

Results from ASIA 2024 - 20

ON THE ROAD

(-courtesy of different Race - websites -)

HONGKONG

HKG Three-Runway System 10 km Race / 17.11.2024

following are the best performances from this World Athletics Elite Label Road Race (combined results)

Men:

Samwel Nyamau Mailu KEN 27:59; Vincent Kibet Langat KEN 28:00; Tadese Worku Gebresilase ETH 28:11; Gemechu Dida Diriba ETH 28:29; Daniel Kunyanjui KEN 28:38; Daniel Kimaiyo KEN 29:38; Tse Chun Yin HKG 32:37; Leung Tak Yeung HKG 32:42; Wong Kai Lok HKG 21:48;

Women

Loice Chemnung KEN 30:24; Janeth Chepngetich KEN 30:55; Lilian Kasait Rengeruk KEN 31:12; Judy Jelagat Kemboi KEN 31:13; Miriam Chebet KEN 31:44; Caroline Nyaga KEN 31:47; Gete Alemayehu Teklemichael ETH 32:13; Mercy Chemutai Korir KEN 34:03; He Jingwu CHN 34:46; Seira Fuwa JPN 35:05; Victoria Lo Ying Chiu HKG 35:33; Yiu Kit Ching HKG 36:30; Tsang Hiu Tung HKG 37:55;

THAILAND

International Marathon at Bangkok / 17.11.2024

Men:

Marathon:

Gezu Ambese Muse ETH 2:26:38; Wendwesen Tilahun Damte ETH 2:27:20; Fekadu Deresa Degefa ETH 2:29:45; Kindu Sewmehon ETH 2:31:25; Ebisa Kure ETH 2:35:56; Moges Tefera ETH 2:35:58; Martin Onesmus Muasya KEN 2:36:42;

Half Marathon:

Alexander Njai Muhia KEN 1:06:46; Dagnachew Girma Tola ETH 1:13:05;

Women:

Marathon:

Eunice Nyawira Muchiri KEN 2:53:33; Yeshiemebet Taso ETH 3:01:32; Julia Njari KEN 3:11:37; Ann Mukuhi Njihia KEN 3:12:20; Kopkarn Puaram THA 3:15:35; Phitchanon Mahachot THA 3:18:33; Tsege Mehari Desta ETH 3:19:18; Sudarat Seenok THA 3:21:08;

Half Marathon:

Alice Koigi KEN 1:14:45; Catherine Syokau Mwanzau KEN 1:18:07; Piyanuch Sukchat THA 1:27:20; Hawi Lemma Darge ETH 1:29:13;

Korat International Marathon at Nakhon Ratchasima /10.11.2024

Men:

Marathon:

Fekadu Deresa Degefa ETH 2:31:19; Kebede Aberra Dinke ETH 2:31:23; Martin Onesmus Muasya KEN 2:31:32; Thanathip Dichim THA 2:35:42;

Half Marathon:

Gezu Ambese Muse ETH 1:04:42; Alexander Njai Muhia KEN 1:04:47; Wendwesen Tilahun Damte ETH 1:08:38; Sanchai Namkhet THA 1:10:58; Anucha Pada THA 1:14:13; Mongkhon Kaeota THA 1:14:47;

10 km Road Race:

Dagnachew Girma Tola ETH 31:37;

Women:

Marathon:

Ann Mukuhi Njihia KEN 3:05:38; Kopkarn Puaram THA 3:09:28; Sarocha Sinprasop THA 3:14:55; Lawun Sukpoowong THA 3:22:53;

Half Marathon:

Eunice Nyawira Muchiri KEN 1:15:48; Catherine Syokau Mwanzau KEN 1:16:03; Tsega Mehari Desta ETH 1:17:34; Yeshiemebet Taso ETH 1:20:09; Hager Berhe ETH 1:21:18; Ornanong Wongsorn THA 1:28:35; Apassara Prasathinimai THA 1:32:22; Panomporn Khetsing THA 1:34:16;

10 km Road Race:

Hawi Lemma Darge ETH 37:52;

Bangsaen 42 International Marathon at Chonburi / 03.11.2024

Men:

Kalipus Lomwai KEN 2:19:04; Geoffrey Birgen Kiprotich KEN 2:19:13; Damethew Dechasa Beyene ETH 2:20:08; Girma Diriba Kejela ETH 2:21:43; Wendwesen Tilahun Damte ETH 2:23:12; Zebene Bezu Balcha ETH 2:25:53; Bekele Muluneh Metaferia ETH 2:26:45; Nattawut Innum THA 2:32:42; Moges Abate ETH 2:33:05; Thanathip Dichim THA 2:36:45;

Women:

Mehret Gemeda Robe ETH 2:42:19; Tigist Bikila Deme ETH 2:42:20; Ayantu Kumela ETH 2:42:25; Tsega Mehari Desta ETH 2:42:48; Perine Nenkampi KEN 2:44:28; Sharon Kemboi KEN 2:46:52; Yeshiemebet Taso ETH 2:47:13; Ornanong Wongsorn THA 2:52:31; Linda Janthachit THA 3:03:34; Arunya Hinsui THA 3:09:39; Kawinthida Thadased THA 3:10:59; Piyanuch Sukchat THA 3:14:37; Suphansa Pholamai THA 3:16:08;

VIETNAM

Halong Bay Heritage National Marathon at Halong / 17.11.2024

Men:

Marathon:

Hoang Nguyen Thanh 2:38:46;

Half Marathon:

Duong Minh Hung 1:11:44; Dao Minh Chi 1:11:56;

Women:

Marathon:

Pham Thi Hong Le 2:59:03; Thai Thi Hong 3:08:31; Le Minh Tuan 3:09:30; Vu Thi Ninh 3:12:30;
Nguyen Thao Nguyen 3:16:50; Pham Thi My Duyen 3:17:46; Chu Van An 3:19:03; Tran Thu Trang
3:19:43;

Half Marathon:

Doan Thu Oanh 1:29:06; Tran Thi Duyen 1:29:21;

Standard Chartered International Marathon at Hanoi /03.11.2024

all following runners are from Vietnam except some leading foreigners as listed

Men:

Marathon:

Edwin Yebeti Kiptoo KEN 2:25:15; Hoang Nguyen Thanh 2:25:34; Martin Onesmus Muasya KEN 2:26:27;
Nguyen Van Lai 2:27:21; Pham Ngoc Pham 2:32:44; Huynh Anh Khoi 2:32:48; Dang Anh Quyet 2:34:19;

Half Marathon:

Trinh Quoc Luong 1:12:43; Duong Minh Hung 1:12:44; Dinh Thanh Hue 1:14:52;

Women:

Marathon:

Hoang Thi Ngoc Hoa 2:52:24; Ann Mukuhi Njihia KEN 2:56:35; Tereza Zuzankova CZE 2:59:07;
Nong Thi Chang 3:00:49; Han Thi Bich Thu 3:01:36; Nguyen ?? ?? 3:03:17; Le Minh Tuan 3:04:33;
Thai Thi Hong 3:09:58; Le Thi Ha 3:11:52; Vu Thi Ninh 3:12:51; Vu Khanh Linh 3:13:23; Shu Thu
Hai Yen 3:17:03; Chu Thi Phuong 3:17:09; Karolina Wasniewska POL 3:17:56; Le Thi Nhan 3:18:29;

Half Marathon:

Ly Ngoc Ha 1:23:23; Doan Thu Oanh 1:23:46; Tran Thi Duyen 1:26:42; Dong Thi Mong Tho 1:29:46;

National BIDV Run Half Marathon at Ho Chi Minh / 02.11.2024

Men:

Truong Van Tam 1:17:06;

Women:

Vu Khanh Linh 1:29:12; Nguyen Thu Ha 1:29:46; Le Thi Kha Ly 1:30:18;

KOREA

International JTBC Marathon at Seoul / 03.11.2024

following are the best performances from the International Marathon and from the National Half Marathon races

Men:

Marathon:

Balew Yihunle Derseh ETH 2:07:37; Gilbert Kibet KEN 2:08:06; Stanley Kiprotich Bett KEN 2:08:17;
Silas Kipkoech Sugut KEN 2:09:00; Edwin Kimaru Kosgei KEN 2:09:43; Joshua Kipkemboi Kogo KEN
2:10:05; Hassan Toriss MAR 2:10:33; Wesley Ledama KEN 2:11:44; Mohamed Reda El Aaraby MAR
2:12:04; Isaac Kimutai Kiplagat KEN 2:12:59; Park Min-Ho KOR 2:13:06; Gilbert Kiprotich Korir KEN
2:17:45; Han Seung-Hyun KOR 2:18:55; Na Hyun-Young KOR 2:18:58; Shin Hyun-Su KOR 2:20:01;
Kim Keon-Uh KOR 2:20:24; Vitalis Kibiwott KEN 2:20:29; Robert Hudson GBR 2:24:07;

Half Marathon:

Kim Tae-Hun KOR 1:04:03; Oh Seon-Kil KOR 1:08:43; Kim Hong-Min KOR 1:10:08; Kim Yong-Bin KOR 1:11:03; Lee Kang-Cheol KOR 1:13:48;

Women:

Marathon:

Choi Jung-Yoon KOR 2:31:55; Lim Ye-Jin KOR 2:32:04; Kim Do-Yeon KOR 2:38:46; Lee Hyun-Jeong KOR 2:44:27; Hong Seo-Rin KOR 2:47:45; Mitsuki Ino JPN 2:51:36; Kang Hye-Rim KOR 2:57:59;

Half Marathon:

Kim Eun-Mi KOR 1:18:06; Lee Yu-Jeong KOR 1:20:23; Kim Yeon-Ah KOR 1:21:54; Nam Bo-Ha-Na KOR 1:22:42;

UZBEKISTAN

International Marathon at Samarkand / 03.11.2024

Men:

Marathon:

Bakhtiyor Utkirov UZB 2:26:16; Yevgeniy Fadeyev UZB 2:28:03; Zhakshylyk Turdakunov KGZ 2:30:57; Leonard Mukung KEN 2:36:33;

Half Marathon:

Rinas Akhmadeyev RUS 1:03:43; Benard Rotich KEN 1:07:22; Otabek Toshkuvatov UZB 1:08:38; Bunjod Mukhitdinov UZB 1:11:47; Akmal Okhilkulov UZB 1:13:06; Rukhshod Mamurov UZB 1:13:43;

10 km Road Race:

Iskander Yadgarov RUS 31:12; Alibek Salinov UZB 32:14; Kobil Ergashev UZB 32:20;

Women:

