



البطولة الآسيوية العاشرة لاختراق الفحذية
10th Asian Cross Country Championships

Official Results Junior Men (8km)

1 March, 2009 11:00

Pos	Bib	Athlete	Country	Mark	Difference
1	4	Alemu Bekele Gebre	BRN	23.55.5	
2	2	Edwin Chebii Kimurer	BRN	23.59.1	+0:03.6
3	70	Syota Hattori	JPN	24.05.1	+0:09.6
4	69	Yuki Oshikawa	JPN	24.25.7	+0:30.2
5	67	Kyohel Nishi	JPN	24.28.9	+0:33.4
6	68	Syota Yamazaki	JPN	24.39.5	+0:44.0
7	162	Nabil Al Jerbi	YEM	24.39.6	+0:44.1
8	1	Isaac Kemboi Chelimo	BRN	24.42.5	+0:47.0
9	30	Suresh Kumar	IND	25.05.4	+1:09.9
10	163	Walid Olaya	YEM	25.08.3	+1:12.8
11	33	Karan Singh	IND	25.11.6	+1:16.1
12	164	Ali Al Obadi	YEM	25.14.1	+1:18.6
13	139	Emad Hamed Noor	KSA	25.20.3	+1:24.8
14	49	Hossein Keyhani	IRI	25.26.2	+1:30.7
15	20	Zhao Kuile	CHN	25.29.6	+1:34.1
16	165	Ali Al Khawlani	YEM	25.30.5	+1:35.0
17	32	Anil Gema Pawar	IND	25.35.1	+1:39.6
18	46	Moslem Niadoost	IRI	25.42.5	+1:47.0
19	88	Salameh Al Hayawi	JOR	25.43.9	+1:48.4
20	87	Ra'ed Abumharab	JOR	25.48.3	+1:52.8
21	31	Devendra Singh	IND	25.51.7	+1:56.2
22	48	Jafar Moradi	IRI	26.02.1	+2:06.6
23	29	Rajan Singh	IND	26.03.2	+2:07.7
24	141	Abdulhadi H. Alenizi	KSA	26.06.6	+2:11.1
25	122	Mamoun Bali	PLE	26.18.7	+2:23.2
26	86	Hasan Al Najjar	JOR	26.36.7	+2:41.2
27	140	Naif Da'ak	KSA	26.45.0	+2:49.5
28	144	Ahmed S.A. Alandali	KSA	26.52.1	+2:56.6
29	90	Yazan Abu Naja	JOR	27.05.2	+3:09.5
30	104	Ulan Shaiakhmatov	KGZ	27.20.2	+3:24.7
31	60	Hasan Hamid Ibad AlMansori	IRQ	27.35.2	+3:39.7
32	57	Hamzah Jawad Al Buawadh	IRQ	27.44.3	+3:48.8

33	89	Motasem Akkawi	 JOR	27.50.3	+3:54.8
34	98	Talal Abdelatif	 KUW	28.17.4	+4:21.9
35	99	Ahmad Mohamad Omar	 KUW	28.26.9	+4:31.4
36	123	Ahmed Kouk	 PLE	28.48.9	+4:53.4
37	58	Safaa Kadhim Ali Al-Fatlawi	 IRQ	28.56.0	+5:00.5
38	59	Zaid Ali Ridha Al-Sharuee	 IRQ	29.22.0	+5:26.6
39	103	Abdullah Messaaed	 KUW	29.57.1	+6:01.6
40	100	Youcef Abdulaziz	 KUW	29.59.6	+6:04.1
41	101	Mohamad Gholum Mohamad	 KUW	30.46.8	+6:51.3
-	71	Aya Nagata	 JPN	DNS	
-	47	Mohsen Darabzadeh	 IRI	DSQ	Rule 141

Official Results Junior Women (5,7km)















































