



22ND ASIAN U20 ATHLETICS CHAMPIONSHIPS 2026

📍 HONG KONG, CHINA

📅 28TH - 31TH MAY 2026

RESULTS SUMMARY





22nd Asian U20 Athletics Championships

Final Medal Tally — Hong Kong (HKG), 28–31 May 2026 · 45 finals



Rank	Country	Gold	Silver	Bronze	Total
1	CHN – China	14	9	2	25
2	IND – India	10	5	4	19
3	JPN – Japan	5	5	8	18
4	UAE – United Arab Emirates	5	0	1	6
5	QAT – Qatar	3	4	3	10
6	TPE – Chinese Taipei	2	6	4	12
7	KOR – Korea	2	4	6	12
8	SRI – Sri Lanka	2	2	4	8
9	KAZ – Kazakhstan	1	2	4	7
10	UZB – Uzbekistan	1	1	4	6
11	IRI – Iran	0	3	0	3
12	HKG – Hong Kong, China	0	2	1	3
13	PHI – Philippines	0	1	1	2
14	THA – Thailand	0	1	0	1
15	KSA – Saudi Arabia	0	0	2	2
16	MGL – Mongolia	0	0	1	1
	TOTAL	45	45	45	135

Ranked by gold, then silver, then bronze. Combined events (Men's Decathlon, Women's Heptathlon) counted as single finals. The Women's Heptathlon awarded no bronze (only two classified finishers); the Women's High Jump awarded two bronze (tie for 3rd). Totals balance at 45/45/45.



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:40

Men's 100m

Round 1 Heat 1/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	113	Hongyu Dai	CHN	5 Feb 2008	6	0.152	10.37Q
2	171	Chun Ting Kwok	HKG	17 Oct 2007	5	0.126	10.53Q
3	448	Faisal Hassan Alasmari	KSA	22 May 2008	7	0.143	10.59Q
4	476	Jonathan Philip Hoare	SGP	12 Jan 2009	8	0.116	10.67
5	292	Ahmad Basil Turki Ibrahim	JOR	22 May 2008	4	0.173	10.91
6	366	Chi Hin Kuong	MAC	2 Aug 2008	3	0.143	11.00

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:47

Men's 100m

Round 1 Heat 2/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	119	Juncheng Fang	CHN	15 Oct 2008	3	0.173	10.31Q
2	197	Yat Lok Chan	HKG	6 Jan 2007	2	0.134	10.52Q
3	382	Muhammad Dzul Danish Jamari	MAS	19 Sep 2007	4	0.168	10.56Q
4	410	Ahamed Qais Moosa Khamis Al Jabri Al Jabri	OMA	5 Jan 2008	5	0.179	10.69
5	145	Min-hao Li	TPE	10 Aug 2009	6	0.150	10.71
6	368	Hio Nam Kuok	MAC	6 Apr 2009	8	0.163	11.07
7	397	Enkhjavkhlan Enkhbold	MGL	22 Jun 2008	7	0.155	12.14

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:54

Men's 100m

Round 1 Heat 3/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +1.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	282	Tsubasa Yasukawa	JPN	14 Jul 2007	8	0.142	10.41Q
2	523	Anucha Sa-gabankhok	THA	22 Feb 2008	2	0.148	10.48Q
3	141	Chia-le Lin	TPE	3 Apr 2008	4	0.143	10.57Q
4	481	Qiyue Wang	SGP	12 Aug 2009	3	0.146	10.74
5	165	Cheuk Fung Jasper Koo	HKG	12 May 2008	7	0.171	10.76
6	511	Boburjon Azimov	TJK	14 Dec 2008	6	0.196	11.05 (11.042)
7	338	Lee Minjun	KOR	18 Nov 2007	5	0.126	11.05 (11.047)

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:01

Men's 100m

Round 1 Heat 4/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	524	Chutithat Pruksorranan	THA	24 Aug 2007	4	0.142	10.34Q
2	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	6	0.165	10.40Q
3	335	Kim Dongjin	KOR	9 Feb 2007	7	0.152	10.62Q
4	406	Prabin Rana	NEP	26 Apr 2009	5	0.152	10.82
5	512	Mahdi Aktamzoda	TJK	25 Dec 2008	3	0.205	11.49
6	390	Ahunaf Rayyaan Fahumee	MDV	2 Jul 2008	8	0.241	11.58
7	416	Pi Durden Wangkay	PHI	3 Feb 2009	2	0.181	18.53

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 16:45

Men's 100m

Semi Final Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	119	Juncheng Fang	CHN	15 Oct 2008	5	0.155	10.32Q	
2	171	Chun Ting Kwok	HKG	17 Oct 2007	4	0.137	10.36Q	HK U20 PB
3	282	Tsubasa Yasukawa	JPN	14 Jul 2007	7	0.140	10.42Q	
4	382	Muhammad Dzul Danish Jamari	MAS	19 Sep 2007	8	0.156	10.52	PB
5	523	Anucha Sa-gabankhok	THA	22 Feb 2008	6	0.139	10.53	
6	145	Min-hao Li	TPE	10 Aug 2009	9	0.153	10.67 (10.664)	
7	335	Kim Dongjin	KOR	9 Feb 2007	3	0.151	10.67 (10.666)	
8	476	Jonathan Philip Hoare	SGP	12 Jan 2009	2	0.112	10.68	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

HK U20 HK U20 Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 16:52

Men's 100m

Semi Final Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.9 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	113	Hongyu Dai	CHN	5 Feb 2008	6	0.151	10.23Q	PB
2	524	Chutithat Pruksorranan	THA	24 Aug 2007	5	0.139	10.32Q	PB
3	197	Yat Lok Chan	HKG	6 Jan 2007	7	0.119	10.34Q	HK U20 PB
4	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	4	0.141	10.38q	SB
5	141	Chia-le Lin	TPE	3 Apr 2008	3	0.131	10.48q	SB
6	448	Faisal Hassan Alasmari	KSA	22 May 2008	8	0.134	10.57	PB
7	410	Ahamed Qais Moosa Khamis Al Jabri Al Jabri	OMA	5 Jan 2008	2	0.155	10.72	
8	481	Qiyue Wang	SGP	12 Aug 2009	9	0.139	10.77	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
HK U20 HK U20 Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 19:50

Men's 100m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.2 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	113	Hongyu Dai	CHN	5 Feb 2008	4	0.153	10.28	TR7.1[C] YC
2	171	Chun Ting Kwok	HKG	17 Oct 2007	6	0.141	10.35 (10.346)	HK U20 PB
3	282	Tsubasa Yasukawa	JPN	14 Jul 2007	3	0.129	10.35 (10.350)	
4	119	Juncheng Fang	CHN	15 Oct 2008	7	0.156	10.36	
5	524	Chutithat Pruksorranan	THA	24 Aug 2007	5	0.139	10.38	
6	197	Yat Lok Chan	HKG	6 Jan 2007	8	0.149	10.41	
7	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	9	0.155	10.43	
8	141	Chia-le Lin	TPE	3 Apr 2008	2	0.144	10.61	

Legend:

HK U20 HK U20 PB Personal Best YC Yellow Card TR7.1[C] Improper conduct



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:35

Men's 200m

Round 1 Heat 1/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	473	Harry Irfan Curran	SGP	31 Jan 2008	3	0.130	21.23Q (21.224)	PB
2	334	Jun Chaemin	KOR	11 May 2008	5	0.163	21.23Q (21.229)	SB
3	165	Cheuk Fung Jasper Koo	HKG	12 May 2008	6	0.167	21.36Q	
4	448	Faisal Hassan Alasmari	KSA	22 May 2008	8	0.160	21.39	PB
5	138	Cheng-kuei Hsieh	TPE	19 Nov 2007	9	0.174	21.41	
6	410	Ahamed Qais Moosa Khamis Al Jabri Al Jabri	OMA	5 Jan 2008	7	0.175	22.13	
7	396	Batzorig Sarantuya	MGL	26 Jun 2007	4	0.148	22.58	PB

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:42

Men's 200m

Round 1 Heat 2/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: +0.7 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	9	0.163	20.98Q	PB
2	372	Lok Io Leong	MAC	24 Jan 2008	6	0.157	21.14Q	PB
3	169	Ching Hang Wesley Leung	HKG	11 Jan 2007	3	0.134	21.18Q	
4	142	Chih-hsiang Chung	TPE	18 Nov 2007	7	0.126	21.24	PB
5	383	Muhammad Sayyid Amin Roslan	MAS	18 Jan 2007	5	0.145	21.28	PB
6	533	Wirayut Daenkhanob	THA	29 Jan 2007	4	0.185	21.63	SB
7	512	Mahdi Aktamzoda	TJK	25 Dec 2008	2	0.173	23.18	
8	397	Enkhjavkhlan Enkhbold	MGL	22 Jun 2008	8	0.143	24.41	

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:49

Men's 200m

Round 1 Heat 3/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: -0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	118	Jinxin Chen	CHN	13 Nov 2007	7	0.177	20.92Q	PB
2	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	6	0.146	21.07Q	
3	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	3	0.152	21.35Q	
4	528	Phattarakorn Insaeng	THA	8 Dec 2008	8	0.171	21.57	PB
5	172	Chun Yin Cheung	HKG	27 Aug 2007	4	0.199	21.63	
6	511	Boburjon Azimov	TJK	14 Dec 2008	5	0.233	22.16	PB
	233	Rudra Sachin Shinde	IND	14 Mar 2007	9		DQ	TR16.8

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events PB Personal Best DQ Disqualified TR16.8 False start



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:56

Men's 200m

Round 1 Heat 4/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: +0.8 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	555	Abdul Quddus Ahmed Ali	UAE	21 Aug 2008	3	0.166	20.87Q	PB
2	335	Kim Dongjin	KOR	9 Feb 2007	8	0.145	20.96Q	PB
3	268	Chisei Tomono	JPN	28 Sep 2008	6	0.144	21.00Q	
4	124	Sihao Yu	CHN	21 Apr 2007	9	0.181	21.15q	PB
5	476	Jonathan Philip Hoare	SGP	12 Jan 2009	7	0.138	21.65	PB
6	567	Amir Ishankhodjaev	UZB	8 May 2007	5	0.168	21.89	
7	292	Ahmad Basil Turki Ibrahim	JOR	22 May 2008	4	0.210	22.36	

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 09:25

Men's 200m

Semi Final Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: -1.6 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	118	Jinxin Chen	CHN	13 Nov 2007	8	0.147	21.31Q	
2	334	Jun Chaemin	KOR	11 May 2008	4	0.150	21.41Q	
3	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	7	0.148	21.42Q	
4	372	Lok Io Leong	MAC	24 Jan 2008	9	0.140	21.44	
5	169	Ching Hang Wesley Leung	HKG	11 Jan 2007	5	0.130	21.58	
6	473	Harry Irfan Curran	SGP	31 Jan 2008	6	0.158	21.60	
7	142	Chih-hsiang Chung	TPE	18 Nov 2007	3	0.143	21.83	
8	383	Muhammad Sayyid Amin Roslan	MAS	18 Jan 2007	2	0.138	21.85	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 09:32

Men's 200m

Semi Final Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: +0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	555	Abdul Quddus Ahmed Ali	UAE	21 Aug 2008	7	0.179	21.01Q	
2	268	Chisei Tomono	JPN	28 Sep 2008	5	0.143	21.09Q	
3	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	8	0.163	21.15Q	
4	335	Kim Dongjin	KOR	9 Feb 2007	6	0.141	21.17q	
5	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	4	0.141	21.27q	
6	124	Sihao Yu	CHN	21 Apr 2007	3	0.169	21.34	
7	165	Cheuk Fung Jasper Koo	HKG	12 May 2008	9	0.162	21.40	
8	448	Faisal Hassan Alasmari	KSA	22 May 2008	2	0.148	21.75	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 18:50

Men's 200m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: -1.6 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	555	Abdul Quddus Ahmed Ali	UAE	21 Aug 2008	8	0.161	20.85	PB
2	118	Jinxin Chen	CHN	13 Nov 2007	7	0.158	21.12	
3	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	5	0.147	21.13	
4	498	Omel Shashantha Silva Jayathungelage	SRI	10 Dec 2007	9	0.151	21.21	
5	268	Chisei Tomono	JPN	28 Sep 2008	6	0.131	21.30	
6	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	3	0.165	21.32	
7	335	Kim Dongjin	KOR	9 Feb 2007	2	0.136	21.36	
8	334	Jun Chaemin	KOR	11 May 2008	4	0.149	21.37	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:40

Men's 400m

Round 1 Heat 1/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	437	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	6	0.168	46.57Q
2	283	Yohei Ozawa	JPN	31 Jul 2007	9	0.146	46.74Q
3	557	Saeed Shoaib Omar	UAE	9 Sep 2009	4	0.149	47.59Q
4	126	Xinlong Xu	CHN	14 Mar 2007	8	0.173	47.64
5	479	Lucas Bokai Hood	SGP	16 Aug 2007	7	0.173	49.14
6	182	Kwok Man Wong	HKG	19 Feb 2010	5	0.146	49.42
7	398	Mungunkhuyag Burentogtokh	MGL	15 Jun 2007	3	0.167	51.17

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:48

Men's 400m

Round 1 Heat 2/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	9	0.167	46.15Q
2	221	Mohammed Ashfaq	IND	26 Jun 2007	3	0.181	46.69Q
3	125	Weixin Ye	CHN	7 Sep 2007	5	0.171	46.89Q
4	198	Yau Nam Huang	HKG	29 Nov 2008	8	0.146	47.75
5	316	Nurzhan Seidрахman	KAZ	4 Dec 2007	6	0.160	49.20
6	474	Henry Shuheng Zhao	SGP	31 Aug 2008	4	0.173	49.62
7	514	Mullosafar Abubakr	TJK	10 Dec 2008	7	0.189	50.57

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:56

Men's 400m

Round 1 Heat 3/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	6	0.188	46.10Q
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	8	0.199	46.13Q
3	525	Khunaphat Kaijan	THA	23 Sep 2007	9	0.136	46.28Q
4	158	Zong-han Lyu	TPE	13 Sep 2007	7	0.159	47.09q
5	567	Amir Ishankhodjaev	UZB	8 May 2007	4	0.186	49.06
6	178	Ho Yat Isaac Liem	HKG	3 Oct 2008	3	0.152	49.31
7	540	Castro Amaral Belo Trindade	TLS	27 Mar 2010	5	0.175	58.25

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 11:04

Men's 400m

Round 1 Heat 4/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	6	0.166	47.28Q
2	529	Sarawut Nuansi	THA	17 Mar 2007	9	0.153	47.62Q
3	227	Piyush Raj Piyush Raj	IND	28 Jan 2007	5	0.150	48.57Q
4	414	Alfred Talplacido	PHI	21 Sep 2007	3	0.202	48.63q
5	319	Ratmir Giniyatulin	KAZ	3 Nov 2007	8	0.153	49.46
6	396	Batzorig Sarantuya	MGL	26 Jun 2007	7	0.167	49.91
7	391	Zu Iz Mohamed Suad	MDV	30 May 2007	4	0.161	51.16

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 19:00

Men's 400m

Semi Final Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	437	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	5	0.156	46.53Q
2	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	8	0.152	46.82Q
3	126	Xinlong Xu	CHN	14 Mar 2007	2	0.150	46.92Q
4	283	Yohei Ozawa	JPN	31 Jul 2007	7	0.174	47.04
5	221	Mohammed Ashfaq	IND	26 Jun 2007	6	0.166	47.06
6	557	Saeed Shoaib Omar	UAE	9 Sep 2009	4	0.145	47.10 PB
7	525	Khunaphat Kaijan	THA	23 Sep 2007	9	0.144	47.37
8	198	Yau Nam Huang	HKG	29 Nov 2008	3	0.171	48.23

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 19:08

Men's 400m

Semi Final Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	5	0.175	45.32Q	MR PB
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	6	0.157	45.37Q	MR PB
3	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	8	0.166	46.46Q	
4	125	Weixin Ye	CHN	7 Sep 2007	9	0.157	46.54q	PB
5	529	Sarawut Nuansi	THA	17 Mar 2007	7	0.148	46.93q	
6	158	Zong-han Lyu	TPE	13 Sep 2007	3	0.157	47.68	
7	227	Piyush Raj Piyush Raj	IND	28 Jan 2007	4	0.163	48.18	TR17.3.3[L]
8	414	Alfred Talplacido	PHI	21 Sep 2007	2	0.184	48.46	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

