



4TH Asian U18 Athletics Championships
13-16/2022

KUWAIT



Team Manual

Contents

General Information

1. Organization
2. AAA Council Member/AAA Delegates
3. LOC
4. Schedule
5. Information about Kuwait
16. Medal Ceremony
17. Implements
18. Marker
19. Competition Procedure

Team service and Accreditation

1. Arrival
2. Accreditation
3. Accommodation
4. Transportation

Competition Information

1. Competition Management
2. Technical Officials
3. Dates
4. Competition Venue
5. Competition Events
6. Competition Schedule
7. Eligibility
8. Entries
9. Stadium Tour
10. Starter's Session
11. Technical Meeting
12. Athletes' Bibs
13. Team uniform
14. Spikes
15. TIC (Stadium)/ CID (Hotel)

Sporting Facilities

1. Stadium (Team Seats)
2. Coaches' Seats (Field Events)
3. Combined Events
4. Warm Up Area
5. Training Venue
6. Medical Service
7. Physiotherapy
8. Distribution of ice

Doping Control

Insurance

Agreement of Team Manual

Others (Appendix)

- Competition Schedule
- Implements List
- Maps

1. General

1.1 Organization

◆ WA

President: Lord Sebastian Coe

Address: 6 Quai Antoine 1er BP359 - MC 98007 Monaco

TEL: (377) 92 05 70 68

FAX : (377) 92 05 70 69

Web: <https://worldathletics.org>

◆ AAA

President: General Dahlan Al Hamad

Secretary General: A Shuggumarran

Address: 134 TUSC, Chiangrak Rd, Klongluang, Pathumthani

12121, THAILAND

Web: <http://athleticsasia.org/>

Mail : sec@asianathleticsassociation.org

◆ KAF

President: Sayar S. AL ANEZI

General Secretary : Dr. Manea Al Ajmi

Address : Fahad Barrak Al-Subaih Street,

Block 1 Kaifan stadium, KUWAIT

TEL : +965 248 37676 / +965 6691 6660 FAX : +965 24849535

Web : <http://www.kuwaf.org/site/en/> Mail : kuw@mf.worldathletics.org

1.2 AAA Council Members & AAA Delegates

Council Members

President	GEN. DAHLAN JAMAN B AL-HAMAD (QAT)
Senior Vice President	GEN. SURAPONG ARIYAMONGKOL (THA)
Vice President	MS WANG NAN (CHN) MR HIROSHI YOKOKAWA (JPN) MR MOHAMMAD JUMAH (KUW) GEN. (R) MUHAMMAD AKRAM SAHI (PAK) MR ANDREY ABDUVALIEV (UZB)
Secretary General	MR A SHUGGUMARRAN (SGP)
Individual Members	MR KWAN KEE (HKG) MR CHING CHENG WANG (TPE) MR TIGOR M. TANJUNG (INA) MR ROLAND SAADE (LBN) MR KARIM BIN IBRAHIM (MAS) MR TSEWANG RINZING (BHU) MR SHAGEA MOHAMMED AL-MAQDASHI (YEM) MAJ (R) MD TALIP MD TAHIR (BRU)
Women Members	MS STEPANISHEVA TATYANA (TKM) MS MALA SAKONHNINHOM (LAO) MS FILOMENA BARROS DOS REIS (TLS)

[AAA Delegates)

ORGANISATIONAL DELEGATE		MR.KWAN KEE (HKG)
TECHNICAL DELEGATES	1)	MR YUKIO SEKI (JPN)
	2)	MR JESUS TUBOG (PHI)
MEDICAL/DOPING DELEGATE	1)	DR SEYED ASHKAN ORDIBEHESHT (IRI)
DOPING CONTROL DELEGATE	2)	DR YEUNG SAI MO, SIMON (HKG)
JURY MEMBERS	1)	GEN.SURAPONG ARIYAMONGKOL (THA)
	2)	GEN. MUHAMMAD AKRAM SAHI (PAK)
	3)	MR C.K. VALSON (IND)

INTERNATIONAL TECHNICAL OFFICIALS (ITOs)

- 1) MR CHAN MAN HAU (HKG)
- 2) MR DWI PRIYONO (INA)
- 3) MR SEKINE HARUYUKI (JPN)
- 4) MR KOO BON CHIL (KOR)
- 5) MR SUPPIAH CHINATAMY(MAS)
- 6) MS OBIENA MA JEANETTE (PHI)
- 7) MR ABDUL HAKEEM AL-AMERI (QAT) CHIEF
- 8) MR VADIM NIGMATOV (TJK)

INTERNATIONAL WALK JUDGE (IWJs)

- 1) MS YEUNG MAN CHUN (HKG)
- 2) MR SARDJITO (INA) CHIEF
- 3) MR TOMOYA ISHII (JPN)
- 4) MR CHUNG YOUNGHOON (KOR)
- 5) MR HAMAD ABDULLAH A.AL-HINIW (KSA)
- 6) MR SINNAPPAN GOVINDARAJU (SGP)

INTERNATIONAL PHOTO FINISH JUDGE

- 1) MS NONGLUX PORNSIRISUTHANONT (THA)

INTERNATIONAL STARTER

- 1) MS MYLVAGANAM JAYALAXMI (SGP)

MEDIA PERSON

- 1) MR KARABALIN SUNKAR BOLATOVICH (KAZ)

INTERNATIONAL PHOTOGRAPHER

- 1) MR EDWIN KOO KAH HENG (SGP)

1.3 Schedule

Oct 11 th			Arrival of Teams	
Oct 11 th		18:00	Deadline for submitting Questions for the Technical Meeting	Hotel CID
Oct 12 th		10:00	Technical Meeting	Hotel
Oct 12 th		11:30	Stadium Tour	Conference hall, Stadium
Oct 12 th		14:00~16:00	Practice with Official Starter	Main Stadium
Oct 12 TH		19:00 (tbc)	AAA Dinner (by invitation only)	
Oct 13 th		14:30	Opening Ceremony (14:00 Pre-Event)	
		18:00	Final Banquet / Closing Ceremony	
Oct 17 th			Departure of Teams	

1.4 Information about Kuwait

1.4.1 Local Time

Kuwait is 3 hours ahead of the Greenwich Mean Time (GMT)

1.4.2 Currency: Kuwait currency is Kuwaiti Dinar

1KD : 3.30USD

Currency exchange services are available at the airport and banks (Please check the opening hours).