Marathon:

Elena Tolstykh RUS 2:52:47; Daria Kozlovskaya RUS 2:59:07; Yekaterina Tunguskova UZB 3:00:31; Anastasia Romanova RUS 3:10:58;

Half Marathon:

Ainuska Kalil kyzy KGZ 1:15:59; Svetlana Kudzelich BLR 1:18:27; Azizakhon Mirzakbarova UZB 1:20:39; Khayitkhon Abdumannopova UZB 1:26:31; Sabokhat Samijonova UZB 1:30:20; Arofatkhon Imomaliyeva UZB 1:31:07; Nelly Gaitova KAZ 1:31:39;

10 km Road Race:

Anastasia Stepanova RUS 38:36;

UNITED ARAB EMIRATES

Mushrif Park Half Marathon at Dubai / 10.11.2024

Men:

Daniel Bagley GBR 1:12:15; Brahim Slimani MAR 1:16:02;

Women:

Alexandra Hunter GBR 1:30:45; Blanca Rincon Azhar ESP 1:34:06; Maria Markovicova SVK 1:37:40; Nafiseh Roghani IRI 1:38:39 / 1st Veteran/40+;

LAOS

Viettel Half Marathon at Luangprabang / 03.11.2024

very slow results for best Men (3:01:04 & 1:22:56), but a new NR for Lodkeo Inthakoumman in her Marathon debut, who now holds all NR's from 800 m onwards (incl. 3000 m Steeple) !! / correct measurement confirmed

Women:

Marathon:

Lodkeo Inthakoumman LAO 3:14:53/NR;

Half Marathon:

Khankham Noymany LAO 1:39:17;

ON THE TRACK

BAHRAIN

ISF Gymnasiade School Games at Manama / 25. - 29.10.2024

(-courtesy of the official results – with thanks to Mr Winfried Kramer & Mr Lounes Madene-)

following is a revised version of my earlier Report (No 19) after receipt of (nearly) complete results / this includes several additions & corrections (mainly to the events on 1st & 2nd day) & wind-readings (except for Girls Triple Jump) / these International Multi-Sports Games were held for Schools athletes (born 2006 – 2009) with participation of young athletes from 21 ASIAN countries in different sports /

following are the results for the medallists in Athletics events plus detailed additional best performances by other Boys/Girls from Asian AA Member Federations / there were no events held on 27th Oct (i.e. a Cultural “Rest” day) / athletes from ASIAN AA Member Federations won 21 (out of 40) Gold medals plus 33 other medals (see Medal Tally at the end of the Report)

Boys:

100 m (26)/+1.5: Tejiri Godwin NGR/2007 10.36; Zalan Deak HUN/2006 10.39; Mohammed Abkar Abbas BRN/2006 & Mubarak Al-Yami KSA/2008 10.44; 5. Wang Zhan CHN/2007 10.51; 6. Chuthithat Pruksorranan THA/2007 10.55;...8. Ahmas Qais Al-Jabri OMA/2008 10.70;
semis (26)/questionable automatic timing: s1/+1.1:...2. Pruksorranan THA/2007 10.30; 3. Al-Yami KSA/2008 10.39;...8. Pheeraphat Ngamna THA/2007 11.05; s2/-0.7: 1. Abbas BRN/2006 10.21;...3. Al-Jabri OMA/2008 10.34; 4. Wu Kunjie CHN/2006 10.40;...7. Jasper Koo Cheuk Fung HKG/2008 10.58;
s3/-0.4: 1. Wang Zhan CHN/2007 10.39;...3. Wirayut Daenkanob THA/2007 10.46; 4. James Chan Ting Fong HKG/2006 10.56;...6. Abdulaziz Abd.Sabt UAE/2009 11.06; 7. Arnav Kadam IND/2007 11.08;
heats (25): h1/+0.5: 1. Abbas BRN/2006 10.77; h2/+1.5:...3. Koo HKG/2008 10.93; 4. Al-Jabri OMA/2008 11.03; h3/+1.3: 1. Wu Kunjie CHN/2006 10.80; 2. Pruksorranan THA/2007 11.02; h4/+1.3: 1. Daenkanob THA/2007 10.77; 2. Wang Zhan CHN/2007 10.82; h6/+1.9: 1. Al-Yami KSA/2008 10.88; 2. Ngamna THA/2007 11.07; h8/+1.5: 1. Chan HKG/2006 10.91;
200 m (29)/+0.4: Zalan Deak HUN/2006 21.29; Alaa Sami BRN/2007 21.34; Suleiman Abdulrahman UAE/2007 21.39;...5. Wesley Leung Ching Hang HKG/2007 21.67; 6. Wirayut Daenkanob THA/2007 21.76; 7. Meshal Hazazi KSA/2008 22.06; 8. Wu Kunjie CHN/2006 22.15;
semis (28) s1/-0.7: 1. Abdulrahman UAE/2007 21.17 / NYR;...3. Hazazi KSA/2008 21.82; 4. Usman Kamal BRN/2009 21.96; 5. Ahmed Qais Al-Jabri OMA/2008 22.15; s2/+1.4: 1. Sami BRN/2007 21.30 / NYR; ...3. Wu Kunjie CHN/2006 21.90; s3/+0.8: 1. Leung HKG/2007 21.50; 2. Daenkanob THA/2007 21.71; ...5. Chuthithat Pruksorranan THA/2007 22.35;

heats (28) h2/+0.5: 2. Wu Kunjie CHN/2006 21.89; 3. Al-Jabri OMA/2008 22.28; h6/+0.9: 1. Abdulrahman UAE/2007 21.20 (NYR); 2. Sami BRN/2007 21.48; 3. Leung HKG/2007 21.72; h7/+1.4: 1. Daenkhanob THA/2007 21.96; 2. Kamal BRN/2009 22.31;

400 m (26): Suleiman Abdulrahman UAE/2007 45.77; Sarawut Nuansi THA/2007 45.91/NR & NJR & NYR; Alaa Sami BRN/2007 46.25 / NYR;

heats (25) h4: 1. Sami BRN/2007 49.00; h5: 1. Nuansi THA/2007 47.57; 2. Abdulrahman UAE/2007 47.59;

800 m (26): Imad Bouchajda MAR/2007 1:52.51; Abdullatef Mohammed KUW/2008 1:53.72; Li Qining CHN/2006 1:54.12;

heats (25) h1:...3. Mahmoud Al-Shanqiti KSA/2007 1:57.95; 4. Yaacoub Al-Mashmoom KUW/2009 1:59.33; h2: 1. Li Qining CHN/2006 1:53.46; h3: 1. Abdullatif Mohammed KUW/2008 1:56.28; h4:...2. Mohamed Ahmed Al-Messabi UAE/2007 1:58.68; 3. Wathin Choenchom THA/2008 1:58.50;

1500 m (28): Mohammed El Mousalit MAR/2007 3:56.50; Alois Abraham FRA/2008 3:57.22; Mohammed El Mobaraky MOR/2006 3:58.60; 4. Wang Zhixiang CHN/2007 4:02.66;...10. Wang Nok Wang HKG/2008 4:06.23; 11. Chen Kuan-Ying TPE/2006 4:07.91;...13. Jerico Cadag PHI/2007 4:10.35;

3000 m (29): Osama Er-Redouani MAR/2007 8:21.80; Ali Tunc TUR/2006 8:24.01; Santiago del Moral MEX/2007 8:35.14;...8. Jerico Cadag PHI/2007 9:12.03;...10. Yousef Al-Shettaa KSA/2007 9:15.84; 11. Wang Zhixiang CHN/2007 9:20.20;

2000 m St: Bellal Mahfoud MAR/2007 5:59.81; Mario Vazquez Martinez MEX/2007 6:04.56; Feghoul Achraf ALG/2007 6:14.61; 4. Jerico Cadag PHI/2007 6:23.29;... 6. Omar Al-Mami KSA/2006 6:42.72;

110 m H / 91.4 cm (26)/+2.5: Wu Yu-Ting TPE/2007 13.45w; Wang Zhan CHN/2007 13.51w; Peter Auer HUN/2006 13.52w;

heats (25) h1/+3.0: 1. Wu Yu-Ting TPE/2007 13.58w;...6. Salem Bakheet BRN/2008 14.24; 7. Mutlaq Al-Saluli KSA/2008 14.69w; h2/-0.2:...2. Mohammad Bosalha KUW/2006 14.41;...4. Ahmed Usman Adam BRN/2007 14.65 / NYR; h3/+2.6:...3. Mohamed Al-Thuwini KSA/2007 14.26w; 5. Abdullah Al-Enezi KUW/2008 15.19w; h4/+1.0: 1. Wang Zhan CHN/2007 13.73;...4. Hassan Haqawi KSA/2008 14.19;

400 m H (29): Zakaria Sabir MAR/2006 52.14; Victor Elias Chaves Dos Santos BRA/2006 52.48; Lucas De Almeida Rosa BRA/2008 52.64; 4. Ali Al-Rumayh KSA/2007 52.69; 5. Rasheed Nifemi Talib BRN/2007 53.41; 6. Naif Al-Subaie KSA/2007 55.49; 7. Cyrus Chung Long Hei HKG/2007 56.20;

heats (28) h1:...2. Al-Subaie KSA/2007 55.03; 3. Wu Yu-Tig TPE/2007 56.30; h2:...2. Talib BRN/2007 53.13; h3:...3. Al-Rumayh KSA/2007 55.05; 4. Chung HKG/2007 55.24;

H J (26): Gao Junjie CHN/2006 2.15; Ahmed Sabry Mahmood BRN/2007 2.03; Lai Pak Hei HKG/2007 2.03; ...6. Khalil Al-Qattan KUW/2007 1.90;

P V (28): Alois Gellens FRA/2007 4.70; Elie Dumoulin BEL/2006 4.40; Petros Priftis GRE/2007 4.40; ...5. Mahdi Al-Sebaghah KUW/2009 4.00;

L J (29): Xu Zhuofan CHN/2006 7.46/-1.3; Abdullah Al-Azmi KUW/2006 7.41/+1.1; Murilo Henrique Dos Santos Silva BRA/2006 7.35/-0.2;...8. Bosco Leung Tsz Hin HKG/2008 6.89/-0.2;...11. Yeung Man Long HKG/2007 6.65/+0.3; 12. Tsang Yuk Pui HKG/2007 6.62/-0.9;

qualification (28):...2. Xu CHN/2006 7.39/-1.0;...4. Al-Azmi KUW/2006 7.25/ 0.0;...7. Tsang HKG/2007 6.94/+0.2;...10. Leung HKG/2008 6.83/-0.5;...12. Yeung HKG/2007 6.74/-0.1;