MR Meet Record Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best TR17.3.3[L] First lane infringement



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 19:05

Men's 400m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	8	0.152	44.85	MR PB
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	5	0.155	45.19	MR PB
3	437	Yousseuf Abdelaziz Djibrine	QAT	20 Jun 2007	7	0.141	45.58	PB
4	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	6	0.161	45.95 (45.943)	
4	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	9	0.163	45.95 (45.943)	PB
6	125	Weixin Ye	CHN	7 Sep 2007	2	0.149	46.65	
7	126	Xinlong Xu	CHN	14 Mar 2007	4	0.158	46.83	
8	529	Sarawut Nuansi	THA	17 Mar 2007	3	0.164	51.84	

Legend:

MR Meet Record PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:36

Men's 800m

Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	428	Kamal Talib	QAT	15 Jun 2008	7	1:58.67Q	
2	257	Mohammad Saleh Kamareh	IRI	14 Jul 2008	4	1:58.70Q	
3	458	Musaad Obaid M Alsubaie	KSA	20 Feb 2008	9	1:58.99	
4	571	Islomjon Tilaboldiev	UZB	16 Apr 2007	6	1:59.32	
5	203	Yung Sang Ma	HKG	29 Dec 2007	8	2:03.32	
6	540	Castro Amaral Belo Trindade	TLS	27 Mar 2010	5	2:17.27	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:44

Men's 800m Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	239	Venkatram Reddy Mogali	IND	9 Jul 2007	7	1:52.19Q	
2	318	Ramazan Shaiyev	KAZ	19 Sep 2008	9	1:52.52Q	
3	405	Badal Karki	NEP	27 Mar 2008	3	1:55.24	PB
4	480	Oliver Fiore	SGP	9 Oct 2009	4	1:55.93	
5	188	Nok Wang Wang	HKG	30 Mar 2008	5	1:57.40	
6	569	Azizbek Shukrullaev	UZB	26 Sep 2007	8	1:59.78	PB
7	395	Batjavkhlan Sergelenbat	MGL	19 May 2009	6	2:13.87	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:52

Men's 800m

Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	497	Nethsara Dineth Liyanage Gagabada Liyanage	SRI	8 Dec 2007	7	1:51.07Q	PB
2	266	Atsuki Watanabe	JPN	19 May 2007	8	1:51.14Q	
3	446	Aboud Ali A Faqihi	KSA	4 Mar 2008	4	1:55.03q	
4	373	Yuxuan Li	MAC	27 Aug 2007	6	1:55.29	
5	183	Lok Ching Wong	HKG	11 Nov 2009	9	1:56.49	PB
6	101	Pem Gyeltshen	BHU	28 Apr 2008	5	2:05.44	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 17:25

Men's 800m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	239	Venkatram Reddy Mogali	IND	9 Jul 2007	7	1:48.27	PB
2	497	Nethsara Dineth Liyanage Gagabada Liyanage	SRI	8 Dec 2007	8	1:49.22	PB
3	266	Atsuki Watanabe	JPN	19 May 2007	6	1:49.29	SB
4	428	Kamal Talib	QAT	15 Jun 2008	3	1:49.56	PB
5	318	Ramazan Shaiyev	KAZ	19 Sep 2008	5	1:50.19	PB
6	257	Mohammad Saleh Kamareh	IRI	14 Jul 2008	4	1:51.39	PB
7	446	Aboud Ali A Faqihi	KSA	4 Mar 2008	9	1:55.45	
8	405	Badal Karki	NEP	27 Mar 2008	2	1:55.96	

Legend:
PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 19:10

Men's 1500m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:27.72	Phanuel Kipkosgei?KOECH	KEN	20 Jun 2025
Asia U20	3:31.49	Bilal Mansour ALI	BRN	2 Jul 2007
Meet Record	3:39.85	Hamza DRIOUCH	QAT	10 Jun 2012
HK U20	3:57.37	WANG Nok Wang	HKG	9 Sep 2025

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	434	Mubarik Abdi Said	QAT	2 May 2008	11	3:44.40	
2	150	Tzu-chieh Chien	TPE	5 Apr 2007	12	3:45.58	
3	116	Jiahao Wang	CHN	13 May 2007	13	3:46.92	PB
4	428	Kamal Talib	QAT	15 Jun 2008	9	3:47.62	
5	270	Haruki Niizuma	JPN	17 May 2007	4	3:51.72	
6	257	Mohammad Saleh Kamareh	IRI	14 Jul 2008	6	3:54.97	PB
7	175	Ho Chun Au	HKG	24 Aug 2009	2	4:12.94	
8	541	Veldenisio Correia Maia Ximenes	TLS	22 Apr 2009	7	4:21.93	
9	370	Jiaming Huang	MAC	13 Jan 2007	10	4:25.21	
10	395	Batjavkhlan Sergelenbat	MGL	19 May 2009	5	4:32.05	PB
	405	Badal Karki	NEP	27 Mar 2008	8	DNF	
	497	Nethsara Dineth Liyanage Gagabada Liyanage	SRI	8 Dec 2007	1	DNF	
	449	Hashem Ahmed A Hakeem	KSA	19 Nov 2008	3	DNS	

Legend:
PB Personal Best DNF Did Not Finish DNS Did Not Start



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 18:10

Men's 3000m Steeplechase

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	7:58.66	Stephen CLARKE	KEN	24 Aug 2001
Asia U20	8:07.18	Musa Amer OBAID	QAT	24 Aug 2004
Meet Record	8:33.39	Musa Amer OBAID	QAT	13 Jun 2004
HK U20	9:30.87	LEUNG Tak Yeung	HKG	2 May 2021

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	223	Nikhil Chandrashekar	IND	15 Jan 2008	7	9:25.44	PB
2	285	Yuu Kato	JPN	4 Jan 2008	8	9:27.30	
3	415	Jerico Cadag	PHI	7 Nov 2007	4	9:35.10	
4	584	Shokhjakhon Khayrullaev	UZB	14 Jan 2008	11	9:45.14	
5	592	Luong Xuan Son	VIE	17 Apr 2007	2	9:46.42	
6	310	Kamil Salikhov	KAZ	9 May 2007	13	9:54.34	PB
7	485	Yejun Sung	SGP	3 Jan 2009	9	10:06.50	
8	308	Dosmukhammed Alibek	KAZ	7 Jan 2007	6	10:09.99	
9	399	Tsagaadai Angar	MGL	1 Apr 2008	10	10:12.60	PB
10	467	Ahmad Zubayr Bin Mohamed Imran	SGP	17 Mar 2009	1	10:21.07	PB
11	570	Bekhruz Shavkatov	UZB	18 Oct 2007	5	10:22.54	
12	170	Chun Hang Ho	HKG	6 Apr 2009	12	10:43.65	
13	362	Yisangsoun Laoli	LAO	19 Jul 2007	3	11:43.76	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 08:30

Men's 5000m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12:43.02	Selemon BAREGA	ETH	31 Aug 2018
Asia U20	13:17.10	Essa Ismail RASHED	QAT	29 May 2005
Meet Record	14:08.71	Sota ORITA	JPN	25 Apr 2024
HK U20	14:55.29	TSE Chun Yin	HKG	29 Dec 2019

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	278	Ryo Kurimura	JPN	4 Jul 2007	6	14:39.31	
2	585	Timur Nasimov	UZB	2 Apr 2008	8	15:34.09	
3	399	Tsagaadai Angar	MGL	1 Apr 2008	1	15:37.38	PB
4	568	Asilbek Tukhtamurodov	UZB	11 Jun 2009	4	15:41.22	
5	324	MAXIM Yeryomin	KAZ	22 Jun 2007	7	16:01.57	
6	193	Tak Chak Chung	HKG	22 Mar 2007	5	16:11.96	
7	303	Arman Syrymov	KAZ	19 Jun 2008	3	16:30.13	
8	541	Veldenisio Correia Maia Ximenes	TLS	22 Apr 2009	2	16:59.17	PB

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 11:25

Men's 110m H Round 1 Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: +0.9 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	273	Koki Takajo	JPN	22 Jul 2008	2	0.129	13.31Q	
2	154	Yi-xuan Chen	TPE	12 Oct 2007	6	0.125	13.32Q	PB
3	219	Kiran Kunchan	IND	21 Jan 2007	5	0.150	13.70Q	SB
4	196	Wai Kwan Leung	HKG	26 Jan 2008	9	0.128	13.83	PB
5	306	Bogdan Goncharov	KAZ	18 Jun 2007	4	0.141	13.89	PB
6	430	Mahamat Abakar Hissein	QAT	28 Feb 2008	3	0.170	14.02	PB
7	475	Je-an Garrett Chua	SGP	28 Feb 2008	7	0.160	14.06	PB
	130	Zihan Yan	CHN	25 Jan 2007	8	0.129	DNF	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best DNF Did Not Finish



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 11:33

Men's 110m H Round 1 Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: -0.3 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	271	Jeremy Koga	JPN	21 May 2007	6	0.143	13.49Q	
2	450	Hassan Essa B Haqawi	KSA	27 Jul 2008	1	0.138	13.59Q	PB
3	156	Yu-ci Wang	TPE	14 Mar 2008	3	0.141	13.76Q	
4	117	Jinkang Liang	CHN	27 Sep 2007	4	0.139	14.13	PB
5	176	Ho Lun Chong	HKG	4 Nov 2008	2	0.161	14.16	
6	246	Sean Putra Susilo	INA	18 Dec 2008	8	0.152	14.22	PB
7	495	Kaveesha Dilshan Kulathunga Kulathunga Mudiyansele	SRI	26 Sep 2007	9	0.152	14.25	
8	200	Yue Kiu Ng	HKG	5 Mar 2008	7	0.184	14.28	
9	586	Zayniddin Ravshanov	UZB	19 Jan 2008	5	0.165	14.53	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 17:55

Men's 110m H

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: -0.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	271	Jeremy Koga	JPN	21 May 2007	6	0.160	13.05	MR PB
2	273	Koki Takajo	JPN	22 Jul 2008	4	0.122	13.24	
3	154	Yi-xuan Chen	TPE	12 Oct 2007	5	0.117	13.46	
4	450	Hassan Essa B Haqawi	KSA	27 Jul 2008	7	0.167	13.57	PB
5	306	Bogdan Goncharov	KAZ	18 Jun 2007	2	0.141	13.75	PB
6	156	Yu-ci Wang	TPE	14 Mar 2008	8	0.158	13.77	
7	219	Kiran Kunchan	IND	21 Jan 2007	3	0.164	13.81	
8	196	Wai Kwan Leung	HKG	26 Jan 2008	9	0.164	14.23	

Legend:

MR Meet Record PB Personal Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 17:50

Men's 400m H Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	425	Faycal Mahamat Abdallah	QAT	19 Jan 2007	5	0.163	50.91Q	PB
2	501	Shavindu Nimasha Dias Maha Marakkala	SRI	2 Apr 2008	9	0.157	51.72Q	PB
3	460	Naif Rashid A Alsubaie	KSA	28 Jun 2007	6	0.225	52.22	
4	311	Kirill Savchenko	KAZ	22 Jan 2008	8	0.168	52.54	PB
5	166	Cheuk Hei Isaac Cheung	HKG	15 Feb 2009	3	0.147	53.39	PB
6	369	Iat Hin Huang	MAC	11 Aug 2009	7	0.153	54.44	PB
7	586	Zayniddin Ravshanov	UZB	19 Jan 2008	4	0.192	55.03	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:59

Men's 400m H Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	420	Abakar Idriss Djibrine	QAT	2 Nov 2008	9	0.174	51.62Q	PB
2	279	Shunta Ieiri	JPN	17 Apr 2007	2	0.172	51.76Q	SB
3	212	Amit Kumar	IND	14 Jan 2007	5	0.157	51.78	PB
4	149	Sin-you Tsai	TPE	19 Dec 2008	7	0.169	52.86	
5	315	Niyattulla Aibol	KAZ	22 Feb 2007	8	0.215	54.06	
6	185	Long Hei Cyrus Chung	HKG	24 Dec 2007	3	0.174	55.27	
7	293	Ammar Yaser Mahmoud Abu Sheikha	JOR	25 Oct 2008	4	0.223	56.31	
8	398	Mungunkhuyag Burentogtokh	MGL	15 Jun 2007	6	0.158	59.16	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 18:08

Men's 400m H Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	280	Taiju Goto	JPN	5 May 2009	3	0.145	50.80Q
2	217	Jashanpreet Singh Jashanpreet Singh	IND	10 Jan 2008	4	0.175	52.50Q
3	494	Kalpadith Hansaja Uyanwaththa	SRI	28 Jan 2007	8	0.216	52.86 =PB
4	468	Daryen Xin Tze Ko	SGP	12 Jan 2009	7	0.173	52.89 PB
5	190	Pak Hin Issac Tong	HKG	10 Jan 2008	9	0.159	55.22
6	515	Sharafullo Abulfayzov	TJK	25 Jul 2007	5	0.133	59.98
	154	Yi-xuan Chen	TPE	12 Oct 2007	6	0.170	DNF

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best DNF Did Not Finish



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:15

Men's 400m H

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	280	Taiju Goto	JPN	5 May 2009	6	0.155	49.25	MR PB
2	425	Faycal Mahamat Abdallah	QAT	19 Jan 2007	7	0.226	50.54	PB
3	460	Naif Rashid A Alsubaie	KSA	28 Jun 2007	2	0.157	51.08	
4	212	Amit Kumar	IND	14 Jan 2007	3	0.173	51.19	PB
5	501	Shavindu Nimasha Dias Maha Marakkala	SRI	2 Apr 2008	8	0.150	51.72 (51.716)	=PB
6	217	Jashanpreet Singh Jashanpreet Singh	IND	10 Jan 2008	9	0.167	51.72 (51.720)	PB
7	420	Abakar Idriss Djibrine	QAT	2 Nov 2008	5	0.155	52.03	
8	279	Shunta Ieiri	JPN	17 Apr 2007	4	0.168	52.25	

Legend:

MR Meet Record PB Personal Best



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 16:40

Men's High Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.37	Dragutin TOPIC	YUG	12 Aug 1990
Asia U20	2.33	ZHU Jianhua	CHN	1 Dec 1982
Meet Record	2.31	Mutaz Essa BARSHIM	QAT	3 Jul 2010
HK U20	2.12	HO Ho Wai	HKG	14 Sep 2025

Rank	Bib	Name	C/R	DoB	1.85	1.90	1.95	2.00	2.05	2.09	2.12	2.14	Result
					2.16	2.20	2.23						
1	216	Basant Basant	IND	7 Jan 2007	O	-	O	O	O	O	O	-	2.20
					XXO	O	XXX						
2	502	Tharusha Dinushan Mendis Agampodi	SRI	24 Mar 2008	-	-	O	O	XO	XO	XO	O	2.14
					XXX								
3	336	Kim Junki	KOR	26 Jul 2007	-	O	O	XO	O	XXO	XXO	X-	2.12
					XX								
4	484	Shou Yi Rei Tan	SGP	4 Dec 2008	-	-	O	XO	O	O	XXX		2.09 PB
5	189	Pak Hei Lai	HKG	20 Mar 2007	-	O	O	O	O	XXO	XXX		2.09 =PB
6	272	Keigo Nakamura	JPN	23 Jul 2007	-	-	XO	O	O	XXO	XXX		2.09
7	302	Anatoliy Lyutsko	KAZ	2 Oct 2007	-	O	O	XXO	O	XXO	XXX		2.09 PB
8	423	Abdulrahman Mohammed S M Al Malki	QAT	9 Sep 2007	-	-	O	O	XXX				2.00
9	123	Ruibo Gao	CHN	31 Jul 2007	O	XO	O	O	XXX				2.00 =SB
9	153	Yi-shiuan Lai	TPE	27 Mar 2008	O	O	XO	O	XXX				2.00
11	167	Chi Man Hui	HKG	28 Jun 2008	O	XXO	XXO	O	XXX				2.00

Legend:
PB Personal Best SB Season Best O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 16:40