1.4.3 Tipping

Not required in Kuwait.

1.4.4 Drinking water

Tap water is not safe to drink in Kuwait.

1.4.5 Electricity

In Kuwait the power plugs and sockets are of type C and G. The standard voltage is 240 V and the standard frequency is 50 Hz.

In Kuwait the power plugs and sockets are of type C and G. Check out the following pictures.

- Type C: also known as the standard "Euro" plug. This socket also works with plug E and plug F.
- Type G: this type is of British origin. This socket only works with plug G.



Type C: This socket also works with plug E and F



Type G: This socket has no alternative plugs

1.4.6 Climate

The weather in Kuwait is comfortable with average temperature fluctuating between 19.9°C (67.8°F) and 14.7°C (58.5°F).

1.5 Information about Kuwait Prefecture

Kuwait, country of the Arabian Peninsula located in the northwestern corner of the Persian Gulf. Kuwait is one of the smallest countries in the world in terms of land area but they are in the top-10 of the wealthiest countries in the world (per capit

2.Team Service and Accreditation

2.1 Visa Information

The Organizer will issue Visa for all Participating countries. The Team are requested to submit their passport well in advance to avoid delay.

2.2 Arrival

2.2.1 Welcome Service at the Airport

The LOC will extend you a warm welcome at Kuwait International Airport, with staffs holding the Championships' signboard. Transportation from the airport to the Hotels will be provided without any delay.

2.2.2 Volunteer

There will be no team attaches, however, volunteers will be assigned at hotels, stadium, airport. and other necessary places to assist you.

2.3 Accreditation

Accreditation card will be prepared for security reason, and you are requested to wear the AD card at all times. **AD cards will be Issued upon arrival at the Hotel. In order to receive the AD cards and hotel keys, the team leader must settle all extra costs, and there will be NO exception to this rule.**

For access to some areas, special passes are needed together with personal accreditation, and this will be explained at the Technical Meeting. **Two TIC** passes will be given to each team.

2.4 Accommodation

2.4.1 Headquarters Hotel Crown Plaza will be AAA Officials Hotel

2.4.2 Athletes' Hotel

After we close the final entry, we will assign each team to one of the following hotels.

1. Hotel Courtyard
2. Hotel Residence inn
3. Millennium Central
4. Panorama
5. Ibis
6. Swiss Belinn Bneld Alger
7. Swiss Belinn sharq
8. Alhamra Sharq

2.4.3 Accommodation Payments

For each team, full-board accommodation (with twin sharing basis and 3 meals for officials and athletes within the number of quotas will be paid by the LOC during the specified period. The official period will be for arrival on October 11th and on Depart on 17th October 2022 **Accommodation costs for officials and athletes outside of quota, for single room occupancy, and for stays outside the above specified periods, are at the charges of each Member Federation.** A team leader will be accommodated in a single room except in special circumstances where number of single rooms are restricted. Other team officials will be accommodated on twin-sharing basis. For additional persons

or extra days, please refer to the following for the charges per person including 3 meals per day.

Please note that the Accommodation Invoice for Teams will be based on the information submitted on the Final Entry Forms. When your federation receives the invoice, you are requested to settle the amount by credit card by informing us of your credit card information or by making remittance to the bank account. The account details for wiring the cost will be attached to the invoice. **NO cancellation of rooms will be accepted after 25th September 2022 and it will be subject to 100% cancellation charge. Cancellation of rooms within the Quota is liable to 100% cancellation charge as well, and each ME must pay the cost.**

■ Additional cost for all Hotels are as follows:

Single Room including 3 meals	USD 145/per room
Twin Room including 3 meals	USD 180/per room

■ Check in/out time for all Hotels

Check in time 1400hrs and checkout time 1100hrs.

If you need to use the rooms before the check-in time or after the check-out time, you must contact the LOC at kuw@mf.worldathletics.org in advance to make reservation for extra hours at your own cost.

2.4.4 Meals

Restaurants will be set up at each hotel and will be admitted to these restaurants by presenting AD cards. The opening hours for the restaurants will be adjusted in accordance with competition schedule and will be posted at the CID of each hotel.

In consideration of religious and cultural dietary prohibitions and differing individual nutritional policies, meals will be served in buffet style, and menu cards displaying main ingredients will be provided for each menu.

2.4.5 Internet

Internet access will be available at the Stadium's Team Area and in all hotel rooms free of charge.

2.4.6 Meeting Room

A reservation for a Meeting Room can be arranged at the CID, but the cost must be borne by each team. Availability of the room depends on the situation of the hotel and is not always guaranteed.

2.4.7 Religious Services

There is religious service room available in the hotel and stadium.

2.5 Transportation

Transportation between Kuwait International Airport and each hotel will be provided. During the Championships, shuttle bus services will be provided between each hotel and the Stadium. The bus schedule will be displayed at the CID of each hotel. AD card will be required to use the bus services.