T J (26): Zhang Huayong CHN/2006 15.52/+0.6; Immanuel Idinna FRA/2007 15.48/+0.4; Antranik Sarkis Ashdjian CYP/2006 15.03/ 0.0;...7. Wai Cheong Lok HKG/2008 14.23/-0.7; 8. Yeung Tin Long HKG/2007 14.08/+1.1;

qualification (25): 1. Zhang CHN/2006 15.21/+0.3;...6. Yeung HKG/2007 14.20/-0.1; 7. Wai HKG/2008 14.09/-0.5;

S P / 5 kg (29): Alessandro Borges Soares BRA/2007 20.59; Liu Haoyang CHN/2006 20.20; Batuhan Özdemir TUR/2006 18.71; 4. Kareem Abdumahdi BRN/2007 18.16; 5. Abdulrahman Al-Qahtani KUW/2007 16.64;...7. Zhang Weidong HKG/2008 15.22;...9. Ahmed Al-Midramah KSA/2008 15.05; ...12. Salem Yousef Al-Meqbali UAE/2008 14.30;

qualification (28): 1. Liu CHN/2006 19.79;...4. Abdumahdi BRN/2007 17.57;...6. Al-Qahtani KUW/2007 16.22; 7. Al-Meqbali UAE/2008 15.39; 8. Al-Midramah KSA/2008 14.99;...11. Zhang HKG/2008 14.42;

D T / 1.5 kg (26): Dobo Zsombor HUN/2006 59.16; Yehor Lapa UKR/2008 58.24; Alessandro Borges Soares BRA/2007 50.22;...5. Ali Ahmed Abdelrahman BRN/2008 48.34; 6. Mohammed Al-Subaie KSA/2009 47.51;...8. Liu Haoyang CHN/2006 42.43; qualification (25):...4. Al-Subaie KSA/2009 46.50;...6. Abdelrahman BRN/2008 45.93;...8. Liu CHN/2006 41.97;

H T / 5 kg (26): Armin Szabados HUN/2006 78.66; Apostolos Tzamtzis GRE/2007 71.61; Alexandros Ghamrawi CYP/2008 70.87;...5. Lin Lu-Pin-Jun TPE/2007 66.41;...7. Mohammed Al-Zayer KSA/2008 60.02;

J T / 700 g (28): Wang Xiangyun CHN/2006 80.59; Huang Chao-Hong TPE/2006 73.29; Pietro Pereira Da Silva BRA/2008 66.61; 4. Taha Yehya Aboue Elsoud QAT/2007 62.53;...8 Zayed Al-Bishi KSA/2008 55.38; 9. Wong Yi Hin HKG/2007 54.31; 10. Nawad Al-Subaie KSA/2007 50.39; 11. Musaad Al-Osaimi KSA/2008 50.29; qualification (27):...2. Wang CHN/2006 74.22; 3. Huang TPE/2006 72.55; 4. Wong HKG/2007 65.56 / NYR; ...6. Elsoud QAT/2007 61.52;...9. Al-Bishi KSA/2008 54.18; 10. Al-Subaie KSA/2007 52.54; 11. Al-Osaimi KSA/2008 50.74;

4x100 R (26): THA 40.60; BRN 40.97 / NJR & NYR; HKG 41.62; 4. CHN 41.66;...6. KSA 43.44;

Medley Relay (100-200-300-400m) (29): THA 1:52.26; KSA 1:54.21; HKG 1:54.92; 4. UAE 1:55.03; ...6. CHN 1:56.30;

Medley Relay (800-600-400-200m) (29): MAR 4:21.96; ALG 4:32.58; THA 4:32.85;...6. CHN 4:41.74;

Girls:

100 m (26)/+1.2: Raihanah Garoubah BRN/2007 11.39; Layla Kamal BRN/2006 11.43; Aminat Kamarudeen UAE/2007 11.51/NR & NJR & NYR;...5. Fang Xiaolin CHN/2007 11.95; semis (25) s1/+0.5: 1. Kamal BRN/2006 11.73;...3. Yu Pui Yi HKG/2007 11.96 (dnf in final); 4. Yang Mei-Mei TPE 12.03; s2/+1.4:...2. Kamarudeen UAE/2007 11.80;...4. Naema Usman BRN/2009 12.02; s3/-1.1: 1. Garoubah BRN/2007 11.65; 2. Fang CHN/2007 11.96;

heats (25): h2/+2.3:...2. Usman BRN/2009 12.28w; 2. Yip Man Hui HKG/2008 12.34w; ...4. Nichaphat Nunut THA/2008 12.43w; h3/+2.8: 1. Garoubah BRN/2007 11.82w; h4/+2.9: 1. Kamal BRN/2006 11.84w; 2. Yu Pui Yi HKG/2007 12.01w; h5/+1.5: 1. Kamarudeen UAE/2007 12.01; h6/+3.5: Fang CHN/2007 12.19w; h7/+3.2: 1. Yang TPE/2006 12.27w;

200 m (29)/-1.7: Aminat Kamarudeen UAE/2007 23.65/NR & NJR & NYR; Oluebube Miracle Ezechukwu NGR/2008 23.80; Aisha Abdullah BRN/2007 23.82; 4. Soufiane Abdulghani Hasnaou BRN/2007 23.84; 5. Raihanah Garoubah BRN/2007 24.17;...7. Yang Mei-Mei TPE/2006 24.64; semis (28) s1/-1.5:...2. Garoubah BRN/2007 24.37; 3. Layla Kamal BRN/2006 24.51 (dns in final); 5. Nicole Yau Sin Ting HKG/2007 25.36; s2/+0.5: 1. Abdullah BRN/2007 23.95; 2. Kamarudeen UAE/2007 23.96;...4. Naema Usman BRN/2009 25.10; d3/+0.6: 1. Abdulghani BRN/2007 23.90; 2. Yang TPE/2006 24.67; 3. Fang Xiaolin CHN/2007 24.94;

heats (28) h1/-1.4: 1. Kamal BRN/2006 24.49; 2. Fang CHN/2007 24.72; h2/+0.7: 1. Kamarudeen UAE/2007 24.35; h3/+0.9: 1. Garoubah BRN/2007 24.37; h4/+0.9: 1. Usman BRN/2009 25.59; h5/+1.2: 1. Abdullah BRN/2007 24.12;...3. Yang TPE/2006 24.74; h6/+1.3: 1. Abdulghani BRN/2007 23.57; 2. Yau HKG/2007 24.94;

400 m (26): Soufiane Abdulghani Hasnaou BRN/2007 55.57; Eda Nur Tulum TUR/2006 56.25; Mariam Kareem UAE/2008 56.44;...8. Aisha Abdullah BRN/2007 57.79; heats (25) h1: 1. Abdulghani BRN/2007 56.31; h3:...2. Dong Shuqin CHN/2007 57.51; h4: 1. Abdullah BRN/2007 58.58, h5:...2. Kareem UAE/2008 54.96;

800 m (26): Ioulianna Roussou GRE/2007 2:11.66; Brenda Chekwemoui UGA/2007 2:11.69; Tang Tao CHN/2008 2:12.50; heats (25) h2:...2. Tang CHN/2008 2:16.29;

1500 m (28): Li Yuan CHN/2006 4:24.88; Saida El-Bouzy MOR/2007 4:28.52; Joanna Zuberbuhler ARG/2006 4:34.61;...12. Wong Wan Ki HKG/2007 5:16.93; 12. Mariam Husain Ahmed BRN/2008 5:19.94;

3000 m (29): Li Yuan CHN/2006 9:44.23; Myrto Valacha GRE/2007 9:48.06; Alexandra Hudea ROU/2006 9:49.96;

2000 m St (26): Aatiqa Boukrym MAR/2006 6:54.34; Valentine Bastide FRA/2007 6:54.34; Ioanna Stamatopoulou GRE/2008 6:56.69;...7. Chu Chieh-Yu TPE/2007 7:38.87;
 100 m H (26)/+0.1: Makenna Barnette USA/2007 14.09; Yu Pui Yi HKG/2007 14.24; Beatriz Camargo Monteiro Silva BRA/2008 14.31; 4. Lin Pei-Hsuan TPE/2007 14.37;...6. Richelle Wo Hoi Yiu HKG/2008 15.41;
 heats (25) h1/+1.5:...2. Lin TPE/2007 14.12; 3 Yu HKG/2007 14.15; h2/+2.5:...2. Wo HKG/2008 14.17w;
 400 m H (29): Mariam Kareem UAE/2008 60.20; Alicia Lopez FRA/2007 61.26; D'Asia Duncan USA/2008 61.89;
 heats (28) h1: 1. Kareem UAE/2008 61.18;
 H J (29): Maria Eduarda De Oliveira BRA/2009 1.80; Lin Pei-Hsuan TPE/2007 1.80; Yman Ossie Tchiengue FRA/2007 1.80;...5. Yasmeen Roy KUW/2009 **1.70/NR & NJR & NYR**; 6. Yang Zhichu HKG/2007 1.70; ...8=. Katelyn Yiu Hong Ching HKG/2008 1.55;...12. Yiu Hoi Lam HKG/2007 1.50;
 qualification (28) incl. Lin TPE/2007, Roy KUW/2009, Yiu Hong Ching HKG/2008 & Yang HKG/2007 all 1.60 and Yiu Hoi Lam HKG/2007 1.55;
 P V (26): Anastasia Boumpoulidi GRE/2008 4.00; Fernanda Bueno Meurer Ignacio BRA/2006 2.80 (only 2 competitors);
 L J (29): Liang Morong CHN/2009 **6.27/-1.2 / Asian Youth 2024 Leader**; Niang Soudatou FRA/2007 6.14/+0.3; Maria Anna Zafeiridou GRE/2007 5.89/+0.5; 4. Jia Wai Yin HKG/2006 5.70/-0.3; 5. Lie Hiu Yee HKG/2007 5.65/-0.9; 6. Zhou Hui CHN/2006 5.52/+0.3; 7. Janice Cheung Yiu Gi HKG/2008 5.43/+0.1;
 qualification (28): 1. Liang CHN/2009 5.89/-0.4; 2. Jia HKG/2006 5.84/ 0.0;...5. Zhou CHN/2006 5.76/-0.4; 6. Lie HKG/2007 5.74/+0.3;...8. Cheung HKG/2008 5.54/-0.5;
 T J (26)/nwi: Zhou Hui CHN/2006 13.19; Daria Vrinceanu ROU/2008 13.05; Melina Zaragka GRE/2007 12.49;
 qualification (25): 1. Zhou CHN/2006 12.55/nwi;
 S P / 3 kg (26): Chiang Ching-Yuan TPE/2006 19.50; Yan Ziyi CHN/2008 16.94; Maria Rafailidou GRE/2007 16.66;...11. Jennifer Chung Yan Ting HKG/2007 11.86;
 qualification (25): 1. Chiang TPE/2006 17.59;...4. Yan CHN/2008 15.58;...10. Chung HKG/2007 11.16; ...14. Leen Al-Shonifi KSA/2009 **10.13 / NYR**;
 D T (29): Chiang Ching-Yuan TPE/2006 50.32; Marina Hadjicosta CYR/2009 49.21; Vasiliki Samolada GRE/2007 49.11;
 qualification (28):...2. Chiang TPE/2006 46.42;
 H T / 3 kg (29): Polina Dzerzhynska UKR/2008 67.60; Kimberley De Souza Assis BRA/2007 61.82; Anthi Apostolidou CYP/2009 61.64;
 J T / 500 g (26): Yan Ziyi CHN/2008 56.07; Tai Yu-Chin TPE/2007 50.96; Sarah Kwong Sze Oi HKG/2007 **49.58 / NYR**; ...7. Hui Man Yi HKG/2007 38.27;
 4x100 R (28): BRN **45.57 / NJR & NYR** (1r1); HKG 46.84 (1r2); CHN 47.38 (2r2); ...5. THA 47.78 (3r2);
 Medley Relay (100-200-300-400m) (29): BRN 2:09.89; CHN 2:13.64; HKG 2:14.95;...8. THA 2:17.41;
 Medley Relay (800-500-400-200 m): CHN 5:08.86; UGA 5:12.81; ROU 5:15.35;