1 March, 2009 10:30





Pos	Bib	Athlete	Country	Mark	Difference
1	7	Shitaye Eshete Habtegebrel	 BRN	19:35.2	
2	8	Tejitu Daba Chalchissa	 BRN	19:37.4	+0:02.2
3	77	Aki Odagiri	 JPN	19:44.6	+0:09.4
4	76	Rei Ohara	 JPN	19:47.1	+0:11.9
5	79	Sairi Maeda	 JPN	19:49.2	+0:14.0
6	78	Ai Kuboki	 JPN	19:49.3	+0:14.1
7	6	Gladys Cherotich Kibiwot	 BRN	19:58.1	+0:22.9
8	23	Yang Youcun	 CHN	20:27.8	+0:52.6
9	39	Navjoban Kaur	 IND	20:38.4	+1:03.2
10	40	Monika Raut Fulchand	 IND	20:56.3	+1:21.1
11	41	Rohini Raut Fulchand	 IND	21:41.5	+2:06.3
12	94	Ala' Khalifan	 JOR	22:25.1	+2:49.9
13	93	Rasha Ayoub	 JOR	22:44.0	+3:08.8
14	53	Mahya Darabaraghy	 IRI	22:44.6	+3:09.4
15	54	Mariyam Mousavian	 IRI	23:12.7	+3:37.5
16	145	Ying Rong Mok	 SIN	23:21.8	+3:46.1
17	92	Bara'ah Awadallah	 JOR	23:37.8	+4:02.6
18	55	Mahsa Keshavarz	 IRI	23:42.4	+4:07.2
19	147	May Yong The	 SIN	23:46.8	+4:11.6
20	97	Nahida Al Bawwat	 JOR	23:52.1	+4:16.9
21	146	Wan Qi ,Clara Wong	 SIN	23:57.9	+4:22.7
22	95	Esra'a Ikhlawi	 JOR	24:18.3	+4:43.1
23	56	Mariyam Khorasani	 IRI	24:50.0	+5:14.8
24	148	Xueli Bernice Lian	 SIN	25:08.8	+5:33.6

Official Results Senior Men (11,850km)

1 March, 2009 11:40

Pos	Bib	Athlete	Country	Mark	Difference
1	127	Ahmad Hassan Abdullah	 QAT	34:40.2	
2	128	Essa Ismail Rahed	 QAT	34:50.9	+0:10.6

3	129	Felix Kikwai Kibore	 QAT	34:50.9	+0:10.6
4	131	Musa Amer Obaid	 QAT	35:15.2	+0:35.0
5	24	Surender Singh	 IND	35:22.0	+0:41.8
6	12	Khaled Yacine Kamel	 BRN	35:45.3	+1:05.1
7	63	Satoru Kitamura	 JPN	35:50.9	+1:10.7
8	14	Riadh Al Mustafa	 BRN	35:51.6	+1:11.4
9	61	Naoki Okamoto	 JPN	35:52.1	+1:11.9
10	13	Stephen Kamar	 BRN	36:11.1	+1:30.9
11	25	Sandip Kumar	 IND	36:12.7	+1:35.2
12	134	Abdullah Aljoud	 KSA	36:20.7	+1:40.5
13	27	Santosh Kumar	 IND	36:25.3	+1:45.1
14	62	Hideaki Date	 JPN	36:27.7	+1:47.5
15	133	Hussain Jamaan Al Homdah	 KSA	36:40.5	+2:00.3
16	26	Ajay Kumar Patel	 IND	36:40.7	+2:00.5
17	64	Takuya Fukatsu	 JPN	36:43.9	+2:03.7
18	80	Suliman Alghodran	 JPN	36:47.0	+2:06.8
19	65	Yo Yazawa	 JPN	36:50.5	+2:10.3
20	82	Ayman Al Rubaiat	 JOR	36:51.9	+2:11.7
21	28	Soji Methew	 IND	36:54.7	+2:14.5
22	43	Ehsan Zeinvandnejad	 IRI	37:07.7	+2:27.5
23	42	Mohammad Khazaei	 IRI	37:25.3	+2:45.1
24	84	Hamza Al Madhna	 JOR	37:28.9	+2:48.7
25	83	Hussein Momani	 JOR	37:31.1	+2:50.9
26	151	K.G.R Saman Kumara	 SRI	37:31.3	+2:51.1
27	135	Ibrahim Khaloufa	 KSA	37:35.3	+2:55.1
28	136	Saeed A. A. Althumali	 KSA	37:44.6	+3:04.4
29	45	Mohammad Foroud	 IRI	37:51.2	+3:11.0
30	168	Mohamad Javad Sayadi	 IRI	37:54.0	+3:13.8
31	44	Omid Mehrabi	 IRI	38:01.1	+3:20.9
32	81	Bashar Al Kufrini	 JOR	38:18.7	+3:38.5
33	19	Yang Le	 CHN	39:18.8	+4:38.6
34	150	R.M Pushpa Kumara	 SRI	39:19.4	+4:39.2
35	157	Al Mansour Mohamed	 SYR	39:23.4	+4:43.2
36	152	R.M.S Pushpa Kumara	 SRI	39:26.9	+4:46.7
37	160	Al Jafal Ahmad	 SYR	39:46.9	+5:06.7
38	159	Bakour Abdul Karim	 SYR	40:14.4	+5:20.2
39	110	Qais Almahruiqi	 OMA	40:27.7	+5:47.5
40	111	Issa Al-Azizi	 OMA	40:52.6	+6:12.4
41	109	Jeyakumar Dewarajo	 MAS	40:57.0	+6:16.8
42	106	Shaharudin Hashim	 MAS	40:57.2	+6:17.0
43	149	A.M Ajith Bandara	 SRI	41:29.6	+6:49.4
44	118	Abdalnasser Awajna	 PLE	41:51.4	+7:11.2
45	108	Samuel John Moses	 MAS	42:12.0	+7:31.8
46	112	Ismail Al Oraini	 OMA	42:19.7	+7:39.5
47	113	Shabib Al Ruqeishi	 OMA	42:30.4	+7:50.2
48	120	Mamoun Ballo	 PLE	42:45.4	+8:05.2