Men's High Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.37	Dragutin TOPIC	YUG	12 Aug 1990
Asia U20	2.33	ZHU Jianhua	CHN	1 Dec 1982
Meet Record	2.31	Mutaz Essa BARSHIM	QAT	3 Jul 2010
HK U20	2.12	HO Ho Wai	HKG	14 Sep 2025

Rank	Bib	Name	C/R	DoB	1.85	1.90	1.95	2.00	2.05	2.09	2.12	2.14	Result
					2.16	2.20	2.23						
12	581	Samir Buvabekov	UZB	1 May 2007	O	O	O	XO	XXX				2.00
13	343	Yun Junho	KOR	26 May 2007	O	XO	XO	XXO	XXX				2.00
14	496	Nethra Chandupa Fernando Kalanchi Dewage	SRI	8 Jul 2007	-	-	O	XXX					1.95
15	201	Yuk Chun Jiang	HKG	25 Sep 2008	O	O	XO	XXX					1.95
15	143	Kai-lun Huang	TPE	7 Oct 2010	-	O	XO	XXX					1.95
17	313	Maxat Bazarbayev	KAZ	6 Sep 2009	O	O	XXO	XXr					1.95

Legend:

O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events r Retired from Competition



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:55

Men's Pole Vault

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	6.05	Armand?DUPLANTIS	SWE	12 Aug 2018
Asia U20	5.65	Masaki EJIMA	JPN	6 Jul 2017
Meet Record	5.51	Seifeldin ABDELSALAM	QAT	26 Apr 2024
HK U20	4.10	PANG Chi Sum	HKG	3 Jul 2011

Rank	Bib	Name	C/R	DoB	3.30	3.60	3.90	4.20	4.40	4.55	4.70	4.80	Result
					4.85	4.90	4.95	5.00	5.05	5.10	5.15	5.20	
					5.25	5.30	5.35	5.40	5.45	5.50	5.55		
1	121	Liang Zeng	CHN	16 Jan 2007	-	-	-	-	-	-	-	-	5.45
					-	-	-	-	-	O	-	O	
					-	X-	O	O	O	-	XXX		
2	276	Naoya Inoue	JPN	21 Jun 2007	-	-	-	-	-	-	-	-	5.40 PB
					-	-	-	O	-	-	-	XO	
					-	O	X-	XO	-	XXX			
3	422	Abdulla Saad J S Al-abdulla	QAT	26 Oct 2008	-	-	-	-	-	O	XO	XO	5.20 PB
					-	-	XO	-	XO	-	XXO	XXO	
					XX-	X							
4	455	Mohammed Radhi A Alqudaihi	KSA	16 Oct 2007	-	-	-	-	-	-	XO	-	4.90 =PB
					-	O	-	XXX					
5	307	Dmitriy Shkerdin	KAZ	17 Mar 2008	-	-	-	-	XO	O	O	XXX	4.70
6	168	Chi Yin Li	HKG	11 Jan 2007	XXO	O	XXX						3.60 PB
	530	Tanakorn Daengmanee	THA	30 Nov 2009	-	-	-	-	-	X-	-	-	NM
					-	-	-	r					

Legend:

PB Personal Best O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events r Retired from Competition

NM No valid trail record



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:55

Men's Pole Vault

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	6.05	Armand?DUPLANTIS	SWE	12 Aug 2018
Asia U20	5.65	Masaki EJIMA	JPN	6 Jul 2017
Meet Record	5.51	Seifeldin ABDELSALAM	QAT	26 Apr 2024
HK U20	4.10	PANG Chi Sum	HKG	3 Jul 2011

Rank	Bib	Name	C/R	DoB	3.30	3.60	3.90	4.20	4.40	4.55	4.70	4.80	Result
					4.85	4.90	4.95	5.00	5.05	5.10	5.15	5.20	
					5.25	5.30	5.35	5.40	5.45	5.50	5.55		
1	121	Liang Zeng	CHN	16 Jan 2007	-	-	-	-	-	-	-	-	5.45
					-	-	-	-	-	O	-	O	
					-	X-	O	O	O	-	XXX		
2	276	Naoya Inoue	JPN	21 Jun 2007	-	-	-	-	-	-	-	-	5.40 PB
					-	-	-	O	-	-	-	XO	
					-	O	X-	XO	-	XXX			
3	422	Abdulla Saad J S Al-abdulla	QAT	26 Oct 2008	-	-	-	-	-	O	XO	XO	5.20 PB
					-	-	XO	-	XO	-	XXO	XXO	
					XX-	X							
4	455	Mohammed Radhi A Alqudaihi	KSA	16 Oct 2007	-	-	-	-	-	-	XO	-	4.90 =PB
					-	O	-	XXX					
5	307	Dmitriy Shkerdin	KAZ	17 Mar 2008	-	-	-	-	XO	O	O	XXX	4.70
6	168	Chi Yin Li	HKG	11 Jan 2007	XXO	O	XXX						3.60 PB
	530	Tanakorn Daengmanee	THA	30 Nov 2009	-	-	-	-	-	X-	-	-	NM
					-	-	-	r					

Legend:

PB Personal Best O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events r Retired from Competition

NM No valid trail record



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:05

Men's Long Jump Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8.38	Mattia FURLANI	ITA	8 Jun 2024
Asia U20	8.31	SHI Yuhao	CHN	25 Jun 2017
Meet Record	8.05	WENG Yongfeng	CHN	13 Jul 2008
HK U20	7.89	LIN Mingfu	HKG	2 Mar 2023

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
1	236	Shahnavaz Khan	IND	2 Feb 2008	7.75 +1.0	X	X	X	7.68 +0.4	7.84 +0.8	7.84 +0.8		
2	218	Jithin Arjunan Raman Chandrasekaran	IND	11 Dec 2007	X	7.11 +1.4	7.66 +1.5	X	7.53 +0.4	7.50 +0.4	7.66 +1.5		
3	582	Sarvar Meyliyev	UZB	3 Apr 2007	7.27 +2.0	6.10 +0.9	7.60 +1.0	7.46 +0.5	7.42 +0.9	X	7.60 +1.0		PB
4	491	Herath Mudiyanseelage Deesara Sendil Herath	SRI	19 Aug 2008	7.13 +1.3	7.04 +1.1	7.44 +0.8	7.10 +1.0	7.38 +1.0	7.24 +0.9	7.44 +0.8		
5	477	Joshua Shyen Lee	SGP	12 Sep 2008	6.62 +0.6	X	7.42 +1.0	X	7.02 +1.3	X	7.42 +1.0		PB
6	300	Alexandr Kuzmichev	KAZ	12 Nov 2007	6.94 +1.6	7.13 +1.1	7.38 +1.1	6.91 +1.3	X	7.23 0.0	7.38 +1.1		PB
7	202	Yuk Pui Tsang	HKG	11 Dec 2007	7.15 +1.9	7.35 +1.1	7.17 +1.0	7.33 +0.9	6.03 +0.9	5.95 -0.4	7.35 +1.1		PB
8	332	Han Gyeol	KOR	27 Jul 2007	6.79 +1.3	6.96 +0.7	7.14 +1.3	X	7.34 +0.9	X	7.34 +0.9		
9	187	Man Long Yeung	HKG	10 Nov 2007	6.91 +2.1	X	7.00 +1.7				7.00 +1.7		
10	371	Kai Leong O	MAC	5 Apr 2008	X	6.70 +1.0	6.97 +1.7				6.97 +1.7		
11	181	Kwok Hay Lau	HKG	30 Oct 2008	6.77 +1.4	6.84 +2.1	6.91 +0.8				6.91 +0.8		
12	574	Khursandbek Mamatsalaev	UZB	28 Sep 2007	6.73 +1.1	6.52 +0.7	6.75 +0.8				6.75 +0.8		
13	294	Sief Addeen Emad Khader Alshamasneh	JOR	2 Jan 2009	5.74 +1.0	5.71 +1.3	6.35 +0.9				6.35 +0.9		

Legend:

PB Personal Best X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:05

Men's Long Jump Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8.38	Mattia FURLANI	ITA	8 Jun 2024
Asia U20	8.31	SHI Yuhao	CHN	25 Jun 2017
Meet Record	8.05	WENG Yongfeng	CHN	13 Jul 2008
HK U20	7.89	LIN Mingfu	HKG	2 Mar 2023

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
14	110	Chengyi Zhou	CHN	19 Feb 2008	X	5.98	r				5.98	+1.2	
15	337	Ko Junhee	KOR	12 Jul 2008	X	5.26	r				5.26	+1.1	
	132	Zishuo Wang	CHN	27 Sep 2007	r						NM		
	269	Daisuke Goto	JPN	1 Apr 2008							DNS		

Legend:

X Failed trial in Field Events r Retired from Competition NM No valid trail record DNS Did Not Start



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:40

Men's Triple Jump Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	17.75	Jaydon HIBBERT	JAM	1 Jun 2024
Asia U20	17.23	GU Junjie	CHN	26 Sep 2004
Meet Record	16.73	GU Junjie	CHN	31 Oct 2002
HK U20	15.24	CHAN Chi Keung	HKG	11 Sep 2022

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
1	129	Zhuoyue Wang	CHN	12 Jan 2007	16.38 -0.4	16.41 +0.2	14.61 0.0	16.42 +0.7	X	r	16.42 +0.7		SB
2	131	Ziqi Cai	CHN	10 May 2007	15.37 +0.5	16.03 -0.7	15.99 -0.4	13.51 +0.6	X	X	16.03 -0.7		SB
3	332	Han Gyeol	KOR	27 Jul 2007	15.09 -0.2	15.46 -0.5	15.59 +0.2	X	X	15.22 +0.2	15.59 +0.2		PB
4	503	Thehara Ravishka Fernando Salpadoruge	SRI	9 Feb 2007	15.40 -0.3	15.11 -0.4	15.13 -0.7	15.34 -0.1	15.07 -0.1	15.32 -0.2	15.40 -0.3		
5	579	Radmir Zaripov	UZB	13 Sep 2008	X	14.77 +0.1	15.12 +0.7	15.15 0.0	15.22 +0.1	X	15.22 +0.1		
6	500	Sasindu Hansana Jayasingha Ilandari Dewage	SRI	21 Jul 2008	14.86 +0.1	15.04 -0.1	15.06 +0.1	14.87 0.0	15.05 +0.1	14.86 0.0	15.06 +0.1		
7	195	Tin Long Yeung	HKG	22 Sep 2007	14.29 0.0	14.92 +0.2	13.81 +0.4	X	X	X	14.92 +0.2		PB
8	232	Royshan P	IND	28 May 2007	14.77 +0.2	X	14.87 0.0	X	14.83 +0.4	14.42 0.0	14.87 0.0		
9	445	Abdulrahman Ahmed A Mohammed	KSA	1 Sep 2008	14.83 0.0	14.84 -0.7	14.82 -0.2				14.84 -0.7		
10	574	Khursandbek Mamatsalaev	UZB	28 Sep 2007	14.38 0.0	14.74 +0.5	14.84 +0.5				14.84 +0.5		
11	164	Cheong Lok Wai	HKG	10 May 2008	14.84 -0.6	X	14.68 +0.5				14.84 -0.6		
12	173	Chun Yuen Chan	HKG	5 Jan 2009	X	14.72 +0.1	X				14.72 +0.1		
	269	Daisuke Goto	JPN	1 Apr 2008	X	r					NM 0.0		

Legend:

PB Personal Best SB Season Best X Failed trail in Field Events r Retired from Competition NM No valid trail record



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:40

Men's Triple Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	17.75	Jaydon HIBBERT	JAM	1 Jun 2024
Asia U20	17.23	GU Junjie	CHN	26 Sep 2004
Meet Record	16.73	GU Junjie	CHN	31 Oct 2002
HK U20	15.24	CHAN Chi Keung	HKG	11 Sep 2022

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
	309	Gleb Gladilov	KAZ	7 Mar 2007							DNS	0.0	

Legend:
DNS Did Not Start



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:30

Men's Shot Put Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	23.00	Jacko Gill	NZL	18 Aug 2013
Asia U20	20.63	LI Meng	CHN	21 Oct 2011
Meet Record	20.29	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HK U20	15.40	SIT Wai Lok	HKG	18 May 2019

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result
1	340	Park Sihoon	KOR	20 Feb 2007	19.74	19.98	20.65	20.22	X	X	20.65 AU20 PB
2	111	Chenqi Wu	CHN	26 Jan 2007	18.75	18.57	18.70	X	18.64	X	18.75 PB
3	461	Zayed Essam Z Albishi	KSA	27 Mar 2008	17.28	16.93	X	17.41	18.03	15.62	18.03 PB
4	281	Takara Ogaki	JPN	1 Sep 2008	17.02	16.73	16.44	17.24	17.36	X	17.36
5	469	Ding Rong Anson Loh	SGP	28 Apr 2008	17.02	17.21	X	16.25	17.04	17.29	17.29 PB
6	435	Saleh Adoum Mahamoud	QAT	11 Jun 2008	16.25	16.64	17.16	17.01	16.51	17.22	17.22
7	256	Kiyarash Kaboli	IRI	22 Aug 2008	16.53	16.63	16.92	X	X	17.22	17.22 PB
8	564	Abduazim Rakhmatulloev	UZB	22 Apr 2007	16.78	X	X	16.68	X	16.54	16.78
9	312	Konstantin Uteshev	KAZ	8 Feb 2007	16.46	16.62	15.52				16.62
10	322	Vadim Pessotskiy	KAZ	2 Jan 2008	15.74	16.02	15.87				16.02 PB
11	180	Kin Ming Wong	HKG	9 Jun 2007	14.38	14.42	14.22				14.42
12	291	Abdullah Jamal Mohammad Oweis	JOR	5 Jul 2007	13.29	13.55	X				13.55
13	539	Carlos Soares De Oliveira	TLS	25 Aug 2009	10.83	10.95	10.42				10.95
	152	Yi-hua Chen	TPE	28 Dec 2007	X	X	X				NM

Legend:

AU20 Asia U20 PB Personal Best X Failed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 08:30

Men's Discus Throw

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	71.37	Mika SOSNA	GER	10 Jun 2022
Asia U20	66.47	Moaaz Mohamed IBRAHIM	QAT	3 Feb 2018
Meet Record	63.17	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HK U20	46.56	CHUN Ho Miu	HKG	28 Mar 2026

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	314	Maxim Sazhnev	KAZ	17 Jun 2009	45.67	59.24	60.45	X	X	X	60.45	PB
2	224	Nishchay Nishchay	IND	27 Nov 2008	57.94	58.79	X	60.10	59.27	X	60.10	PB
3	426	Hamad Dhawi F D Alsultan	QAT	22 Jun 2008	59.47	56.83	X	X	X	57.93	59.47	PB
4	432	Mahamat Gueme Mahamat	QAT	17 Mar 2007	X	56.08	X	54.48	57.89	56.79	57.89	PB
5	120	Kamiran Abulikemu	CHN	5 Nov 2007	X	54.88	56.91	56.89	56.22	55.07	56.91	PB
6	255	Hamed Nafarshalamzari	IRI	29 Nov 2007	55.26	56.91	X	56.55	53.46	55.72	56.91	PB
7	342	Son Changhyun	KOR	21 Jan 2009	51.28	X	X	50.29	53.09	51.39	53.09	
8	564	Abduazim Rakhmatulloev	UZB	22 Apr 2007	47.27	49.92	50.00	X	X	51.31	51.31	
9	277	Ruku Azuma	JPN	13 Sep 2007	47.54	49.82	49.79				49.82	
10	453	Mohammed Essa A Alsubaei	KSA	26 Mar 2009	49.58	48.90	45.78				49.58	
11	151	Yao-kuan Cheng	TPE	3 Sep 2007	49.05	X	49.40				49.40	
12	469	Ding Rong Anson Loh	SGP	28 Apr 2008	41.29	48.88	X				48.88	
13	526	Korapat Pongsiripun	THA	5 Jan 2009	45.46	47.40	48.40				48.40	
14	291	Abdullah Jamal Mohammad Oweis	JOR	5 Jul 2007	48.40	X	X				48.40	PB
15	177	Ho Miu Chun	HKG	10 Jun 2008	X	43.49	47.16				47.16	HK U20 PB
16	301	Aliaidar Myrzagazyev	KAZ	17 Jul 2007	X	45.63	45.40				45.63	
17	144	Lu-pin-jun Lin	TPE	23 Apr 2007	37.99	45.23	X				45.23	
18	180	Kin Ming Wong	HKG	9 Jun 2007	X	36.59	35.85				36.59	