Medal Tally: (40 events / 22 countries won medals incl. 13 with at least one Gold medal)

CHN 10 + 4 + 3 = 17
 MAR 7 + 1 + 1 = 9
 BRN 4 + 4 + 3 = 11
 TPE 3 + 3 + 0 = 6
 HUN 3 + 1 + 1 = 5
 UAE 3 + 0 + 3 = 6
 BRA 2 + 3 + 5 = 10
 GRE 2 + 2 + 6 = 10
 THA 2 + 1 + 1 = 4

other Asian countries with medals

HKG 0 + 2 + 5 = 7 ; KUW 0 + 2 + 0 = 2 ; KSA 0 + 1 + 1 = 2

VIETNAM

National Championships at Bien Hoa / 09. - 13.11.2024

(-courtesy of the Championships - website -)

following are detailed best performances from this major National Competition with excellent results incl. several new NR's and a good depth of strong performances in many events / these Champs were held for the first time at Bien Hoa (city in the Dong Nai Province) / unfortunately no wind-measurements reported

Men:

100 m (9): Ngan Ngoc Nghia 10.51; Nguyen Ba Kien 10.58; Nguyen Van Quyet 10.68; Chau Nguyen Phu 10.74; Trinh Viet Tu 10.86;
semis (9) s1: Nguyen Ba Kien 10.71; Trinh Viet Tu 10.78; Trieu Thai Som 10.79; Dang Hoang Anh 10.87; s2: Ngan Ngoc Nghia 10.52; Luong Van Thao 10.71; Nguyen Anh Bang 10.74 (10.736); Lam Quang Huy/2008 10.74 (10.738); s3: Chau Nguyen Phu 10.62; Nguyen Van Quyet 10.63; Duong Cong Truong/2005 10.75; Nguyen Tien Hung 10.83; Nguyen Xuan Thinh/2005 10.87;
heats (9) h1: Nguyen Ba Kien 10.73; Trieu Thai Som 10.80; Luong Van Thao 10.82; Duong Cong Truong/2005 10.86; h2: Ngan Ngoc Nghia 10.78; h3: Nguyen Anh Bang 10.83; Nguyen Tien Hung 10.86; h4: Chau Nguyen Phu 10.71; Nguyen Van Quyet 10.78; h5: Lam Quang Huy/2008 10.81;
200 m (13): Ngan Ngoc Nghia 21.22; Dinh Hoang Quoc Bao 21.30; Vu Ngoc Khanh/2006 21.51; Ta Ngoc Tuong/2005 21.76 (21.751); Trieu Thai Son 21.76 (21.759); Nguyen Tien Hung 21.87;
semis (13) s1: Ngan Ngoc Nghia 21.47; Dinh Hoang Quoc Bao 21.67; Trieu Thai Son 21.85; s2: Ta Ngoc Tuong/2005 21.72; Nguyen Tien Hung 21.96; s3: Vu Ngoc Khanh/2006 21.73;
heats (13) h1: Tran Dinh Som 21.89; h2: Trieu Thai Son 21.66; h3: Ta Ngoc Tuong/2005 21.81; h6: Vu Ngoc Khanh/2006 21.89;
400 m (9): Le Ngoc Phuc 46.22 / 2nd VIE All-Time; Tran Dinh Son 46.37 / 3rd VIE All-Time; Tran Nhat Hoang 46.72; Vu Ngoc Khanh/2006 47.36; Nguyen Xuan Quang 47.83; Nguyen Tung Lam 47.99; Ta Ngoc Tuong/2005 48.01;
heats (9) h1: Le Ngoc Phuc 47.20; Nguyen Tung Lam 48.82; h2: Tran Dinh Son 47.01; Vu Ngoc Khanh/2006 47.37; Nguyen Xuan Quang 47.78; h3: Tran Nhat Hoang 47.47; Ta Ngoc Tuong/2005 47.92; Nguyen Xuan An/2007 48.90;
800 m (13): Luong Duc Phuoc 1:53.20; Sam Van Doi 1:53.80; Nguyen Minh Tri/2005 1:53.95; Tran Van Dang 1:54.82;
semis (12) s1: Tran Van Dang 1:56.01; Sam Van Doi 1:56.03; Nguyen Minh Tri/2005 1:56.11; s2: Luong Duc Phuoc 1:54.68; Duong Trung Thuan/2005 1:54.78; Giang Van Dung 1:54.99; Luong Binh Duong/2006 1:55.11; Truong Nhat Linh 1:55.46; Nguyen Van Khang/2005 1:55.64;
fastest time in heats (12) h2: Duong Trung Thuan/2005 1:56.88;
1500 m (10): Luong Duc Phuoc 3:54.30; Sam Van Doi 3:54.84; Nguyen Chi Kien/2005 3:55.69;
5000 m (13): Nguyen Trung Cuong 14:40.82; Nguyen Quoc Anh 15:03.15; Mai Qui Phong 15:05.95;
10000 m (10): Hoang Nguyen Thanh 31:59.29;
3000 m St (10): Nguyen Trung Cuong 9:04.83; Le Tien Long 9:08.64; Hoang Viet Vi Ly 9:39.05;
110 m H (10): Bui Minh Duong 14.41; Huynh Duc Khanh 14.45; Nguyen Van Tan 14.47; Nguyen Thanh Phat/2006 14.82; Nguyen Tu Toan/2005 15.13;
400 m H (12): Le Quoc Huy/2005 51.61 / NJR; Danh Thanh Toan/2006 52.91; Nguyen Trung Quoc/2005 53.04; Nguyen Van Trong 53.71;
heats (12) h1: Nguyen Duc Son 53.32; Le Quoc Huy/2005 54.09; h2: Nguyen Trung Quoc/2005 53.46; Danh Thanh Toan/2006 54.28;
H J (9): Nguyen Van Tuan Anh/2006 2.12; Vu Duc Anh 2.12; Nguyen Quoc Thinh 2.09; Nguyen Xuan Truong/2006 2.06; Nguyen Thanh Phat/2006 2.06; Cao Vo Ngoc Long 2.00;
P V (13): Nguyen Van Hue 4.60; Tran Ba Linh 4.50; Tran Dong Hoa & Nguyen Quoc Quyen & Tran Le Quat Dat 4.20;

L J (10): Nguyen Tien Trong 7.67; Pham Van Nghia 7.60; Pham Nhat Duy 7.54; Pham Xuan Tien/2006 7.36; Ho Trong Manh Hung 7.35; Tran Van Dien 7.34; Pham Ngoc Duy/2005 7.30; Tran Van That/2006 7.14;

T J (13): Tran Van Dien 15.92; Ho Trong Manh Hung 15.80; Pham Ngoc Duy/2005 15.31; Pham Nhat Duy 15.03;

S P (10): Phan Thanh Binh 15.43; Kha Trung Tin/2005 15.32 / NJR & 4th VIE All-Time; Doanh Tien Phuc 14.57;

D T (13): Phan Thanh Binh 48.30; Vo Hong Thai 46.35; Do Thanh Phap 45.68;

H T (10): Dinh Thanh Nhan/2006 **58.73/NR & NJR**; Do Tan Truong 55.40 / 2nd VIE All-Time; Le Hong Quan 52.02; Pham Quang Tuong 51.94; Ho Thanh Phat 49.78; Ha Phuoc Minh/2005 49.19;

J T (10): Nguyen Hoai Van 67.57; Nguyen Huu Toan 64.46; Pham Ngoc Anh 60.90; Nguyen Tan Khiem/2006 59.22;

Decathlon (9/10): Nguyen Ba Binh 6715 (11.32; 7.04; 11.06; 1.84; 50.59 / 15.55; 31.46; 4.30; 45.10; 4:51.57); Bui Van Su 6669 (11.38; 6.63; 11.65; 1.78; 51.12 / 15.24; 32.40; 4.00; 51.24; 4:45.18); Luong Minh Sang 6411 (11.94; 6.68; 11.27; 1.87; 54.02 / 15.41; 35.52; 4.20; 50.75; 5:11.86); Van Huu Nghia 5819;

20 km Walk (11): Nguyen Thanh Ngung 1:32:29; Vo Xuan Vinh 1:36:20; Bien Van Anh/2006 1:41:48; Huynh Ngoc Trai 1:42:58; Huynh Minh Tuan 1:45:34; Mai Nguyen Hoai Bao 1:46:36; Phung Kim Quang 1:47:14; Do Huu Duc/2005 1:48:05;

4x100 R (10): Cong An Nhan Dan Team (Dang Hoang Anh, Nguyen Tien Hung, Lam Quang Huy, Ngan Ngoc Nghia) 40.62;

4x200 R (9): Hanoi Team (Nguyen Xuan Quang, Ngo Thi Anh, Nguyen Ba Kien, Nguyen Van Quyet) **1:23.59/NR**;

