

# Results from ASIA 2025 - 04

## ON THE ROAD

(-courtesy of different Race - websites-)

### KOREA

#### International Marathon at Daegu / 23.02.2025

##### Men:

Gabriel Gerald Geay TAN 2:05:20; Addisu Gobena Aga ETH 2:05:22; Dejene Megersa Muleta ETH 2:05:59; Oqbe Kibrom Ruesom ERI 2:06:04; Othmane El Goumri MAR 2:06:07; Gilbert Kibet KEN 2:06:39; Stephen Kiprop KEN 2:07:16; Sezgin Atac TUR 2:07:26; Edwin Kipruto Tuitoek KEN 2:10:55; Leonard Chemonges UGA 2:11:00; Aredom Degefa ETH 2:11:13; Park Min-Ho KOR 2:12:19; David Kimutai Kipyego KEN 2:12:53; Isaac Kibet UGA 2:17:15; Shin Hyun-Su KOR 2:17:29; Sha Zhengyou CHN 2:18:43; Kim Joong-Hwan KOR 2:20:29; Lee Dae-Jin KOR 2:20:36; An Byeong-Seok KOR 2:20:54; Lee Dong-Jin KOR 2:21:57; Choi Byoung-Su KOR 2:22:05; Kang Jong-Pil KOR 2:22:11; Hong Jin-Pyo KOR 2:22:18; Oh Min-Seok KOR 2:23:11; Kim Jae-Min KOR 2:23:28; Sung Ji-Hun KOR 2:26:07; Lee Sang-Min KOR 2:26:16; Cho Chang-Hyun KOR 2:26:43; Nathan Ayeko UGA 2:29:54; Kim Ji-In KOR 2:30:33; Yu Dae-Young KOR 2:30:49; Park Yo-Han KOR 2:30:53; Kim Ki-Yun KOR 2:31:55; Zhou Youfa CHN 2:35:12; Cho Kyoung-Hyun KOR 2:35:52; Nofeldi Petingko INA 2:37:17; Kim Si-On KOR 2:37:25;

##### Women:

Meseret Belete Tola ETH 2:24:08; Ruth Jebet BRN 2:25:43; Tigist Girma ETH 2:26:45; Rahma Tahiri MAR 2:27:43; Vivian Jerotich KEN 2:29:54; Choi Jung-Yoon KOR 2:32:20; Adilo Obseni Getachew ETH 2:33:54; Jane Bareikis USA 2:35:20; Park Ho-Sun KOR 2:39:30; Kim Tae-Rin KOR 2:39:54; Kim Eun-Mi KOR 2:40:47; Han Ji-Hye KOR 2:41:57; Lee Jae-Young KOR 2:43:21; Shin Sa-Huin KOR 2:49:25; Lee Bo-Ra KOR 2:53:42; Kang Hye-Rim KOR 2:54:03;

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## OMAN

#### International Al Mouj Marathon at Muscat / 21.02.2025

##### Men:

##### Marathon:

Senebeta Geza ETH 2:17:37; Temam Abela ETH 2:18:08; Dominic Mibei KEN 2:22:48; Bernard Cheptoch KEN 2:33:48; Saleh Al-Saidi OMA 2:44:35;

##### Half Marathon:

Sondre Nordstad Moen NOR 1:03:41; Bereket Okbatsion ERI 1:05:00; Hillary Mosop KEN 1:05:00; Ismail El Kharchi MAR 1:05:04; Gilbert Korir KEN 1:05:06; Degu Aschalew Alemneh ETH 1:05:24; Julius Kibowen Kipkwony KEN 1:05:26; Mohammad Jaafar Moradi IRI 1:08:15; Jihad Salem Al-Muharrami OMA 1:11:20;

##### 10 km Road Race:

Nader Almanji OMA (nationality unknown/???) 31:15; Amine Souida MAR 31:38;

Women:

Marathon:

Kena Girma ETH 2:41:31; Lemlem Abebe ETH 2:41:39; Peninah Jerop KEN 2:41:51; Fatima Al-Hajeri KUW 3:29:32;

Half Marathon:

Alemaz Teshale Samuel ETH 1:11:34; Hamida Mussa Nasoro TAN 1:12:14; Zewudie Wude ETH 1:12:37; Hiwot Mehari ETH 1:14:27; Betlehem Desalegn Belayneh UAE 1:16:02 (her 1st competition after nearly 2 years) Rkia El Moukim MAR 1:16:04 (the following runners in the results for Women with 1:34:27 and 1:36:07 – both from OMAN - were Male runners

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## **INDIA**

### **Apollo Tyres Marathon at New Delhi / 23.02.2025**

all following runners are from India except few IND-based foreigners as noted

Men:

Marathon / Elite category (restricted to TOP 10 finishers):

Man Singh 2:15:24; Pardeep Singh Chaudhary 2:15:29; Akshay Saini 2:15:34; Kulbir Singh 2:17:18; Gopi Thonakal 2:18:23; Vikram Bangriya 2:19:19; Pralhad Ramsingh Danwant 2:20:02; Amit Ramesh Patil 2:21:07; Amish Thapa Magar NEP/IND 2:21:27; Krestarjune Patham 2:21:46;

Open category:

Manjit Singh 2:23:35; Rajan Chaudhary 2:32:23; Astutosh Singh 2:33:20; Vipul Kumar 2:33:55;

Half Marathon:

Harmanjot Singh 1:04:36; Shubham Baliyan 1:05:32; Abhishek ?? 1:06:12; Anurag Konkar 1:08:47; Tsetan Namgyal 1:10:52; Kamta Prasad 1:11:20; Ankit Kumar Khokar 1:11:34; Shifaz Mohamed MDV 1:13:14;

Women:

Marathon:

Bhagirathi Bisht 2:48:59; Thakor Nirmaben Bharatjee 2:49:16; Ashwini Madan Jadhav 2:50:48; Bhagwati Dangi 3:09:04; Disket Dolma 3:10:53;

Half Marathon:

Tseganeshg Yrdaw Mekonnen ETH 1:23:55; Stanzin Dolkar 1:25:31; Stanzin Chondol 1:25:47; Yuko Tanimura JPN 1:26:27; Tashi Ladol 1:27:18; Bhumi Negi 1:32:40;

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## **MMRDA Atal Setu Marathon at Sewri / 16 .02.2025**

Men:

Marathon:

Nikhil Singh 2:25:39; Prathamesh Paramkar 2:33:48;

Half Marathon:

Sachin Yadav 1:09:43;

Women:

Marathon:

Seema ?? 3:15:43;

## **National Marathon at Chandigarh / 16 .02.2025**

### Men:

#### Marathon:

Om Prakash Saran 2:36:54;

#### Half Marathon:

Neeraj Singh 1:09:48; Rajeev Singh 1:10:39;

### Women:

#### Marathon:

Kavitha Reddy 3:09:03;

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## **Sports Club Half Marathon at Goregaon / 16 .02.2025**

### Men:

Raj Tiwari 1:07:24; Nilesh Dagadu Arsehar 1:07:25; Kartik Karkera 1:08:52;

### Women:

Tejaswini Narendra Lambkane 1:23:15;

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## **CHINESE TAIPEI**

### **Ancient International Half Marathon at Tainan / 02.03.2025**

### Men:

Francis Kioko Nzioki KEN 1:08:53; Chen Tsen-Rong TPE 1:10:00; Lin Chin-Hsieh TPE 1:12:16;  
Huang Hua-Fan TPE 1:12:55; Stephen Kimemia Njogu KEN 1:13:18; James Drakeford GBR 1:13:25;  
Kang Chao-Hsian TPE 1:13:27;

### Women:

(1<sup>st</sup> female finisher not reported ???); 2. Li Hui-Juan TPE 1:27:38; Chu Ying-Ying TPE 1:27:58;  
Yang Chiao-Chu TPE 1:29:08; Cheng Pei-Yu TPE 1:30:06; Fu Di TPE 1:32:20;

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## **MALAYSIA**

### **Red Bull Asean Half Marathon at Kuala Lumpur / 23.02.2025**

### Men:

David Kibet KEN 1:11:03; Ezekiel Kipchumba Maketei KEN 1:11:06; Tarashiso Gitahi Marichu KEN  
1:12:06; David Kipkoech Kipsang KEN 1:13:31; Gordon Lim Wei Xiang SGP 1:15:03; Yeow Ni Jia MAS  
1:15:10;