Legend:

HK U20 HK U20 PB Personal Best X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:10

Men's Hammer Throw Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	85.57	Ashraf ELSEIFY	QAT	4 Jul 2012
Asia U20	85.57	Ahmed AMJAD AI-SAIFI	KUW	14 Jul 2012
Meet Record	80.85	Ashraf Amgad ELSEIFY	QAT	11 Jun 2012
HKG All Comers	71.25	Hiroaki DOI	JPN	13 Dec 2009
HK U20	47.72	TSE Tat Man	HKG	24 Feb 2018

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result
1	109	Ankang Wang	CHN	3 Apr 2008	70.97	72.73	68.89	72.96	75.07	74.17	75.07
2	421	Abdelrahman Mohamed A M Ibrahim	QAT	4 Aug 2007	68.47	70.21	72.07	71.20	68.45	72.53	72.53
3	265	Andrew Atuobeng	JPN	29 Jan 2007	X	X	66.55	70.64	X	X	70.64
4	576	Mukhammadali Sodikov	UZB	24 Feb 2007	66.97	69.51	X	66.22	68.67	68.25	69.51
5	114	Huang Huang	CHN	20 Jul 2007	X	66.49	69.03	68.54	68.87	X	69.03
6	456	Mohammed Siraj M Alzayer	KSA	21 Sep 2008	65.40	66.45	66.36	67.59	X	64.27	67.59
7	215	Ashuvendra Pratap Singh	IND	24 Jun 2007	58.21	64.34	62.48	59.04	X	X	64.34
8	211	Aman Aman	IND	24 Nov 2007	59.91	X	63.40	X	61.05	X	63.40
9	252	Amirreza Ahanin Maram	IRI	20 Sep 2008	X	X	59.93				59.93
10	155	Yu-an Chien	TPE	18 Nov 2007	58.35	57.95	56.50				58.35
11	192	Pak Yin Chow	HKG	17 Sep 2008	49.04	47.78	X				49.04
12	186	Man Hei Li	HKG	2 Aug 2009	46.41	44.90	X				46.41
	144	Lu-pin-jun Lin	TPE	23 Apr 2007	X	X	X				NM
	339	Lee Dohyun	KOR	11 Sep 2007	X	X	X				NM

Legend:
X Failed trial in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 16:35

Men's Javelin Throw

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Asia U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Meet Record	77.97	Junya SADO	JPN	6 Jun 2016
HK U20	64.93	LAM Ming Yiu	HKG	15 Sep 2018

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	580	Ruslan Sadullaev	UZB	12 Aug 2008	61.81	71.38	71.89	75.01	69.32	67.00	75.01	PB
2	275	Leon Iwasaka	JPN	14 Jan 2008	64.62	66.89	70.46	X	67.22	70.24	70.46	PB
3	333	Jang Hajin	KOR	22 Jul 2008	69.57	70.31	68.12	68.19	66.95	67.24	70.31	
4	128	Zhaoyi Yang	CHN	11 Dec 2007	63.16	69.34	69.96	X	X	X	69.96	
5	214	Ashish Yadav	IND	11 Apr 2007	66.75	68.47	65.10	68.42	68.73	69.58	69.58	
6	147	Shao-en Chiu	TPE	7 Jan 2007	65.50	63.63	67.15	66.68	68.54	68.64	68.64	PB
7	157	Yu-kun Hung	TPE	8 Nov 2007	65.50	61.77	67.77	68.07	66.55	67.53	68.07	
8	565	Abduvali Saloev	UZB	18 May 2007	67.73	X	X	60.14	64.26	67.86	67.86	PB
9	472	Gabriel Ng	SGP	24 Jul 2008	56.18	56.78	61.00				61.00	PB
10	320	Shadiyar Kulatay	KAZ	14 Aug 2008	55.45	X	56.46				56.46	PB
11	194	Tin Ching Walter Yip	HKG	28 Jan 2008	55.72	54.39	55.03				55.72	
12	174	Ethan Kan	HKG	28 Nov 2008	53.10	54.96	X				54.96	
13	199	Yi Hin Wong	HKG	8 Feb 2007	51.52	50.95	44.52				51.52	

Legend:

PB Personal Best X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 08:30

Men's 100m Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +1.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts
1	228	Rahul Jakhar	IND	11 Sep 2008	1	0.144	10.70	929
2	238	Upkar Upkar	IND	16 Jun 2007	4	0.149	11.07 (11.062)	845
2	304	Askar Omirzak	KAZ	17 Sep 2008	9	0.144	11.07 (11.062)	845
4	274	Kotaro Ihara	JPN	2 Jan 2007	3	0.137	11.15	827
5	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	6	0.159	11.16	825
6	140	Cheng-yu Wu	TPE	25 May 2008	7	0.196	11.23	810
7	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	2	0.171	11.48	757
8	191	Pak Ki Wong	HKG	21 Mar 2009	8	0.154	11.50	753
9	572	Jakhongir Juraboev	UZB	9 Jan 2008	5	0.132	11.54	744



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:20

Men's Long Jump Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8.38	Mattia FURLANI	ITA	8 Jun 2024
Asia U20	8.31	SHI Yuhao	CHN	25 Jun 2017
Meet Record	8.05	WENG Yongfeng	CHN	13 Jul 2008
HKG All Comers	8.16	WANG Cheng	CHN	9 Jul 2000
HK U20	7.89	LIN Mingfu	HKG	2 Mar 2023

Rank	Bib	Name	C/R	DoB	1	2	3	Result Wind	Point Tot.Pts
1	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	X	6.73 -0.8	7.01 -1.0	7.01 -1.0	816 0
2	228	Rahul Jakhar	IND	11 Sep 2008	6.77 +0.5	6.71 +1.1	6.67 +0.1	6.77 +0.5	760 0
3	274	Kotaro Ihara	JPN	2 Jan 2007	6.15 +0.2	6.58 -0.4	6.53 -1.1	6.58 -0.4	716 0
4	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	6.14 -0.6	6.09 +0.9	6.57 -0.8	6.57 -0.8	713 0
5	238	Upkar Upkar	IND	16 Jun 2007	6.49 +0.1	X	6.48 -0.5	6.49 +0.1	695 0
6	140	Cheng-yu Wu	TPE	25 May 2008	6.45 -0.8	6.33 -1.4	X	6.45 -0.8	686 0
7	572	Jakhongir Juraboev	UZB	9 Jan 2008	6.15 -0.8	6.40 0.0	6.18 -2.0	6.40 0.0	675 0
8	304	Askar Omirzak	KAZ	17 Sep 2008	6.09 -1.1	5.88 +0.2	X	6.09 -1.1	606 0
9	191	Pak Ki Wong	HKG	21 Mar 2009	5.48 -1.2	5.53 -0.7	5.76 +0.1	5.76 +0.1	535 0

Legend:

X Failed trial in Field Events YC Yellow Card



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:45

Men's Shot Put Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	23.00	Jacko Gill	NZL	18 Aug 2013
Asia U20	20.63	LI Meng	CHN	21 Oct 2011
Meet Record	20.29	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HKG All Comers	20.41	ZHANG Jun	CHN	11 Dec 2009
HK U20	15.40	SIT Wai Lok	HKG	18 May 2019

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts
1	228	Rahul Jakhar	IND	11 Sep 2008	13.04	12.91	X	13.04	670 1689
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	12.25	12.63	12.19	12.63	645 1573
3	140	Cheng-yu Wu	TPE	25 May 2008	12.02	12.44	11.38	12.44	633 1496
4	304	Askar Omirzak	KAZ	17 Sep 2008	10.64	11.80	12.33	12.33	626 1451
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	11.37	12.32	X	12.32	626 1419
6	238	Upkar Upkar	IND	16 Jun 2007	12.14	12.05	11.27	12.14	615 1540
7	274	Kotaro Ihara	JPN	2 Jan 2007	9.68	11.20	X	11.20	558 1543
8	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	10.04	10.10	9.94	10.10	492 1538
9	191	Pak Ki Wong	HKG	21 Mar 2009	5.07	5.29	4.70	5.29	208 1288

Legend:
X Failed trial in Field Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 16:40

Men's High Jump Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.37	Dragutin TOPIC	YUG	12 Aug 1990
Asia U20	2.33	ZHU Jianhua	CHN	1 Dec 1982
Meet Record	2.31	Mutaz Essa BARSHIM	QAT	3 Jul 2010
HK U20	2.12	HO Ho Wai	HKG	14 Sep 2025

Rank	Bib	Name	C/R	DoB	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	Result	Point Tot.Pts
					1.81	1.84	1.87	1.90	1.93	1.96	1.99			
1	572	Jakhongir Juraboev	UZB	9 Jan 2008	-	-	-	-	O	O	O	O	1.93	740 2785
					O	O	XO	O	O	XXX				
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	-	-	-	-	-	O	O	XO	1.93	740 2958
					O	O	XXO	O	O	XXX				
3	228	Rahul Jakhar	IND	11 Sep 2008	-	-	-	O	-	O	-	O	1.93	740 3099
					O	XXO	XXO	XXO	XO	XXX				
4	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	-	O	-	XO	-	O	O	XO	1.84	661 2691
					O	O	XXX							
5	140	Cheng-yu Wu	TPE	25 May 2008	-	-	-	O	-	O	-	O	1.84	661 2790
					O	XO	XXX							
6	274	Kotaro Ihara	JPN	2 Jan 2007	-	-	-	-	XO	-	XXO	O	1.81	636 2737
					O	XXX								
7	238	Upkar Upkar	IND	16 Jun 2007	-	-	-	XO	O	O	O	O	1.81	636 2791
					XXO	XXX								
8	304	Askar Omirzak	KAZ	17 Sep 2008	O	O	O	O	O	O	XO	XO	1.78	610 2687
					XXX									
	191	Pak Ki Wong	HKG	21 Mar 2009	XXX								NM	1496

Legend:

O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 19:17

Men's 400m Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts
1	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	4	0.187	49.29	848 3539
2	304	Askar Omirzak	KAZ	17 Sep 2008	5	0.195	49.79	824 3511
3	228	Rahul Jakhar	IND	11 Sep 2008	2	0.157	50.25	803 3902
4	274	Kotaro Ihara	JPN	2 Jan 2007	3	0.147	50.66	784 3521
5	140	Cheng-yu Wu	TPE	25 May 2008	7	0.167	51.57	744 3534
6	238	Upkar Upkar	IND	16 Jun 2007	6	0.155	51.95	727 3518
7	572	Jakhongir Juraboev	UZB	9 Jan 2008	9	0.128	52.20	716 3501
8	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	8	0.159	55.89	564 3522
9	191	Pak Ki Wong	HKG	21 Mar 2009	1	0.188	57.81	491 1987



22nd Asian U20 Athletics Championships



Friday

29 May 2026

Men's 110m H Decathlon

START TIME 08:30

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: -1.8 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts
1	228	Rahul Jakhar	IND	11 Sep 2008	6	0.170	14.56	903 4805
2	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	1	0.160	14.67	890 4429
3	304	Askar Omirzak	KAZ	17 Sep 2008	4	0.136	14.75	880 4391
4	140	Cheng-yu Wu	TPE	25 May 2008	5	0.177	15.04	845 4379
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	9	0.142	15.07	841 4342
6	238	Upkar Upkar	IND	16 Jun 2007	3	0.164	15.50	790 4308
7	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	7	0.162	15.69	768 4290
8	274	Kotaro Ihara	JPN	2 Jan 2007	8	0.142	15.73	763 4284
9	191	Pak Ki Wong	HKG	21 Mar 2009	2	0.154	16.31	698 2685



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:10

Men's Discus Throw Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	71.37	Mika SOSNA	GER	10 Jun 2022
Asia U20	66.47	Moaaz Mohamed IBRAHIM	QAT	3 Feb 2018
Meet Record	63.17	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HK U20	46.56	CHUN Ho Miu	HKG	28 Mar 2026

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	304	Askar Omirzak	KAZ	17 Sep 2008	29.44	39.73	33.69	39.73	659 5050	
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	37.96	X	31.06	37.96	623 4913	
3	238	Upkar Upkar	IND	16 Jun 2007	33.24	X	36.60	36.60	596 4904	
4	228	Rahul Jakhar	IND	11 Sep 2008	36.47	X	X	36.47	593 5398	
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	X	X	33.88	33.88	541 4883	
6	274	Kotaro Ihara	JPN	2 Jan 2007	31.73	X	33.83	33.83	540 4824	
7	140	Cheng-yu Wu	TPE	25 May 2008	X	31.61	33.80	33.80	540 4919	
8	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	31.44	31.41	X	31.44	493 4922	
9	191	Pak Ki Wong	HKG	21 Mar 2009	12.10	12.29	12.51	12.51	136 2821	

Legend:

X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:53

Men's Pole Vault Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	6.05	Armand?DUPLANTIS	SWE	12 Aug 2018
Asia U20	5.65	Masaki EJIMA	JPN	6 Jul 2017
Meet Record	5.51	Seifeldin ABDELSALAM	QAT	26 Apr 2024
HK U20	4.10	PANG Chi Sum	HKG	3 Jul 2011

Rank	Bib	Name	C/R	DoB	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	Result	Point Tot.Pts
					3.80	3.90	4.00	4.10						
1	228	Rahul Jakhar	IND	11 Sep 2008	-	-	-	-	XO	O	O	XXO	4.00	617 6015
					XO	XXO	XXO	XXX						
2	140	Cheng-yu Wu	TPE	25 May 2008	-	-	-	-	-	XO	O	O	3.90	590 5509
					O	O	XXX							
3	274	Kotaro Ihara	JPN	2 Jan 2007	-	-	-	-	-	XO	-	O	3.90	590 5414
					-	XO	XXX							
4	238	Upkar Upkar	IND	16 Jun 2007	-	-	-	-	XO	O	O	XXO	3.90	590 5494
					O	XXO	XXX							
5	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	-	-	-	-	O	-	O	XO	3.80	562 5475
					O	XXX								
6	304	Askar Omirzak	KAZ	17 Sep 2008	-	-	-	-	-	-	-	XO	3.70	535 5585
					XXX									
7	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	-	-	O	-	O	XXO	O	XXO	3.70	535 5457
					XXX									
	572	Jakhongir Juraboev	UZB	9 Jan 2008	XXX								NM	4883
	191	Pak Ki Wong	HKG	21 Mar 2009	XXX								NM	2821

Legend:

O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:55

Men's Javelin Throw Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Asia U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Meet Record	77.97	Junya SADO	JPN	6 Jun 2016
HK U20	64.93	LAM Ming Yiu	HKG	15 Sep 2018

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	238	Upkar Upkar	IND	16 Jun 2007	60.67	56.18	55.90	60.67	748 6242	
2	228	Rahul Jakhar	IND	11 Sep 2008	55.49	51.18	55.15	55.49	670 6685	
3	274	Kotaro Ihara	JPN	2 Jan 2007	47.98	X	X	47.98	559 5973	
4	304	Askar Omirzak	KAZ	17 Sep 2008	45.24	45.67	43.30	45.67	525 6110	
5	140	Cheng-yu Wu	TPE	25 May 2008	37.24	40.15	44.73	44.73	511 6020	
6	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	41.97	37.33	40.92	41.97	471 5946	
7	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	28.63	28.58	23.93	28.63	280 5737	
8	191	Pak Ki Wong	HKG	21 Mar 2009	12.40	X	X	12.40	62 2883	
	572	Jakhongir Juraboev	UZB	9 Jan 2008				DNS	4883	

Legend:

X Failed trial in Field Events DNS Did Not Start



22nd Asian U20 Athletics Championships



Friday

29 May 2026

Men's 1500m Decathlon

START TIME 18:40

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:27.72	Phanuel Kipkosgei?KOECH	KEN	20 Jun 2025
Asia U20	3:31.49	Bilal Mansour ALI	BRN	2 Jul 2007
Meet Record	3:39.85	Hamza DRIOUCH	QAT	10 Jun 2012
HK U20	3:57.37	WANG Nok Wang	HKG	9 Sep 2025