4x400 R (10): Hanoi Team (Nguyen Duc Son, Nguyen Xuan Quang, Nguyen Tung Lam, Nguyen Van Quyet) **3:06.95/NR**;

4x800 R (13): Dong Nai Team (Ly Toan Phat Di, Sam Van Doi, Truong Nhat Linh, Luong Duc Phuoc) 7:40.67;

Women:

100 m (9): Ha Thi Thu 11.81; Phung Thi Hue 11.94; Le Thi Cam Tu/2005 12.00; Doan Thi Thuy Trang 12.18; Quach Thi Hong Thuy 12.21; Kha Thanh Truc 12.22;

heats (9) h1: Phung Thi Hue 11.79; Le Thi Cam Tu/2005 11.94; Kha Thanh Truc 11.99; Luu Kim Phung 12.08; Quach Thi Hong Thuy 12.16; h2: Ha Thi Thu 11.97; Doan Thi Thuy Trang 12.09; h3: Le Tu Chinh 12.00 (dns in final);

200 m (13): Bui Thi Nguyen 23.88; Quach Thi Lan 23.91; Ha Thi Thu 24.23; Le Thi Cam Tu/2005 24.41; Kha Thanh Truc 24.69; Phan Vo Nhu Y 24.77; Lo Thi Thuy Huong 25.07;

heats (13) h1: Quach Thi Lan 24.33; Le Thi Cam Tu/2005 24.99; Ha Thi Thu 25.12; h2: Bui Thi Nguyen 24.57; Kha Thanh Truc 24.92;

400 m (9): Nguyen Thi Ngoc 52.87 / 5th VIE All-Time; Hoang Thi Minh Hanh 53.63; Quach Thi Lan 53.87; Nguyen Thi Kim Ngoc 55.10; Phan Vo Nhu Y 55.17; Hoang Thi Anh Thuc/2005 55.91; Le Thi Thao/2009 56.28; Le Thi Ngoc Hoa/2008 56.67;

heats (9) h1: Hoang Thi Minh Hanh 55.60; Phan Vo Nhu Y 56.62; h2: Quach Thi Lan 53.96; Nguyen Thi Ngoc 54.19; Nguyen Thi Kim Ngoc 55.74; Hoang Thi Anh Thuc/2005 56.29; Le Thi Thao/2009 56.51;

800 m (13): Nguyen Thi Thu Ha 2:07.36; Bui Thi Ngan 2:07:43; Khuat Phuong Anh 2:09.38; Hoang Thi Minh Hanh 2:10.71; Nguyen Khanh Ly 2:11.32; Y Danh Danh 2:13.46;

heats (12) h2: Khuat Phuong Anh 2:12.88; Bui Thi Ngan 2:13.32; Hoang Thi Minh Hanh 2:14.01; Nguyen Khanh Ly 2:14.39;

1500 m (10): Nguyen Thi Oanh 4:12.99; Bui Thi Ngan 4:24.68; Nguyen Khanh Ly 4:26.96; Hoang Thi Ngoc Anh/2006 4:30.16; Nguyen Thu Quyen 4:30.94; Nguyen Khanh Linh/2006 4:38.10;

5000 m (12): Nguyen Thi Oanh 16:17.14; Le Thi Tuyet 16:26.34 / 3rd VIE All-Time; Pham Thi Hong Le 16:51.47; Bui Thi Thu Ha 17:34.12; Luong Thi Khan/2008 17:56.00;

10000 m (9): Le Thi Tuyet 33:40.66 / 2nd VIE All-Time; Pham Thi Hong Le 35:07.41; Doan Thu Hang 35:25.40; Bui Thi Thu Ha 36:25.12; Hoang Thi Ngoc Hoa 36:34.96; Le Thi Lam/2005 36:58.74;

3000 m St (13): Nguyen Thi Oanh 10:06.84; Doan Thu Hang 10:41.36; Hoang Thi Ngoc Anh/2006 10:48.69; Le Thi Lam/2005 11:20.61; Ngo Thi Khanh Ny 11:37.34; Nguyen Thi Thanh Tuyen/2007 11:43.69; 100 m H (10): Huynh Thi My Tien 13.38 / 2nd VIE All-Time; Bui Thi Nguyen 13.42 / 4th VIE All-Time; Nguyen Thi Linh 13.59; Le Thi Kim Lenh 14.08; Tran Thi Phi Yen/2005 14.26; Dao Thi Bich Ngoc/2005 14.32; Pham Quyen Tran 14.45; Nguyen Thi My Hanh 14.56; heats (10) h1: Huynh Thi My Tien 13.52; Nguyen Thi Linh 13.73; Le Thi Kim Lenh 14.24; h2: Bui Thi Nguyen 13.78; Tran Thi Phi Yen/2005 14.32; Dao Thi Bich Ngoc/2005 14.36; Pham Quyen Tran 14.41; Nguyen Thi My Hanh 14.70; 400 m H (12): Quach Thi Lan 56.71; Nguyen Thi Ngoc 58.95; Ha Ngoc Tram 61.78; Lo Thi Thuy Huong 62.17; Tien Thi Thuy Kieu/2005 63.78; H J (12): Pham Quynh Giang 1.79; Bui Thi Kim Anh/2006 1.77; Duong Thi Thao/2006 1.77; Nguyen Thanh Vy 1.74; Hoang Thi Thu Trang 1.71; Phan Hong Yen 1.71; P V (13): Truong Thi Thu 3.70; Nguyen Pham Hoai Yen 3.70 / 4th VIE All-Time; Pham Thi Van Anh/2005 & Nguyen Thi Thu Nguyen 3.20; Dang Nguyen To Trinh 3.20; L J (9): Vu Thi Ngoc Ha 6.23; Hoang Thanh Giang 6.23; Tran Thi Loan 6.12; Bui Thi Loan 5.98; Nguyen Thi Thu Ha 5.78; Le Thi Thu Quynh/2006 5.77; Huynh Thi Thuy Trang 5.68; Dao Huynh Minh Anh/2005 5.66; T J (12): Tran Thi Loan 13.70 / 4th VIE All-Time; Vu Thi Ngoc Ha 13.58; Nguyen Thi Huong 13.52; Nguyen Thi Thu Ha 13.21; Tran Thi Thuy Hang 13.07; Bui Thi Loan 12.66; Nguyen Ngoc Tu 12.60; Chau Ngoc Quynh Anh/2007 12.27; S P (9): Kim Thi Huyen 14.59; Lieu Thi Hong Phuong 14.03; Ka Hoa 13.99; Huynh Nhoc My 13.65; Le Thi Lai 13.63; Nguyen Van Anh/2006 12.44; Pham Duong Mai/2008 12.33; D T (12): Le Thi Cam Dung 50.15/NR; Le Thi Lai 47.20 / 4th VIE All-Time; Nguyen Thi Hong Thuong 45.50; Vo Thu Bich Tram 44.69; Dinh Thi Hien 43.46; Kim Thi Huyen 42.25; H T (12): Nguyen Thi Yen Linh 53.31/NR; Mai Thi Yen 48.72 / 4th VIE All-Time; Huynh Thi Ngoc Ly/2006 48.59 / NJR & 5th VIE All-Time; Le Thi Thu Ngan 48.18; Pham Thi Ngoc Y/2006 42.61; J T (12): Bui Thi Xuan 49.15; Ca To Uyen 46.12; Bui Thi Trang 45.97; Tran Thi Thu Trinh 43.81; Heptathlon (12/13): Hoang Thanh Giang 5338 / 4th VIE All-Time (14.66; 1.69; 9.62; 25.30 / 6.07; 36.54; 2:23.79); Nguyen Lan Anh 4797 (14.56; 1.63; 10.77; 25.91 / 5.37; 35.97; 2:47.74); Bui Thi Khoc 4654 (15.03; 1.54; 9.98; 26.61 / 5.23; 36.01; 2:32.22); Ngo Thi My Duyen/2006 4610 (15.18; 1.45; 9.03; 25.58 / 5.65; 26.94; 2:24.56); Tran Thi Phi Yen/2005 4532 (14.21; 1.42; 9.37; 26.33 / 5.42; 25.73; 2:27.95); 20 km Walk (11): Nguyen Thi Thanh Phuc 1:42:31; Thai Thi Kim Ngan 1:45:43; Ho Thi Van/2006 1:47:19; Pham Thi Thu Trang 1:48:33; Nguyen Thi Van 1:53:15; Huynh Thi Diem 1:54:42; Nguyen Thi Quynh Trang/2006 2:01:40; 4x100 R (10): Quan Doi Team (Nguyen Thi Hong Van, Hoang Du Y, Quach Thi Hong Thuy, Bui Thi Nguyen) 45.11; 4x200 R (9): Hanoi Team (Phung Thi Hue, Nguyen Thi Kim Ngoc, Hoang Thi Minh Hanh, Nguyen Thi Hang) 1:34.87/NR; 4x400 R (10): Hanoi Team (Nguyen Thi Kim Thanh, Nguyen Thi Kim Ngoc, Nguyen Thi Hang, Hoang Thi Minh Hanh) 3:38.94; 4x800 R (13): Hanoi Team (Nguyen Thi Kim Thanh, Nguyen Thi Hang, Hoang Thi Minh Hanh, Khuat Phuong Anh) 8:48.28/NR;

Mixed Relays:
4x100 R (12): Hanoi Team (Nguyen Ka Kien, Hoang Thi Minh Hanh, Nguyen Van Quyet, Phung Thi Hue) 42.76;
4x400 R (12): Hanoi Team (Nguyen Xuan Quang, Nguyen Thi Hang, Nguyen Tung Lam, Hoang Thi Minh Hanh) 3:21.05;

INDIA

National Police Championships at New Delhi / 10. - 14.11.2024

(-courtesy of Mr Ram. Muralikrishnan -)

following are detailed best results incl. many new (not yet known) competitors / athletes with inaccurate names are shown with an “??” / qualifications were held in several Field events one day before the finals (relevant performances shown in brackets in addition to the results in finals)

Men:

100 m (11)/ 0.0: Adesh Garsa 10.65; A.Vignesh 10.70; Rahul Sharma 10.78; D.B.Bibin 10.80; T.Midhun 10.83; Amit Tiwari 10.84; Sourav Saha 10.84;
semis (10) s1/-0.2: Bibin 10.81; s2/-0.1: Garsa 10.71; s3/-0.2: Vignesh 10.71; Saha 10.76; Midhun 10.79; Tiwari 10.81;
heats (10) h2/+0.3: Garsa 10.78; h4/+0.6: Anshul 10.82; Saha 10.83; h11/+0.5: Vignesh 10.71;
200 m (14)/+0.1: Jishnu Prasad 21.09; A.Vignesh 21.35; Harmanpreet Singh 21.46; Adesh Garsa 21.61; Sourav Saha 21.87;
semis (13) s1/+0.3: Prasad 21.41; A.G.Rakhil 21.82; s2/-0.1: Garsa 21.53; Vignesh 21.85; s3/+0.9: Harmanpreet 21.57; Rashid ?? 21.60; Anshul ?? 21.84; Saha 21.92;
heats (13) h3/+0.2: Harmanpreet 21.82; Rakhil 21.89; h7/-0.2: Garsa 21.92;
400 m (12): Jagmeet Singh 47.40; Rashid ?? 47.50; M.Dhileep 47.97; Lavish Sharma 48.07; Arshdeep Singh 48.45;
semis (12) s1: Rashid 47.52; s2: Jagmeet 47.27; Dhileep 47.45; Sharma 47.98; s3: T.S.Manu 47.91 (dq in final);
heats (11) h2: Dhileep 48.47; h3: Manu 48.30; Rahul Kumar Githala 48.43; h9: Rashid 48.56;
800 m (11): Irfan ?? 1:50.39; Ashok Dandasena 1:50.56; Ramdev ?? 1:52.38; A.S.Arshad 1:52.62; Sultan Ahmad 1:53.56; S.Ajay Dharma 1:54.52; Ajoy Proja 1:54.74; Dinesh Kumar 1:55.18; Shashank ?? 1:55.41;
heats (10) h2: Irfan 1:54.95; Dandasena 1:55.01; h4: Ramdev 1:54.69;
1500 m (14): Ashok Dandasena 3:48.72; Sonu ?? 3:49.30; C.Loganathan 3:49.64; Ramdev ?? 3:51.65; Bhoopendra Singh 3:54.59; Shivang Tomar 3:54.67; Guruprasad ?? 3:54.85;
fastest time in heats (13) h3: Loganathan 3:55.07;
5000 m (13): Prince Kumar 13:58.56; Balram ?? 14:20.89; Mohd Aleem 14:20.89; Lokesh Choudhary 14:23.84; Ankit Kumar 14:26.42; Omveer Singh 14:36.11; Rajesh Kumar 14:55.21; T.S.Sandeep 14:57.80; Guruprasad ?? 14:59.60;
heats (12) h3: Ankit Kumar 14:47.69; Aleem 14:47.72; Kailash Chaudhary 14:50.18; Nirvair Singh 14:56.70 (both dnf in final);
10000 m (10): Prince Kumar 29:03.00; Mohd Aleem 30:03.81; Balram ?? 30:03.83; Kailash Chaudhary 30:09.63; Lokesh Choudhary 30:23.03; Omveer Singh 30:34.67; Laxman Hasha Darawada 30:44.81; Rakesh Kumar Bhadwa 30:51.18;
Marathon (14) / unconfirmed course/distance: K.H.Romajit Singh 2:23:02; Kresstarjune Pathaw 2:24:20; Nahtei N.Wangnao 2:25:21; Aniket Kumar 2:38:55;
3000 m St (12): Hritik Balyan 8:56.03; Suraj Pal 8:57.58; Parashuram Gasti 9:09.42; Harshawardhan Santos 9:24.85; N.Sandeep 9:29.36;
110 m H (12)/+0.6: Ronald Babu 14.24 (14.236); Amrinder Singh Aulakh 14.24 (14.240); C.Mohammed Fais 14.43; N.V.Sahad 14.60; S.Aravindh 14.67; Sachin Kumar 14.94;
heats (12) h1/-0.8: Amrinder 14.58; Babu 14.65; Sahad 15.05; h2/-0.6: Fais 14.59; Aravindh 14.69; Ritesh Choudhary 14.98; Sachin 15.08;
400 m H (14): K.Arjun 52.25; M.Balaji 52.55; Abhay Narayan Yadav 52.55; Vishwveer Singh 52.65;
semis (13) s1: Vishwveer Singh 53.87; s2: M.Balaji 53.76; Yadav 54.00;
H J (12): Gurjeet Singh 2.05;

P V (11): Shekhar Kumar Pandey 5.00; M.Thangavasanth 4.90; Karan Kumar Saroj 4.60; Alok Singh 4.60; M.Santhosh Kumar 4.60; Manuranjan Sonawal 4.60;

L J (13) / qualification (12): Aryan Chaudhary 7.58/+0.7 (7.30/+0.3); Muhammed Anees Yahya 7.55/-0.6 (7.37/-0.4); P.S.Vishnu 7.43/+0.6 (7.21/+1.0); Daud Khan 7.25/-1.1 (7.29/+0.2); Kuldeep Saini 7.21/+0.5; C.Sirajudheen 7.19/+0.3 (7.18/+0.5); Mohd Shahrukh 7.15/+0.1;

T J (11): V.Dinesh 16.13/-0.4; Sanal Scaria 15.96/+0.5; Sonu Kumar 15.80/-0.5; Boby Sabu 15.60/-1.0; Sachin Gujar 15.09/+1.0; Ranjit Singh 14.96/+0.1; C.Sundar 14.92/+0.8; Ajeet ?? 14.90/+1.0;

S P (12) / qualification (11): Ravi Kumar 17.89 (17.33); Akash Grehwal 17.82 (17.23); Shivam Choudhary 17.24 (16.72); Nishan Singh 16.85; Jaspal Singh 16.64; Abhishek Singh 16.57 (16.82); Rai Govind Kumar 16.05;

D T (11): Harpreet Singh 53.43; Prabhjot Singh 53.33; Baljinder Singh 51.57; Deepak Yadav 51.37; Ashish Kumar 50.56; Anurag Patel 50.46; Harendra Singh 50.04; Ashwani Lamba 49.89;

H T (13): Mukul ?? 63.06; Praveen Kumar 62.08; S.Nirmal Raj 58.10; Shiv Kumar 57.75; Jatin Chaudhary 57.29; Rahul Kumar 56.58; Gagan Kumar Yadav 56.13; Sabeel Ahmad 55.81; Kulwinder Singh 53.61; Afsar Ahmad 53.40; Harish Kumar 53.31;

J T (13) / qualification (12): Sachin Yadav 84.21 / 6th IND All-Time (82.36); Arun Baby 76.34 (70.81); Manjinder Singh 74.68 (68.17); Sunil Kumar 74.02 (65.65); Anand Singh 73.59 (69.81); Rishabh Nehra 72.49 (70.87); Vikash Sharma 71.93 (69.16); Abhilash ?? 71.48 (72.52); Gyan Ranjan Mahato 64.97 (66.94); Arjun Shankar Shirdode 64.67 (64.31); Akshay Shankar Ghonge 63.56 (67.00); Sagar ?? 62.99 (65.57);

Decathlon (11/12)/nwi: Umesh Lamba 6825 (11.76; 6.56; 13.28; 1.82; 52.58 / 15.41; 38.96; 4.30; 56.83; 5:01.53); Navjor Singh 6533 (11.58; 6.56; 10.55; 1.73; 52.80 / 15.35; 37.69; 3.70; 60.40; 4:52.58); Neeraj Kumar Yadav 6522 (11.87; 6.77; 11.48; 1.97; 55.01 / 15.90; 39.20; 4.00; 57.73; 5:25.28); Gurlal Singh 6475; Abdulla Abdul Majid 6332; G.S.Sreedhu 6132; Sailendra Singh 6007;

20 km Walk (13): Sunil Kumar 1:29:15; Baljinder Singh 1:30:02; Anil Kumar 1:30:49; Raj Mishra 1:30:52; Pradeep Chaudhary 1:35:57;

4x100 R (12): BSF Team (S.Saha, J.Prasad, V.Saseendran, R.Anesh) 40.73;

4x400 R (14): Uttar Pradesh Team (Mohit Kumar, S.Mishra, Pankaj, L.Sharma) 3:11.55;

Women:

100 m (11)/+0.7: Vijaya Kumari 11.83; Madhumita Deb 11.86; Stuti Singh 11.96; A.P.Shilbi 12.06; Priyanka Sikarwar 12.07;

semis (10) s1/+0.1: Stuti 11.96; Shilbi 12.12; s2/+0.1: Deb 12.09; s3/-0.3: Kumari 11.78; Sikarwar 12.03;

heats (10) h1/-0.3: Stuti 12.04; h2/+1.2: Kumari 11.80; Sikarwar 12.01; h4/+1.2: Deb 11.98; Fatema Begum 12.05;

200 m (14)/+0.1: Madhumita Deb 23.71; Vijaya Kumari 24.09; Priyanka Sikarwar 24.25; Fatema Begum 24.92;

semis (13) s1/+0.7: Sikarwar 24.56; s2/+0.6: Kumari 24.32; s3/+0.3: Deb 24.24; Begum 24.62; Ramandeep Kaur 25.01; A.P.Shilbi 25.04;

heats (13) h2/+0.6: Deb 24.50; Shilbi 24.98; h4/+0.3: Kumari 24.67; h5/+0.4: Sikarwar 25.08;

400 m (12): Kavita ?? 55.52; Ramandeep Kaur 55.60; Ansa Babu 56.00; Kiranpal Kaur 56.17; Vandana Sharma 57.14; Veerpal Kaur 57.43;

semis (12) s1: Smruthimol Rajendran 56.42; Meenu Sahu 56.60; Sharma 57.43; s2: Kavita 55.80; Veerpal 56.81; Saloni Nagar 57.73; s3: Ramandeep 55.55; Babu 55.77; Kiranpal 56.12;

heats (11)/hand-timed: h1: Babu 56.5; h2: Rajendran 57.4; h3: Sharma 57.7; h4: Kavita 57.3;

1500 m (14): Anumol Thampi 4:29.35; Manorama ?? 4:32.88; K.Geetha 4:35.74; Susmita Tigga 4:38.74; Sonali Dhondiram Desai 4:40.77; Varsha Nagar 4:42.61; Shilpi Yadav 4:45.15; Premlata ?? 4:46.32;

heats (13) h1: Thampi 4:44.18; Tigga 4:44.30; Manorama 4:44.42; Yadav 4:45.16;

5000 (13): Reenu ?? 16:37.41; Chatru ?? 16:40.75; Yamini Umesh Thakare 16:51.18; Pooja ?? (I) 17:11.66; Pooja ?? (II) 17:25.41; Neetu Kumari 17:26.44; Priti Chaudhary 17:35.94; Santosh Choudhary 18:10.51;

