fernando 54.69; Bandara 54.80; K.,Takshima Nuhansa/2006 55.56;
800 m (9): W.K.L.A.Nimali 2:06.53; K.Takshima Nuhansa/2006 2:07.28; K.G.N.M.A.Kumari 2:07.42; K.Shanika Lakhani 2:08.20; H.Pradeepani/2006 2:12.15; H.M.Madushani Dilrukshi 2:12.53;
1500 m (8): W.K.L.A.Nimali 4:24.15; K.G.N.M.A.Kumari 4:27.86; K.Shanika Lakshani 4:33.92; H.M.C. Shamudika Herath 4:35.34;
5000 m (9): W.A.M.Rasara Wijesuriya 16:42.48; H.M.C.Shamudika Herath 17:25.86;
10000 m (8): Rasara Wijesuriya 34:59.98; H.M.W.G.M. Herath 37:22.22; B.W.Nayana Sewwandi 37:22.25;
3000 m St (9): W.M.N.Nidarshani 11:04.71; B.W.Nayana Sewwandi 11:16.08; M.G.N.P.Kumari 11:16.26; H.Pradeepani/2006 11:46.57; A.S.N.Bandara 11:55.20; M.G.E.K.Sugathapala 12:01.35; H.W.Chandika Damayanthi 12:21.47;
100 m H (9)/-0.4: H.W.K.Hapuarachchi 14.07 / 6th SRI All-Time; W.V.Lakshika Sugandi 14.22; S.B.S.Lakshani Dissanayake 14.54; M.A.Bhagya Nilmini 14.63; P.S.Nisansala Fernando 14.91;
400 m H (9): K.H.A.Dasuni Kaushalya 59.15 / 3rd SRI All-Time; L.G.Araliya Sathsarani 60.44; G.A.Shyama Dulani 62.65; Rashini Karunarathne/2006 63.46; Yasasni Rathnayake 63.51; W.G.S.Lakshani 63.53;
H J (8): A.R.Koshila Perera 1.72; E.A.I.Minoli Fernando 1.70; R.Pehansa Gamage 1.70;
P V (8): Nesara Dakshitha 3.40; M.A.S.Perera 3.30; U.Thamasha Wickramesekara 3.10; S.Nirushika/2006 3.00; J.A.N.Kalpana 3.00;
L J (8)/nwi: Nethmika Madushani Herath 6.07; H.R.D.Sithmini Ranasgalla 5.83; Randi Himasha Cooray 5.70; G.I.Shashikala Lankathilaka 5.69;

T J (9): Nethmika Madushani Herath 12.98/+0.9; Randi Himasha Cooray 12.78/-0.5; L.S.W.Arachchi 12.67/-1.2; E.M.Shashani Upeksha 12.51/-1.7; M.Maleesha Manohari/2006 12.11/-0.8; G.I.Shashikala Lankathilaka 11.84/-1.1; H.N.N.Hettiarachchi 11.82/+0.8;
S P (9): Ovini T.Chandrasekara 13.43;
D T (8): Vinodeli Vishanthika Lakmali 44.66; H.A.M.Dilrukshi 40.26;
H T (9): H.A.Aruni Lakshika 45.64; A.W.Manoji Amarasinghe 41.88; L.P.Weranga Thatsarani 40.29; M.G.Nihinsa Mandini 40.26;
J T (8): Nadeesha Dilhani Lekamge 56.26; D.M.Imasha Hasanthi 48.27 / 6th SRI All-Time; Dayani Harshani Maduwanthi 47.80;

Youth Girls / under 18 years:

800 m (8): M.G.Tharushi Abhisheka Pemasiri/2008 2:10.55; U.M.Sansala Himashani/2008 2:14.94;
1500 m (9): M.G.Tharushi Abhisheka Pemasiri/2008 4:31.04; K.Niduki Prathana/2008 4:41.89; M.P.Ayesha Sewwandi/2008 4:43.41; N.S.Gimhani/2009 4:47.34;
2000 m St (9): K.M.Sachini Madhuhansika/2008 7:11.74; M.P.Ayesha Sewwandi/2008 7:21.95; B.G.H. Adithya Saman Bokubura/2008 7:54.51;
100 m H (9)/-1.0: A.G.Kinuri Kaveesha/2009 15.10;
400 m H (9): U.M.Sansala Himashani/2008 63.12;
H J (8): Mihinsa Dewmini Abeyrathna/2008 1.64;