3. Competition Information

3.1 Competition Management

KAF shall be responsible for the organization and management of the athletics competition under the guidance of AAA. The athletics competition shall be held in accordance with the current WA Rules. In case of disagreement over the interpretation of the Rules, the English text shall prevail. Any unforeseen incidents not covered by the Rules shall be resolved by Technical Delegates in accordance with the AAA Constitution and the Rules of the WA.

3.2 Technical Officials

The Championships shall be conducted by KAF accredited Technical Officials. The AAA shall appoint International Technical Officials (ITOs) for the management of this athletics competition.

3.3 Dates

The 4th Asian Youth Athletics Championships shall take place from October 13th to 16th October 2022.

3.4 Competition Venue

The venue of the competition will be Ahmed Al Rashdan Track & Field Stadium. The stadium has WA Class 2 Certificate with eight-lane synthetic track.

3.5 Competition Events

There are 40 events, including 20 boy's and 20 girl's events. The events are as follow

EVENTS FOR BOYS (20)	EVENTS FOR GIRLS (20)
<p>↔ Track Events: 11</p> <p>100m 200m 400m 800m 1500m 3000m 110m Hurdles 400m Hurdles 2000m Steeplechase 10000m Walk Medley Relay</p> <p>↔ Jumping Events: 4</p> <p>High Jump Pole Vault Long Jump Triple Jump</p> <p>•!• Throwing Events: 4</p> <p>Shot Put Discus Throw Hammer Throw Javelin Throw</p> <p>•!• Combined Events:1</p> <p>Decathlon</p>	<p>↔ Track Events: 11</p> <p>100m 200m 400m 800m 1500m 3000m 100m Hurdles 400m Hurdles 2000m Steeplechase 5000m Walk Medley Relay</p> <p>•!• Jumping Events: 4</p> <p>High Jump Pole Vault Long Jump Triple Jump</p> <p>↔ Throwing Events:4</p> <p>Shot Put Discus Throw Hammer Throw Javelin Throw</p> <p>•!• Combined Events:1</p> <p>Heptathlon</p>

3.6 The Competition Schedule

The competition schedule is attached in the Appendix.

However, this schedule is subject to change depending on the final number of participating athletes. Updated competition schedule will be delivered at the Technical Meeting on 12th October 2022 at 10:00hrs. Final competition schedule is to be confirmed each day by Technical Delegates after final confirmation.

3.7 Eligibility

3.7.1 Eligibility

Only competitors whose countries and regions are members of the AAA and complying with the Constitution and Rules of the AAA are entitled to participate.

3.7.2 Individual events

Each AAA Member Federation may enter 2 competitors for each individual event.

However, the Host Country may enter three (3) competitors for each individual event.

3.7.3 The maximum number of events that an athlete can compete in is two individual events

plus the Relay. If the two individual events are Track Events, only one of these

two individual races may be longer than 200m.

3.7.4 Relay events

Each team may enter maximum of 6 athletes for each relay event. Any four athletes from among those entered for the competition, whether for that relay or any other event, may be used in the composition of the relay team for any round. However, once a relay team has started in a competition, only four additional athletes may be used as substitutes in the composition of the team. If a team does not follow this Rule, it shall be disqualified.

3.8 Entries

3.8.1 Preliminary Entry and Final Entry

The deadline for sending the Preliminary Entry Form was September 2nd, 2022, and the Final Entry Form was by September 22nd, 2022. After the final entry deadline, there shall be no additions or changes of events between the athletes already entered.

3.8.2 Final confirmation form

Official representatives of each team must submit final confirmation of athlete's entries at the Technical Meeting to be held on October 12th at the Stadium conference hall at 10:00am for the first day events, and subsequently by not later than 9:00 am on the day prior to the 2nd, 3rd, and 4th day of the competition. Final confirmation forms can be submitted all together at once ie for all competition days, or for one day at a time as above at the Hotel CID or Stadium TIC. The composition and order of a relay team must be officially declared at Stadium TIC no later than 1 hour before the published Call Time.

3.8.3 Failure to Participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under Rule 113), shall be excluded from participation in all further events in the competition, including Relays (see WA Rule 142.4).

3.8.4 Withdrawals

Withdrawals after Final Confirmation have to be submitted on the official Withdrawal Form to the TIC. If the athlete is entered in another discipline (including relays) of the Championships, the reason for the withdrawal has to be specified in detail, confirmed by the Medical Delegate, being its acceptance, the responsibility of the Technical Delegates based on the WA Rules.

3.9 Stadium Tour

The tour of the stadium will be conducted for the team representatives on 12th October 2022 at 11:30hrs after the Technical Meeting.

3.10 Starter's Session

Practice session with the starters will take place on 12th October 2022 from 14:00hrs to 16:00hrs at the Main Stadium.

3.11 Technical Meeting

Technical Meeting will be held on 12th October 2022 from 10:00hrs at the Stadium Conference Hall. A maximum of 2 official representatives from each team may attend. All questions and proposals concerning the Championships must be made before hand on the form provided. This form must be returned to the Hotel CID by no later than 18:00hrs on 11th October 2022. Technical Delegates will answer only questions submitted in advance. The starting heights and the raising of the bar in the high jump and pole vault, including for boy's decathlon and girl's heptathlon, will be decided by the Technical Delegates and announced at the Technical Meeting.

3.12 Athletes' bibs

The bibs will be distributed at the Technical Meeting. Each athlete will receive 2 bibs with safety pins. For jumping events, only one bib may be worn on either the chest or the back. Athletes taking part in the track events will also be given 2 adhesive hip numbers in the Call Room. Athletes taking part in the relay events will wear the bib on their back and the country code on their chest. Bibs with country codes will be distributed at the Technical Meeting. Bibs must not be folded or cut in any way.