### Women:

Jemimah Wayua Musau KEN 1:22:21; Nelly Jeptanui Kipkesio KEN 1:30:23; Khanh Linh Vu VIE  
1:30:32; Verna Goh Shilei SGP 1:33:31;

## **UNITED ARAB EMIRATES**

### **Tristar Half Marathon at Dubai / 23.02.2025**

#### Men:

Abebe Getahun ETH 1:11:45; Abdessamad El Habbaz MAR 1:13:20;

#### Women:

Yimer Mohamed ETH 1:24:22; Kate Jordan GBR 1:27:20; Ka Wai Lee HKG 1:31:22; Lois Pickering AUS 1:34:45;

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## **NEPAL**

### **National Army Day Marathon at Kathmandu / 22.02.2025**

**(-courtesy of Mr Diwakar Lal Amatya - )**

following are the best performances incl. fast times by TOP National runners in Men's Half Marathon; the time for the winner (1:04:41) is faster than the official NR; however, course measurement and conditions unconfirmed to value the times as regular

#### Men:

##### Marathon:

Khadak Bahadur Khadka 2:17:20; Rajan Rokaya 2:20:22; Gopi Chandra Parki 2:22:34;

##### Half Marathon:

Mukesh Bahadur Pal 1:04:41; Gajendra Rai NEP 1:05:12; Narendra Rawat 1:05:40;

#### Women:

##### Half Marathon:

Santoshi Shrestha 1:17:04; Purna Laxmi Neupane 1:17:26; K.C.Bimala 1:17:51; Sunsari Rokaya 1:20:02; Nisha Sarje 1:20:41;

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## **IRAN**

### **National Road Walk Champs at Markazi / 13.02.2025**

#### Men:

20 km Walk: Hamid Reza Zouravand 1:37:20; Armin Shah Maleki 1:43:08; Mohammad Hassan Elsat 1:45:18; Amir Zariyan 1:45:19;

#### Junior Men / under 20 years:

10 km Walk: Amir Mohammad Erfani 48:08;

#### Women:

20 km Walk: Zeinab Ahadi 1:55:43;

## **SRI LANKA**

### **National 20 km Walk Champs at Colombo / 08.02.2025**

**(-courtesy of Mr Sameera Lakruwan Perera, SRI-Federation - )**

#### Men:

R.M.Dinusha Rukmal 1:36:25; H.M.S.Ravidu Herath 1:36:47; D.M.I.S.Sandaruwan Herath Dunukara 1:37:15; Y.S.Wimalasooriya 1:38:39; P.H.S.Lakmal Fernando 1:41:15; J.M.P.Yasendra Sekara 1:42:32; P.G.S.Madusanka Wijerathna 1:43:16; G.Shamila Chandika 1:43:21; W.M.R.Chanaka Welikubura 1:43:43; O.L.Nuwan Chamara 1:44:07; R.B.S.Kumara Sampath 1:44:59;

#### Women:

U.B.Kalhari Madirika 1:46:16; T.V.Hashini Lakshani 1:51:01; P.B.Gayani 1:57:04; J.K.K.M.Chathumini Damayanthi 1:59:57; K.G.G.Shanika Abeythissa 2:04:09;

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## **LAOS**

### **Viettel International Marathon at Hanoi / 01.12.2024**

**(-addition to Report No 21 / 2024 -)**

the time of 2:39:44 for the 9<sup>th</sup> finisher in Men's Marathon, Xayyathee Lamphone from LAOS, is subsequently confirmed as a **new NR**

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## **CROSS COUNTRY**

## **PAKISTAN**

### **SAAF Cross Country Champs at Islamabad / 23.02.2025**

**(-courtesy of the Pakistan Athletics Federation – Facebook site - )**

these Regional Champs were held with participants from 5 countries for Men (Senior & Junior) only / runners from the TOP country, India, were entered, but didn't participate

#### Senior Men / 10 km (15 finishers):

Vicknaraj Vakshan SRI 31:56.38; Muhammad Akhtar PAK 32:08.51; Shahi Sushil Kumar NEP 32:09.10; Muhammad Riaz PAK 32:19.60; Sohail Amir PAK 32:57.11; Sanjaya Shrestha NEP 33:07.22; Damith Hemantha Kumara SRI 33:24.90; Aberathna Banda SRI 33:25.09; Md Elahi Sardar BAN 33:29.61;

Teams (4 countries with 3 finishers): PAK 11 points; SRI 16; BAN 31; MDV 42;

#### Junior Men/U20 / 8 km ( 16 finishers):

Musswar Abbas PAK 26:55.88; Sivagaran Thudiharshidan SRI 27:03.90; Hafeez Ul Barkat PAK 27:10.11; Musswar Saleem PAK 27:16.63; Adnan Arshad PAK 27:23.53; P.Rajendran Vidushan SRI 27:28.29; Karki Badal NEP 27:58.19;

Teams (5 countries with 3 finishers): PAK 8 points; SRI 16; NEP 27; BAN 35; MDV 45;

# ON THE TRACK

## SRI LANKA

(-courtesy of Mr Sameera Lakruwan Perera, SRI-Federation- )

following are detailed best results from two competitions / the Short Track Champs event was restricted to the following few events only and the delayed results from the earlier Trials competition confirm the few earlier results (info by Report No 3) about excellent performances in two events only / please consider, that these earlier Trials were held at **Diyagama** (not at Colombo)

### 1<sup>st</sup> National Short Track Champs at Colombo / 28.02.2025

#### Men:

60 m/-0.2: Y.M.Chamod Yodasinghe 6.63; Merone J.Wijesinghe 6.73; Dineth Induwara Weeraratne 6.77; T.Basitha Udagedara 6.84; N.M.P.Pradumika Silva 6.85;  
heats h1/-0.1: Wijesinghe 6.75; Silva 6.84; H.D.P.Dimuth Gayashan 6.94; H.D.M.C.Buddhika Dissanayake 6.99; W.P.D.K.Mijerathna 7.10; h2/-0.5: Yodasinghe 6.74; S.D.Nuwantha Senanayake 6.88; D.P.Hashan Gamlath 6.95; J.A.V.K.Theekshana Perera 6.96; h3/-0.6: Weeraratne 6.85; Udagedara 6.92; D.D.Sandun Diyalawaththa 6.97; W.Malik Koushan Thamel 7.10;  
60 m H/+0.7: Nadun Kaveesha Bandara 7.85; Roshan Dhammika Ranathunga 8.04; K.D.Dhananjaya Ariyaratne 8.25; W.P.Sandun Koshala 8.26;  
heats h1/+0.5: Bandara **7.80/NR**; Koshala 8.23; Ariyaratne 8.23; h2/+0.4: Ranathunga 8.11;  
L J: J.H.Gayan Sampath 7.39/+0.7; W.D.Sasindu Nuwinda 7.33/+0.9; D.A.G.J.Prasad Wimalasiri 7.32/+0.6; Inura Kavishan Piyasiri 7.25/+0.7; U.D.Y.Vishmitha Kumara 7.20/+0.5; K.M.K.Chathumina Karunarathne 7.16/+0.7; W.H.H.Mendis Abeysekara 7.14/+1.0; H.B.M.Y.P.Bandara Herath 7.10/+0.5;

#### Women:

60 m/-0.4: D.T.Amasha De Silva 7.58; Rumesika Rathnayake 7.61; Fatima Shafiya Yamick 7.62; Dhanani Kodituwakku 7.72; Shanella Senevirathna 7.81;  
heats h1/-0.5: De Silva 7.63; H.R.D.Sithmini Ranasgalla 7.71; Senevirathna 7.79; Gimasha Shashini/2006 7.96; h2/-0.2: Rathnayake 7.64; Yamick 7.65; Kodituwakku 7.76; D.S.U.Rathnayake/2008 7.94; Dilini Nethsala Rajapaksha/2010 7.98;  
800 m: K.Shanika Lakshani 2:09.38; K.Takshima Nuhansa/2006 2:15.92;  
60 m H/+0.5: W.V.Lakshika Sugandi 8.50; S.B.S.Lakshani Dissanayake 8.78; M.A.Bhagya Nilmini 8.95;  
heats h1/+0.7: Dissanayake 8.93; Nilmini 8.97; h2/+0.9: Sugandi 8.60; P.G.M.Sidasna Gunathilake/2006 8.97;  
L J: H.R.D.Sithmini Ranasgalla 5.87/+0.5; N.Madushani Herath 5.83/+0.5; V.R.Himasha Cooray 5.73/-1.1; Dilini Nethsala Rajapaksha/2010 5.71/+0.6; W.H.Aditha Fernando/2006 5.65/+0.6;  
S P: Ovini T.Chandrasekara 13.16;