INDIA

(-courtesy of Mr Ram.Muralikrishnan-)

20th National Youth Champs at Patna / 10. - 12.03.2025

following are selected best performances from this major National Youth competition with relevant results for TOP Youth Boys & Girls for qualification to the Asian Youth Championships next month in KSA / all athletes born 2008 or 2009

Youth Boys:

200 m (12)/+1.3: Sayed Sabeer/2008 21.67; J.Nived Krishna/2008 21.85; Aditya Pisal/2008 21.96;
semis (12) s1/+1.1: Krishna/2008 21.71; Pisal/2008 21.73; s2/+0.2: Sabeer/2008 21.82;
400 m (10): Saket Minj/2008 47.63; Sayed Sabeer/2008 48.06; Kadir Khan/2008 48.54;
heats (10) h2: Sabeer/2008 48.57; h3: Minj/2008 48.36;
1000 m (12): Suraj Singh/2009 2:26.04 / NYR; Vikas Kumar/2008 2:26.59; Sohith Vijender/2008 2:27.27; Pranay Upase/2008 2:28.54; Avdhesh ??/2008 2:29.63; Rajan Raj/2008 2:30.35; Hitesh ??/2008 2:30.90; Shiv Kumar Gupta/2008 2:31.00;
heats (10) h1: Vikas Kumar/2008 2:29.17; Vijender/2008 2:29.27; Upase/2008 2:30.22; Rahul Godara/2008 2:31.53; Dheeraj Singh Bisht/2008 2:31.93; h2: Suraj Singh/2009 2:28.88; Hitesh/2008 2:29.21; Avdhesh/2008 2:29.30; Anil Kumar/2008 2:29.34; Gupta/2008 2:29.40; Rajan Raj/2008 2:31.85;
110 m H / 91.4 cm (11)/-0.2: B.Nived/2008 14.35; Md Sajid/2008 14.43 (14.421); Fasalul Haque/2008 14.43 (14.429); Aryan Dagar/2008 14.66; Shreyash Jadhav/2008 14.70;
heats (11) h1/+0.6: Haque/2008 14.66; Dagar/2008 14.67; h2/+0.2: Jadhav/2008 14.69;
H J (10): Afroz Ahmad/2008 2.04; Devak Bhushan/2008 2.04; Himanshu Kumar Singh/2009 2.02;
L J (12): Shivam Yadav/2009 7.26/-0.3; Rajeev Roy/2008 7.12/-0.6;
S P / 5 kg (11): Nishchay ??/2008 18.93; Akhand Pratap Singh/2008 17.97; Harpartap Singh/2008 17.40; Balkaran Singh/2008 17.23;
D T / 1.5 kg (10): Nishchay ??/2008 62.14; Vishal Kumar/2008 56.71; Akhil Kumar/2008 54.63; Sonu ??/2008 54.53; Avinash Talakeri/2008 53.56; Kapil Chaudhary/2008 51.14;
J T / 700 g (12): Himanshu ??/2008 72.00; Krishan Chandra/2009 66.77; Prince Jatiwal/2009 65.36;

Heptathlon (10/11): Abhinav Sreeram/2008 4731 (15.59; 1.88; 12.96; 23.56 / 6.60; 41.94; 2:55.55); Jakhar Rahul/2008 4672 (15.08; 1.73; 12.87; 23.68 / 5.96; 52.93; 2:54.95); Akash Ashvini/2008 4550 (16.32; 1.61; 10.97; 23.29 / 6.73; 50.67; 2:49.70);

5000 m Walk (10): Nitin Gupta/2008 **19:24.48 / Asia Youth/U18 Record & Asia Junior/U20 Best & 3rd World Youth All-Time & NR & NJR & NYR**; Tushar Panwar/2008 21:08.29; Ritul Parihar/2008 21:14.97; Prashant Kumar/2008 21:24.42; Subhash Kumar/2009 21:26.12; Yogesh Singh/2008 22:12.59; Jagdish Oraon/2008 23:03.26; Manish ??/2008 23:09.51; Mayank ??/2008 23:10.30; Yashwant Singh/2008 23:31.38; Kartik Borse/2008 23:31.41; Palash Mandal/2009 24:12.17; Hanuman ??/2008 24:45.15;

Youth Girls:

100 m (10)/-0.8: Aarti ??/2008 12.23; Prisha Mishra/2008 12.24 (& 12.24/-0.9 as 1h2);
200 m (12)/ 0.0: Prisha Mishra/2008 24.72; Aarti ??/2008 24.73; Bhoomika Nehate/2009 24.99;
heats (12) h1/+1.8: Aarti/2008 24.92; h2/+2.0: Mishra/2008 24.73;
400 m (10): Edwina Jason/2009 55.86; Tannu ??/2009 56.06; Deepika ??/2008 56.47; Santhoshi Chandrakumar/2008 56.65 (56.644); Kashish Bhagat/2008 56.65 (56.647);
heats (10) h1: Deepika/2008 56.94; Bhagat/2008 56.98; Chandrakumar/2008 57.07; h2: Jason/2009 57.64; h3: Tannu/2009 57.07;
1000 m (12): Nandani Rajbhar/2009 2:55.68; Janhavi Hirudkar/2008 2:56.54; Muskan ??/2008 2:58.98; Mahee Rathaur/2009 3:00.79; Isharani Sinha/2008 3:02.48;
100 m H / 76.2 cm (11)/ 0.0: Shourya Ambure/2009 14.55; Shreya Ithape/2008 14.86;
H J (12): Anchal Patil/2008 1.68; Rinku Ghosh/2009 1.65;
L J (11): Jyoti Jangid/2009 5.69/+0.3;
S P / 3 kg (10): Joy Baidwan/2009 14.04; Jasmine Kaur/2009 13.98; Drona Choudhary/2009 13.88;
D T (11): Lakshita Mahlawat/2008 40.77; Oshin ??/2009 40.19;
J T / 500 g (12): Misti Karmakar/2009 45.04;
Heptathlon (11/12): Anamika Ajesh/2009 4270 (15.34; 1.57; 8.26; 26.96 / 5.00; 17.90; 3:25.76); Baddi Vyshali/2008 4224 (17.31; 1.45; 10.05; 26.62 / 5.14; 26.57; 3:28.12); P.Harshitha/2008 4128; Sonali Das/2008 4071;
3000 m Walk (10): Yogita ??/2008 13:55.50; Simran Gusain/2008 14:00.29; Ranjana Yadav/2009 14:13.73; Riya Rathore/2009 14:40.93; Lalita Khileri/2008 15:00.12; Khushaboo Yadav/2009 15:13.95; Purvasha Panjgotra/2008 15:37.12; Nutan Bhongale/2008 15:55.72; Kriti Premlata Patel/2009 16:21.16;

Uttar Pradesh Youth/U18 Champs at Lucknow / 01. - 02.03.2025

following are few best performances from the 1st day of these Youth Champs / results from 2nd day not available

Youth Boys / born 2008 or later:

400 m: Kadir Khan/2008 48.33;
1000 m: Vikas Kumar/2008 2:30.18; Shiv Kumar Gupta/2008 2:30.38; Shoyab Irshad/2008 2:32.20;
L J: Shahnavaz Khan/2008 7.43; Shivam Yadav/2009 7.20;
S P / 5 kg: Akhand Pratap Singh/2008 18.76; Abhay Tyagi/2008 16.61;
J T / 700 g: Rajat Kumar/2008 71.08; Aryan Yadav/2008 70.42; Vishal Patel/2008 66.25; Vansh Chauhan/2009 65.11;
5000 m Walk: Nitin Gupta/2008 22:18.05; Gaurav Prajapati/2008 23:55.50;

Youth Girls / born 2008 or later:

1000 m: Nandani Rajbhar/2009 3:03.36; Sakshi Singh/2008 3:08.63;
3000 m Walk: Purvasha Panjgotra/2008 15:24.49;

UZBEKISTAN

National Youth/U18 Trials Meet at Tashkent / 12. - 13.03.2025

(-courtesy of the UZB Federation - website -)

following are the best performances from this competition for Youth Boys & Girls, which was organised as National Selection Trials for the ASIAN Youth/U18 Champs next month / no wind-readings reported

Youth Boys:

2000 m St (12): Shokhzhakhon Khairullayev/2008 6:16.42; Kobiljon Rakhmatov/2009 6:20.59;
110 m H / 91.4 cm (12): Zayniddin Ravshanov/2008 14.27; Mukhamed Kadyrov/2008 14.88;
heats (12) h1: Ravshanov/2008 14.44; h2: Kadyrov/2008 14.88;
400 m H (13): Zayniddin Ravshanov/2008 53.96;
S P / 5 kg (13): Oybek Zarifzhonov/2008 17.02; Doston Abdimalov/2009 16.01;
H T / 5 kg (13): Mukhammed Aziz Nosirov/2009 60.78; Amirkhon Inoyatublayev/2010 55.22;
J T / 700 g (12): Ogabek Murodov/2008 65.53; Davron Talabov/2008 64.47; Ruslan Sadullayev/2008 63.04;
Decathlon (12/13): Jahongir Joraboyev/2008 6176 (12.09; 6.10; 13.88; 1.80; 54.04 / 15.35; 37.09; 3.30; 44.42; 4:53.53);

Men / ex-competition:

D T (12): Dunyozod Sayfullayev 52.27;

Youth Girls:

3000 m (12): Anastasiya Silchenkova/2009 9:57.94;
2000 m St (12): Sadafbonu Nusratilloeva/2008 6:44.57; Nasima Mamirova/2009 7:02.96;
100 m H / 76.2 cm (12): Shodiyona Rakhmonova/2009 14.99;
400 m H (13): Shodiyona Rakhmonova/2009 63.25;
L J (12): Shukhrona Kodirova/2009 5.69;
T J (13): Elyanura Olimboyeva/2010 12.07; Shukhrona Kodirova/2009 11.95;
S P / 3 kg (13): Parizoda Abdullayeva/2009 13.90; Khilola Salimova/2008 13.83; Diyora Abdurashitova/2009 13.80;
D T (12): Makhliyo Karimova/2008 40.25;
H T / 3 kg (13): Shakhribonu Zaripova/2008 56.85;
J T / 500 g (12): Parizoda Talabova/2010 51.53;
Heptathlon (12/13): Sofia Nikolayeva/2008 4584 (15.16; 1.61; 9.60; 26.82 / 5.40; 30.46; 2:35.10);
5000 m Walk (12): Madina Ergasheva/2009 26:29.76;

KUWAIT

National General Champs for Men at Al Kuwait / 03. - 06.03.2025

(-courtesy of Mr Mohammad Abdulwahab -)

following are selected best performances from these championships for Seniors (Men) & Youth/U18 Boys with thanks to the translations from results in ARAB figures by my correspondent (as above) / results for few events (Shot Put, Relays) not available

100 m ((3)/+0.1: Nawaf Hadi Hamasha 10.86; Yaqoub Mohamed Al-Azmi 10.87;
200 m (5)/-0.2: Yaqoub Mohamed Al-Azmi 21.81;
400 m (3): Ahmed Mifreh Khudir 48.96;
800 m (5): Ibrahim Remaid Al-Zhufairi 1:49.57; Badr Moh.Saad Al-Suweid 1:51.62; Faraj Mubarak Al-Ajeel 1:52.18; Sayed Essa Waleed Abdullah 1:52.67; Ali Badr Nasser 1:56.63;

1500 m (3): Ibrahim Remaid Al-Zhufairi 3:53.46; Badr Moh.Saad Al-Suweid 3:53.78; Sayed Essa Waleed Abdullah 3:57.17;
5000 m (6): Faris Ali Mohamed 15:06.81; Nasser Ahmed Nasser 15:12.90;
10000 m (3): Faris Ali Mohamed 31:11.04;
3000 m St (4): Khaled Mohamed Jamaan 9:39.71;
110 m H (4)/+0.1: Yaqoub Mohamed Al-Yoha 14.18; Mohamed Badr Saeed Al-Enezi 14.59; Abdullah Salah Abdullah 15.24;
400 m H (5): Mohamed Badr Saeed Al-Enezi 53.64; Abdulaziz Meshaal Saad Al-Harbi 53.75;
H J (3): Khaled Abd.Al-Massad 2.06; Khaled Essa Al-Obaidli 2.03; Hashem Adnan Abdullah Al-Ali 2.03;
P V (5): Abdulaziz Maytham Al-Attar 4.00;
D T (6): Abdullah Mohamed Gharib Al-Zankawi 53.64; Jafar Mohamed Abdul Samad 45.22;
H T (5): Ali Mohamed Al-Zankawi 64.80; Yousef Mohamed Ali Rajab 64.57 / 7th KUW All-Time; Mohamed Adel Khan 59.96; Talal Badr Ali Al-Rushoud 59.86; Ali Nasser Abdul Hamid 57.40; Abdul Rahman Ismail Al-Mansour 55.98; Ahmed Abdullah Al-Awadhi 54.77;
J T (4): Abdulrahman Fawaz Al-Azemi 69.85; Abdulaziz Bilal Jassim Al-Hemdan 59.39; Hazem Ahmed Hassan 58.75;
Decathlon (3/4)/no details: Sultan Khaled Salah 6055;