3.13 Team uniform

Each team must present their team's uniform (running singlet/ pants) in all its variations to CID to be photographed. Competitors are required to wear the registered uniform, and it must conform to the WA Competition Rules and Advertising Regulations. Only the officially registered team uniform will be approved for use when competing in the competition. Medal ceremonies are considered as part of the competition.

WA Rule 5.1 will be strictly applied. Please make sure to follow the WA Advertising Regulations in force. Clothing and items not conforming to this rule and the current WA Advertising Regulations will be removed/taped at the Call Room.

3.14 Athlete's Shoes

Rule 5 of the Technical Rules applies to all competition shoes and wearing non-approved shoes may lead to competition results not being valid (i.e' UNC TR5.5 Uncertified'). Athletes and Member Federations can check the status of their competition shoe on the approved list published on the World Athletics website (<https://www.worldathletics.org/about-iaaf/documents/technical-information>).

3.15 TIC (Stadium) / CID (Hotel)

Information for each team will be available at the Technical Information Center (TIC) located at the Stadium and/or at the Competition Information Desk (CID) located at each Hotel. 2 TIC Passes will be given to each team to have access of the Stadium's TIC.

TIC/CID is responsible for, but not limited to, the following:

[TIC - stadium]

Opening Hour	11th OCT	9:00-20:00
	12 th OCT	9:00-20:00.
	13-16 OCT	2 hours before the start of competition to 1 hour after the competition

- Main Functions:
- Display on the relevant notice board of official communications to teams including Start Lists, Results and Call Room reporting times.
 - Protests and Appeals
 - Answers to general competition questions
 - Request for doping control tests
 - Acceptance of Personal Implements
 - Receipt of Final Confirmations
 - Distribution and acceptance of Withdrawal Request Form
 - Distribution and acceptance of Relay Order
 - Distribution of urgent notices to the delegations from the Technical Delegates and competition management. It is the Team Leader's duty to collect this kind of information in due time.
 - Distribution of Special Passes the day before the respective event such as Combined Events Rest Zone Passes.
 - Distribution of items confiscated at the Call Room

[CID- each Hotel]

Opening Hours: 11th OCT 08:00-20:00
12th OCT 08:00-20:00
13th TO 14th OCT 08:00-20:00

Main Functions: - Display on the relevant notice board of official communications to the teams including Start Lists and Results
- Distribution of information and answering of queries related to accommodation, meals, transport and the Championships in general
- Receipt of Final Confirmations
- Receipt of written questions for the Technical Meeting(deadline:11Oct, 18:00)

3.16 Medal Ceremony

3.16.1 Medal Ceremony

Medal Ceremonies will be held, if possible, after the completion of each event. However, for some events, athletes will be notified to report the next day at an assigned time for the ceremony. Participants must wear their official team uniform.

3.16.2 National Flag and Anthem

Each team will be asked to confirm the national flag and anthem upon arrival.

3.16.3 Medal and Diploma

At the medal ceremony, medals for the first to third place winners of individual events and relay events will be awarded. Diplomas for the 1st to 8th places participants will be delivered to the team before departure.

3.16.4 Opening Ceremony

Opening ceremony will be held from 14:30 13th Oct. We request all members of the team to take part. Details will be announced at the Technical meeting.

3.17 Implements

All implements and equipment, which the LOC provides for the competition, training and warm up conforms to WA rules. The list of throwing implements is attached.

Personal implements shall also be allowed, provided that:

- they have WA certification
- they are not on the LOC's Official Implement list
- they have been presented to the TIC by 15:00 on the day prior to the competition
- they are made available to all the other competitors until the end of the final
- they are in good conditions and the brand is easily recognized

Personal implements will be returned at TIC 30 minutes after the conclusion of the final event.

Vaulting Poles will be transported from the Airport to the Stadium by the LOC. Vaulting Poles must be labeled with stickers, which will be provided by the LOC, bearing the athletes' name, gender, country, and departure schedule. All vaulting poles will be stored at the Stadium's equipment room. In case of training, the athlete him/herself must go to the equipment room to get the poles. On the competition day, poles may not be used in the warmup area and will be transported from the warm-up area to the competition site by officials. After the closing of the Championships, poles will be transported to the airport by LOC.

3.18 Markers

Athletes are not allowed to use their own markers. For field events, competitors are required to use the markers provided by the LOC. These will be available at the event site. For the relays, athletes will be provided with adhesive tape (one each) by the officials at the final call room.

3.19 Competition Procedure

3.19.1 Call Room

Call Room will be set up as shown on the Appendix. In the Call Room, the following will be checked in accordance with WA rules:

- Athlete's Bibs
- Shoes and spikes
- Uniforms
- Bag and personal belongings (the use of video or cassette recorders, radios, CD, radio transmitters, mobile phone or similar devices will not be permitted in the field ofplay as per WA rule

All items not authorized by WA Rules & Regulations will be retained by officials, who will give a receipt to the athlete. The athletes will be able to collect such items at TIC once their event has finished, on presentation of their receipt. Team Officials are not allowed to access the Call Room.

After Roll Call is completed at the Call Room, athletes will be taken to the Holding Area nearby, and toilets are available in the Holding Area. Athletes in track events will leave their personal belongings including tracksuits in the Holding Area, and enter the Field of Play (FOP) ready to compete. Their personal belongings will be transported to Post Event Control for collection after their event. In case of cold or rainy weather, athletes will be allowed to enter wearing their tracksuit and their belongings will be collected at the start line and taken to Post Event Control.