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### National Selection Trials at Diyangama / 08. - 09.02.2025

#### Men:

100 m (9)/-1.2: Kavindu Nimesh Chathuranga 10.76;  
heats (9) h1/+1.4: H.D.M.C.Buddika Dissanayake 10.69; T.Supun Hansaja 10.78; h2/+1.0: Dineth Induwara Weeraratne 10.57; J.A.V.Kavindu Theekshana 10.70; h4/+0.9: Chathuranga 10.56; Pradumitha Silva 10.61; K.G.Pasindu Divyanjana 10.68; h5/+1.2: D.D.Sadun Diyalawaththa 10.74; Dineth Nuwantha Senanayake 10.78;  
200 m (8)/+0.1: D.D.Sadun Diyalawaththa 21.37; R.Pradeep Ruwan Perera 21.67; K.G.Pasindu Divyanjana 21.87; S.K.Dinesh Kumara 21.88; Dineth Nuwantha Senanayake 21.89; U.R.S.Sanjaya Bandara 21.98;

heats (8) h1/+1.6: Senanayake 21.81; h2/+0.4: Diyalawaththa 21.67; h3/+1.0: Dinesh Kumara 21.67; h4/+0.8: Ruwan Kumara 21.82;  
 300 m (8): S.Arana Darshana 33.28;  
 400 m (9): H.D.Randima Madushan 47.23; J.Omel Shashintha Silva/2007 47.31; R.P.Isuru Lakshan 47.35; S.K.Inesh Dismitha 47.45; K.V.Kumara Silva 47.46; Pabasara Niku 47.82; Isuru Kaushalya Bans Abeywardhana 48.71;  
 heats (9) h1: Kumara Silva 47.59; K.K.Idupa Silva/2996 47.83; H.Sandaruwan Karunarathna 48.47; h2: Madushan 47.47; Milnuwan Weerasingha 48.71; h3: Niku 47.72; h4: Shashintha Silva/2007 47.73; h5: Lakshan 47.63; Dismitha 47.76; h6: Pradeep Ruwan Kumara 48.67; h7: Abeywardhana 48.53;  
 800 m (8): H.Sandaruwan Karunarathna 1:51.86; H.Gayan Kumara 1:52.10; C.K.Aravinthan 1:52.60; M.Sanjaya Sreenath 1:52.94; S.H.Shehan Dilranga 1:53.02; W.M.T.Gihan Thennakoon 1:53.04; T.Damith Prasan 1:54.49;  
 heats (8) h1: Gayan Kumara 1:52.87; Aravinthan 1:52.90; Sreenath 1:53.31; L.S.Dulaj Maduranga 1:54.43; h2: G.Rusiru Chaturanga 1:52.80; Thennakoon 1:53.06; Sandaruwan Wedagedara 1:55.18; W.M.Danasiri Wijethunga 1:55.80; h3: Karunarathna 1:52.79; Prasan 1:53.02; Dilranga 1:53.42; H.R.Rukshan Habarakada 1:53.95; D.M.T.Thiwanka Dissanayaka 1:54.07; K.M.G.D.Sanjaya Kumara 1:54.72;  
 1500 m (9): R.D.B.Nuwan Wimalasiri 3:51.29; S.Chandradasan 3:51.29 (same time for both); Vicknaraja Vakson 3:51.82; S.Praveen 3:53.77; K.D.N.Chamara Wijesinghe 3:56.71;  
 5000 m (8): R.A.D.Hemantha Kumara 14:32.82; Vicknaraja Vakson 14:33.86; Maduranga Upul Kumara 14:58.16;  
 10000 m (9): M.Sivarajan 31:21.21;  
 110 m H (8)/-1.3: Nadun Kaveesha Bandara 14.10; Roshan Dhammika Ranathunga 14.11; W.P.Sandun Kosala 14.63; Malin Udaya Kumara 14.88; A.N.Mohamed Nasik 15.03; E.G.E.Hasitha Kumara 15.11;  
 heats (8) h1/+0.6: Bandara 14.02 / 5<sup>th</sup> SRI All-Time; Kosala 14.25; Hasitha Kumara 15.12; h2/+0.5: Ranathunga 14.43; Udaya Kumara 15.01; Nasik 15.17;  
 400 m H (8): A.A.Kuda Liyanage/2006 51.91; N.D.Kanila Viduranga 51.96; Asika Tharanga Rathnasena 52.79; M.Dimalsha Chaturanga 54.07;  
 heats (8) h1: Liyanage/2006 52.18; T.O.Vinod Ariyawansha 53.07; S.Wenura Avantha 54.13; h2: Viduranga 53.70; h3: Rathnasena 52.87;  
 H J (9): G.Leandu Arthavidu/2006 2.18 / NJR (eq.) & 4<sup>th</sup> (eq.) SRI All-Time; Indika Udaya Kumara 2.13; S.A.Tharindu Dasun 2.05;  
 P V (9): Sandun Eranga Janith 4.80; S.Thisanth & T.D.R.Jayananda Jayasinghe 4.30; D.M.S.Dilshan Sampath 4.30;  
 L J (8): Janaka Prasad Wimalasiri 7.45/-0.5; W.D.Sasindu Nuvinda 7.40/ 0.0; S.P.Pradeepa Samaraweera 7.33/+0.6; U.D.Y.Wishmitha Kumara 7.31/-0.2; Inura Kavishan Piyasiri 7.28/-1.2; J.H.Gayan Sampath 7.14/+0.9; K.M.K.Chathumina Karunarathna 7.12/-1.5; M.I.Mohammed Asan 7.11/+0.6;  
 T J (9): K.V.Malith Yasiru 16.28/+1.4; W.H.V.Rashmika Migampala 16.26/+1.4; K.A.Pasindu Malshan 16.06/+1.2; M.N.Safree Ahamed 15.68/+1.3; Hasitha Kavinda Dissanayaka 15.53/-0.5; S.Hansaka Sandeepa/2006 15.43/+1.7; P.S.Pavan Sandhanayaka 15.40/-1.0; W.M.Shankita Silva 15.25/+1.1;  
 S P (8): S.K.Mithunraj 14.79; R.Samitha Jayawardana 14.66;  
 D T (9): W.Sampath Dissanayake 46.28; H.Bandara Rathnayaka 45.99; S.K.Mithunraj 45.84;  
 H T (8): K.K.D.Madushanka Dharmasena 46.99;  
 J T (8): R.M.J.Sumedha Ranasinghe 82.56; P.Rumesh Tharanga 79.58; R.Rathusan 75.82 / 7<sup>th</sup> SRI All-Time; Tharuka Nuwan Dananjaya 71.86; R.D.P.Prasanna Ranawake 68.58; P.A.Pradeep Lakmal 68.12; D.G.Sampath Ranasinghe 67.10; A.Dulan Charuka 66.87; Ranjith Nuwan Kumara 66.82; K.Ganesan Yogaraj 63.94; W.B.Rajitha Malshan Fernando 62.04; T.A.Deshith Bhagya 61.31;

#### Youth Boys / under 18 years:

400 m (9): B.I.Maduwantha Bogoda/2008 48.65; Shanuka Costa/2009 48.86; Sankalpa Edirisinha/2008 48.92;  
 heats (9) h1: Bogoda/2008 48.85; h3: Costa/2009 48.38;  
 800 m (8): H.D.Shavindu Awishka/2008 1:55.56;  
 1500 m (9): H.D.Shavindu Awishka/2008 3:58.24 / NYR; G.D.Lahiru Achintha/2009 3:59.24;