Youth Boys / under 18 years:

110 m H (4)/+1.5: Meshari Mohamed Meshari 14.73;
P V (3): Mahdi Mohamed Al-Sabagha 4.35;
D T / 1.5 kg (3): Ahmed Rida Sayed 52.10;

UNITED ARAB EMIRATES

(-courtesy of the Competition - website -)

International Ultimate Racenight Meet at Dubai / 28.02.2025

Men:

60 m / Race 1/-1.1: Antonio Blom RSA (UAE-based / his 1st competition after 8 years !) 7.05;
Race 2/-1.1: Henrico Bruintjies RSA 6.50; Lawrence Osei Asamoah GHA 7.06; Keith Mugwagwa ZIM 7.07;
100 m/-0.4: Henrico Bruintjies RSA 10.79;
200 m/-0.1: Abdullah Moshood UAE/2008 21.70; Muath Fawzi Al-Almeri UAE 21.88;
800 m: Mohamed Ahmed Al-Messabi UAE 1:55.45; Peter Kuvar GBR/2008 1:56.44; Sergio Uqillas Nunez VEN/2008 1:56.65;
3000 m: Edoardo Melloni ITA 8:36.92;

Women:

100 m/-0.8: Nyimasata Jawneh GAM 12.02;
200 m/-1.1: Aminat Kamarudeen UAE/2007 24.19; Nyimasata Jawneh GAM 24.71;

Youth Girls:

200 m/-0.2: Ines Boucher FRA 2010 25.23;
3000 m: Carla Benz Müller GER/2011 9:51.92 (as 4th overall in Mixed Race with Men);

Dubai Police Ramadan 100 m Races Meet at Dubai / 11.03.2025

Men:

100 m/-0.3: Ali Mohamed Jassim 10.54; Abdulrahman Sulaiman/2007 10.56; Abdullah Moshood/2008 10.87;

Women:

100 m/-0.3: Aminat Kamarudeen/2007 12.21; Maryam Kareem/2008 12.25;

Zayed Sports City Competition at Abu Dhabi / 23.02.2025

Men:

100 m/+1.7: Henrico Bruintjies RSA 10.69; Lawrence Osei Asamoah GHA 10.81; Keith Mugwagwa ZIM 10.85;

Women:

100 m/+0.6: Nyimasata Jawneh GAM 12.02;

National Vice President's Cup Meet at Dubai / 22, - 23.02.2025

(-amendment to Report No 4 -)

Youth Girls:

H T / 3kg (NOT 4 kg !!) (23): Salma Haitham Rashed Al-Mam UAE 46.20 / NYR;

QATAR

(-courtesy of Mr Mohammad Abdulwahab -)

National Fed. Shield Champs for Youth Boys at Doha / 05. - 06.03.2025

800 m: Rayan Yacoub Sakhri ALG/2008 1:53.61; Mubarak Abdi Said/2008 1:54.45; Mehdi Belmahdi/2008 1:55.81; Tariq Qurais ??? 1:56.44;

2000 m St: Abdul Ghafour Kabbad/2008 6:04.97;

400 m H / 83.8 cm: Aboubakar Idris Djebri/2009 53.49;

P V: Younes Eid Shaaban Al-Baloushi/2008 4.80; Abdullah Saad Al-Abdullah/2008 4.60; Nasser Ahmed Al-Atbi/2009 4.15;

D T / 1.5 kg: Hamad Dhawi Al-Sultan/2008 58.93;

H T / 5 kg: Ziad Mohamed Abu Al-Hassan/2008 58.75; Halim Abdelqader Qasiba ??? 52.34;

OMAN

National Athletics Meet for Men at Muscat / 21. - 22.02.2025

(-courtesy of the Roster Athletics - website -)

following are detailed results from this competition for Male athletes only – with thanks to transcriptions of names in ARAB figures from Mr Mohammad Abdulwahab / all OMANI-athletes except one foreigner as noted