Deadline for reporting to the Call Room is as follows:

	Call Time (Call Room Closing Time)	At Competition Site
Track Events (Except Hurdle · Relay)	30min before	10min before
Relay	40min before	15min before
Hurdle	35min before	15min before
Long Jump · Triple Jump	50min before	30min before
High Jump	60min before	40min before
Pole Vault	80min before	60min before
Throwing Events	40min before	30min before

3.19.2 Procedure to Exit from FOP

All athletes will leave the competition area through the Mixed Zone, where the accredited media personnel can conduct short interviews. Combined Events athletes will go through the Mixed Zone at the end of each day, however there could be exceptions in special circumstances. The Post Event Control Room is located at the end of the mixed zone, where baskets containing athletes' clothing and bags will be delivered.

Officials in charge of doping control will notify athletes appointed for doping control tests at the post event control room, and athletes will be escorted to the doping control room.

Officials in charge of medal ceremonies will escort the medal-winning athletes to the medal ceremony gathering area. Athletes are asked to attend the press conference when requested by press.

3.19.3 Protest and Appeal

Jury of Appeal will be comprised by the members of the AAA Council and ITO. Protests will be resolved according to the WA Rule 8. Protests concerning the result or conduct of and event must be made within 30 minutes of the official announcement of the result of that event. Any protest shall, in the first instance, be made orally to the Referee by an athlete, by someone acting on his/her behalf, or by an official representative of a team. An appeal to the Jury of Appeal must be made within 30 minutes:

- (a) of the official announcement of the amended result of an event arising from the decision made by the Referee; or
- (b) of the advice being given to those making the protest, where there is no amendment of any result.

It shall be handed to TIC in writing, signed by a responsible official on behalf of the athlete or team, and shall be accompanied by a deposit of USD100, or its equivalent, which will be forfeited if the appeal is not allowed.

3.19.4 Race Walking Events

The Race Walk events will be conducted using the "Pit Lane" Rule as stated at the WA Rule 54.7.3.

4. Sporting Facilities

4.1 Stadium (Team Seats)

All accredited team members will have seating available at the stadium for all competition sessions. The team seating area is located as shown in Appendix.

4.2 Field event coaches' seats

A selected number of seats will be reserved for the team coaches whose athletes are taking part in the field events each day.

4.3 Combined Events

There will be a waiting room for athletes taking part in combined events. Access to this room is limited to competitors and maximum of 2 officials for each athlete who are in possession of special passes. These passes can be collected at TIC.

4.4 Warm-Up Area

During the competition, warm up is available at a warm-up stadium next to the Main Stadium. Warm up for throwing events are held in a separate area

Opening hours: Oct 11th to 16th

An area for each team will be set up near the main entrance of the Stadium.

4.5 Training Venue

Warm-up Stadium

Opening dates and time

Oct 11th to 12th

11:00 - 17:30

Oct 13th to 16th

13:00 – 15:00

Oct 13th to 16th

20:00 ~ 1 hour after finish of competition

Main Stadium

Opening hours: Oct 12th

16:00 ~ 18:00

(Starters Practice 14:00 to 16:00)

Weight Training

Opening hours: Oct 11th to 16th

11:00 ~ 15:00

4.6 Medical Service

The LOC will provide medical services at the Headquarters Hotel, main stadium and warm-up stadium. Free medical service will be provided by the LOG for all accredited team members at these LOC medical facilities. For any assistance at the Headquarters Hotel, please contact the CID. When the CID is closed, please contact the Hotel reception. For any assistance at the Stadium or at the warm-up area, please contact the Medical Room/Station in each place. Cases which cannot be dealt easily will receive medical care at hospitals in the vicinity. Please note any costs caused by further medical care in hospitals other than these on-site medical facilities must be paid by the respective teams. It is the responsibility of each team to have their own medical, travel and/or any other insurances.

4.7 Physiotherapy

Local physio room will be set up at the warmup area to assist only in case of urgent treatment is necessary. There will be no team physio space at the hotel, and no beds and/or other equipment will be provided, so each team will need to bring their own if necessary. If your team needs a dedicated physio room for your own, please make

reservation in advance at your own cost by contacting the LOC, however the availability depends on the situation of the Hotel and is not guaranteed.

4.8 Distribution of Ice

Ice cubes will be provided at each Hotel, however, the amount available is limited so there can be cases that distribution is not available.

At the Stadium, ice cubes are available at the LOC physio room at the warm up area.

5. Doping Control

Doping Control tests will be carried out in accordance with the latest IAAF Anti-Doping Rules and Regulations. Athletes will be notified for doping control tests at the post event control room, and will be escorted to the doping control room. Failure or refusal to report to the doping control room after notification may result in anti-doping rule violation. Athlete who sets an Asian/Asian Junior Record will have to report to the TIC for doping control test. (In this case, the cost will be borne by LOC) Those who set new national records and need doping control tests for the ratification of the national records will have to apply at TIC immediately after each event. For this, each team must bear the cost which is 300 US\$ for urine standard test and 700 US\$ for urine standard plus EPO test, and this test fee must be paid in cash to TIC when requesting for the doping control test. If the payment is not made, the result of the doping control test will not be notified to the team.

Each team can find out whether their athletes have been taken to doping control room at the TIC. One team official may accompany the appointed athlete, and a special pass will be given at the TIC

6. Insurance

Each Federation is responsible for making arrangements of their travel, medical, and any other insurances necessary for unforeseen accident, injury and illness on their own before travelling to Japan.

7. Team Manual

This team manual had been approved by AAA.