2000 m St (9): C.Deshan Wickramage/2009 6:38.03;  
110 m H / 91.4 cm (8)/-1.3: H.Chamod Kavishara/2008 14.67; E.P.Pawan Ekanayaka/2008 14.67;  
heats (8) h1/+2.0: H.M.Sadew Anuhas/2008 14.37; Ekanayaka/2008 14.60; W.A.Kisal Oshadha/2009 14.68;  
h2/+0.4: Kavishara/2008 14.49;  
400 m H (8): M.M.Shavindu Nimasha/2008 54.09; U.M.Amitha Sandeepa/2008 54.29 (& 54.30 as 1h1);  
H J (8): J.H.P.Nethya Sampath/2008 2.0;  
T J (9): J.L.Jenkins/2008 14.67/-0.5;

#### Women:

100 m (9)/-1.3: T.Anuruddika Muthukumara 12.04; Shanella Senewirathne 12.23; B.I.Medhani Jayamanna 12.24;  
heats (9) h1/+2.5: H.K.T.Dilushani Silva 12.01w; Jayamanna 12.17w; Gimashi Shashini/2006 12.18w;  
Dhanani Kodithuwakku 12.18w; h2/+0.5: Muthukumara 11.92; Senewirathne 12.14; H.R.D.Sithmini Ranasgalla 12.18; H.M.N.Kavindi Rathnayake 12.20;  
200 m (8)/ 0.0: M. K.Pahasara 24.35; H.M.N.Kavindi Rathnayake 24.71; Warsha Wimalasekara/2007 25.27;  
heats (8) h1/+0.3: Rathnayake 25.10; h2/ 0.0: Pahasara 24.71;  
400 m (9): B.S.Lakshima Mendis 53.37 / 7<sup>th</sup> SRI All-Time; Nadeesha Ramanayaka 53.38; M.H.Jayeshi Uthtara 54.47; Jithma Shenari Wijethunga/2006 54.53; W.H.Madusha Fernando 55.07; W.S.Himaya Fernando 56.18; U.K.S.C.Padmasiri Bandara 56.40;  
heats (9) h1: Ramanayaka 54.28; Wijethunga/2006 54.62; Himaya Fernando 56.45; h2: Mendis 53.72; Madusha Fernando 55.44; M.K.Pahasara 56.17; Warsha Wimalasekara/2007 56.65; L.G.Araliya Sathsarani 56.98; h3: M.A.N.Harshani Fernando 53.72 (dns in final); Uthtara 54.36; Bandara 56.09;  
800 m (8): K.G.N.M.A.Kumari 2:08.41; W.K.L.A.Nimali 2:11.29; M.G.P.Vihari Ranasinghe 2:11.41; H.M.Madushani Dilrukshi 2:15.21; H.W.B.M.Udaya Kumari 2:15.71;  
1500 m (9): K.G.N.M.A.Kumari 4:31.68; M.G.P.Vihari Ranasinghe 4:42.50;  
5000 m (8): W.A.M.Rasara Wijesuriya 16:03.97 / 3<sup>rd</sup> SRI All-Time; B.W.Nayana Sewwandi 17:10.35; Nilanthi Lanka Ariyadasa 17:11.04;  
10000 m (9): Rasara Wijesuriya 33:39.60/NR (in a solo-run / 2<sup>nd</sup> = 38:55.08 !!);  
3000 m St (9): H.M.C.Shamudika Herath 10:56.38; M.H.Thanuja Lakmini 12:59.68;  
100 m H (8)/-0.1: H.W.K.Hapuarachchi 14.22 / 6<sup>th</sup> SRI All-Time; S.B.S.Lakshani Dissanayake 14.33; P.S.Nisansala Fernando 14.78; K.S.Dahamsa Kahangama 14.80; M.A.Bhagya Nilmini 14.81; P.G.M.Sidasna Gunathilaka/2006 15.10; Nehansa Paranaliyanage/2007 15.13;  
heats (8) h1/ 0.0: Hapuarachchi 14.27; Dissanayake 14.31; Nilmini 14.88; h2/+0.8: W.V.Lakshika Sugandi 14.50 (dns in final); Fernando 14.84;  
400 m H (8): K.H.A.Dasuni Kaushalya 60.65; L.G.Araliya Sathsarani 61.64; Yasasni Rathnayake 61.65; G.A.Shyama Dulani 63.12; O.G.S.Thakshila Dissanayake 63.29; G.D.S.Chamathka Panduka 63.97;  
heats (8) h1: Rathnayake 61.28; Sathsarani 62.86; Dulani 63.62; Dissanayake 63.77; h2: Kaushalya 60.08; Rashini Karunarathna/2006 63.69;  
H J (9): A.R.Koshila Perera 1.72; E.A.I.Minoli Fernando 1.70; R.Pehansa Gamage 1.70;  
P V (8): Nesara Dakshitha 3.55; M.A.S.Perera 3.30; P.Abashalini/2007 3.05; U.Thamasha Wickramesekara 3.05;  
L J (8): Nethmika Madushani Herath 6.03/-0.1; H.R.D.Sithmini Ranasgalla 6.03/+1.1; Dilni Nethsala Rajapaksha/2010 6.02/+0.9; Ridma Nishadi Abeyrathna 5.88/+2.0; Randi Himasha Cooray 5.78w (& 5.75/ok); H.D.Rashmi Kavindya 5.76/+1.2;  
T J (9): Randi Himasha Cooray 12.88/-0.8; L.S.W.Arachchi 12.58/-0.5; Nethmika Madushani Herath 12.57/+0.5; M.Maleesha Manohari/2006 12.47/+0.5; E.M.Shashani Upeksha 12.38/-0.5; Oshini Kavindya Kodikara/2007 12.29/-0.5; Shashikala Lankathilaka 12.23/-0.5; Dilni Nethsala Rajapaksha/2010 12.11/+1.1;  
S P (8): Ovini T.Chandrasekara 12.96; K.C.P.Jayasuriya 12.54;  
D T (9): Vinodeli Vishanthika Lakmali 44.03;  
H T (8): H.A.Aruni Lakshika 45.77; M.G.Nihinsa Mandini 40.68;  
J T (9): Nadeesha Dilhani Lekamge 55.68; Dayani Harshani Maduwanthi 50.95; D.M.Imasha Hasanthi 45.89;



Youth Girls / under 18 years:

100 m (9)/-2.0: D.Sewmini Fernando/2008 12.07 (& 11.76w/+2.8 as 1h1);  
200 m (8)/+0.1: D.Sewmini Fernando/2008 24.45;  
800 m (8): M.G.T.Abhisheka Pemasiri/2008 2:13.11; U.M.Sansala Himashani/2008 2:14.25; B.D.C. Sandeepani Silva/2008 2:15.99;  
1500 m (9): K.Niduki Prathana/2008 4:42.34; K.M.Sachini Madhuhansika/2008 4:45.64;  
2000 m St (9): K.M.Sachini Madhuhansika/2008 7:08.47; M.P.Ayesha Sewwandi/2008 7:55.05;  
400 m H (8): U.M.Sansala Himashani/2008 64.07;  
H J (9): P.Shenuri Upeksha/2008 & Mihinsa Dewmini Aberathna/2008 1.64;  
T J (9): M.Dilki Nehara/2008 12.55/+0.8;

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## **INDIA**

**(-courtesy of Mr Ram.Muralikrishnan- )**

following are selected best performances from two State Age-Group competitions / no wind-readings reported from both Champs & no exact dates per event from Chennai with only few relevant results

### **Tamil Nadu U18/U20/U23 Champs at Chennai / 22. - 23.02.2025**

Men / under 23 years (born 2003 - 2005):

100 m: B.Karan 10.77; M.Varun Oori 10.82;  
200 m: M.Varun Oori 21.75;  
400 m: A.Vignesh 48.48; Rahul Balaji 48.68;  
800 m: J.Balagangan 1:55.33;  
P V: L.Kamal 4.50;  
L J: Sanmath Darsha 7.42; J.Sharon Jestus 7.29;  
S P: S.Sri Kumaran 16.05;  
H T: S.Dinesh 55.45;  
J T: J.Manoj Kumar 69.35;

20 km Walk: P.Rishikesh 1:35:59;

Junior Men / under 20 years (born 2006 – 2007):

800 m: A.B.Uwin Anand/2007 1:52.24;  
110 m H / 99 cm: S.Jayachandran/2006 14.36; S.Yuvaraj/2006 14.69; K.Paari/2006 14.78;  
P V: S.Kavin Raja/2006 4.80;  
L J: Jithin Arunjan/2007 7.56; C.Tharun Vikash/2006 7.33;  
D T / 1.75 kg: Dhanush Babu/2006 50.66;