100 m (21)/-0.3: Mulhim Darweesh Al-Balushi 10.39; Rashid Huwaisheh Al-Asimi 10.77; Fatik Adnan Qaisan 10.82;

200 m (22)/-1.1: Mohamed Obaid Hindi Al-Saadi 21.71; Khaled Saleh Al-Ghailani 21.83;

400 m (21): Mohamed Saeed Amer Al-Mabsali 48.03;

800 m (22): Mohamed Hamdan Al-Sulaimani 1:53.61; Mohamed Khalfan Al-Jadhmi 1:55.24; Hassan Hisham Mohamed Abdullah 1:55.93; Jihad Salem Al-Mahrami 1:56.72;

10000 m (21): Nader Ismail Daoud 31:05.54;
3000 m St (22): Ahmed Saeed Ali Al-Ameri 9:27.91; Rashid Salim Al-Shaibi 9:35.90; Khaled Hilal Al-Siyabi 9:39.28;
110 m H (21) / Race A/-2.0: Saleh Nasser Kadhemi IRQ 14.08; Faisal Fahd Saeed Al-Azki 14.90;
Race B/-1.2: Fatiq Yaqoob Abdulghafoor 15.26;
400 m H (22): Saleh Nasser Kadhemi IRQ 55.47;
H J (21): Fatiq Yaqoob Abdulghafoor 2.05;
L J (22)/nwi: Salem Saleh Al-Yaarubi 7.49; Namir Mohamed Al-Busaidi 7.18; Obaid Abd. Al-Gharbi 7.04;
Khaled Abdullah Salem Al-Rawahi 7.02;
J T (22): Humaid Hamoud Al-Mahrooqi 55.80;
4x100 R (22): Al Suwaiq Team 41.39;

PAKISTAN

3rd Fastest Man & Woman Competition at Lahore / 15.02.2025

(-courtesy of Mr Shahjehan Mir, Athletics Federation of Pakistan -)

Men:

100 m / hand-times / no wind-info: Sami Ullah 10.3; Nadeem Ali 10.5; Muhammad Ramzan 10.7;

Women:

100 m: Tameen Khan 11.7; Faiqa Riaz 11.8;

Delayed 2024 Results

IRAN

Delayed results from National 2024 competitions

(-courtesy of Ms Leila Moradi, IRI Athletics Federation -)

according to my earlier reports there were some unconfirmed National Records from National competitions achieved during 2024 season, where official results weren't forwarded by the Iranian Athletics Federation internationally to the WORLD ATHLETICS – database nor to the ASIAN AA or for any other International publications worldwide /

the following records are finally subsequently confirmed and I received official results from at least 3 of these competitions (selected best performances as below – partly in addition to my earlier „ASIAN Athletics 2024 Rankings“ – publication & including several National 2025 Best performances & results within the TOP 4 of the National All-Time Rankings) /

for the other competitions only the new records are confirmed and once again shown as below

National Competition for Men at Tehran / 08. - 09.09.2024

100 m (8)/ 0.0: Hassan Taftian 10.16; Amir Reza Moeinpour 10.61; Mohammad Jafari 10.71; Jalil Pour Nasrollahi 10.76; Sina Najafi/2005 10.77;
200 m (9)/+0.2: Benyamin Yousefi 20.73 / 3rd IRI All-Time; Milad Naseh Jahani 21.17; Mohammad Taleei 21.32; Amir Reza Moeinpour 21.65; Mohammad Mehdi Nemati 21.67; Ali Reza Jamshahi 21.76; Sina Najafi/2005 21.78; Danial Bahadori 21.94;

400 m (8): Mohammad Taleei 47.10; Ali Reza Jamshahi 47.46; Mohammad Hossein Nikzamir 47.83; Milad Sarvandi 47.93; Mohammad Sajad Aghaei/2005 48.30; Danial Bahadori 48.32; Mohammad Abde Shahri 48.42;

800 m (9): Ali Amirian 1:48.30; Sobhan Ahmadi 1:48.68; Omid Amirian 1:50.72; Amir Hossein Papi 1:52.40; Sajad Mousalou/2005 1:53.45;

1500 m (8): Ali Amirian 3:55.68; Amir Farzam Safari 3:55.97;

5000 m (9): Seyed Amir Zamanpour 14:08.48; Samir Eghbali 14:37.50; Hossein Nouri 14:48.61; Mohammad Hossein Tayebi 14:54.24;