Appendix: Competition Schedule(subject to change)

DAY -I
13.10.2022

TIME	EVENTS	GENDER	ROUNDS
8.30	5000M RACE WALK	GIRLS	FINAL
9.00	100M	BOYS	DECATHLON 1
9.30	100M	GIRLS	ROUND1
9.40	LONGJUMP	BOYS	DECATHLON 2
10.00	100M	BOYS	ROUND1
10.30	400M	GIRLS	ROUND 1
10.50	400M	BOYS	ROUND 1
11.15	SHOT PUT	BOYS	DECATHLON 3
11.20	HAMMER THROW	GIRLS	FINAL

AFTERNOON

17.00	1500	GIRLS	FINAL
17.05	POLE VAULT	BOYS	FINAL
17.10	LONGJUMP	GIRLS	FINAL
17.20	1500M	BOYS	FINAL
17.25	HIGH JUMP	BOYS	DECATHLON 4
17.30	SHOT PUT	BOYS	FINAL
17.40	5000 RACE WALK	GIRLS	MEDAL CEREMONY
17.50	400M	GIRLS	SEMI FINAL
18.00	HAMMER THROW	GIRLS	MEDAL CEREMONY
18.10	400M	BOYS	SEMI FINAL
18.25	100M HURDLES	GIRLS	ROUND 1
18.35	1500M	GIRLS	MEDAL CEREMONY
18.50	110M HURDLES	BOYS	ROUND 1
19.10	1500M	BOYS	MEDAL CEREMONY
19.20	SHOT PUT	BOYS	MEDAL CEREMONY
19.30	400M	BOYS	DECATHLON 5
19.40	LONG JUMP	GIRLS	MEDAL CEREMONY

DAY -II
14.10.2022

TIME	EVENTS	GENDER	ROUNDS
8.30	10000M RACE WALK	BOYS	FINAL
9.45	110M HURDLES	BOYS	DECATHLON 6
10.00	110M HURDLES	BOYS	SEMI FINAL
10.15	100M HURDLES	GIRLS	SEMI FINAL
10.20	DISCUS THROW	BOYS	DECATHLON 7
11.30	POLEVault	BOYS	DECATHLON 8
11.40	DISCUS THROW	GIRLS	FINAL

AFTERNOON

17.00	100M	BOYS	SEMI FINAL
17.10	HIGH JUMP	GIRLS	FINAL
17.15	100M	GIRLS	SEMI FINAL
17.20	JAVELIN	BOYS	DECATHLON 9
17.30	10000M RACE WALK	BOYS	MEDAL CEREMONY
17.40	400M	BOYS	FINAL
17.50	DISCUS THROW	GIRLS	MEDAL CEREMONY
18.00	400M	GIRLS	FINAL
18.05	TRIPLE JUMP	BOYS	FINAL
18.10	400M	BOYS	MEDAL CEREMONY
18.20	400M	GIRLS	MEDAL CEREMONY
18.25	JAVELIN THROW	BOYS	FINAL
18.30	110M HURDLES	BOYS	FINAL
18.40	HIGH JUMP	GIRLS	MEDAL CEREMONY
18.50	100M HURDLES	GIRLS	FINAL
19.00	1500M	BOYS	DECATHLON 10
19.10	110M HURDLES	BOYS	MEDAL CEREMONY
19.20	TRIPLEJUMP	BOYS	MEDAL CEREMONY
19.30	100M	BOYS	FINAL
19.40	100MHURDLES	GIRLS	MEDAL CEREMONY
19.50	JAVELIN THROW	BOYS	MEDAL CEREMONY
20.00	100M	GIRLS	FINAL
20.10	DECATHLON	BOYS	MEDAL CEREMONY
20.20	100M	BOYS	MEDAL CEREMONY
20.30	100M	GIRLS	MEDAL CEREMONY

DAY III
15.10.2022

TIME	EVENTS	GENDER	ROUNDS
8.30	100M HURDLES	GIRLS	HEPTATHLON 1
8.45	800M	BOYS	ROUND 1
9.05	800M	GIRLS	ROUND 1
9.10	400M HURDLES	BOYS	ROUND 1
9.15	HIGH JUMP	GIRLS	HEPTATHLON 2
9.35	400M HURDLES	GIRLS	ROUND 1
9.50	200M	BOYS	ROUND 1
10.10	200M	GIRLS	ROUND 1
10.25	HAMMER THROW	BOYS	FINAL

AFTERNOON

17.00	400M HURDLES	BOYS	FINAL
17.05	SHOT PUT	GIRLS	HEPTATHLON 3
17.10	HAMMER THROW	BOYS	MEDAL CEREMONY
17.15	TRIPLE JUMP	GIRLS	FINAL
17.20	400M HURDLES	GIRLS	FINAL
17.25	JAVELIN THROW	GIRLS	FINAL
17.30	3000M	BOYS	FINAL
17.35	HIGH JUMP	BOYS	FINAL
17.50	400M HURDLES	BOYS	MEDAL CEREMONY
18.00	400MHURDLES	GIRLS	MEDAL CEREMONY
18.10	3000M	GIRLS	FINAL
18.30	TRIPLE JUMP	GIRLS	MEDAL CEREMONY
18.40	JAVELIN THROW	GIRLS	MEDAL CEREMONY
18.50	800M	BOYS	FINAL
19.00	3000M	BOYS	MEDAL CEREMONY
19.10	3000M	GIRLS	MEDAL CEREMONY
19.20	200M	GIRLS	HEPTATHLON 4
19.20	800M	BOYS	MEDAL CEREMONY
19.30	800M	GIRLS	MEDAL CEREMONY
19.40	HIGH JUMP	BOYS	MEDAL CEREMONY