Youth Boys / under 18 years (born 2008 – 2009):

1000 m: K.Vishal/2008 2:40.17;  
110 m H / 91.4 cm: B.Nived/2008 14.51; A.Mariya Ebine/2008 14.62;  
5000 m Walk: Tharun Krishna/2009 24:50.15;

Women / under 23 years (born 2003 – 2005):

100 m: R.Kiruthika 11.85;  
200 m: S.Suba Dharsini 25.21;  
400 m: Punitha Ragupat 57.27; D.Punitha 57.46;  
100 m H: S.Akschida 14.44;  
400 m H: R.Aswini 61.93; R.Harshitha 63.18;  
H T: B.Nithya 45.91;

Junior Women / under 20 years (born 2006 – 2007):

400 m: S.Sai Chinthana/2006 57.35;

P V: B.Sowndharya/2006 3.20;  
S P: V.Madhumitha/2006 13.10;  
Youth Girls / under 18 years (born 2008 – 2009):  
400 m: Edwina Jason/2009 56.05; C.Santhoshi/2008 56.23;

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## **Kerala State Youth/U18 Champs at Thiruvananthapuram / 01. - 02.03.2025**

### Youth Boys / under 18 years

200 m (1): J.Nived Krishna/2008 21.82;  
1000 m (1): A.Shiva Prasad/2009 2:38.80;  
110 m H / 91.4 cm (1): S.Abhay Sived/2008 14.37; Fasal Ul Haque/2008 14.70;  
Heptathlon (1/2): Abhinav Sreeram/2008 4544;

### Youth Girls / under 18 years:

Heptathlon (1/2): Anamika Ajesh/2009 4160;

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## **SINGAPORE**

### **2<sup>nd</sup> National All Comers Meeting / 23.02. - 02.03.2025**

**(-courtesy of the Singapore Athletics Federation - website - )**

following are selected best results from this competition, which was held on 4 days from 23rd Feb to 2nd Mar for specific events only

#### Men:

60 m (2)/+0.4: Xander Ho Ann Heng 6.82; Daryl Tan Hong An 6.87; Mark Lee Ren 6.94;  
200 m (23)/+0.5: Mark Lee Ren 21.82; Harry Irfan Curran/2008 21.96;  
800 m (1): Oliver Fiore/2009 1:56.38;  
110 m H (2)/+0.5: Ang Chen Xiang 13.97;  
P V (2): Koh Wei Shien 4.82; Josph Cheong Yin Yern/2007 4.72; Elliot Wee Junn 4.42; Ang Guo Jun 4.22;  
T J (23): Andrew George Medina 14.98w/+2.3 (& 14.94/ 0.0); Gabriel Lee Jin Yi 14.89/ 0.0;  
D T (1): Tan Jun Jie/2007 43.36;  
4x100 R (2)/ 2 Races: National Team (D.Tan Hong An, Yan Teo, M.Lee Ren, Ryan R.Ng) 41.13 & 41.10;  
National Junior Team (E.M.Rashid, Wang Qiyue, Ong Ying Tat, J.Lee Shyen) 42.06 (& disq. in Race 2);

#### Junior Men:

T J (23): Tan Shou Yi Rei/2008 14.99w/+2.5 (& 14.55/+1.4);  
D T / 1.75 kg (2): Tan Jun Jie/2007 46.39;

#### Youth Boys:

D T / 1.5 kg (2): Anson Loh/2008 50.22;

#### Women:

200 m (23)/+1.2: Elizabeth-Ann Tan Shee Ru 25.21;  
P V (23): Cayenne Goh Jia Ying 3.02;  
P V (2): Esther Tay 3.42; Cherlin Sia Jia Yi 3.02; Lorraine Leong/2007 3.02;  
T J (28): Tia Louise Rozario 12.90w/+2.5; Tan Tse Teng 11.77/+1.3;  
4x100 R (2) / Race 1: National Junior Team (T.Tan Shee Ying, A.Teo Pei Qi, V.Chan, S.Tan Ying Tong) 49.80 (National Team disq.); Race 2: National Team (K.Ong Jing Rong, L.Jaiganth, C.Chee En-Ya, S.Tan Ying Tong) 47.25 (National Junior Team disq.);

## **UNITED ARAB EMIRATES**

### **National Vice President's Cup Meet at Dubai / 22, - 23.02.2025**

**(-courtesy of the Competition - website - )**

following are detailed results from Men events and few results from Women events at this major National competition / nationality of several foreign athletes (competing for UAE Clubs) and accurate spelling of names for some athletes not available

#### Men:

100 m (22)/-0.7: Abdullah Moshood/2008 10.76; (Aristo Nemi Loki Daji ???) 10.77; Ali Mohamed Jassem 10.79;

200 m (23)/-1.2: Abdulrahman Sulaiman/2007 21.39; Ali Mohamed Jassem 21.66; Mohamed Hassan Al-Noubi 22.00;

400 m (22): Abdulrahman Sulaiman/2007 46.10; Mohamed Sinan IND 46.91; Moath Fawzy Farag Al-Almeri 48.00; Sultan Salman Saif 48.71;

800 m (23): Saoud Juma Jassim Al-Zaabi 1:53.97; Mohamed Ahmed Al-Messabi/2007 1:54.13;

3000 m (22): Dago Tesfaye Demsey (???) ETH (???) 8:13.97;

400 m H (23): Moath Fawzy Farag Al-Almeri 54.98;

S P (23): Semen Borodayev RUS 18.88; Ahmed Ali Hassan Mohamed 15.00;

D T (22): Semen Borodayev RUS 52.71; Abdullah Mohamed Zalaq SYR 43.50;

H T (23): Mohamed Omar Khatib 54.43; Abdulatif Mohamed Salah 45.04;

4x100 R (22) Al-Wasl Team (nationality of runners ??) 42.13;

4x400 R (23) Abu Dhabi Team (nationality of runners ??) 3:23.21;

#### Junior Men:

H T / 6 kg (23): Mohamed Adel Al-Ali 57.70;

#### Women:

200 m (23)/-1.1: Aminat Kamaruddin/2007 24.13;

4x100 R (22): Sharjah Team UAE 51.88;

#### Junior Women:

H T (23): Salma Haitham Rashed Al-Mam (nationality ???) 46.20 / this would be a new NR & NJR for UAE, if she is eligible to compete for this country

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## **IRAN**

### **National Team Selection Competition at Bushehr / 12. - 13.02.2025**

**(-courtesy of Ms Leila Moradi, IRI Athletics Federation - )**

following are selected best results from this competition, which was restricted to invited participants / exact dates per event not reported

#### Men:

200 m/-0.2: Milad Naseh Jahani 21.52; Mohammad Taleei 21.76;

400 m: Milad Naseh Jahani 47.30; Ali Reza Jamshahi 47.90; Milad Sarvandi 48.21; Arash Sayari 48.49;

800 m: Sobhan Ahmadi 1:50.07; Arsalan Hamidi/2006 1:50.20; Ali Amirian 1:50.64;

1500 m: Seyed Amir Zamanpour 3:41.33 / 2<sup>nd</sup> IRI All-Time; Hossein Nouri 3:46.20; Omid Amirian 3:49.21;

Amir Hossein Papi 3:50.33;

10000 m: Morteza Beiranvand 31:09.52;

3000 m St: Youssef Azariyan/2006 9:10.23;

110 m H/-0.1: Masoud Kamran 14.12; Ali Salamatian 14.33; Benyamin Talebi 14.86; Ali Karami 14.89;

400 m H: Ali Abbaspour 51.81; Mahdi Pirjahan 52.51; Mohammad Yasin Gol Mohammadi 54.53;  
H J: Parsa Shadnia/2006 2.10; Mehdi Karimzadeh 2.00;  
L J: Mohammad Reza Behrouzi 7.32/+1.6;  
T J: Mojtaba Zahedi 15.84/+0.8; Ali Seyedi 14.91/+0.6; Poruya Aryanfar/2007 14.73/+1.0; Mohammad Ghallash/2008 14.67/+0.6;  
S P: Mohammad Reza Tayebi 19.30; Hassan Ajami 19.18; Sina Sarabi 17.07; Omid Taghipour 16.11;  
D T: Behnam Shiri 58.79; Sadegh Samimi 54.55; Hossein Reshmeh Karim/2006 47.77;  
H T: Mahdi Haftcheshmeh/2006 64.03; Arsalan Ghashghaei 53.68;  
J T: Sadegh Khademi 74.16; Mostafa Nikkhah 54.45; Vahid Kalteh 60.1;  
Youth Boys:  
H T / 5 kg: Amir Reza Ahamin Maram 67.57;