Rank	Bib	Name	C/R	DoB	Order	Result	Point Tot.Pts	Remark
1	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	7	4:31.90	732 6469	
2	304	Askar Omirzak	KAZ	17 Sep 2008	3	4:42.56	664 6774	
3	140	Cheng-yu Wu	TPE	25 May 2008	4	4:45.72	645 6665	
4	238	Upkar Upkar	IND	16 Jun 2007	2	4:51.16	612 6854	
5	274	Kotaro Ihara	JPN	2 Jan 2007	5	4:53.87	596 6569	
6	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	6	5:07.80	516 6462	
7	228	Rahul Jakhar	IND	11 Sep 2008	1	5:10.73	500 7185	
8	191	Pak Ki Wong	HKG	21 Mar 2009	8	5:55.27	284 3167	



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 08:30

Men's Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Rk	Bib	Name	C/R	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m	Total Score	Score Behind
1	228	Rahul Jakhar	IND	10.70 (+1.4) 929	6.77 (+0.5) 760 1689	13.04 670 2359	1.93 740 3099	50.25 803 3902	14.56 (-1.8) 903 4805	36.47 593 5398	4.00 617 6015	55.49 670 6685	5:10.73 500 7185	7185	
2	238	Upkar Upkar	IND	11.07 (+1.4) 845	6.49 (+0.1) 695 1540	12.14 615 2155	1.81 636 2791	51.95 727 3518	15.50 (-1.8) 790 4308	36.60 596 4904	3.90 590 5494	60.67 748 6242	4:51.16 612 6854	6854	331
3	304	Askar Omirzak	KAZ	11.07 (+1.4) 845	6.09 (-1.1) 1451	12.33 626 2077	1.78 610 2687	49.79 824 3511	14.75 (-1.8) 880 4391	39.73 659 5050	3.70 535 5585	45.67 525 6110	4:42.56 664 6774	6774	411
4	140	Cheng-yu Wu	TPE	11.23 (+1.4) 810	6.45 (-0.8) 686 1496	12.44 633 2129	1.84 661 2790	51.57 744 3534	15.04 (-1.8) 845 4379	33.80 540 4919	3.90 590 5509	44.73 511 6020	4:45.72 645 6665	6665	520
5	274	Kotaro Ihara	JPN	11.15 (+1.4) 827	6.58 (-0.4) 716 1543	11.20 558 2101	1.81 636 2737	50.66 784 3521	15.73 (-1.8) 763 4284	33.83 540 4824	3.90 590 5414	47.98 559 5973	4:53.87 596 6569	6569	616
6	454	Mohammed Hezam B Alshahrani	KSA	11.16 (+1.4) 825	6.57 (-0.8) 713 1538	10.10 492 2030	1.84 661 2691	49.29 848 3539	14.67 (-1.8) 890 4429	31.44 493 4922	3.70 535 5457	28.63 280 5737	4:31.90 732 6469	6469	716
7	305	Ayan Zhanbakiyev	KAZ	11.48 (+1.4) 757	7.01 (-1.0) 816 1573	12.63 645 2218	1.93 740 2958	55.89 564 3522	15.69 (-1.8) 768 4290	37.96 623 4913	3.80 562 5475	41.97 471 5946	5:07.80 516 6462	6462	723
8	191	Pak Ki Wong	HKG	11.50 (+1.4) 753	5.76 (+0.1) 535 1288	5.29 208 1496	NM 1496	57.81 491 1987	16.31 (-1.8) 698 2685	12.51 136 2821	NM 2821	12.40 62 2883	5:55.27 284 3167	3167	4018
	572	Jakhongir Juraboev	UZB	11.54 (+1.4) 744	6.40 (0.0) 675 1419	12.32 626 2045	1.93 740 2785	52.20 716 3501	15.07 (-1.8) 841 4342	33.88 541 4883	NM 4883	DNS		DNF	

Legend:	DEC	Decathlon	DT	Discus Throw	HEP	Heptathlon	HJ	High Jump	
HT	Hammer Throw	JT	Javelin Throw	kW	km Race Walk	LJ	Long Jump	MAR	Marathon
PV	Pole Vault	SC	Steeplechase	SP	Shot Put	TJ	Triple Jump		

Legend:	NM	No valid trail record	DNF	Did Not Finish	DNS	Did Not Start
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22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 08:40

Men's 5000m Race Walk

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Asia U20	18:54.37	Nitin Gupta	IND	25 Apr 2026
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Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	225	Nitin Gupta Nitin Gupta	IND	1 Jan 2008	7	19:47.49	~08:58
2	148	Sheng-qin Lo	TPE	11 Oct 2008	2	19:56.17	>08:56
3	267	Chihiro Obata	JPN	27 Nov 2008	1	20:06.73	
4	122	Ninghao Zhu	CHN	20 Mar 2008	11	20:25.60	
5	341	Seo Beomsu	KOR	8 Oct 2007	6	20:52.26	~08:56 ~08:58 >08:59
6	237	Tushar Panwar	IND	20 May 2008	10	20:55.41	+30s TR54.7.4 >08:49 ~ 08:57 >09:00
7	112	Haoyang Shen	CHN	21 Apr 2010	8	21:00.83	
8	146	Ruei-kai Chen	TPE	15 Feb 2008	4	21:25.66	~08:51
9	321	Sherkhan Yegizbay	KAZ	22 Aug 2008	12	21:33.92	~08:56
10	583	Sherzod Zubaev	UZB	13 Jun 2007	5	22:42.87	>08:51
11	323	Yegor Strukov	KAZ	21 Aug 2007	9	23:08.80	
12	578	Ozodbek Saidov	UZB	8 Nov 2007	3	23:36.44	

Legend:

> Bent Knee(Race Walking) ~ Loss of Contact(Race Walking)



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:05

Men's 3000m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	7:28.19	Yomif?KEJELCHA	ETH	27 Aug 2016
Asia U20	7:47.65	Aadam Ismaeel KHAMIS	BRN	22 Jun 2006
HK U20	8:41.02	HIDEO HARRY LOASBY	HKG	27 Mar 2015

Rank	Bib	Name	C/R	DoB	Order	Result
1	434	Mubarik Abdi Said	QAT	2 May 2008	9	7:56.08 PB
2	150	Tzu-chieh Chien	TPE	5 Apr 2007	8	8:00.42 PB
3	284	Yota Mashiko	JPN	3 Aug 2007	6	8:00.86
4	240	Vikas Kumar	IND	15 Jan 2008	2	8:24.88 PB
5	139	Cheng-yu Wang	TPE	18 Aug 2009	3	8:25.90 PB
6	505	Vidushan Periyana Rajendran	SRI	28 Jan 2007	7	8:42.13
7	570	Bekhruz Shavkatov	UZB	18 Oct 2007	5	8:44.91
8	585	Timur Nasimov	UZB	2 Apr 2008	10	8:54.90
9	234	Sandeep Yadav	IND	27 Aug 2007	11	9:07.42
10	193	Tak Chak Chung	HKG	22 Mar 2007	1	9:10.50
11	175	Ho Chun Au	HKG	24 Aug 2009	12	9:52.85
	188	Nok Wang Wang	HKG	30 Mar 2008	4	DNF

Legend:
PB Personal Best DNF Did Not Finish



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 09:25

Men's 4x100m Relay

Round 1 Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	38.51	South Africa U20	RSA	22 Aug 2021
Asia U20	38.99	National Junior Team	JPN	28 Sep 2025
Meet Record	39.30	JPN - Japan	JPN	28 Oct 2002
HK U20	39.67	Hong Kong, China	HKG	27 Apr 2024

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		TPE - Chinese Taipei	6	0.162	40.03Q	
	141	Chia-le Lin				
	158	Zong-han Lyu				
	138	Cheng-kuei Hsieh				
	142	Chih-hsiang Chung				
2		KOR - Korea	4	0.132	40.04Q	
	331	Choi Myungjin				
	335	Kim Dongjin				
	330	Choi Seongwon				
	334	Jun Chaemin				
3		HKG - Hong Kong, China	5	0.154	40.19Q	
	197	Yat Lok Chan				
	165	Cheuk Fung Jasper Koo				
	169	Ching Hang Wesley Leung				
	172	Chun Yin Cheung				
4		MAS - Malaysia	8	0.132	40.25	
	383	Muhammad Sayyid Amin Roslan				
	380	Danish Irfan Tamrin				
	384	Muhammad Umaira Subri				
	382	Muhammad Dzul Danish Jamari				
		TJK - Tajikistan	7	0.130	DQ	TR24.7
	514	Mullosafar Abubakr				
	512	Mahdi Aktamzoda				
	515	Sharafullo Abulfayzov				
	511	Boburjon Azimov				

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events DQ Disqualified TR24.7 Passing the baton outside the takeover zone (early takeover)



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 09:35

Men's 4x100m Relay

Round 1 Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	38.51	South Africa U20	RSA	22 Aug 2021
Asia U20	38.99	National Junior Team	JPN	28 Sep 2025
Meet Record	39.30	JPN - Japan	JPN	28 Oct 2002
HK U20	39.67	Hong Kong, China	HKG	27 Apr 2024

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		THA - Thailand	4	0.141	40.28Q	
	532	Thiraphat Anantarattanakun				
	524	Chutithat Pruksorranan				
	528	Phattarakorn Insaeng				
	523	Anucha Sa-gabankhok				
2		IND - India	8	0.161	40.30Q	
	233	Rudra Sachin Shinde				
	213	Anshu Rajak Anshu Rajak				
	210	Aditya Tatyia Pisal				
	226	Nived Krishan Jyothi prakash				
		KSA - Saudi Arabia	5	0.168	DQ	TR24.7
	444	Abdullah Nasser A Aljarian				
	452	Hussain Moneer A Alabdulbaqi				
	448	Faisal Hassan Alasmari				
	457	Mubarak Salem M Alyami				
		MAC - Macao, China	7	0.172	DQ	TR24.7
	368	Hio Nam Kuok				
	366	Chi Hin Kuong				
	367	Chon Hei Lei				
	372	Lok Io Leong				
		CHN - People's Republic of China	6	0.177	DNF	
	113	Hongyu Dai				
	124	Sihao Yu				
	118	Jinxin Chen				
	119	Juncheng Fang				
		SGP - Singapore	9	0.155	DNF	
	477	Joshua Shyen Lee				
	476	Jonathan Philip Hoare				
	481	Qiyue Wang				
	473	Harry Irfan Curran				

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events DQ Disqualified DNF Did Not Finish TR24.7 Passing the baton outside the takeover zone (early takeover)



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 17:50

Men's 4x100m Relay

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	38.51	South Africa U20	RSA	22 Aug 2021
Asia U20	38.99	National Junior Team	JPN	28 Sep 2025
Meet Record	39.30	JPN - Japan	JPN	28 Oct 2002
HK U20	39.67	Hong Kong, China	HKG	27 Apr 2024

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		KOR - Korea	5	0.127	39.75	
	331	Choi Myungjin				
	335	Kim Dongjin				
	330	Choi Seongwon				
	334	Jun Chaemin				
2		THA - Thailand	7	0.135	39.83	
	532	Thiraphat Anantarattanakun				
	524	Chutithat Pruksorranan				
	528	Phattarakorn Insaeng				
	523	Anucha Sa-gabankhok				
3		TPE - Chinese Taipei	8	0.137	39.86	
	141	Chia-le Lin				
	158	Zong-han Lyu				
	138	Cheng-kuei Hsieh				
	142	Chih-hsiang Chung				
4		HKG - Hong Kong, China	4	0.149	39.96 (39.953)	
	197	Yat Lok Chan				
	165	Cheuk Fung Jasper Koo				
	169	Ching Hang Wesley Leung				
	172	Chun Yin Cheung				
5		MAS - Malaysia	9	0.144	39.96 (39.956)	
	383	Muhammad Sayyid Amin Roslan				
	380	Danish Irfan Tamrin				
	384	Muhammad Umaira Subri				
	379	Danish Iftikhar Muhammad Roslee				
6		IND - India	6	0.138	40.11	
	233	Rudra Sachin Shinde				
	220	Mehebulul Ahamed				
	210	Aditya Tatyia Pisal				
	226	Nived Krishan Jyothi prakash				



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 10:00

Men's 4x400m Relay

Round 1 Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:00.33	United States U20	USA	23 Jul 2017
Asia U20	3:04.11	National Junior Team	JPN	27 Jul 2014
Meet Record	3:07.38	JPN - Japan	JPN	30 Sep 1999
HK U20	3:14.26	Hong Kong, China	HKG	14 Jun 2014

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		QAT - Qatar	7	0.177	3:08.25Q	
	431	Mahamat Abdallah A Abdelsadick				
	433	Mohammed Musa A Musa				
	436	Samir Moussa Hassan				
	425	Faycal Mahamat Abdallah				TR7.1[C]
2		IND - India	6	0.169	3:08.95Q	
	222	Nakul Prabhu				
	235	Sayed Sabeer Sayed Sabeer				
	209	Abhay Kumar Dubey				
	229	Ranjith Kumar S Ranjith Kumar S				
3		THA - Thailand	5	0.200	3:11.45Q	
	527	Namchok Phuphaeng				
	522	Adisak Pornsomphot				
	531	Thiradet Bunchit				
	525	Khunaphat Kaijan				
4		HKG - Hong Kong, China	8	0.165	3:15.85q	
	182	Kwok Man Wong				
	166	Cheuk Hei Isaac Cheung				
	178	Ho Yat Isaac Liem				
	198	Yau Nam Huang				
5		TJK - Tajikistan	4	0.185	3:30.53	
	514	Mullosafar Abubakr				
	512	Mahdi Aktamzoda				
	515	Sharafullo Abulfayzov				
	511	Boburjon Azimov				

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events YC Yellow Card TR7.1[C] Improper conduct



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 10:10

Men's 4x400m Relay

Round 1 Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:00.33	United States U20	USA	23 Jul 2017
Asia U20	3:04.11	National Junior Team	JPN	27 Jul 2014
Meet Record	3:07.38	JPN - Japan	JPN	30 Sep 1999
HK U20	3:14.26	Hong Kong, China	HKG	14 Jun 2014

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		SRI - Sri Lanka	7	0.175	3:11.55Q	
	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele				
	504	Thisen Ranvidu Wasanthapali Omaththa Pathirage				
	493	Irosha Sankalpa Edirisingha Edirisingha Appuhamilage				
	498	Omel Shashantha Silva Jayathungalage				
2		CHN - People's Republic of China	8	0.149	3:14.89Q	
	125	Weixin Ye				
	127	Yongjie Li				
	115	Jia Yang				
	126	Xinlong Xu				
3		KAZ - Kazakhstan	6	0.186	3:16.21Q	
	319	Ratmir Giniyatulin				
	311	Kirill Savchenko				
	317	Pavel Kulikov				
	316	Nurzhan Seidrahman				
4		SGP - Singapore	9	0.163	3:16.28q	
	468	Daryen Xin Tze Ko				
	479	Lucas Bokai Hood				
	482	Sean Gerard Tze You Yoo				
	474	Henry Shuheng Zhao				
5		MGL - Mongolia	5	0.165	3:29.39	
	398	Mungunkhuyag Burentogtokh				
	399	Tsagaadai Angar				
	396	Batzorig Sarantuya				
	397	Enkhjavkhlan Enkhbold				

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 18:15

Men's 4x400m Relay

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:00.33	United States U20	USA	23 Jul 2017
Asia U20	3:04.11	National Junior Team	JPN	27 Jul 2014
Meet Record	3:07.38	JPN - Japan	JPN	30 Sep 1999
HK U20	3:14.26	Hong Kong, China	HKG	14 Jun 2014