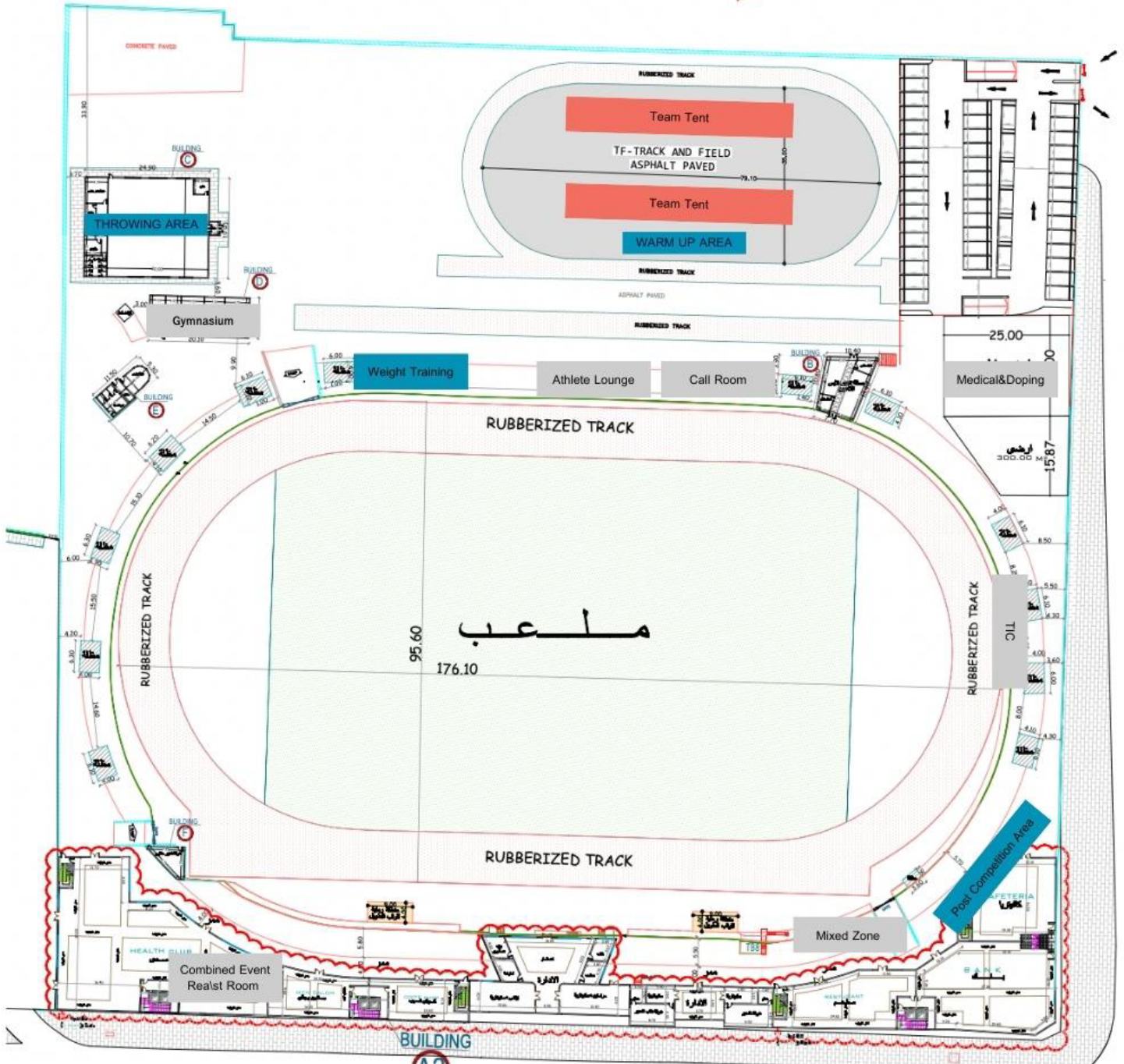
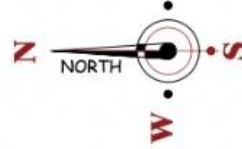
**DAY IV.
16.10.2022**

TIME	EVENTS	GENDER	ROUNDS
8.30	LONG JUMP	GIRLS	HEPTATHLON 5
8.45	MEDLEY RELAY	BOYS	ROUND 1
9.05	MEDLEY RELAY	GIRLS	ROUND 1
9.45	JAVELIN THROW	GIRLS	HEPTATHLON 6