49	107	Venugopal Rajendran	 MAS	42:55.1	+8:14.9
50	114	Ayoob Al Hashami	 OMA	43:10.6	+8:30.4
51	119	Yacoub Abutrkey	 PLE	43:51.5	+9:11.3
	161	Saif Hamad Al Rashedi	 UAE	DNS	
	9	Ali Mohamed Ali	 BRN	DNS	

Official Results Senior Women (8km)

1 March, 2009 12:30

Pos	Bib	Athlete	Country	Mark	Difference
1	16	Maryam Yusuf Jamal	 BRN	26.21.6	
2	15	Mimi Belete	 BRN	26.31.3	+0:09.7
3	71	Aya Nagata	 JPN	26.50.6	+0:29.0
4	75	Tomoka Inadomi	 JPN	26.57.4	+0:35.8
5	72	Risa Shigetomo	 JPN	27.07.2	+0:45.6
6	105	Viktoriiia Poliudina	 KGZ	27.18.0	+0:56.4
7	73	Kazuka Wakatsuki	 JPN	27.22.4	+1:00.8
8	35	Kavita Raut	 IND	27.39.9	+1:18.3
9	74	Maki Arai	 JPN	27.54.3	+1:32.7
10	34	Preeja Sreedharan	 IND	28.09.1	+1:47.5
11	18	Sara Bakheet Yaqoob	 BRN	28.28.2	+2:06.6
12	21	Fang Xiaoyu	 CHN	28.31.2	+2:09.6
13	36	Preeti L. Rao	 IND	28.50.7	+2:29.1
14	154	W.K.L.A Nimali	 SRI	29.07.2	+2:45.6
15	22	Qie Liping	 CHN	29.09.2	+2:47.6
16	153	D.AS Samanmalie	 SRI	29.11.8	+2:49.9
17	156	D.A. Inoka	 SRI	29.15.6	+2:54.0
18	155	B.gl Anuradhi	 SRI	29.45.8	+3:24.2
19	38	Vijayamala M. Patel	 IND	30.38.8	+4:17.2
20	51	Zahra Aliakbari	 IRI	32.31.7	+6:10.1
21	52	Mina Poorseifi	 IRI	32.43.0	+6:21.4
22	169	Zeinab Khoram Rooz	 IRI	33.30.5	+7:08.9
23	50	Fahimeh Kalhor	 IRI	33.52.5	+7:30.9