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		CHN - People's Republic of China	5	0.154	3:04.88	MR
	125	Weixin Ye				
	127	Yongjie Li				
	115	Jia Yang				
	126	Xinlong Xu				
2		QAT - Qatar	6	0.165	3:05.06	MR
	431	Mahamat Abdallah A Abdelsadick				
	433	Mohammed Musa A Musa				
	436	Samir Moussa Hassan				
	437	Youssef Abdelaziz Djibrine				
3		IND - India	7	0.187	3:05.54	MR
	227	Piyush Raj Piyush Raj				
	235	Sayed Sabeer Sayed Sabeer				
	229	Ranjith Kumar S Ranjith Kumar S				
	221	Mohammed Ashfaq				
4		SRI - Sri Lanka	8	0.186	3:05.60	MR
	499	Sadew Wimansa Rajakaruna Senarath Mudiyanse				
	504	Thisen Ranvidu Wasanthapali Omaththa Pathirage				
	492	Iresh Maduwantha Bogoda Bogodalage				
	498	Omel Shashantha Silva Jayathungalage				
5		THA - Thailand	9	0.174	3:06.82	MR
	527	Namchok Phuphaeng				
	529	Sarawut Nuansi				
	522	Adisak Pornsomphot				
	525	Khunaphat Kaijan				
6		SGP - Singapore	3	0.193	3:16.59	TR17.3.3[L]
	483	Sean Russell Tay				
	474	Henry Shuheng Zhao				
	482	Sean Gerard Tze You Yoo				
	479	Lucas Bokai Hood				
7		KAZ - Kazakhstan	4	0.171	3:16.68	
	316	Nurzhan Seidrahman				
	311	Kirill Savchenko				
	317	Pavel Kulikov				
	319	Ratmir Giniyatulin				
8		HKG - Hong Kong, China	2	0.160	3:18.16	
	182	Kwok Man Wong				
	166	Cheuk Hei Isaac Cheung				
	185	Long Hei Cyrus Chung				
	178	Ho Yat Isaac Liem				

Legend:
MR Meet Record TR17.3.3[L] First lane infringement



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:15

Women's 100m Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HKG All Comers	11.19	YAN Jian Kui	CHN	20 Apr 1998
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	693	Nipam Nipam	IND	20 Jun 2007	5	0.183	11.82Q
2	660	Pui Yi Yu	HKG	15 Feb 2007	3	0.153	11.89Q
3	636	Pei-rong Zhan	TPE	24 Oct 2007	2	0.151	11.90
4	790	Izzatul Musfirah Ahmad Kamal Azira	MAS	23 Feb 2008	6	0.174	11.95
5	795	Ziva Moosa Shafeeu	MDV	10 Jun 2007	7	0.170	12.29
6	821	Chloe Sarahena Hui En Tan	SGP	21 Oct 2008	4	0.215	12.35
7	858	Natthanicha Kaew-ana	THA	17 Mar 2008	8	0.194	12.36

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:22

Women's 100m Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HKG All Comers	11.19	YAN Jian Kui	CHN	20 Apr 1998
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +0.3 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	616	Xinxuan Chen	CHN	2 Jan 2009	3	0.135	11.48Q
2	879	Arwa Ashar Ali	UAE	30 Nov 2009	5	0.142	11.74Q
3	668	Wan Chi Wong	HKG	24 Mar 2007	4	0.154	11.95
4	639	Yi-han Su	TPE	10 Mar 2010	6	0.138	12.00
5	794	Ahnaa Nizaar	MDV	25 Jun 2007	9	0.162	12.27
6	893	Karina Karimova	UZB	9 Sep 2008	7	0.158	12.99
7	786	Jenjila Khounlivong	LAO	9 Nov 2007	8	0.174	14.15
8	867	Chelsia Bolo Soares Da Cruz	TLS	1 Feb 2009	2	0.220	14.25

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 09:29

Women's 100m Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HKG All Comers	11.19	YAN Jian Kui	CHN	20 Apr 1998
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +1.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	814	Dana Noor Salem	QAT	7 Oct 2009	4	0.159	11.47Q
2	881	Laila Safeenah Ahmed	UAE	28 Sep 2009	8	0.158	11.78Q
3	760	Yuliya Dyomkina	KAZ	18 Jul 2010	3	0.130	11.99
4	672	Wing Tung Wong	HKG	23 Mar 2009	6	0.143	12.06
5	612	Qian Zhang	CHN	13 Aug 2008	7	0.151	12.10
6	852	Chanthell Mauricette	THA	14 Jul 2008	5	0.131	12.11
7	830	Ying Tong, Shannon Tan	SGP	20 Nov 2009	9	0.139	12.75
8	799	Anuska Adhikari	NEP	13 Sep 2009	2	0.141	13.25

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 19:40

Women's 100m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	814	Dana Noor Salem	QAT	7 Oct 2009	6	0.140	11.47	=PB
2	616	Xinxuan Chen	CHN	2 Jan 2009	4	0.140	11.54	
3	693	Nipam Nipam	IND	20 Jun 2007	5	0.159	11.62	
4	636	Pei-rong Zhan	TPE	24 Oct 2007	9	0.188	11.86	PB
5	879	Arwa Ashar Ali	UAE	30 Nov 2009	7	0.158	11.92	
6	660	Pui Yi Yu	HKG	15 Feb 2007	8	0.147	11.93	
7	668	Wan Chi Wong	HKG	24 Mar 2007	2	0.162	11.95	
8	881	Laila Safeenah Ahmed	UAE	28 Sep 2009	3	0.176	11.99	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:10

Women's 200m Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: +0.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	836	Dilanma Ransini Perera Pathirana Unnehelage	SRI	17 Jan 2007	3	0.161	23.97Q	PB
2	682	Aarti Aarti	IND	8 Jun 2008	6	0.195	24.27Q	
3	668	Wan Chi Wong	HKG	24 Mar 2007	9	0.192	24.49	PB
4	794	Ahnaa Nizaar	MDV	25 Jun 2007	8	0.228	25.00	PB
5	857	Nattawadee Watarujikrit	THA	8 Mar 2009	7	0.168	25.06	PB
6	771	Kwon Yeeun	KOR	29 Jan 2009	5	0.148	25.51	
7	867	Chelsia Bolo Soares Da Cruz	TLS	1 Feb 2009	4	0.246	28.98	PB

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:17

Women's 200m Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: +0.9 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	625	Zhenglin Zhou	CHN	3 Dec 2008	4	0.219	23.70Q	PB
2	913	Le Thi Thao	VIE	26 May 2009	6	0.159	24.63Q	
3	814	Dana Noor Salem	QAT	7 Oct 2009	7	0.168	24.65	
4	795	Ziva Moosa Shafeeu	MDV	10 Jun 2007	3	0.190	25.25	SB
5	658	Man Yan Yip	HKG	19 Feb 2008	8	0.145	25.41	
6	859	Nichaphat Nunut	THA	15 Feb 2008	9	0.260	25.47	
7	893	Karina Karimova	UZB	9 Sep 2008	5	0.153	27.26	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:24

Women's 200m Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	839	Risansa Hirupama Kadupiti	SRI	5 Mar 2008	6	0.176	24.09Q	
2	686	Bhumika Sanjay Nehate	IND	13 May 2009	3	0.206	24.24Q	TR7.1[TR16.5.2][D] YC
3	661	Sin Ting Nicole Yau	HKG	8 Mar 2007	5	0.208	24.29q	SB
4	880	Ezza Nael Nasser	UAE	10 Sep 2009	9	0.215	24.62	
5	790	Izzatul Musfirah Ahmad Kamal Azira	MAS	23 Feb 2008	7	0.196	24.88	SB
6	799	Anuska Adhikari	NEP	13 Sep 2009	4	0.166	27.45	
	891	Gulhaya Chullieva	UZB	19 Aug 2007	8		DNS	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events q Qualified by time in Track Events SB Season Best DNS Did Not Start YC Yellow Card
TR7.1[TR16.5.2][D] Improper conduct, delaying the start



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 18:40

Women's 200m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: -1.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	836	Dilanma Ransini Perera Pathirana Unnehelage	SRI	17 Jan 2007	8	0.163	24.07 (24.062)	
2	625	Zhenglin Zhou	CHN	3 Dec 2008	7	0.242	24.07 (24.068)	
3	682	Aarti Aarti	IND	8 Jun 2008	5	0.157	24.12	PB
4	686	Bhumika Sanjay Nehate	IND	13 May 2009	9	0.193	24.13	PB
5	839	Risansa Hirupama Kadupiti	SRI	5 Mar 2008	6	0.187	24.15	
6	661	Sin Ting Nicole Yau	HKG	8 Mar 2007	3	0.153	24.36	
7	668	Wan Chi Wong	HKG	24 Mar 2007	2	0.159	24.69	
8	913	Le Thi Thao	VIE	26 May 2009	4	0.150	24.81	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:15

Women's 400m Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HKG All Comers	53.25	HUANG Xiaoxiao	CHN	30 May 2009
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	878	Aminat Kamarudeen	UAE	29 Aug 2007	7	0.183	54.10Q
2	699	Tahura Khatun	IND	6 Mar 2007	5	0.180	55.06Q
3	755	Sofya Kidenko	KAZ	18 Jan 2007	6	0.218	55.47
4	914	Le Thi Diem Hang	VIE	14 May 2007	4	0.149	56.27
5	621	Yuqian Tian	CHN	13 Apr 2007	2	0.204	56.30
6	840	Ronalee Malithi Anne Pieris Dajahetti Muhamderamge	SRI	4 May 2008	8	0.194	56.77
7	653	Jane Christa Ming Suet Karlsson	HKG	2 Jun 2007	9	0.160	57.45
	891	Gulhaya Chullieva	UZB	19 Aug 2007	3	0.247	DNF

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events DNF Did Not Finish



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:23

Women's 400m

Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HKG All Comers	53.25	HUANG Xiaoxiao	CHN	30 May 2009
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	877	Aisha Traiq Muhammad	UAE	13 May 2009	4	0.160	54.14Q
2	632	Chen-yu Liu	TPE	1 Jan 2007	5	0.168	54.58Q
3	753	Milana Zubareva	KAZ	22 May 2007	8	0.200	56.17
4	605	Jinyi Wang	CHN	19 Aug 2007	6	0.189	56.18
5	647	Chi Kiu Chow	HKG	7 May 2007	7	0.184	56.90
6	854	Montida Thongprachukaew	THA	26 Sep 2007	9	0.186	57.41
7	848	Diana Abdulloeva	TJK	4 Jan 2007	3	0.240	58.30
8	801	Sangita B K	NEP	12 Jan 2007	2	0.167	59.61

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 10:31

Women's 400m Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HKG All Comers	53.25	HUANG Xiaoxiao	CHN	30 May 2009
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	692	Neeru Pathak	IND	27 Jan 2007	7	0.168	54.42Q
2	638	Yi-cen Chen	TPE	5 Jun 2010	2	0.147	54.80Q
3	807	Jeralyn Rodriguez	PHI	17 May 2007	8	0.270	55.36q
4	766	Choi Jiwoo	KOR	2 Feb 2009	4	0.163	56.34
5	728	Saki Imamine	JPN	2 Mar 2008	5	0.181	56.50
6	904	Surayyo Zaripova	UZB	21 Jan 2007	9	0.227	57.00
7	666	Tsz Yan Cheng	HKG	25 Sep 2010	3	0.145	57.89
8	853	Jirawadee Watphet	THA	12 Apr 2008	6	0.175	57.98

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:55

Women's 400m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	878	Aminat Kamarudeen	UAE	29 Aug 2007	6	0.181	52.72	PB
2	638	Yi-cen Chen	TPE	5 Jun 2010	9	0.151	53.16	SB
3	692	Neeru Pathak	IND	27 Jan 2007	7	0.163	53.23	SB
4	699	Tahura Khatun	IND	6 Mar 2007	4	0.203	53.93	PB
5	877	Aisha Traiq Muhammad	UAE	13 May 2009	8	0.150	54.27	
6	632	Chen-yu Liu	TPE	1 Jan 2007	5	0.181	54.42	SB
7	755	Sofya Kidenko	KAZ	18 Jan 2007	2	0.158	54.75	PB
8	807	Jeralyn Rodriguez	PHI	17 May 2007	3	0.261	54.83	PB

Legend:
PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:20

Women's 800m Round 1 Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:54.01	Pamela JELIMO	KEN	29 Aug 2008
Asia U20	1:57.18	WANG Yuan	CHN	8 Sep 1993
Meet Record	2:02.66	LANG Yinglai	CHN	5 Nov 1997
HK U20	2:11.92	LI Yin Yee	HKG	3 Nov 1996

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	716	Hanon Sasaki	JPN	26 Jul 2007	5	2:10.72Q	
2	916	Vu Thi Tra My	VIE	1 Aug 2007	4	2:12.95Q	
3	706	Maryam Ahmadi Baloutaki	IRI	30 Oct 2007	7	2:14.58Q	SB
4	747	Darya Potocheskaya	KAZ	22 Oct 2010	9	2:18.08	
5	897	Mokhidil Mamajonova	UZB	13 May 2007	8	2:23.38	
6	667	Tsz Yiu Lee	HKG	26 Jul 2009	6	2:30.53	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:28

Women's 800m Round 1 Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:54.01	Pamela JELIMO	KEN	29 Aug 2008
Asia U20	1:57.18	WANG Yuan	CHN	8 Sep 1993
Meet Record	2:02.66	LANG Yinglai	CHN	5 Nov 1997
HK U20	2:11.92	LI Yin Yee	HKG	3 Nov 1996

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	620	Yue Deng	CHN	26 Jun 2007	6	2:13.26Q	
2	841	Tharushi Abhisheka Pemasiri Mahadura Gedara	SRI	30 Oct 2008	4	2:14.74Q	
3	904	Surayyo Zaripova	UZB	21 Jan 2007	5	2:15.40Q	
4	669	Wing Chi Lam	HKG	20 May 2010	9	2:17.82q	
5	800	Narayeni Bhandari	NEP	21 Dec 2007	7	2:17.87q	PB
6	737	Noora Shihab Ahmad Kuran	JOR	3 Aug 2007	8	2:22.88	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 17:15

Women's 800m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:54.01	Pamela JELIMO	KEN	29 Aug 2008
Asia U20	1:57.18	WANG Yuan	CHN	8 Sep 1993
Meet Record	2:02.66	LANG Yinglai	CHN	5 Nov 1997
HK U20	2:11.92	LI Yin Yee	HKG	3 Nov 1996

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	716	Hanon Sasaki	JPN	26 Jul 2007	8	2:05.44	SB
2	620	Yue Deng	CHN	26 Jun 2007	7	2:05.70	SB
3	841	Tharushi Abhisheka Pemasiri Mahadura Gedara	SRI	30 Oct 2008	6	2:07.10	PB
4	706	Maryam Ahmadi Baloutaki	IRI	30 Oct 2007	4	2:09.00	PB
5	916	Vu Thi Tra My	VIE	1 Aug 2007	5	2:12.40	
6	904	Surayyo Zaripova	UZB	21 Jan 2007	9	2:14.66	PB
7	669	Wing Chi Lam	HKG	20 May 2010	3	2:15.45	
8	800	Narayeni Bhandari	NEP	21 Dec 2007	2	2:17.30	PB

Legend:
PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 18:30

Women's 1500m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:51.34	Yinglai LANG	CHN	18 Oct 1997
Asia U20	3:51.34	LANG Yinglai	CHN	18 Oct 1997
Meet Record	4:11.89	QU Yunxia	CHN	14 Jun 1990
HK U20	4:26.95	CHAN Man Yee Maggie	HKG	28 Aug 1994

Rank	Bib	Name	C/R	DoB	Order	Result
1	841	Tharushi Abhisheka Pemasiri Mahadura Gedara	SRI	30 Oct 2008	2	4:31.41
2	706	Maryam Ahmadi Baloutaki	IRI	30 Oct 2007	10	4:33.35 PB
3	775	Song Dawon	KOR	2 Aug 2008	9	4:35.42
4	758	Viktoriya Melnikova	KAZ	31 Jan 2010	1	4:42.14
5	889	Dilnoza Hoshimova	UZB	11 Dec 2007	8	4:48.49
6	822	Hsin-wen Clara Chua	SGP	23 Apr 2007	11	4:50.60
7	737	Noora Shihab Ahmad Kuran	JOR	3 Aug 2007	3	4:51.54
8	800	Narayani Bhandari	NEP	21 Dec 2007	5	4:51.57 PB
9	676	Yuet Hei Ng	HKG	28 Oct 2010	7	4:52.18 PB
10	825	Manuela Sidhom	SGP	25 Jun 2008	4	4:55.75
11	896	Marjona Saydullaeva	UZB	15 Jun 2008	6	5:06.66