10000 m (10): Ujala ?? 35:22.64; Reenu ?? 35:23.31; Mamta Pal 35:29.43; Chatru ?? 35:55.97; Neetu Kumari 35:57.67; Pooja ?? (I) 36:05.47; Pooja ?? (II) 36:29.80; Pooja Mondal 37:38.10; N.L.Thejaswi 38:11.08;

3000 m St (12): Susmita Tigga 10:38.46; M.Anupriya 10:39.20; Mamta Khati 10:40.38; Anumol Thampi 10:43.92; Priti Chaudhary 11:03.17; Kajal Sharma 11:05.44; Khushbu Gupta 11:15.73; Shalli Dhama 11:29.90; Priyanka Kasana 11:49.21;

100 m H (12)/+0.5: Sabita Toppo 14.09; Ann Rose Tomy 14.15; Ritwika Singh 14.33; Lovely Rajpoot 14.44; Anjula Singh 14.55; Aleena Varghesh 15.03;

heats (12) h1/+0.4: Toppo 14.43; Tomy 14.61; Varghesh 15.02; h2/-0.3: Ritwika 14.55; Rajpoot 14.66; Anjula 14.85;

400 m H (14): Veerpal Kaur 60.96; Lovely Rajpoot 62.05; Rajni ?? 62.70; Aleena Varghesh 64.41;

heats (13) h1: Vartghesh 63.55; h2: Veerpal Kaur 62.80; Ansa Babu 63.35; Rajpoot 63.36;

H J (13): Athira Somaraj 1.77; Athira Mohanan 1.72;

P V (10): K.M.Babita Patel 3.75; Reshma Raveendran 3.60; Divya Mohan 3.30; Mahi Patel 3.30; Kiranbir Kaur 3.30;

L J (13)/ qualification (12): Rimpi Burgohain 6.34/+0.4 (5.79/+1.5); Priya Rathore 6.12/+0.6 5.86/+1.1); Pooja Saini 6.11/+0.6 (5.64/+1.2); Nidhi ?? 5.87/ 0.0; Mareena George 5.80/+0.8 (5.71/+0.9); Shiwangi Dubey 5.69/+0.3 (5.70/+0.9); other qualifier: V.Nivetha 5.80/+1.5;

T J (11): K.M.Sonam 12.81/+0.1; Jenimol Joy 12.53/+0.2; Khushbu Verma 12.12/+0.3; Vinija Vijayan 11.99/+0.1;

S P (11): Kachnar Chaudhary 15.70; Manpreet Kaur 15.46; Rakhi ?? 14.70; Sonal Goyal 13.85; Tunlai Narzary 13.62; Shikha Pawar 13.26; Deepa ?? 13.03;

D T (13): Neetika Verma 50.78; Sonal Goyal 49.00; Jhuma Basu 48.58; K.M.Madhu Verma 46.08; Annu ?? 45.35; Deepa ?? 44.40; Salmi Kispotta 42.74; Baljit Kaur 42.66;

H T (10): Anmol Kaur 58.71; Varsha ?? 57.34; Manpreet Kaur 56.85; Ranju Devi 54.85; Sarabjit Kaur 53.77; Preeti Sharawat 51.33; Komal ?? 49.87; Pallavi ?? 49.58; Shital ?? 47.14;

J T (12): Uma Choudhary 47.89; K.M.Saloni 46.95; Manpreet Kaur 46.83; Neelam Choudhary 46.42; Rupinder Kaur 45.42; Monika ?? 44.89; Runjun Pegu 42.18; Manu Kumari 41.65;

Heptathlon (12/13)/nwi: Mareena George 4896 (15.07; 1.66; 9.45; 26.82 / 5.73; 38.59; 2:35.21); K.Vembarasi 4390 (14.88; 1.54; 8.50; 26.68 / 5.26; 26.71; 2:33.44); Aleena Vincent 4339 (15.44; 1.48; 9.70; 26.70 / 5.21; 30.94; 2:37.86);

10 km Walk (13): Reshma Patel 48:21; Mary Margaret K. ?? 48:22; K.M.Shivani 48:25; Manju Rani 51:52; Roji Patel 51:57; S.Kiruthika 52:22;

4x100 R (14): Uttar Pradesh Team (R.Pal, R.Yadav, Teena, P.Sikarwar) 46.91 (& 46.73 as 1h1 on 13th);

4x400 R (12): Punjab Team (Ramandeep Kaur, Rajni, Kiranpal Kaur, Veerpal Kaur) 3:49.18;

MALAYSIA

(-courtesy of Mr Jad Adrian Washif -)

following are selected best performances from two competitions / no wind-readings for horizontal jumps at the Varsity Competition and overall no wind-readings reported from the MAKSASAK event

Varsity T & F Champs Final at Kuala Terengganu / 08. - 10.11.2024

Men:

100 m (10)/+2.4: Moh.Raimi Mustadffa Kamal 10.50w; Amirul Danial Mohd Hasni 10.81w;

200 m (8)/+1.8: Moh.Raimi Mustadffa Kamal 21.51; Muh.Faris Kamarzaman 21.91; Haikal Mohd Ismail 21.92; Muh.Haziq Akhir 21.93;

110 m H (10)/+1.9: Muh.Azam Ahmad Amran 15.24;
400 m H (8): Wan Mohamad Alhafiz Kozani 54.30;
H J (10): Farrell Glenn Felix Jirus 2.11; Muh.Aiman Syazuwan Abdullah 2.00;
S P (10): Kamal Farhan Abdul Rahman 15.79; Mirach Han 14.28;
D T (8): Kamal Farhan Abdul Rahman 47.35;
H T (10): Sadat Marzuqi Ajisan 56.22; Rizad Azri Che Radzi 48.20;
4x100 R (9): Help University Team 41.99;
4x400 R (10): Universiti Putra Malaysia Team 3:20.99;

Women:

100 m (10)/+1.6: Azreen Nabila Alias 11.95;
400 m (9): Chelsea Cassiopea Evali Bopulas 57.34;
3000 m St (10): Ghayatry S.Divagaran 13:42.06;
400 m H (8): Mandy Goh Li 61.86;
H J (10): Rosita Lua Anak Jabing 1.65;
L J (8): Nurul Ashikin Abas 5.81;
T J (9): Nurul Ashikin Abas 12.90;
S P (10): Nani Sahirah Maryata **15.70/NR**; Nurul Ainin Syauqina Nor Azahar 12.82;
H T (10): Nurul Hidayah Lukwan 48.44; Nur Salsabila Mohd Zam Sairon 43.49;
J T (9): Ng Jing Xuan 43.92;
4x100 R (9): University Putra Malaysia Team 49.35;

MAKSAK Meeting at Tanjung Malim / 08. - 10.11.2024

Men:

100 m (8): Jonathan Nyepa 10.72;
110 m H (9): Mohd Rizzua Haizad Muhammad 14.42;
T J (9): Andre Anura Anuar 14.76;

Women:

100 m (8): Zaidatul Husniah Zulkifli 11.97;
D T (8): Queenie Ting Kung Ni 48.94;

SINGAPORE

SA Inter Clubs Championships / 09. - 10.11.2024

(-courtesy of Mr Sha, Singapore Athletics Association -)

Men:

100 m (9)/+0.4: Tate Tan Fung/2005 10.70; Daryl Tan Hong An 10.71; Yan Teo/2005 10.75; Tharun Ashok/2005 10.81; Ian Gan Yu An 10.83;
heats (9) h2/+0.2: Tate Tan Fung/2005 10.72; h4/+0.4: Yan Teo/2005 10.80; h6/-0.1: Ian Gan Yu An 10.88; h9/+0.5: Ryan Raphael 10.89;
200 m (10)/+0.4: Harry Irfan Curran/2008 21.94; Reuben Lee Siong En 21.98;
400 m (9): Percy Muncherji Zubin 48.48;
800 m (10): Thiruben Thana Rajan 1:51.73 / 2nd SGP All-Time; Jayden Tan Jie Cong/2006 1:54.33; Shawn Chia Wei En 1:55.76; Suya Aswin Kumar/2006 1:55.99; Oliver Lim 1:56.09; Reyaan Muncherji/2005 1:56.90;

110 m H (10)/+0.2: Ang Chen Xiang 14.29 (& 14.29/-0.2 as 1h1);
P V (10): Low Jun Yu 5.20; Joseph Cheong Yin Yern/2007 4.61; Koh Wei Shien 4.41; Elliot Wee Junn 4.41;
T J (10): Gabriel Lee Jing Yi 15.67/+1.3 / 2nd SGP All-Time;
D T (10): Eric Yee Chun Wai 48.20; Jonathan Low Jun Jie 43.28;
4x100 R (9): Cicada Trackers Team (M.Zulkair, D.Tan, E.Chng, B.Lam) 41.06;
4x400 R (10): Oldham Athletics Team (A.Chauhan, P.Ryan, T.Thana Rajan, Z.Muncherji) 3:18.10;
Youth Boys / under 18 years:
D T / 1.5 kg (10): Anson Loh Ding Rong/2008 50.92; Tan Jun Jie/2007 50.44;

Women:

100 m (9)/+0.6: Laavinia Jaiganth/2006 12.15;
5000 m (9): Vanessa Lee Ying Zhuang 17:51.11; Nicole Low Sui Xuan 17:51.94; Goh Shing Ling 18:23.89;
100 m H (10)/-1.0: Kerstin Ong Jing Rong 15.17;
H J (10): Michelle Sng Suat Li 1.66;
P V (9): Ashlee Ong Yu Xi/2007 3.21; Lorraine Leong/2007 3.11; Maxim Tan Tee Hui 3.11; Shayne Tan 3.01;
L J (9): Tia Louise Rozario 5.71/0.0;
T J (10): Tia Louise Rozario 11.95/-1.6;

HONGKONG

HKAAA Open Athletics Meeting / 02. - 03.11.2024

(-courtesy of the HKAAA - website -)

following are the best performances from the 2nd part of this competition with few foreign competitors from KOR, MAC, SGP & TPE as noted

Men:

60 m (3)/+1.0: Antony Ma King Yeung 6.90; Chau Long Yat 7.02; Lai Ka Shing 7.03; Cheung Yin Bun 7.15;
heats (3) h4/-1.3: Ma King Yeung 6.88; Chan Long Yat 7.08; Lai Ka Shing 7.14;
100 m (2)/-0.6: Lee Hong Kit 10.63; Lai Long Ting 10.75; Shak Kam Ching 10.77; Magnus P. Johannsson/2006 10.77; Chung Tsz Sing/2005 10.83; Cheung Chun Yin 10.89;
heats (2) h14/+0.7: Lee Hong Kit 10.61; Lai Long Ting 10.69; Johannsson/2006 10.69; Shak Kam Ching 10.76; Chung Tsz Sing/2005 10.82; Cheung Ho Hin 10.84; h13/+1.0: Yau Lok Hei 10.78; Cheung Chun Yin 10.78; h9/+1.4: Chau Long Yat 10.76;
200 m (3)/-0.8: Lai Long Ting 21.48; Jun Chae-Min KOR/2008 21.78; Yu Ka Lun 21.91;
400 m (2): Reuben Lee Siong En SGP 48.64;
800 m (3): Khan Mohamad Kamran 1:54.20;
3000 m St 2): Jason Yeung Chun Ho 9:40.92;
110 m H (2)/+0.5: Liu Hiu Long 14.13; Cheung Siu Hang 14.38; Leung Wai Kwan 14.74; Mui Ching Yeung 14.88;
H J (2): Michael John Kennelly 2.02; Tsang Pak Ho 2.02;
P V (3): Cheung Pui Yin 4.50; Yeung Lik Chi 4.15; Nicholas Clarence Lau 4.00;
L J (2): Chan Chi Keung 7.52/+1.4; Wong Oak Hang 7.51/+0.5; Loi Hoi Lam 7.43/+0.1; Wong Ho Ching 7.25/+1.0; Law Ngai Him 7.10/-0.5;

T J (3): Chan Chi Keung 15.13/+0.3; Cheung Wing Lok/2005 15.00/+1.9; George Yip Cho Yin 14.63w/+3.1 (& 14.59/+1.5);

S P (2): Sit Wai Lok 14.17;

D T (3): Lee Tzu-Yun TPE 51.71; Lai Chi Yam 47.50; Siu Kai Wing 44.75;

H T (2): Tse Tat Man 51.52; Lam Wai 49.44;

J T (2): Ricky Hui Wai Hei 64.63; Tse Tak Chi 60.91; Kam Man Ching 59.25;

Women:

60 m (3)/+0.8: Wong Yan Pui 7.97; Serene Kwok Hiu Yan 8.15;

100 m (2)/+1.1: Kong Chun Ki 11.94 (& 12.12/-0.6 as 1h5); Tang Cheuk Man/2005 12.18; Chloe Pak Hoi Man/2006 12.25;

200 m (3)/+0.1: Chloe Pak Hoi Man/2006 25.37;

400 m (2): Ashleigh Ma Ying Wen 56.26;

1500 m (2): Wong Cheuk Ning 4:49.45;

5000 m (2): Lo Ying Chiu 17:16.90 / 3rd HKG All-Time; Tsang Hiu Tung 17:46.25;

3000 m St (2): Iris Huang Zhi Xun 12:10.54;

400 m H (3): Ashleigh Ma Ying Wen 62.54;

H J (2): Priscilla Cheung Ching Laam 1.70; Tiffany Tang Yi Ching 1.65; Michelle Sng Suat Li SGP 1.65;

L J (2): Shannon Vera Chan 5.71/+0.3;

T J (3): Shannon Vera Chan 12.10/+0.8; Huang Kam Ching 11.76/+0.9;

H T (2): Tam Hiu Ki 44.48;

J T (2): Chiu Wai Yan 40.29;

IRAQ

National Athletics Championships at Erbil / 07. - 09.11.2024

(-courtesy of Mr Mohammad Abdulwahab -)

following are a few results from this major National competition (official results from the IRAQI Federations not yet available and would be very welcome) / the Pole Vault & Decathlon events were held one week prior to the other events (on 1st and 2nd Nov) at Al Najaf

Men:

100 m (7)/nwi: Hussein Ali Nahi Al-Khafaji **10.28 / NR** (?? - if conditions will be confirmed);

P V (1): Amir Subeih Seihoud 5.30 / 2nd IRQ All-Time; Amir Faleh Abdulwahid 5.00; Ali Hussein Ali Al-Daraji 4.70; Thulfiqar Hayder Hassan Al Taie 4.40;

H T (9): Hussein Thamer Abdulwahid Al-Bayati 61.62;

Decathlon (1/2)/no details: Abdul Sajjad Saadoun Nasser 7086; Haman Abdullah Makki Al Ghrairi 6945 / 3rd IRQ All-Time; Ghaith Firas 6217;

Junior Men:

P V (1): Karar Ali Abdel Kadhim 4.00;

Youth Girls/U18:

D T (8): Zainab Abd Mohamed 36.53 / NYR;

UNITED ARAB EMIRATES

Ultimate Racenight Meeting at Dubai / 01.11.2024

(-courtesy of the Ultimate Athletics – website -)

following are the best results from this competition with participants from different countries

Men:

60 m/-1.6: Ebrima Sowe GAM 7.07;
200 m/nwi: Muath Fawzi UAE 22.14;
3000 m: Victor Korir KEN 7:42.51;

Women:

200 m/-2.1: Maryam Kareem UAE/2008 24.85;
400 m: Aminat Kamarudeen UAE/2007 **54.49/NR** & NJR & NYR;
3000 m /in mixed race with Men: Katerina Machova CZE 9:07.77;

TURKMENISTAN

Cup of Turkmenistan Meeting at Ashgabat / 14. - 15.10.2024

(-courtesy of Ms Tatyana Stepanisheva, TKM-Federation -)

following are few selected best results / hand-timing & no wind-measurements

Men:

100 m (14): Alisher Sadulayev 10.6; Mirhaydar Saparov 10.6; Lukman Gurbandurdyev 10.6 (& 10.7 in heats);
200 m (15): Lukman Gurbandurdyev 21.9;
800 m (15): Yunus Tuvaklyev 1:58.9;
T J (14): Bakhtiyar Rozyyev 14.77;
S P (14): Gurbanmyrat Kakayev 14.80;
4x100 R (14): Ashgabat Team 42.2;

Women:

100 m (14): Valentina Meredova 11.9 (& 11.8 in heats);

MACAU

Review of National Records during 2024 season

(-courtesy of the MAC-Federation website with thanks to Mr Steffen Stübe -)

following are several national records, which were obtained by updated NR-information at this website and not yet included to my earlier reports due to missing information/translations from the competitions in HKG and MAC

Men / 400 m H: Cheong Chi Cong **52.90 / NR at Taipei /27 Oct 2024**

results from this competition are not (yet ?) available from the TPE-Federation; however, according to the results sheets from this event this TPE-based student finished 2nd at this competition

Women: / L J: Sou I Man **5.60 m / NR at Macau / 22 Mar 2024**

Junior Men / 100 m: Lou Weng Fu/2005 10.74/+1.5 / NJR at Macau / 6 Jul 2024

Junior Men / 4x400 R: National Junior Team 3:26.27 / NJR at Hongkong / 4 May 2024

Junior Women / 100 m H/84 cm: Chen Liu Xi/2006 16.06/+1.4 / NJR at Macau / 22 Mar 2024

Youth Boys / 200 m: Leong Lok Io/2008 22.14/-1.3 / NYR (3rB) at Chongqing / 29 May 2024

Youth Boys / 400 m: Wong Cheng Sam/2007 49.62 / NYR at Macau / 24 Mar 2024

Youth Boys / L J: O Kai Leong/2008 6.76/+0.1 / NYR at Macau / 22 Mar 2024

Youth Girls / S P / 3 kg: Ng Hoi I / 2007 12.53 m / NYR at Hongkong / 10 Aug 2024

Youth Girls / 600 g (!!): Wong Hio / 2007 38.14 m / NYR at Macau / 24 Mar 2024

INDOORS

CHINA

1st Central Asian Indoor Invite Meet at Urumqi / 11. - 12.11.2024

(-courtesy of the official results & thanks for translations from Mr Mirko Jalava -)

this Regional competition was held with mainly athletes from the Central Asian part of CHINA and few athletes from KAZ, KGZ, TJK & UZB for 4 different Age-categories / following are the best performances

Men:

60 m (11): Alikuti Yishake CHN 6.75;

200 m (12): Alikuti Yishake CHN 21.83;

1500 m (11): Husabaik Tuoku CHN 3:54.72;

3000 m (12): Husabaik Tuoku CHN 8:31.29;

60 m H (11): Leonid Pronzhenko TJK **8.16 / NIR;**

HJ (11): Amir Nagayev UZB 2.11; Fu Yupeng CHN 2.06;

L J (11): Wang Yufeng CHN 7.25; Ildar Akhmediyev TJK 7.11;

S P (12): Chen Jian CHN 18.65;

Junior Men / U20:

200 m (12): Baihetiyaer Yizhaer CHN 21.90;

S P / 6 kg (12): Zhang Zhenyu CHN/2006 18.85; Zulipikeer Aizezi CHN/2006 18.23;

Youth Boys / U18:

60 m (11): Bogdan Goncharov KAZ/2007 7.04; Hu Yinghua CHN/2008 7.05;...6. Egor Pobezhimov KGZ/2007 7.17;

heats (11): h1: Pobezhimov KGZ/2007 7.11; h2: Goncharov KAZ/2007 7.07;

200 m (12): Egor Pobezhimov KGZ/2007 **22.06 / NIR;**

60 m H / 91.4 cm (12): Hu Yinghua CHN/2008 8.20;

Younger Boys / U16:

60 m (11): Abdouwaili Yimulan CHN 6.97; Yu Yunxi CHN 7.06;

T J (11): Gleb Klepinin KAZ 14.10;

Women:

60 m (11): Kristina Pronzhenko TJK 8.35;
1500 m (11): Mulatibieke Buerlieni CHN 4:38.71;
H J (11): Nuerlan Dina CHN 1.80;
S P (12): Bao Shuya CHN 15.15;

Junior Women / U20:

H J (11): Irina Sizova KAZ/2005 1.68; Zhang Yifan CHN 1.68;
T J (12): Zhou Mingmin CHN 12.36; Olga Ovsekova KAZ/2005 12.05;
S P (12): Du Yuanyuan CHN/2006 14.72; Jiang Qinxuan CHN/2006 14.62;

Youth Girls / U18:

400 m (11): Milana Zubareva KAZ/2007 58.61;
H J (12): Du Yiman CHN 1.71;

Younger Girls / U16:

60 m (11): Sun Aoqing CHN 7.96;
1500 m (11): Anastasiya Silchenkova UZB/2009 4:34.98;
3000 m (12): Anastasiya Silchenkova UZB/2009 9:46.99;