10000 m (8): Mohammad Hossein Tayebi 31:23.27;

Half Marathon (9): Mansour Bayat 1:09:56; Amir Hossein Keivanlou 1:10:30;

3000 m St (9): Zeyed Amir Zamanpour 8:52.94 / 7th IRI All-Time; Samir Eghbali 8:55.35; Hossein Keyhani 8:57.26;

110 m H (8)/+0.8: Masoud Kamran 13.83; Mahdi Pirjahan 14.22; Ali Salamatian 14.24; Amir Hossein Azizi 14.76; Younes Barati 14.89; Ali Karami/2005 15.03; Amir Mehdi Rezvani 15.13;

400 m H (9): Mehdi Pirjahan 49.36 / missed his NR by 0.03 seconds only; Younes Barati 51.33; Ali Abbaspour 51.44; Mohammad Abde Shahri 53.18; Mohammad Yasin Golmohammadi/2006 53.53;

H J (9): Mehdi Khodadai 2.05; Mohammad Mehdi Karimzadeh 2.05;

P V (8): Hossein Fallah 4.60; Amir Mahdi Hanifeh 4.60; Mohammad Mehdi Motamednia 4.40;

L J (9): Mehdi Tamari 7.62/+0.4; Mohammad Reza Behrouzi/2006 7.49/ 0.0; Mohammad Reza Firozkouhi IRI/AFG 7.47/+0.4; Mohammad Amin Ghareh 7.28/+0.2; Vahid Sedigh 7.20/-0.2;

T J (8): Mojtaba Zahedi 15.46/ 0.0; Vahid Sedigh 15.39/+0.2; Ali Seyedi 15.30/+0.2; Hamid Reza Kia 15.20/+0.2;

S P (8): Mehdi Saberi 19.84; Mohammad Reza Tayebi 18.50; Mehran Khorand 17.39; Ali Rajabi 17.33; Hossein Rouzegar 17.03; Erfan Mirzaeian 16.20;

D T (9): Hossein Rasouli 57.63; Behnam Shiri 54.36; Sadegh Samimi 53.75; Hossein Rouzegar 52.50; Hossein Reshmeh Karim/2006 47.50; Mohammad Reza Ziaei 47.40;

H T (8): Mohammad Sistani 63.35; Sahand Nouri 61.80; Mehdi Haft-Cheshmeh/2006 57.22; Farhad Ebrahimi 53.05;

J T (9): Sadegh Khademi 77.47/NR; Ali Fathi Ganji 75.24; Younes Yousefvand 64.98;

Decathlon (8/9)/no details: Amir Mahdi Hanifeh 6583; Pouyan Shokri 6096;

10000 m Walk (9): Hamid Reza Zouravand 45:32.07; Amir Zareian 48:33.04; Armin Shahmaleki 48:33.08; Amir Mohammad Erfani/jr 48:48.08; Amir Hossein Hassani 49:53.05;

4x100 R (8): Kara Mashin Club Team 40.40;

4x400 R (9): Kara Mashin Club Team 3:08.81;

National Competition for Women at Tehran / 05. - 06.09.2024

100 m (5)/-0.9: Hamideh Esmaeilnezhad 11.84; Melina Esmaeili/2005 12.05;

200 m (6)/-1.0: Melina Esmaeili/2005 24.39; Maryam Toosi 24.43; Zahra Zareei 24.82;

400 m (5): Negin Azari Edalat 54.48; Nazamin Fatemeh Eidian/2005 54.56 / NJR; Zahra Zareei 54.60 / 2nd, 3rd & 4th IRI All-Time; Kazhan Rostami 56.71; Maryam Mohebbi 56.99; Mobina Sahebi 57.35; Samin Jafarzadeh 57.44; Parisa Amini/2006 57.47;

800 m (6): Toktam Dastarbandan 2:07.29/NR; Negin Azari Edalat 2:11.15; Aida Narouei 2:12.10; Negin Valipour 2:13.33; Parichehr Shahi 2:14.64; Maryam Ahmadi/2007 2:14.97;

1500 m (5): Parichehr Shahi 4:32.03; Samira Khodatars 4:33.17; Maryam Mahmoudi 4:33.86 / 2nd, 3rd & 4th IRI All-Time; Toktam Dastarbandan 4:36.81; Hadiseh Raouf 4:38.73; Maryam Ahmadi/2007 4:45.01;

5000 m (6): Parisa Arab 16:40.62;