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:20

Women's 3000m Steeplechase

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8:58.78	Celliphine Chepteek?CHESPOL	KEN	26 May 2017
Asia U20	9:10.74	Winfred Mutile YAVI	BRN	20 Jul 2018
Meet Record	10:21.04	Chika MUKAI	JPN	6 Jun 2016
HK U20	11:28.54	HUI Kam Man	HKG	5 May 2013

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	726	Rei Taya	JPN	6 Mar 2009	10	10:22.52	
2	705	Hanieh Shah Pari	IRI	15 Jan 2007	9	10:26.34	PB
3	900	Sadafbonu Nusratilloeva	UZB	25 Feb 2008	7	10:37.32	PB
4	689	Mansi Avinash Yadav	IND	28 May 2007	5	10:45.34	PB
5	912	Dinh Thi Thu Huong	VIE	9 Mar 2007	1	10:48.45	PB
6	898	Nasimakhon Mamirova	UZB	13 Sep 2009	11	11:00.18	
7	767	Jin Minhee	KOR	1 Jun 2007	4	11:14.39	SB
8	757	Uldanay Abylkhan	KAZ	7 Jul 2007	8	11:45.52	
9	683	Aisha Verma	IND	1 Apr 2008	2	11:52.45	
10	633	Chia-chien Lin	TPE	30 Apr 2009	12	11:59.18	
11	657	Long Ching Yu	HKG	19 Apr 2009	6	12:00.96	
12	634	Chih-hsuan Chen	TPE	14 Apr 2010	3	12:53.89	

Legend:
PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 08:35

Women's 5000m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	14:30.88	Tirunesh DIBABA	ETH	11 Jun 2024
Asia U20	14:39.96	YIN Lili	CHN	23 Oct 1997
Meet Record	16:07.74	Haruka KYUMA	JPN	9 Jun 2012
HK U20	17:36.33	WRIGHT Cade Cameron	HKG	7 Apr 2019

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	691	Muskan Muskan	IND	10 Jun 2008	1	16:53.08	
2	768	Kim Hyojoo	KOR	2 Nov 2009	2	17:18.66	
3	900	Sadafbonu Nusratilloeva	UZB	25 Feb 2008	5	18:08.17	
4	827	Si En, Tabitha Ng	SGP	21 Mar 2009	4	18:59.13	
5	659	Pak Yin Katie Chan	HKG	16 Mar 2009	3	19:04.54	
6	657	Long Ching Yu	HKG	19 Apr 2009	6	20:18.68	



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 17:40

Women's 100m H Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.71	Britany ANDERSON	JAM	24 Jul 2019
Asia U20	12.92	SUN Hongwei	CHN	18 Oct 1997
Meet Record	13.45	ZHANG Yu	CHN	16 Jun 1990
HK U20	13.87	PAK Hoi Man Chloe	HKG	4 Nov 2023

Wind: +0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	606	Keyi Zhang	CHN	9 Aug 2009	7	0.158	13.38	MR
2	724	Nana Ishihara	JPN	7 May 2008	4	0.164	13.76	SB
3	742	Alina Golovina	KAZ	3 Jan 2008	5	0.172	13.93	PB
4	604	Jingyun Zhang	CHN	25 Oct 2008	3	0.188	14.05	PB
5	806	Jecel Vivas	PHI	9 Sep 2007	6	0.144	14.52	
6	652	Hoi Yiu Richelle Wo	HKG	11 Feb 2008	8	0.118	14.70	PB

Legend:

MR Meet Record PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:00

Women's 400m H Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	53.60	Sydney MCLAUGHLIN	USA	27 Apr 2018
Asia U20	54.40	WANG Xing	CHN	21 Oct 2005
Meet Record	56.60	WANG Xing	CHN	14 Jun 2004
HK U20	1:01.23	MA Ying Wen Ashleigh	HKG	8 Oct 2022

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	882	Mariam Kareem	UAE	25 Jan 2008	7	0.143	56.93	PB
2	632	Chen-yu Liu	TPE	1 Jan 2007	8	0.209	59.46	
3	750	Margarita Kossinova	KAZ	21 Aug 2010	4	0.245	1:01.06	PB
4	608	Liwei Wei	CHN	10 Feb 2007	9	0.171	1:01.13	SB
5	902	Shodiyona Rahmonova	UZB	13 Dec 2009	6	0.186	1:03.69	
6	806	Jecel Vivas	PHI	9 Sep 2007	5	0.168	1:03.76	
7	824	Kai Xin Tng	SGP	1 Sep 2010	3	0.162	1:05.68	
8	665	Tsz Sen Lai	HKG	9 Feb 2008	2	0.238	1:10.92	

Legend:
PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:45

Women's High Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.04	Yaroslava MAHUCHIKH	URK	30 Sep 2019
Asia U20	1.95	Tayana EFIMENKO	KGZ	6 Oct 1999
Meet Record	1.90	Svetlana RADZIVIL	UZB	16 Jul 2006
HK U20	1.80	FUNG Wai Yee	HKG	1 Oct 2011

Rank	Bib	Name	C/R	DoB	1.50	1.55	1.60	1.65	1.69	1.72	1.74	1.76	Result
					1.78	1.80	1.82	1.84	1.87	1.91	1.93	1.96	
1	694	Pooja Pooja	IND	21 Feb 2007	-	-	-	-	-	O	-	O	1.93 MR
					-	O	O	-	O	XO	O	XXX	
2	609	Meiqi Chen	CHN	4 Jan 2007	-	-	O	O	O	O	O	O	1.80 =SB
					O	XO	XX-	X					
3	635	Pei-hsuan Lin	TPE	11 Oct 2007	-	-	O	XO	O	O	XXX		1.72 SB
3	837	Mihinsa Dewmini Abeyrathna Demalaporuwe Kankanamalage	SRI	23 May 2008	-	O	O	O	XO	O	XXX		1.72
5	915	Mai Ngoc Anh	VIE	6 Aug 2008	-	-	O	XXO	O	XXX			1.69
6	754	Milena Merts	KAZ	16 Oct 2009	O	XO	O	O	XXO	XXX			1.69
7	828	Yen Young Amelia Goh	SGP	1 Sep 2008	-	O	O	XXX					1.60
7	748	Malika Zhomart	KAZ	12 Nov 2008	O	O	O	XXX					1.60
7	663	Sze Hei Heidi Lee	HKG	4 Jan 2008	O	O	O	XXX					1.60 =SB
10	650	Hay Tung Hayden Kwong	HKG	4 Jan 2010	O	O	XXO	XXX					1.60 =PB
11	662	Sum Yau Woo	HKG	30 Apr 2008	O	XO	XXX						1.55

Legend:

MR Meet Record PB Personal Best SB Season Best O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 09:30

Women's Pole Vault

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	4.71	Wilma?MURTO	FIN	31 Jan 2016
Asia U20	4.45	ZHANG Yingning	CHN	29 Oct 2006
Meet Record	4.25	XU Huiqin	CHN	11 Jun 2012
HK U20	3.10	LAU Yan Yuet	HKG	11 May 2025

Rank	Bib	Name	C/R	DoB	2.55	2.75	2.95	3.15	3.30	3.45	3.55	3.65	Result
					3.70	3.75	3.80	3.85	3.90	3.95	4.00	4.05	
					4.20								
1	617	Xiying Li	CHN	3 Nov 2007	-	-	-	-	-	-	-	O	4.05 SB
					-	XO	-	O	O	-	XO	XO	
					XXX								
2	746	Anna Cherkashina	KAZ	8 Apr 2008	-	-	-	-	-	-	O	-	4.00 PB
					XO	-	XO	-	XO	-	XO	XXX	
3	727	Saera Watanabe	JPN	24 Dec 2007	-	-	-	-	-	-	O	XO	3.80
					O	-	XO	-	XXX				
4	818	Ashlee Yuxi Ong	SGP	21 Jun 2007	-	-	-	-	-	O	O	XXO	3.65 PB
					XXX								
5	673	Yan Feng	HKG	21 Aug 2008	XO	O	XO	XXX					2.95 PB

Legend:
 PB Personal Best SB Season Best O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 16:30

Women's Long Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	7.14	Heike DAUTE	GDR	4 Jun 1983
Asia U20	6.80	PENG Fengmei	CHN	18 Apr 1998
Meet Record	6.56	WANG Kuo Huei	TPE	5 Nov 1997
HK U20	6.23	JIA Wai Yin	HKG	23 Jun 2025

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
1	611	Morong Liang	CHN	12 Apr 2009	5.59 +1.0	X	5.65 +0.4	5.85 -1.3	6.05 +0.8	6.04 -0.3	6.05	+0.8	SB
2	769	Kim Sooji	KOR	10 Apr 2007	5.94 -0.5	X	5.76 -0.4	5.51 -1.3	X	5.83 -0.5	5.94	-0.5	PB
3	731	Yuhi Narisawa	JPN	16 Jun 2007	X	5.93 +0.6	5.78 -0.8	X	X	X	5.93	+0.6	SB
4	820	Chloe En-ya Chee	SGP	31 Mar 2008	5.17 -0.8	X	5.40 -0.3	5.69 -1.3	5.82 -0.2	X	5.82	-0.2	SB
5	675	Yiu Gi Janice Cheung	HKG	28 Jan 2008	5.50 -1.9	X	X	5.80 +0.2	X	X	5.80	+0.2	
6	651	Hiu Yee Lie	HKG	1 Mar 2007	X	5.74 +1.2	X	5.75 +0.7	X	5.73 +0.6	5.75	+0.7	SB
7	905	Yana Normatova	UZB	30 Aug 2010	X	5.75 -0.3	5.72 -0.7	X	X	X	5.75	-0.3	PB
8	856	Natepriya Aroka	THA	10 Mar 2008	5.41 +1.7	3.78 +1.2	r				5.41	+1.7	PB
9	672	Wing Tung Wong	HKG	23 Mar 2009	5.35 -0.1	5.34 -1.4	X				5.35	-0.1	
10	890	Elyanura Olimboeva	UZB	5 Apr 2010	5.34 -0.9	X	X				5.34	-0.9	
	774	Oh Sohee	KOR	15 Mar 2007	X	r					NM	0.0	

Legend:

PB Personal Best SB Season Best X Failed trail in Field Events r Retired from Competition NM No valid trail record



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:00

Women's Triple Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	14.62	Tereza MARINOVA	BUL	25 Aug 1996
Asia U20	14.57	HUANG Qiuyan	CHN	19 Oct 1997
Meet Record	14.23	LI Jiahui	CHN	5 Nov 1997
HK U20	12.39	LOH Mei Sze	HKG	4 Nov 2007

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
1	619	Yiqing Xie	CHN	29 Jan 2009	X	12.96 +0.5	13.36 +1.3	12.95 +0.1	-	X	13.36 +1.3		
2	697	Sadhana Ravi	IND	16 Dec 2007	12.69 +0.3	12.50 +0.4	12.84 +0.5	12.26 +0.2	12.67 +1.5	12.78 +0.2	12.84 +0.5		
3	751	Mariya Chshipacheva	KAZ	22 Feb 2007	12.30 -0.5	12.70 0.0	12.46 +0.2	X	12.43 +1.2	X	12.70 0.0		PB
4	911	Chau Ngoc Quynh Anh	VIE	20 Feb 2007	X	12.55 -0.4	12.18 +1.1	12.40 -0.1	X	X	12.55 -0.4		
5	654	Kam Ching Huang	HKG	11 Feb 2007	12.06 -0.5	11.16 -0.4	X	12.17 -0.3	X	12.37 +2.2	12.37 +2.2		PB
6	856	Natepriya Aroka	THA	10 Mar 2008	X	12.26 -0.2	X	11.99 -0.2	X	11.77 +1.3	12.26 -0.2		
7	719	Kanon Okajima	JPN	22 Jan 2008	X	X	12.17 +1.7	11.54 -0.2	X	X	12.17 +1.7		
8	838	Oshini Kavindya Kodikara	SRI	24 Mar 2007	11.99 +0.5	X	12.05 +0.3	X	12.16 +1.1	12.09 +1.1	12.16 +1.1		
9	641	Zi-yun Zeng	TPE	14 Apr 2009	11.75 -0.5	12.00 +0.9	X				12.00 +0.9		
10	744	Alissa Issayeva	KAZ	8 Apr 2009	X	11.83 0.0	X				11.83 0.0		
	890	Elyanura Olimboeva	UZB	5 Apr 2010	X	X	X				NM 0.0		
	648	Chi Ting Kwok	HKG	9 Apr 2010	X	X	X				NM 0.0		
	655	Kun Wong	HKG	13 Jan 2007	X	X	X				NM 0.0		

Legend:

PB Personal Best X Failed trail in Field Events - Passed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:50

Women's Shot Put

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	20.54	Astrid KUMBERNUSS	GDR	1 Jul 1989
Asia U20	20.02	CHENG Xiaoyan	CHN	5 Jun 1996
Meet Record	18.66	QIU Qiaoping	CHN	16 Jun 1990
HK U20	12.86	HO Yin Chiu	HKG	21 Feb 2012

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	623	Yuxiao He	CHN	24 Nov 2007	X	15.07	15.15	15.30	15.03	X	15.30	
2	615	Xiaohan Zhai	CHN	9 Oct 2008	14.76	15.04	X	15.28	X	X	15.28	
3	773	Lee Yeram	KOR	17 Aug 2008	13.53	14.15	14.63	X	14.65	14.51	14.65	
4	720	Karina Yonekawa	JPN	9 Apr 2007	13.41	13.76	X	X	13.55	X	13.76	
5	656	Lok Yau Lee	HKG	20 Mar 2008	9.17	9.78	9.82	X	8.57	9.32	9.82	

Legend:

X Failed trial in Field Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:10

Women's Discus Throw

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	74.40	Ilke WYLUDDA	GDR	13 Sep 1988
Asia U20	66.08	CAO Qi	CHN	12 Sep 1993
Meet Record	62.54	XU Shaoyang	CHN	30 Oct 2002
HK U20	41.27	TO Yuen Kwan	HKG	6 Jun 2016

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	684	Amanat Kamboj	IND	18 Nov 2007	49.16	49.16	51.75	52.24	48.08	51.58	52.24	
2	601	Chenyi Ma	CHN	1 Jan 2008	50.46	X	X	51.30	50.41	51.11	51.30	
3	721	Koko Konda	JPN	9 May 2007	46.59	49.74	46.93	47.69	48.83	48.73	49.74	
4	895	Mahliyo Karimova	UZB	10 Aug 2008	42.40	41.20	43.75	42.16	36.19	41.65	43.75	
5	671	Wing Lam Venus Lo	HKG	25 Sep 2008	37.83	X	39.66	X	35.55	X	39.66	
6	756	Tomiris Yermatova	KAZ	24 Feb 2008	X	29.43	37.04	36.57	X	37.62	37.62	
7	743	Alina Yussupova	KAZ	12 Sep 2010	22.54	31.37	X	32.15	36.19	X	36.19	

Legend:
X Failed trial in Field Events



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 16:30

Women's Hammer Throw

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	77.24	Jiale ZHANG	CHN	2 Aug 2025
Asia U20	77.24	ZHANG Jiale	CHN	2 Aug 2025
Meet Record	66.10	ZHANG Wenxiu	CHN	28 Oct 2002
HK U20	48.07	TAM Hiu Ki	HKG	24 Sep 2016

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result
1	603	Jiajun Chen	CHN	1 Feb 2008	65.24	65.46	62.39	X	63.35	64.44	65.46
2	776	Yang Chaemin	KOR	21 Oct 2007	57.29	X	57.62	X	X	X	57.62
3	883	Salma Haitham Rashid Saeed Almarri	UAE	10 Sep 2008	51.31	55.42	X	X	54.70	55.02	55.42 PB
4	613	Shifan Xiao	CHN	27 Oct 2008	48.07	X	52.19	54.73	X	X	54.73
5	730	Yu Hasegawa	JPN	13 Mar 2008	47.43	X	50.83	X	51.32	51.75	51.75
6	892	Guzal Makhmudova	UZB	15 Apr 2008	41.63	46.78	X	46.21	43.23	X	46.78 PB
7	671	Wing Lam Venus Lo	HKG	25 Sep 2008	41.25	41.29	41.81	39.90	r		41.81 PB

Legend:

PB Personal Best X Failed trail in Field Events r Retired from Competition



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 16:45

Women's Javelin Throw

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	65.89	YAN Ziyi	CHN	3 Aug 2025
Asia U20	65.89	YAN Ziyi	CHN	3 Aug 2025
Meet Record	60.74	SUN Xiurong	CHN	6 Dec 1986
HK U20	48.63	KWONG Sze Oi Sarah	HKG	23 Jun 2025

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	640	Yu-chin Tai	TPE	11 Oct 2007	53.58	56.91	54.27	53.86	56.18	56.20	56.91	PB
2	805	Ana Bhianca Espenilla	PHI	1 Feb 2007	47.71	46.34	47.09	43.81	46.38	52.20	52.20	PB
3	770	Kim Minji	KOR	2 Jan 2007	49.07	X	X	51.51	50.64	X	51.51	PB
4	664	Sze Oi Sarah Kwong	HKG	15 Jun 2007	47.58	48.01	46.94	48.57	49.27	51.27	51.27	HK U20 PB
5	714	Ayaka Suzuki	JPN	13 Jun 2007	X	49.38	45.04	47.12	50.40	50.18	50.40	
6	618	Xueting Bai	CHN	8 Jun 2009	46.70	48.05	47.50	44.52	48.28	48.67	48.67	
7	622	Yuting Fang	CHN	24 Nov 2007	46.34	47.17	48.42	X	47.25	X	48.42	
8	695	Poonam Poonam	IND	22 Apr 2007	46.55	X	45.41	44.72	43.27	43.83	46.55	
9	899	Parizoda Talabova	UZB	10 Jul 2010	46.09	42.21	45.65				46.09	
10	674	Yan Yi Kwan	HKG	2 Mar 2008	42.49	X	X				42.49	
11	741	Aigerim Manasbay	KAZ	30 Oct 2007	35.12	40.96	42.23				42.23	
12	649	Cyrene Hui	HKG	5 Mar 2007	36.88	40.88	41.67				41.67	
13	855	Nalin Thongseenuch	THA	14 Sep 2010	41.04	X	X				41.04	

Legend:

HK U20 HK U20 PB Personal Best X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 09:10

Women's 100m H Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.71	Britany ANDERSON	JAM	24 Jul 2019
Asia U20	12.92	SUN Hongwei	CHN	18 Oct 1997
Meet Record	13.45	ZHANG Yu	CHN	16 Jun 1990
HK U20	13.87	PAK Hoi Man Chloe	HKG	4 Nov 2023

Wind: -1.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts	Remark
1	723	Mirei Eguchi	JPN	6 Mar 2009	4	0.134	13.70	1021	
2	635	Pei-hsuan Lin	TPE	11 Oct 2007	6	0.137	14.85	862	
3	670	Wing Hei He	HKG	30 Jun 2010	5	0.169	16.07	706	



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 09:45

Women's High Jump Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.04	Yaroslava MAHUCHIKH	URK	30 Sep 2019
Asia U20	1.95	Tayana EFIMENKO	KGZ	6 Oct 1999
Meet Record	1.90	Svetlana RADZIVIL	UZB	16 Jul 2006
HK U20	1.80	FUNG Wai Yee	HKG	1 Oct 2011

Rank	Bib	Name	C/R	DoB	1.30	1.33	1.36	1.39	1.42	1.45	1.48	1.51	Result	Point Tot.Pts
					1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75		
					1.78	1.81	1.84							
1	635	Pei-hsuan Lin	TPE	11 Oct 2007	-	-	-	-	-	-	-	-	1.69	842
					O	-	O	-	O	O	XXX			1704
2	723	Mirei Eguchi	JPN	6 Mar 2009	-	-	-	-	-	-	-	O	1.69	842
					O	O	O	XO	XO	XO	XXX			1863
3	670	Wing Hei He	HKG	30 Jun 2010	O	O	XO	XXX					1.36	470
														1176

Legend:

O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 16:30

Women's Shot Put Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	20.54	Astrid KUMBERNUSS	GDR	1 Jul 1989
Asia U20	20.02	CHENG Xiaoyan	CHN	5 Jun 1996
Meet Record	18.66	QIU Qiaoping	CHN	16 Jun 1990
HK U20	12.86	HO Yin Chiu	HKG	21 Feb 2012

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	723	Mirei Eguchi	JPN	6 Mar 2009	10.46	10.82	10.49	10.82	583 2446	
2	635	Pei-hsuan Lin	TPE	11 Oct 2007	9.65	9.80	9.50	9.80	516 2220	
3	670	Wing Hei He	HKG	30 Jun 2010	5.90	6.50	5.89	6.50	303 1479	



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:30

Women's 200m Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: -1.0 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts	Remark
1	723	Mirei Eguchi	JPN	6 Mar 2009	5	0.140	25.22	867 3313	
2	635	Pei-hsuan Lin	TPE	11 Oct 2007	4	0.139	26.86	724 2944	
3	670	Wing Hei He	HKG	30 Jun 2010	6	0.153	28.87	564 2043	



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 09:05

Women's Long Jump Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	7.14	Heike DAUTE	GDR	4 Jun 1983
Asia U20	6.80	PENG Fengmei	CHN	18 Apr 1998
Meet Record	6.56	WANG Kuo Huei	TPE	5 Nov 1997
HK U20	6.23	JIA Wai Yin	HKG	23 Jun 2025

Rank	Bib	Name	C/R	DoB	1	2	3	Result Wind	Point Tot.Pts	Remark
1	635	Pei-hsuan Lin	TPE	11 Oct 2007	5.25 +1.5	5.35 +1.3	5.21 +2.9	5.35 +1.3	657 3601	
2	670	Wing Hei He	HKG	30 Jun 2010	4.66 +1.4	5.00 +2.0	X	5.00 +2.0	559 2602	
	723	Mirei Eguchi	JPN	6 Mar 2009	X	r		NM 0.0	3313	

Legend:

X Failed trial in Field Events r Retired from Competition NM No valid trail record



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 10:15

Women's Javelin Throw Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	65.89	YAN Ziyi	CHN	3 Aug 2025
Asia U20	65.89	YAN Ziyi	CHN	3 Aug 2025
Meet Record	60.74	SUN Xiurong	CHN	6 Dec 1986
HK U20	48.63	KWONG Sze Oi Sarah	HKG	23 Jun 2025

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	635	Pei-hsuan Lin	TPE	11 Oct 2007	35.13	39.35	39.84	39.84	664 4265	
2	670	Wing Hei He	HKG	30 Jun 2010	18.47	20.07	17.60	20.07	290 2892	
	723	Mirei Eguchi	JPN	6 Mar 2009				DNS	3313	

Legend:
DNS Did Not Start



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

Women's 800m Heptathlon

START TIME 17:05

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:54.01	Pamela JELIMO	KEN	29 Aug 2008
Asia U20	1:57.18	WANG Yuan	CHN	8 Sep 1993
Meet Record	2:02.66	LANG Yinglai	CHN	5 Nov 1997
HK U20	2:11.92	LI Yin Yee	HKG	3 Nov 1996

Rank	Bib	Name	C/R	DoB	Lane	Result	Point Tot.Pts	Remark
1	635	Pei-hsuan Lin	TPE	11 Oct 2007	5	2:49.89	465 4730	
2	670	Wing Hei He	HKG	30 Jun 2010	6	3:18.80	210 3102	



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 09:10

Women's Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Rk	Bib	Name	C/R	100m H	HJ	SP	200m	LJ	JT	800m	Total Score	Score Behind
1	635	Pei-hsuan Lin	TPE	14.85 (-1.1) 862	1.69 842 1704	9.80 516 2220	26.86 (-1.0) 724 2944	5.35 (+1.3) 657 3601	39.84 664 4265	2:49.89 465 4730	4730	
2	670	Wing Hei He	HKG	16.07 (-1.1) 706	1.36 470 1176	6.50 303 1479	28.87 (-1.0) 564 2043	5.00 (+2.0) 559 2602	20.07 290 2892	3:18.80 210 3102	3102	1628
	723	Mirei Eguchi	JPN	13.70 (-1.1) 1021	1.69 842 1863	10.82 583 2446	25.22 (-1.0) 867 3313	NM (0.0) 3313	DNS		DNF	

Legend:		DEC	Decathlon	DT	Discus Throw	HEP	Heptathlon	HJ	High Jump
HT	Hammer Throw	JT	Javelin Throw	kW	km Race Walk	LJ	Long Jump	MAR	Marathon
PV	Pole Vault	SC	Steeplechase	SP	Shot Put	TJ	Triple Jump		

Legend:
NM No valid trail record DNF Did Not Finish DNS Did Not Start



22nd Asian U20 Athletics Championships



Thursday

28 May 2026

START TIME 08:40

Women's 5000m Race Walk

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Asia U20	20:37.70	JIN Bingjie	CHN	3 Mar 1990
Meet Record	21:45.24	WANG Yuntao	CHN	1 Nov 1997
HKG All Comers	25:31.74	LO Po Man	HKG	1 Jun 2008
HK U20	30:37.24	LEE Shan	HKG	7 Jul 2007

Rank	Bib	Name	C/R	DoB	Order	Result	
1	624	Yuyao Sun	CHN	26 Oct 2010	1	23:42.10	HK AC
2	772	Kwon Seorhin	KOR	28 Jan 2009	3	23:48.20	HK AC ~09:03
3	607	Lijia Tang	CHN	6 Oct 2008	5	24:28.04	HK AC
4	718	Kano Okada	JPN	26 Jan 2007	7	24:42.67	HK AC ~08:48
5	749	Margarita Storozhenko	KAZ	5 Jan 2008	6	24:54.95	HK AC ~08:59 >08:58 ~09:01
6	637	Ruei-yi Lin	TPE	30 Oct 2007	4	25:15.45	HK AC
7	808	Sep Blessee Placido	PHI	22 Sep 2007	2	26:39.63	

Legend:

HK AC HKG All Comers > Bent Knee(Race Walking) ~ Loss of Contact(Race Walking)



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 17:40

Women's 3000m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8:28.83	Zola BUDD	GBR	7 Sep 1985
Asia U20	8:36.45	MA Ningning	CHN	6 Jun 1993
Meet Record	9:04.36	Nozomi TANAKA	JPN	10 Jun 2018
HK U20	9:37.10	CHAN Man Yee Maggie	HKG	23 Aug 1994

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	614	Shuanglu Pan	CHN	14 Apr 2007	1	9:36.02	
2	705	Hanieh Shah Pari	IRI	15 Jan 2007	2	9:49.42	
3	889	Dilnoza Hoshimova	UZB	11 Dec 2007	3	10:29.72	PB
4	822	Hsin-wen Clara Chua	SGP	23 Apr 2007	4	10:36.05	
5	676	Yuet Hei Ng	HKG	28 Oct 2010	5	10:56.24	
6	896	Marjona Saydullaeva	UZB	15 Jun 2008	6	11:14.23	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 17:35

Women's 4x100m Relay

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	42.59	Jamaica U20	JAM	5 Aug 2022
Asia U20	44.44	Guangdong School Team	CHN	16 Aug 2019
Meet Record	44.75	CHN - China	CHN	20 Sep 1994
HK U20	45.84	HKG - Hong Kong, China	HKG	6 Jun 2016

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		CHN - People's Republic of China	8	0.150	44.78	
	606	Keyi Zhang				
	625	Zhenglin Zhou				
	612	Qian Zhang				
	616	Xinxuan Chen				
2		IND - India	4	0.147	45.05	
	687	Kajal Hirabhai Vaja				
	685	Bhavana G Bhavana G				
	682	Aarti Aarti				
	693	Nipam Nipam				
3		TPE - Chinese Taipei	6	0.135	45.61	
	638	Yi-cen Chen				
	632	Chen-yu Liu				
	636	Pei-rong Zhan				
	639	Yi-han Su				
4		HKG - Hong Kong, China	3	0.177	45.76	HK U20
	672	Wing Tung Wong				
	660	Pui Yi Yu				
	661	Sin Ting Nicole Yau				
	668	Wan Chi Wong				
5		UAE - United Arab Emirates	7	0.175	45.86	
	881	Laila Safeenah Ahmed				
	879	Arwa Ashar Ali				
	880	Ezza Nael Nasser				
	877	Aisha Traiq Muhammad				
6		THA - Thailand	9	0.192	46.21	
	861	Supawan Kongnil				
	859	Nichaphat Nunut				
	852	Chanthell Mauricette				
	857	Nattawadee Watarujikrit				
7		SGP - Singapore	2	0.169	46.61	
	826	Megan Anne Ka Mun Ying				
	824	Kai Xin Tng				
	821	Chloe Sarahena Hui En Tan				
	819	Caitlin Shan Wen Ng				
		KAZ - Kazakhstan	5	0.122	DQ	TR24.7
	759	Yelizaveta Gridassova				
	742	Alina Golovina				
	745	Angelina Shrubbyanets				
	760	Yuliya Dyomkina				

Legend:

HK U20 HK U20 DQ Disqualified TR24.7 Passing the baton outside the takeover zone (early takeover)



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

START TIME 18:05

Women's 4x400m Relay

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:27.60	United States U20	USA	18 Jul 2004
Asia U20	3:32.59	National Junior Team	CHN	20 Aug 2006
Meet Record	3:38.20	JPN - Japan	JPN	10 Jun 2018
HK U20	3:48.48	HKG - Hong Kong, China	HKG	6 Nov 2023

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		IND - India	7	0.222	3:38.07	MR
	686	Bhumika Sanjay Nehate				
	699	Tahura Khatun				
	698	Sehnoor Bawa				
	692	Neeru Pathak				
2		KAZ - Kazakhstan	8	0.172	3:43.63	
	753	Milana Zubareva				
	750	Margarita Kossinova				
	752	Mariya Zinevich				
	755	Sofya Kidenko				
3		HKG - Hong Kong, China	6	0.151	3:49.94	
	666	Tsz Yan Cheng				
	667	Tsz Yiu Lee				
	653	Jane Christa Ming Suet Karlsson				
	647	Chi Kiu Chow				

Legend:
MR Meet Record



22nd Asian U20 Athletics Championships



Saturday

30 May 2026

START TIME 19:30

Mixed's 4x400m Relay

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Asia U20	3:17.76	National Junior Team	IND	2 Aug 2022
Meet Record	3:22.46	CHN - China	CHN	26 Apr 2024

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		UAE - United Arab Emirates	7	0.137	3:18.81	MR PB
	557	Saeed Shoaib Omar (M)				
	878	Aminat Kamarudeen (W)				
	558	Suleiman Abdulrahman (M)				
	882	Mariam Kareem (W)				
2		TPE - Chinese Taipei	4	0.178	3:23.92	PB
	149	Sin-you Tsai (M)				
	632	Chen-yu Liu (W)				
	158	Zong-han Lyu (M)				
	638	Yi-cen Chen (W)				
3		SRI - Sri Lanka	8	0.190	3:28.66	
	499	Sadew Wimansa Rajakaruna Senarath Mudiyanse (M)				
	842	Warsha Devmini Wimalasekara Sakra Pedige (W)				
	498	Omel Shashantha Silva Jayathungalage (M)				
	840	Ronalee Malithi Anne Pieris Dajahetti Muhamderamge (W)				
4		KAZ - Kazakhstan	6	0.186	3:30.03	
	316	Nurzhhan Seidrahman (M)				
	753	Milana Zubareva (W)				
	317	Pavel Kulikov (M)				
	755	Sofya Kidenko (W)				
5		HKG - Hong Kong, China	9	0.161	3:31.28	PB
	178	Ho Yat Isaac Liem (M)				
	653	Jane Christa Ming Suet Karlsson (W)				
	198	Yau Nam Huang (M)				
	647	Chi Kiu Chow (W)				
6		THA - Thailand	3	0.174	3:32.97	PB
	531	Thiradet Bunchit (M)				
	854	Montida Thongprachukaew (W)				
	527	Namchok Phuphaeng (M)				
	860	Phichayapha Sukaue (W)				
		IND - India	5	0.186	DQ	TR17.2.3
	227	Piyush Raj Piyush Raj (M)				
	699	Tahura Khatun (W)				
	221	Mohammed Ashfaq (M)				
	692	Neeru Pathak (W)				

Legend:

MR Meet Record PB Personal Best DQ Disqualified TR17.2.3 Lane infringement