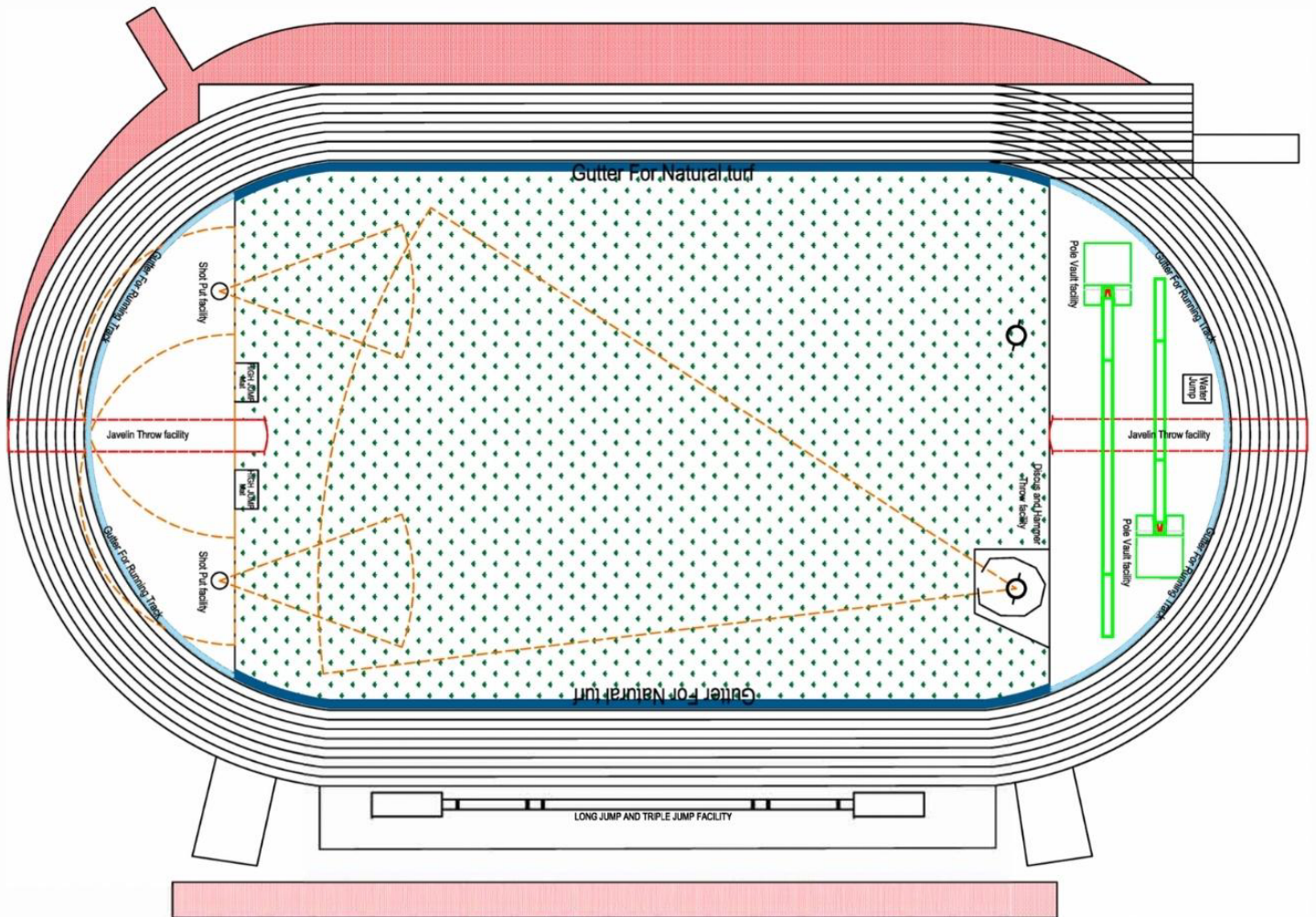
AFTERNOON

17.00	LONG JUMP	BOYS	FINAL
17.05	POLEVAULT	GIRLS	FINAL
17.10	SHOT PUT	GIRLS	FINAL
17.20	DISCUS THROW	BOYS	FINAL
17.30	2000M SC	BOYS	FINAL
17.45	2000M SC	GIRLS	FINAL
18.05	SHOT PUT	GIRLS	MEDAL CEREMONY
18.10	800M	GIRLS	HEPATHLON 7
18.20	LONG JUMP	BOYS	MEDAL CEREMONY
18.30	200M	GIRLS	FINAL
18.40	POLEVAULT	GIRLS	MEDAL CEREMONY
18.50	DISCUS THROW	BOYS	MEDAL CEREMONY
19.00	200M	BOYS	FINAL
19.10	2000MSC	BOYS	MEDAL CEREMONY
19.20	2000M SC	GIRLS	MEDAL CEREMONY
19.30	MEDLEY RELAY	BOYS	FINAL
19.40	HEPTATHLON	GIRLS	MEDAL CEREMONY
19.50	200M	BOYS	MEDAL CEREMONY
20.00	MEDLEY RELAY	GIRLS	FINAL
20.10	200M	GIRLS	MEDAL CEREMONY
20.20	MEDLEY RELAY	GIRLS	MEDAL CEREMONY
20.30	MEDLEY RELAY	BOYS	MEDAL CEREMONY

ANNEXURE



Lay Out Plan of Track



GIRL'S SHOT PUT 3Kg			
Catalogue. No.	Company	Description	Certification No.
N1118H	Nelco	Turned iron 97 mm	I-13-0636

GIRL'S HAMMER 3Kg			
Catalogue. No.	Company	Description	Certification No.
N1122HT	Nelco	Turned iron 92 mm	I-14-0686

GIRL'S DISCUS 1Kg			
Catalogue. No.	Company	Description	Certification No.
N1105USC	Nelco	Ultra Spin 78m	I-01-0246
N1105GD	Nelco	Gold Rimglide 75m	I-99-0096
N1105B	Nelco	Super spin Rimglide 70m	I-99-0092
N1104CS	Nelco	Olympia Rimglide 67m	I-01-0246
N1104C	Nelco	Lo spin Rimglide 65m	I-99-0131

GIRL'S JAVELIN 500g			
Catalogue. No.	Company	Description	Certification No.
500SC40	Nemeth	Special Competition 40m	I-11-0541
7914704	Nordic	Diana 500 NTS ATC, steel	I-12-0549

BOY SHOT PUT 5Kg			
Catalogue. No.	Company	Description	Certification No.
N1118D	Nelco	Turned 114 mm	I-11-0509
PK-5/100	Polanik	Turned Steel 100 mm	I-12-0582

BOY HAMMER 5Kg			
Catalogue. No.	Company	Description	Certification No.
PM-5/100	Polanik	Steel 100 mm	I-99-0157
N1122DSA	Nelco	Olympic Steel 95 mm	I-11-0510

BOY DISCUS 1.5Kg			
Catalogue. No.	Company	Description	Certification No.
N1104BC	Nelco	Steel Rimglide 65m	I-02-0259
N1104B	Nelco	Olympia Rimglide 67m	I-14-0684

BOY JAVELIN 700g			
Catalogue. No.	Company	Description	Certification No.
AF 10-600	Polanik	Competition Air Flyer, duraluminium	I-11-0500
SM13-600	Polanik	Competition Space Master 600,	I-13-0654
SM10-600	Polanik	Competition Space Master, duralluminium	I-11-0502