10000 m (5): Parisa Arab 35:52.28;

3000 m St (6): Samira Khodatars 10:43.31; Hadiseh Raouf 10:55.94; Atousa Atash Bejan/2007 10:59.74 / NJR & NYR & 4th IRI All-Time; Zahra Afsharian 11:20.26; Mobina Khayat/2007 11:48.26; Setayesh Amini/2005 12:03.15; Nazanin Khorasani 12:39.58;

100 m H (5)/-1.7: Elnaz Kompani 14.04; Faezeh Ashourpour 14.44; Fatemeh Adabi 14.74;

400 m H (6): Nazanin Fatemeh Eidian/2005 60.69; Samin Jafarzadeh 61.09 / 3rd IRI All-Time; Kazhan Rostami 63.24;
H J (6): Mahya Naeimi 1.71; Maedeh Motahari 1.68; Zahra Farrokhfal 1.65;
P V (5): Mahsa Mirzatabibi 3.90; Samira Kordali 3.60 / 2nd IRI All-Time; Fatemeh Khodaei 3.40; Niloufar Fashkhourani 3.20;
L J (6): Reyhaneh Mobini 6.12/0.0; Fatemeh Mohitizadeh 5.87/-2.0; Maral Atarodikia 5.80/+0.2; Mohaddeseh Ebrahimipour 5.78/+0.1;
T J (5): Maryam Kazemi 13.02/+0.3; Sarina Saedi 12.80/+0.2; Hadiseh Ahmadi 12.08w/+2.5;
S P (5): Elham Sadat Hashemi 14.88 / 2nd IRI All-Time; Omolbanin Tehrani/2008 13.30; Zahra Omidvar 13.24; Elaheh Alizadeh/2005 13.11; Sara Karazmoun/2007 12.81; Mana Hosseini/2005 12.80;
D T (6): Mahla Mahrougi 53.84/NR; Zhaleh Kardan 52.49 / 2nd IRI All-Time; Zahra Najafi 46.56; Elham Samarghandian 44.76; Zahra Omidvar 44.38; Fatemeh Zahra Ghorbanian 43.99; Fatemeh Shokri 43.42;
H T (5): Melika Norouzi/2005 53.19; Mahdieh Hekmatsara 53.04; Azita Pourshadkam/2005 41.48;
J T (6): Mana Hosseini/2005 47.74; Zahra Najafi 44.06; Sahar Ziaei 41.10;
Heptathlon (5/6)/no details: Saba Khorasani 5031; Elnaz Mousaei/2005 5004 / 4th IRI All-Time;
10000 m Walk (6): Zeinab Ahadi 54:56.00; Fatemeh Ghalehnouei 55:49.09,
4x100 R (5): Kara Mashin Club Team 47.55;
4x400 R (6)/no details: Kara Mashin Club Team 3:46.44/NR;

National Competition for Junior Women at Karaj / 31.08. - 01.09.2024

100 m/nwi: Melina Esmaeili/2005 12.12;
200 m/nwi: Melina Esmaeili/2005 24.20;
400 m: Nazanin Fatemeh Eidian/2005 55.21; Parisa Amini/2006 57.88;
1500 m: Maryam Ahmadi/2007 4:47.16;
5000 m: Hanieh Shahpari/2007 18:35.51 / NJR & NYR;
3000 m St: Atousa Atash Bejan/2007 11:28.40; Setayesh Amini/2005 12:07.41;
100 m H/nwi: Elnaz Mousaei/2005 15.07;
400 m H: Nazanin Fatemeh Eidian/2005 61.29;
S P: Sara Karazmoun/2007 13.72; Omolbanin Tehrani/2008 13.08; Elaheh Alizadeh/2005 13.04;
HT: Melika Norouzi/2005 55.01; Masoumeh Yousefi/2007 45.75; Azita Pourshadkam/2005 41.39;
J T: Mana Hosseini/2005 49.51;
Heptathlon/no details: Elnaz Mousaei/2005 4405;
4x100 R: Kara Mashin Junior Club Team 48.34;
4x400 R: Chador Malo Junior Club Team 4:00.96;

other Records (now confirmed) at competitions, where official results aren't available

Women:

P V: Mahsa Mirzatabibi 4.04/NR at Tehran / 31st Jul 2024;
J T: Mana Hosseini/2005 51.88/NR & NJR at Tehran / 15th Mar 2024;