#### Women:

200 m/-0.6: Melina Esmaeili 24.42;  
400 m: Nazamin Fatemeh Eidian 54.96 / 3<sup>rd</sup> IRI All-Time; Zahra Zarei 55.14; Maryam Mohebbi 55.94;  
Negin Azari Edalat 56.30; Kazhan Rostami 56.31;  
800 m: Tuktam Dastarbandan 2:07.91; Aida Narouei 2:11.32 / 4<sup>th</sup> IRI All-Time; Negin Valipour 2:12.76;  
1500 m: Parichehr Shahi 4:34.30; Zahra Afsharian 4:36.94;  
5000 m: Hanieh Shah Pari 17:45.99 / NJR; Samia Shah Pari/2008 18:11.75;  
3000 m St: Atousa Atash Bejan/2007 11:23.49;  
400 m H: Kazhan Rostami 64.04;  
H J: Fatemeh Mohitizadeh 1.68; Maedeh Motahari 1.65;  
P V: Mahsa Mirzatabibi 3.90;  
L J: Reihane Mobini 6.53/+2.0 / NR; Elaheh Rahimifar 6.18/+1.4; Zahra Hefzi 5.74w/+2.1;  
T J: Maryam Kazemi 13.05; Sarina Saedi 12.27;  
S P: Elham Sadat Hashemi 14.02;  
H T: Zahra Arab Rostami 60.95/NR; Melika Norouzi 59.63 / 2<sup>nd</sup> IRI All-Time; Masoumeh Yousefi 47.17;  
J T: Zahra Najafi 51.53 / 2<sup>nd</sup> IRI All-Time; Mana Hosseini 49.19; Zahra Sayadi 42.19;

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## **BANGLADESH**

### **48<sup>th</sup> National Championships at Dhaka / 17. - 19.02.2025**

#### **(-courtesy of newspaper websites - )**

following are selected best performances from these Champs; however, information is restricted to TOP 3 finishers from finals on 1st day and additional information about new NR's on Day II and III, where no results from other events are reported nor available on request for info from the Bangladesh Athletics Federation / no wind-measurements / more detailed official results would be welcome

#### Men:

100 m (17): Mohammad Ismail 10.61; Mohd Rakibul Hasan 10.63; Mohd Jubail Islam 10.89;  
Marathon / exact distance unconfirmed (17): Mohammad Al Amin 2:23:49; Mohd Imranur Rahman 2:29:54;  
Mohd Farid Miah 2:30:45;  
400 m H (18): Nazmul Hossain Rony 50.84/NR; Masud Rana 53.06; Mohd Rakibul Islam 53.26;  
H J (17): Mahfuzur Rahman 2.10; Jamirul Molla 2.00;  
P V (19): Mohd Shorov Miah 4.50/NR;  
S P (17): Golam Sarwar 15.50/NR;

Women:

100 m (17): Shirin Akter 12.01; Sumaiya Dewan 12.15;  
400 m (17): Nusrat Jahan Rana 57.73; Sumaiya Akter 58.29;  
1500 m (17)/hand-timed: Priya Akter 4:50.8;  
5000 m (17)/hand-timed: Prity Akter 18:56.5;  
400 m H (18): Borsha Khatun **64.61/NR;**  
H J (17): Ritu Akter 1.73; Ummay Hafsa Rumky 1.70;  
S P (17): Zakia Akter 12.30;  
4x100 R (18): Navy Team (Shirin Akter, Sonia Akter, Sumaiya Dewan, Kabita Roy) **46.43/NR;**  
4x400 R (19): Navy Team (Shirin Akter, Sabiha Al Soha, Nusrat Jahan Rana, Nathera Khatun) **3:51.62/NR;**

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## **MALDIVES**

### **National Trials Competition at Male / 20.02.2025**

**(-courtesy of Mr Ahmed Munthaqim, MDV - Federation - )**

Men:

60 m/+0.3: Hassan Saaid 6.83; Nujoom Hassan 7.20;  
800 m: Hussain Fazeel Haroun 1:56.81; Hussain Riza 1:57.55;  
1500 m: Aidh Abdulla Rifau/2008 4:27.87 / NYR;  
H J: Yusuf Naik Vajeih/2008 1.80 / NJR (eq.) & NYR;

Women:

60 m/-0.1: Ahnaa Nizaar/2007 7.87; Aishath Shaba Saleem 8.21;  
100 m/+1.7: Ahnaa Nizaar/2007 12.37;

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## **UZBEKISTAN**

### **Winter Throws Competition at Tashkent / 26. - 28.02.2025**

**(-courtesy of the UZB-Federation website - )**

Men:

D T (27): Dunezod Saifullayev 50.53;  
H T (28): Javokhir Aliyev 53.46;  
J T (26): Sarvar Ismoilov 68.16;  
Junior Men / under 20 years:  
D T / 1.75 kg (27): Abduazim Rakhmatullayev/2007 48.90;  
Youth Boys/under 18 years:  
H T / 5 kg (28): Muhammad Aziz Nasirov/2008 61.04;  
J T / 700 g (26): Ruslan Sadullayev/2008 66.84;

Women:

H T (28): Zarina Nosirzhonova 60.35; Elina Silyamiyeva 60.28;  
J T (26): Musharaf Saidakhmedova 42.93;  
Youth Girls / under 18 years:  
H T / 3 kg (28): Shakhribonu Zaripova/2008 53.81;

## **TAJIKISTAN**

### **National Winter Championships at Dushanbe / 15.02.2025**

**(-courtesy of Mr Evgeny Shumarin, TJK - Federation - )**

#### Men:

60 m/+3.2: Favoris Muzrapov 6.75w; Leonid Pronzhenko 7.15w;  
heats h1/+2.6: Muzrapov 6.80w; Pronzhenko 7.16w; h2/+2.5: Ildar Akhmadiyev 6.93w (dns in final);  
200 m/+1.3: Ildar Akhmadiyev 22.20;  
60 m H/+1.8: Leonid Pronzhenko 8.33;  
H J: Salim Saidaliyev 2.05;  
T J: Salim Saidaliyev 14.30/+0.1;  
H T: Timur Diorditsa/2007 51.23;

#### Women:

60 m/+3.3: Diana Abdulloyova/2007 8.24w (& 8.26/+1.8 as 1h1);  
D T: Mushtari Bobogulova 41.69;

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## **Indoors**

## **KAZAKHSTAN**

### **10<sup>th</sup> International Indoor Meet at Ust-Kamenogorsk / 01.03.2025**

**(-courtesy of Mr Pavel Kukin, KAZ Athletics Federation - )**

this major Indoor competition was held as a WORLD ATHLETICS Tour Silver Meeting with participants from 20 foreign countries and some of the TOP KAZ athletes / following are detailed results from the 14 contested events / new Competition Records (= CR) were achieved in 7 events & 4 new National Indoor Records (= NIR) shown as below

#### Men:

60 m: Mulham Darwish Al-Balushi OMA **6.63 / CR**; Marc Brian Louis SGP **6.68 / NIR**; Hristo Iliev BUL 6.68; Favoris Muzrapov TJK 6.76; Almat Tulebayev KAZ 6.77; Andre Prazeres POR 6.81; Matyas Koska CZE 6.82; Vitaliy Zems KAZ 6.93;  
heats h1: Al-Balushi 6.73; Iliev 6.79; Muzrapov 6.79; Tulebayev 6.84; Prazeres 6.89; Tedd Toh Jun Xi SGP 6.97; Damil Sutzhanov 6.99; Andrey Lavrushenko KAZ 7.17; h2: Louis 6.74; Zems 6.80; Koska 6.87; Theodoros Vrontinos GRE 6.93; Ruslan Kurmanaliyev KAZ/2006 7.03; Umidjon Nabiyeu UZB 7.09;  
400 m / Race A: Elnor Mukhitdinov KAZ 48.40; Robert Parge ROU 48.73;  
1500 m: Simas Bertasius LTU **7:57.49 / CR**; Nursultan Keneshbekov 8:04.91; Maxim Frolovskiy KAZ 8:20.12; Igo Khrunin KAZ 8:39.16; Samat Kazakbayev KGZ 8:43.78; Najmuddin Zuhurshohi TJK 8:46.86; Nurdaulet Medeubayev KAZ 8:46.92;  
60 m H: David Yefremov KAZ **7.61 / CR**; Anastasios Eliopoulos GRE 7.98; Mardonbek Sotiboldiyev UZB 8.30; Leonid Pronzhenko TJK 8.32; Zakhar Levitskiy KAZ 8.39;  
T J: Maksym Vanyaikin UKR 16.34; Lechezar Valchev BUL 15.98; Ivan Denisov UZB 15.92; Zelimkhan NasYROV KAZ 15.85; Salim Saleh Al-Yarabi OMA **15.48 / NIR**; Takhirzhan Kadyrkulov KAZ 15.29; Georgiy Li KAZ 15.06; Arsen Umerzhanov KAZ 14.76;  
S P: Mohammed Daouda Tolo KSA **20.06 / CR**; Giorgi Mujaridze GEO 20.02; Ivan Ivanov KAZ 17.84; Alexey Khlystov KAZ 14.66;

### Women:

60 m: Beatriz Andrade POR 7.47; Valeriya Safonova KAZ 7.70; Kristina Yermola KAZ 7.80; Darya Gridassova KAZ 7.81; Yana Fomina KAZ/2007 7.91; Polina Karel KAZ/2006 7.91; Aiyim Kaysanova KAZ 7.92; Diana Abdulloeva TJK/2007 8.24;  
400 m / Race A: Carina Pereira POR **53.13 / CR**; Nanako Matsumoto JPN **53.15 / NIR**; Lavdije Zylali GRE 54.96; Alexandra Zalyubovskaya KAZ 55.21; Lamiya Valiyeva AZE **55.78 / NIR**;  
Race B: Sofia Kidenko KAZ/2007 55.28; Mariya Shuvalova KAZ/2006 55.55;  
800 m: Vanessa Scaunet BEL **2:04.37 / CR**; Priscilla Van Oorschot NED 2:05.01; Ayana Bolatbek kyzy KAZ/2006 2:12.78; Anastasiya Koloda KAZ/2006 2:15.28; Ekaterina Koloda KAZ/2006 2:15.40; Yevgeniya Fandyushina KAZ 2:15.45;  
3000 m: Ainuska Lalil kyzy KGZ 9:33.77; Akbilek Kuralbay KAZ 9:56.42; Dana Gussarova KAZ 10:04.45;  
H J: Urte Baukstyte LTU 1.80; Faina Meirmanova KAZ/2006 1.80; Irina Sizova KAZ 1.75; Diana Geints KAZ 1.70; Arina Malyugina KAZ/2007 1.70; Anastasiya Kuchina KAZ/2007 1.65;  
L J: Anastasiya Rypakova KAZ 6.11; Alina Chistyakova KAZ 5.96; Valeriya Safonova KAZ 5.91; Varvara Dmitriyeva KAZ 5.60;  
T J: Mariya Yefremova KAZ **13.87 / CR**; Aina Griksaite LTU 13.81; Maoko Takashima JPN 13.39; Aleksandrija Mitrovic SRB 13.35; Emma Mastalirova CZE 13.07; Dilyara Khaybullina KAZ 12.25; Varvara Dmitriyeva KAZ 12.23;

### Mixed Relays:

4x200 R: International Team (A.Prazeres/POR, L.Valiyeva/AZE, E.Mukhitdinov/KAZ, M.Shuvalova/KAZ) 1:31.77; National Team/KAZ (D.Popov, V.Safonova, V.Zems, A.Zalyubovskaya) 1:32.22;

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## **Nat.Junior Indoor Champs at Ust-Kamenogorsk / 28.02.-02.03.2025**

**(-courtesy of the Sport-online.kz – website -)**

### Junior Men:

60 m (28): Ruslan Kurmanaliyev/2006 6.92; Beibarys Batyruly/2008 7.09;  
heats (28) h1: Kurmanaliyev/2006 6.99; h5: Batyruly/2008 7.17;  
200 m (2): Ruslan Kurmanaliyev/2006 22.06 (& 22.01 as 1h3);  
2000 m St (1): Azizbek Saydyganiyev/2006 6:07.02; Bagzhan Serikkan/2006 6:10.45;  
60 m H (1): Georgiy Kozma/2008 8.09 (& 8.30 as 1h2);  
H J (28): Ruslan Lomtev/2006 2.00;  
P V (1): Maksim Balabin/2006 4.80; Dmitriy Shkerdin/2008 4.60;  
L J (1): Vadim Karnaukhov/2006 7.07; Roman Konoshenko/2006 7.01;  
T J (2): Georgiy Kozma/2008 15.04;  
S P / 6 kg (28): Konstantin Uteshev/2007 15.98;  
Heptathlon (1/2): Mikhail Kotov/2006 4332 (7.24; 6.88; 13.44; 1.87 / 8.98; 4.00; 3:09.20); Ivan Sening/2006 4213 (7.21; 6.53; 12.43; 1.81 / 8.35; 3.70; 3:08.79); Ayan Zhanbakiyev/2007 4169 (7.38; 6.85; 12.30; 1.87 / 8.68; 3.60; 3:11.37);  
5000 m Walk (1): Nikita Kuzmin/2006 21:04.52; Sherkhan Yegizbay/2008 21:41.26; Zharylkassyn Yegizbay/2006 21:52.18; Sanzharbek Mukhammadzhanov/2008 23:34.35;  
4x200 R (1): Astana Junior Team 1:30.50;  
4x400 R (2): Karaganda Junior Team 3:25.70;

### Junior Women:

60 m (28): Polina Karel/2006 7.93; Angelina Shrubyanets/2009 8.00; Yana Fomina/2007 8.01; Kira Zaripova/2007 8.06; Evgeniya Slepchenko/2006 8.10;  
heats (28) h1: Slepchenko/2006 8.12; h2: Karel/2006 7.92; h3: Shrubyanets/2009 8.12; h4: Fomina/2007 7.92;  
200 m (2): Sofiya Kidenko/2007 25.27;

400 m (28): Milana Zubareva/2007 57.18 (& 57.52 as 1h1);  
800 m (2): Anastasiya Koloda/2006 2:16.07; Milana Zubareva/2007 2:16.11;  
3000 m (2): Ayana Bolatbek kzy/2006 10:18.64;  
2000 m St (1): Uldanai Abylkhan/2007 7:38.50; Anastasiya Mihailyova/2007 7:44.17; Yekaterina  
Tamilina/2009 7:50.48; Sarvinoz Dosmetova/2006 8:03.94;  
60 m H (1): Darya Pavlenko/2006 9.00; Angelina Shrubyanets/2009 9.20;  
H J (2): Arina Malyugina/2007 1.75; Anastasiya Kuchina/2007 1.70; Milena Merts/2009 1.65;  
P V (28): Anna Cherkashina/2008 3.95; Elmira Kabirova/2006 3.80; Polina Ivanova/2006 3.60;  
L J (28): ariya Shchipacheva/2007 5.65;  
T J (2): Elizaveta Yakimenko/2006 12.34; Mariya Shchipacheva/2007 12.11; Mariya Timchenko/2007  
11.89;  
5000 m Walk (28): Sabrina Arziyeva/2006 24:11.82; Margarita Storozhenko/2008 26:03.66; Dominika  
Pukhareva/2008 27:10.10;  
4x200 R (1): Pavlodar Junior Team 1:43.33;  
4x400 R (2): Astana Junio Team 4:00.40;

Mixed Relays:

4x400 R (28): Pavlodar Junior Team 3:42.46;

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## **National U23 Indoor Champs at Ust-Kamenogorsk / 21. - 23.02.2025**

Men:

60 m (21): Danil Popov 6.99; Stanislav Li & Bogdan Goncharov/2007 7.18; Ivan Sening/2006 7.19;  
heats (21) h1: Popov 7.02; h2: Li 7.16; Sening/2006 7.19; h3: Goncharov/2007 7.14;  
200 m (23): Ivan Teterin 21.94;  
800 m (23): Kirill Subbotin 1:54.33; Aleksey Chukreyev 1:54.39; Alexander Bektasov 1:54.56; Meirlan  
Nurlybekov 1:57.35; Daur Dospulov 1:57.87;  
heats (22) h1: Bektasov 1:57.32; Nurlybekov 1:57.46; Zhanbolat Kadyrbek 1:57.61; h3: Chukreyev  
1:56.43; Dospulov 1:57.33;  
3000 m (23): Nurdaulet Medenbayev 8:41.23;  
2000 m St (22): Rinat Kulygin 5:59.52; Izgali Beibarys 6:00.58; Zangar Algochauly 6:05.75; Bagzhan  
Serikkan/2006 6:08.15;  
60 m H (22): Erasyl Murzamukhambetov 8.44; Ivan Sening/2006 8.48;  
H J (22): Igor Kosolapov 2.08; Ruslan Lomtev/2006 2.04; Anatoliy Lyutsko/2007 2.04;  
P V (21): Danil Polyanskiy 5.00; Vladislav Garbuznyak 5.00; Maxim Balabin/2006 4.90; Dmitriy  
Shkerdin/2008 4.20;  
L J (21): Zelimkhan Nassyrov 7.14; Romeo Petrov 7.11;  
T J (23): Zelimkhan Nassyrov 15.76; Arsen Umerzhanov 15.22; Georgiy Li 15.09; Romeo Petrov 14.84;  
S P (21): Bekhultan Yelikbayev 14.96; ex-competition: Ivan Ivanov 17.49;  
Heptathlon (21/22): Ruslan Ishmetov 4643 (7.42; 6.42; 10.84; 1.88 / 8.82; 3.60; 2:56.60);  
4x200 R (22): Karaganda U23 Team 1:28.28;  
4x400 R (23): Karaganda U23 Team 3:22.04;

Women:

60 m (21): Valeriya Safonova 7.73; Kristina Yermola 7.80; Alina Chistyakova 7.83; Darya Gridassova  
7.88; Tatyana No 7.92; Sofia Kidenko/2007 7.94; Polina Karel/2006 7.95; Kristina Minkovskaya 8.09;  
semis (21) s1: Vermola 7.89; No 7.97; Yana Fomina/2007 8.07; s2: Safonova 7.74; Karel/2006 8.00;  
Minkovskaya 8.01; Darya Pavlenko/2006 8.12; Karina Rakhimova 8.13; s3: Chistyakova 7.85; Gridassova  
7.88; Kidenko/2007 7.99; Angelina Shrubyanets/2009 8.10; Yelizaveta Gridassova/2008 8.11;  
heats (21) h1: Fomina/2007 8.03; Minkovskaya 8.04; Y.Gridassova/2008 8.07; h2: D.Gridassova 7.95;  
No 8.03; Kidenko/2007 8.05; h3: Chistyakova 7.98; Kira Zaripova/2007 8.11; h4: Safonova 7.86;  
Yermola 7.88; Karel/2006 7.99; Pavlenko/2006 8.10;



200 m (23): Anna Shumilo 25.10;  
400 m (22): Mariya Shuvalova/2006 56.11 (& 56.20 as 1h2 on 21st); Milana Zubareva/2007 57.31;  
800 m (23): Ayana Bolatbek kyzy/2006 2:11.75;  
1500 m (21): Ayana Bolatbek kyzy/2006 4:29.63; Arina Gladysheva 4:41.91; Darya Miller/2006 4:45.02;  
Kristina Sergeyeva 4:46.61;  
3000 m (23): Akbilek Kuralbay 10:07.74;  
2000 m St (22): Akbilek Kuralbay 6:53.60; Uldanai Abylhan/2007 7:15.92; Dagara Tumarbekova/2007  
8:04.89;  
60 m H (22): Kristina Yermola 8.78; Darya Pavlenko/2006 8.96;  
H J (21): Faina Meirmanova/2006 1.84; Irina Sizova 1.80; Arina Malyugina/2007 1.70; Anastasiya  
Kuchina/2007 1.65; Milena Merts/2009 1.65;  
P V (22): Anna Cherkashina/2008 3.80; Darya Doshanova 3.60; Elmira Kabirova/2006 3.40;  
L J (21): Anastasiya Rypakova 6.05; Alina Chistyakova 6.01;  
T J (23): Valeriya Safronova 12.74; Dilyara Khaibullina 12.59; Varvara Dmitrieva 12.55; Anastasiya  
Kononovich 12.12;  
Pentathlon (23): Angelina Poltinova/2006 3495 (9.59; 1.66; 11.22; 5.21; 2:31.75);  
4x200 R (22): Karganda U23 Team 1:40.83;  
4x400 R (23): Karaganda U23 Team 3:53.01;

Mixed Relays:

4x400 R (21): Karaganda U23 Team 3:34.32;

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## **QATAR**

**(-courtesy of the Aspire Academy - website - )**

### **National Indoor Championships at Doha / 22.02.2025**

following are the best performances from the few events, which were held at these „Champs“ (incl. 60 m races for female athletes only) / information about nationality for several athletes (such as foreigners at the Aspire Academy such as for all these Girls with faster times than the QAT National Indoor Record !!) not reported

Men:

60 m: Tosin Ogunode QAT 6.66; Abdullah Othman Masoud/2006 6.82; Sulaiman Mukhtar Ibrahim QAT 6.90; Lazaro Martinez ??? 6.92; Salem Hamad Jamal ???/2008 7.18;  
heats h1: Ogunode 6.70; Masoud/2006 6.78; Abderahman Mahamat Kogne QAT/2006 6.91; Tiamu Jumaah Jassim QAT/2009 6.98; h2: Ibrahim 6.89; Martinez 6.97; Jamal/2008 7.13;  
60 m H / two races: Orlando Ortega ESP 7.72 & 7.70; Oumar Doudai Abakar QAT 7.78 & 7.92;  
H J: Abdelgadir El Tayeb QAT 2.00;  
P V: Seifeldin Hemeida Abdesalam QAT 5.50; Younes Eid Al-Balushi QAT/2008 4.75; Abdulla Saad Al-Abdulla QAT/2008 4.75; Omar Ali Shanan IRQ 4.75; Zakaria Abdullah Ibrahim QAT/2007 4.60; Qais Mohammed QAT/2011 4.40;  
L J: Yassine Souissi TUN 7.40; Mohamed Mounir Abdalsalam QAT 7.24;  
T J: Mohamed Ali Noufal QAT 15.45; Heriberto Alfonso Planche ???/2006 15.36; Yordan Luis Maceo Vilan ??? 15.33; Bashir Mohamed ??? 14.66; Mohamed Djibrilla ??? 14.64;

Women:

60 m / all following Women/Girls were much faster than the QAT National Indoor Record (= 8.11 !!);

nationality for all these internationally absolutely unknown runners are not reported:

Race 1: Fawziyah Afoke Mansoor ??? 7.43; Sara Shams Ali ??? 7.54; Dana Noor Salem ???/2009 7.56;

Alexandra Hudacekova SVK ??/2010 (!) 7.68; Naima Agnes Khamis ???/2006 7.73; Bakhita Jamal Saber

Marisio ???/2006 7.76; Race 2: Marley Cheyenne Morris ???/2008 7.91; Celine Adwoa Konadu

Acheampong ???/2010 7.93; Noa Munoz Sanchez ???/2008 8.02;

heats h1: Sara Shams Ali ??? 7.57; Hudacekova SVK ???/2010 7.68; Khamis ???/2006 7.69; Morris

???/2008 7.98; Sanchez ???/2006 8.09; h2: Mansoor ??? 7.46; Salem ???/2009 7.63; Awatif Sabah

Abdulrahman ???/2007 7.84; Marisio ???/2006 7.90; Acheampong ???/2010 7.93;

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**National U18 Indoor Championships at Doha / 16.02.2025**

Men (info restricted to results from the following event only):

P V: Seifeldin Hemeida Abdesalam QAT **5.61 / NIR & National Overall Record**; Younes Eid Al-Balushi

QAT/2008 4.30; Abdulla Saad Al-Abdulla QAT/2008 4.30;